



**University of Nebraska
Medical CenterSM**

Emergency Medicine

An aerial night photograph of the Henry and Joey Hayes Bridge in Omaha, Nebraska. The bridge is a cable-stayed bridge with two tall, illuminated white pylons. The bridge deck is lit up, and its reflection is visible in the Missouri River. In the background, the city of Omaha is visible with its lights. In the foreground, there is a park area with a paved path and some people walking. The text "Welcome to Omaha!" is overlaid in the center of the image.

Welcome to Omaha!

We're Glad You're Here!

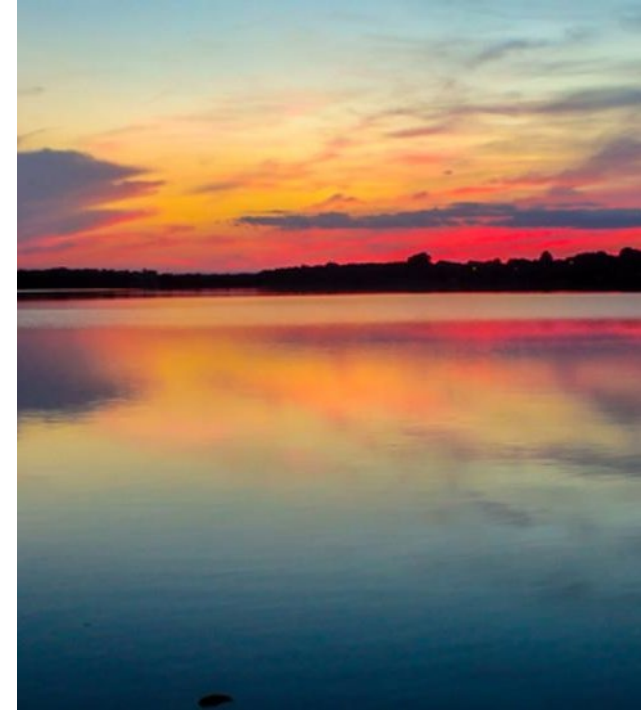
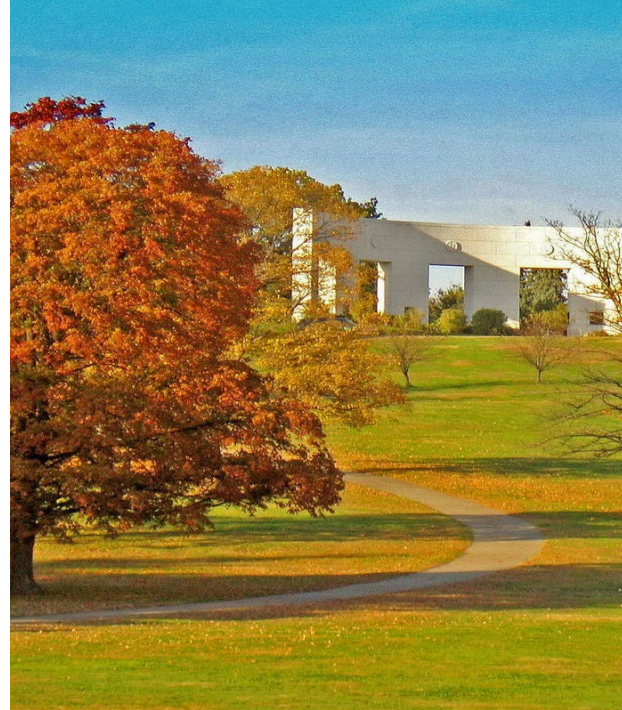
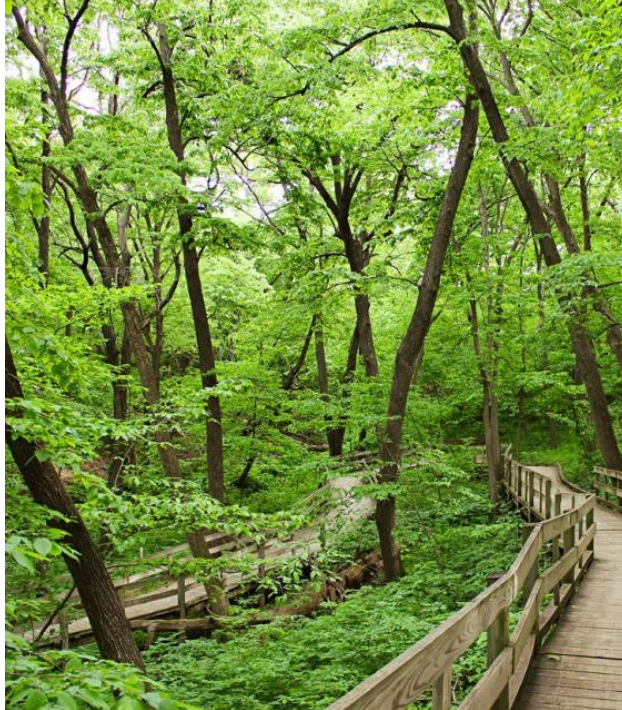




Activities!

- Zoo/Aquarium
- Restaurants/bars
- Sports
- Olympic Trials
- Old Market
- Lauritzen Gardens





Outdoor Areas for Hiking/Biking/Paddling

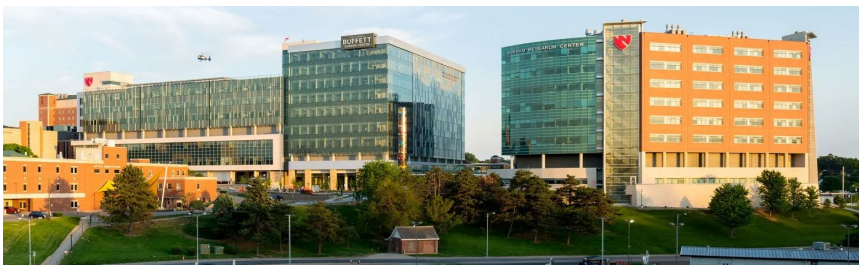
- Hitchcock
- Platt River State Park
- Wehrspann Lake
- Standing Bear Lake
- Zorinsky Lake
- Fontanelle Forest
- Elmwood Park
- Memorial Park

Good Eats!

- Mula
- Coneflower
- Plank
- Yoshitomo Sushi
- Salween Thai
- Modern Love
- The Blackstone Meatball
- Early Bird
- Block 16
- Saddle Creek Breakfast Club
- Butterfish
- Kathmandu Momo Station
- AND MANY MORE



UNMC





Children's Hospital and Bellevue Medical Center



Rural Rotations

- Scottsbluff
- Fremont
- North Platte



Our Residency Family...

Emergency Medicine Family

Residents Past & Present



Faculty Expertise



- Education
 - Simulation
 - Ultrasound
 - EMS
 - Disaster Medicine
 - Wilderness Medicine
 - Event Medicine
 - Tactical Medicine
 - Critical Care
 - Palliative Care
 - DEI
 - Sports Medicine
-
- Toxicology
 - Addiction Medicine
 - Pediatric EM
 - Healthcare Policy
 - Administration
 - Patient Safety
 - Innovation
 - Biocontainment/Quarantine
 - Health Security
 - Hyperbaric Medicine
 - Research
 - Design thinking

Fellowship Opportunities



At UNMC

- Medical Education and Technology
- EMS
- Ultrasound
- Sports Medicine
- Critical Care (Anesthesia)
- Addiction Medicine
- Palliative Medicine
- Pain Management
- PEM
- Coming soon! -Health Security

Recent grads

- Medical Education
- Simulation
- EMS
- Wilderness Medicine
- Critical Care
- Pain Management
- Sports Med
- Healthcare Policy
- Ultrasound

Active faculty training

- Palliative Care
- Addiction Medicine

PGY-1 Rotations

EMS/EYE/ENT (4 weeks)

Labor and Delivery (4 weeks)

Pediatric ED (4 weeks)

Anesthesia (4 weeks)

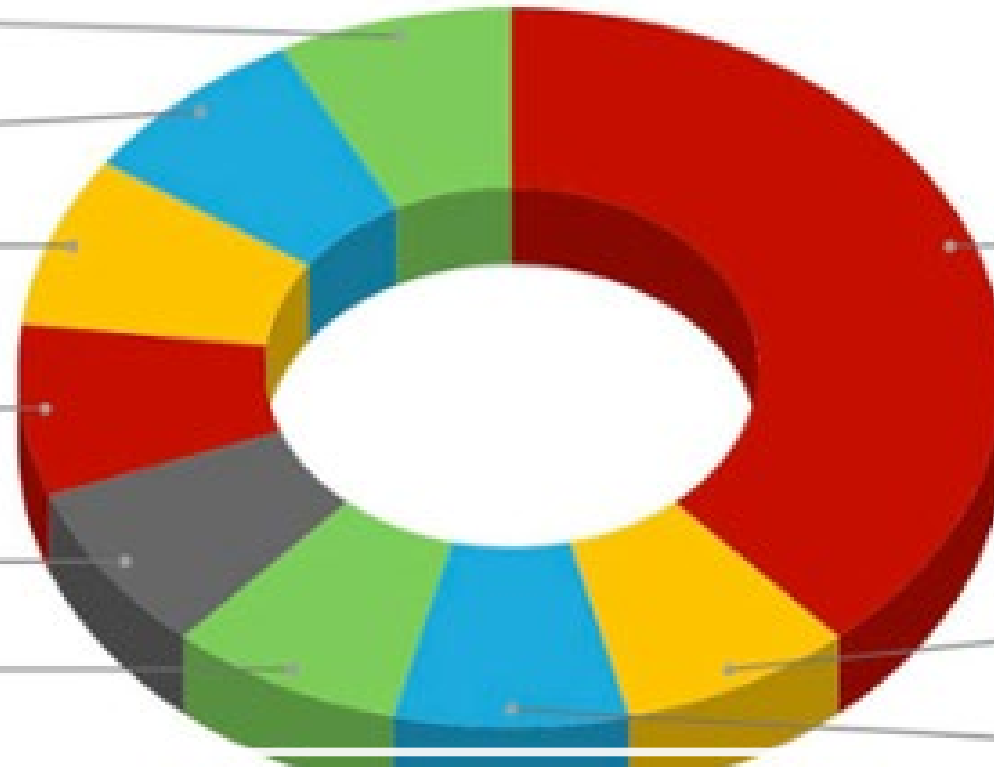
Orthopaedics/Ultrasound (4 weeks)

Trauma (4 weeks)

Emergency Department (20 weeks)

Orientation (4 weeks)

MICU (4 weeks)



Curriculum



PGY-2 Rotations

Pediatric Anesthesia (2 weeks)

Toxicology (2 weeks)

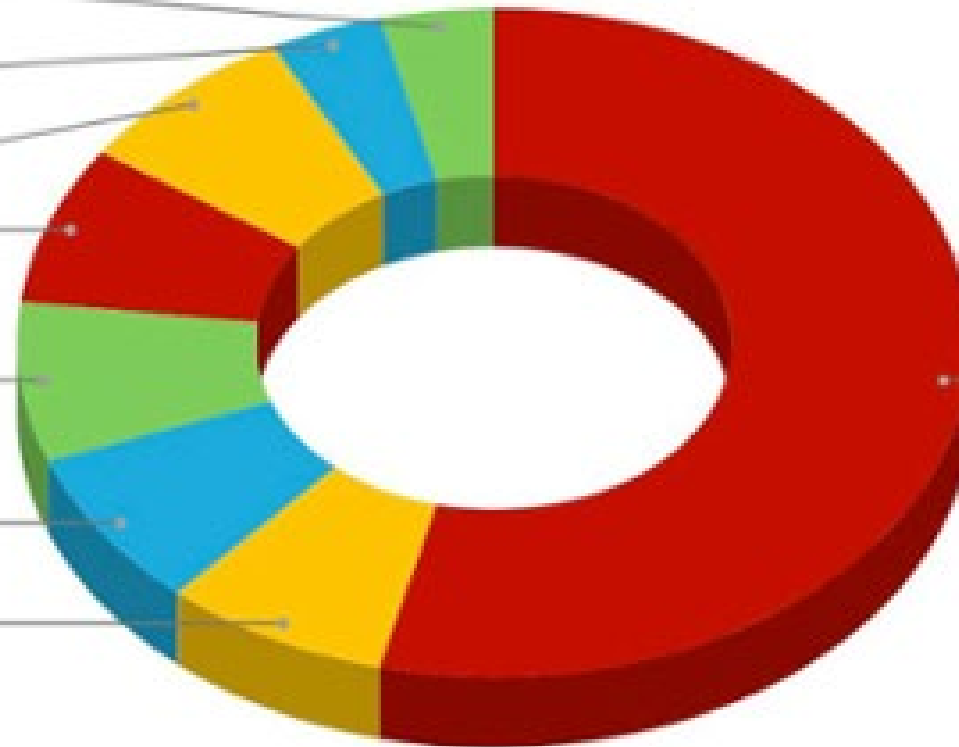
Elective (4 weeks)

PICU (4 weeks)

MICU (4 weeks)

Rural ED (4 weeks)

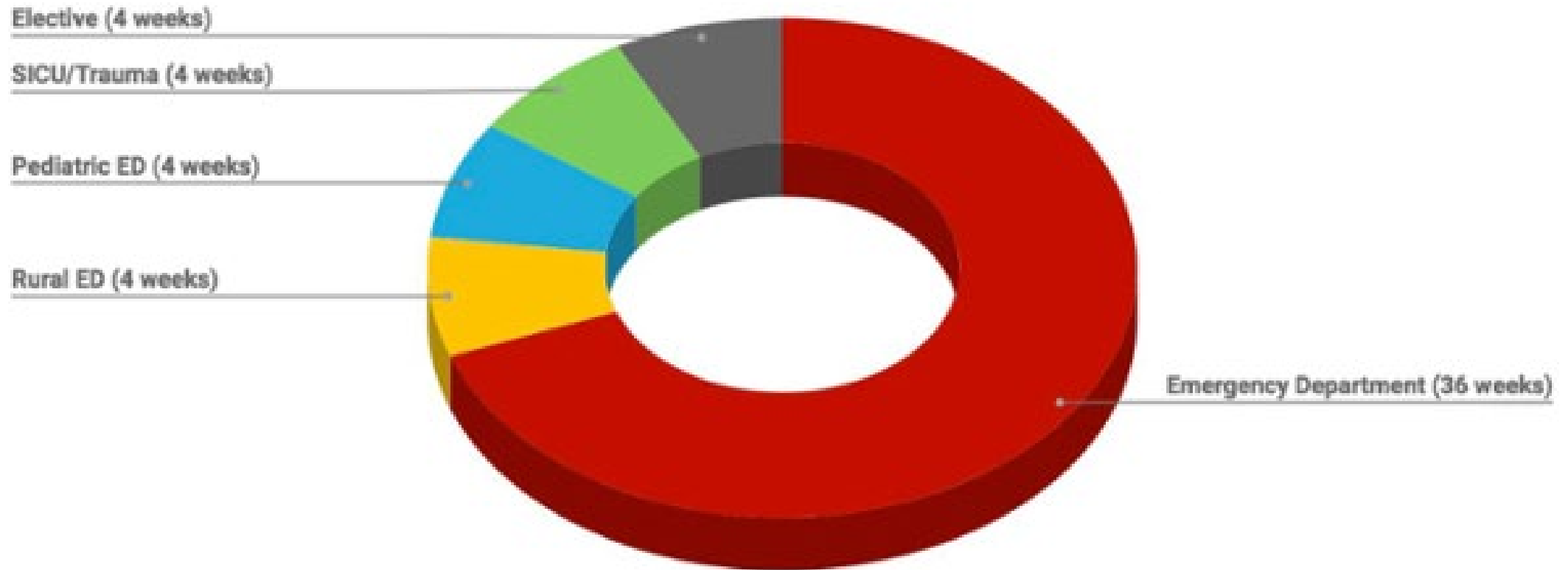
Community ED (4 weeks)



Emergency Department (28 weeks)



PGY-3 Rotations



A photograph of a busy hospital emergency department. In the foreground, a woman with long dark hair, seen from behind, wears a grey sweater. To her right, a medical professional in green scrubs and a face shield looks at a smartphone. Further right, another staff member in a black uniform, face mask, and clear face shield stands near a reception desk. In the center, a man in a yellow protective gown and face mask stands with his hands clasped. To the left, another staff member in green scrubs is partially visible. In the background, two people in full yellow protective suits and face shields stand near medical equipment. The room is filled with various medical devices, monitors, and posters on the walls. The text "Our Home: The ED" is overlaid in the center in a white serif font.

Our Home: The ED

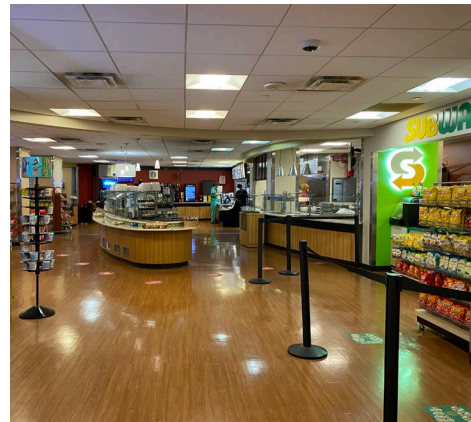


The Department

- 9 hour shifts with 1 hour overlap
- Max shifts per block:
 - 1st years: 20 shifts/28 day block (16 on vacation months) *(No true night shifts)*
 - 2nd years: 20 shifts/28 day block (15 on vacation months)
 - 3rd years: 19 shifts/28 day block (15 on vacation months)
- Shift types: Main ED, Swing, RAU, Scan (HO2,) Education (admin day,) Teaching, PEM
- Annual visits: 64,329
- Acuity: 32.4% admitted

Food on Campus

- \$8/day on ID badge + call money
- Nebraska Café
- Clarkson Café - Subway
- C-store
- Buffet Center Café
- "The Restaurant"
- Storz Café
- Starbucks



Wellness

- Resident Wellness Committee
 - Monthly events
 - Mentorship program with our scribes, techs, and sitters in the ED
 - Networking/fellowship opportunities
 - Volunteering in the community
- House Officer Assistance Program (HOAP)
 - Free, confidential program committed to the health and wellbeing of all UNMC residents and their partners.



House Officer Wellness Lounge

- Food and drinks
- Computers
- Conference room
- Treadmills
- Yoga room
- Lactation room
- Meditation room
- Showers

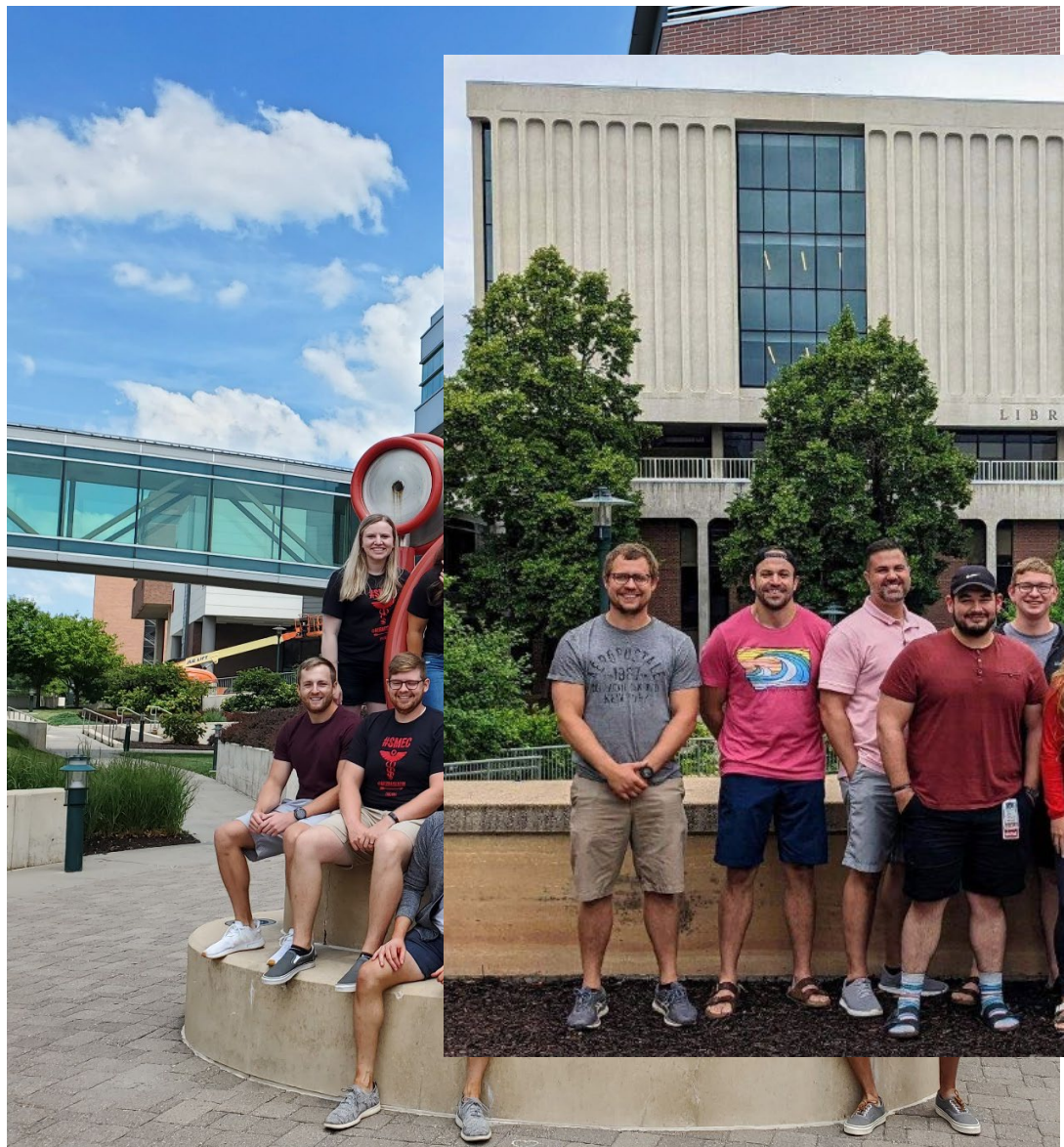




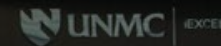
Gym(s) on Campus

- Free small gyms available in Hospital & Lied Transplant Building
- UNMC's Center for Healthy Living (CFHL)
- \$19-\$30/month depending on length of commitment
- Intramural sports
- Fitness classes





Simulation and Procedures







EMS Day



Outdoor Sim Day

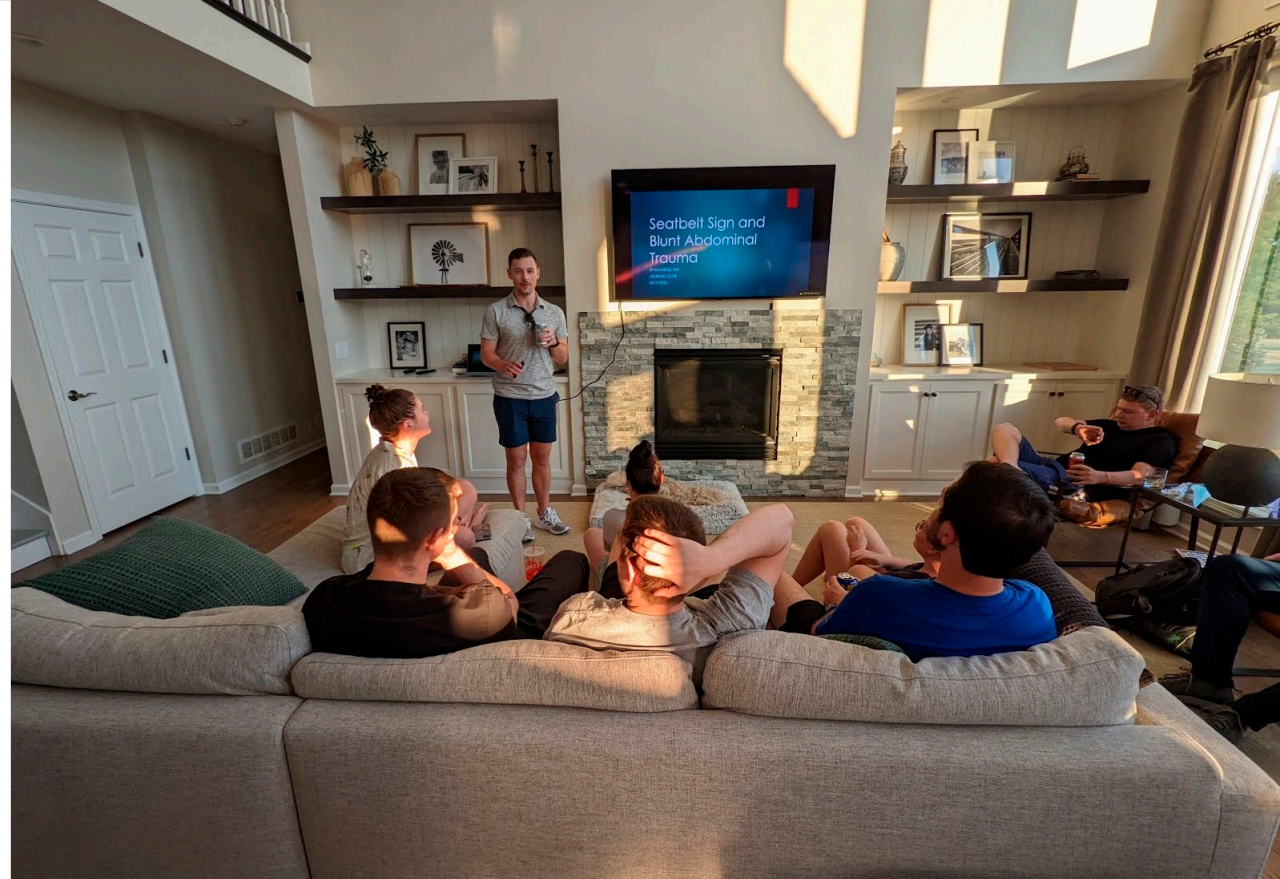




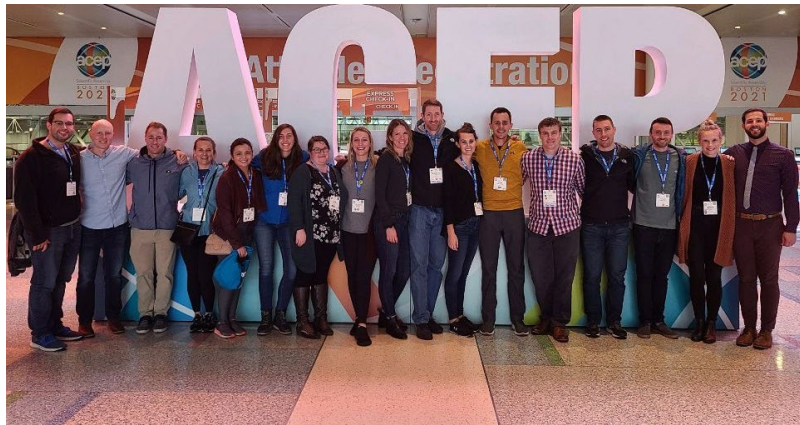
What Good Looking Classes!

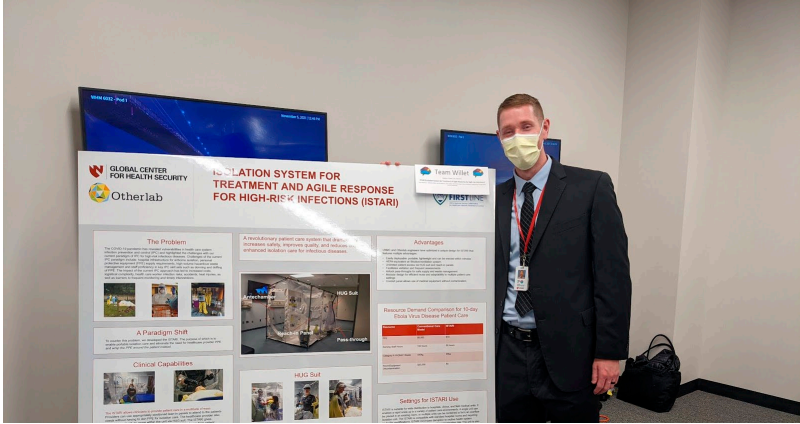


Resident Retreat at Platte River State Park



Journal Club





Research and Travel (and Traveling Research!)



Friends, Fun, and Family



DEPARTMENT OF EMERGENCY MEDICINE RESIDENCY PROGRAM



University of Nebraska
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COLLEGE OF MEDICINE