Department of Family Medicine
Newsletter - October 2015

Department of Family Medicine Mission Statement

To provide:
1. Physicians prepared to serve the rural and urban medical needs of Nebraska.
2. High-quality student, resident, fellowship, continuing medical and public education.
3. Health care service and consultation.
4. Scholarly methods to advance medical science health care delivery.
5. Community, state, regional and national leadership and consultation in family medicine and health care.

More on our mission and vision statement

Department Under Construction

Construction will affect several areas of the department, relocating some faculty and staff.

- Faculty, staff, and several areas will relocate in October.
- Construction is tentatively scheduled to begin November 1st.
- Kitchen will be moving.

More information will be shared as it becomes available. Thank you for your patience and flexibility as we begin this 18 month journey.

New Faculty and Staff

Andrea Jones, M.D. - Drea Jones joins as a new faculty member starting in November and spend time at Baker Place. Originally from Austin, Texas, Drea attended UNMC and stayed to complete the accelerated family medicine residency program. Drea and her husband, Patrick, have two daughters, Zora and Mavis.

Cristin Kohlscheen - Cristin began as Student Health Associate in August. Cristin has worked at Mosaic as a Human Resource Specialist and Blue Cross Blue Shield of Nebraska as a Coordinator of Benefits and a Customer Service Representative. She has a degree in Business Management from Buena Vista University.

Ellen Poly - Ellen joins the department as a Communications Specialist, a newly created position. She is a journalism school graduate of UNL and previously worked at Gross Catholic High School as the Alumni & Communications Director and at KMTV Action 3 News as a Marketing Producer.

Swati Sharma - Swati is in a newly created position as Financial Data Associate. As an MBA with 7+ years of experience in Banking and Agriculture lending, Swati brings expertise in data analysis (financial & risk), model development and strategy to the team.

Employee Spotlight
Pat Gallagher

Position and years of service:
Lots of positions, different departments, all in the secretarial field and 42 years of service all together - including my time at NPI (working, not a patient)!

Most memorable moment from working in Family Medicine:
As I sit here with a grin on my face I cannot give you just one. Reaching into the recesses of my mind, everything has a memory in some form. Just know that this is the BEST department at UNMC, and that is because of the people here who make it special. Thank you Dr. Sitorius.

Plans for retirement:
My plans are to play lots of golf (my new thing), read, meet people and if that lottery ticket comes in - go to New Zealand!

Outgoing words of wisdom:
Play nice in the sand box - you never know who you might need or something you might want at another time!

Anything else?:
Anyone have a good lottery number they want to share?

October calendar available to VIEW or PRINT on our website.
UNDERGRADUATE PROGRAM NEWS

E-MODULES
The Undergraduate Education Division has been integrating e-modules into the orientation session for junior medical students at UNMC who participate in the required Family Medicine Rural Community Preceptorship. The newly created e-modules take the place of lectures during the orientation session and cover such topics as the grading system, malpractice insurance coverage, and learning activities during the rotation among others. Besides providing a pre-recorded ready reference for course material questions during the rotation, eliminating lectures from the orientation day has allowed adding hands on procedure sessions on knee injection and bedside ultrasound to the orientation day. The e-modules have been almost universally well received by students participating in the rotation.

COMMUNITY PRECEPTORS NEEDED
Jolene Wees, Course Coordinator for the Family Medicine Preceptorship, also serves the College of Medicine as recruiter and manager of the extensive urban preceptor network for our freshman and sophomore students who receive early clinical experience during the college’s Integrated Clinical Experience (ICE) program. The need for community preceptors is acute and ongoing. If you know of any community or university physicians who would be interested in working with a UNMC student in a clinical shadowing experience, please let Jolene know.

RURAL COMMUNITY PRECEPTORS MEETING
The annual meeting of the rural community preceptors is scheduled for Saturday, October 31, 2015, in Nebraska City in conjunction with the Nebraska Academy of Family Physicians Fall Seminar. Preceptors will review the preceptorship, including student assignments, new preceptors, student test results and other material pertinent to the rotation. The meeting will take place at half time of the Husker football game, department faculty are invited to attend. Jolene Wees will have meeting information.

STUDENT HEALTH
TB & Flu Shot Clinics for UNMC students are available Wednesdays & Fridays from 11:30 am - 1:00 pm until November 20.

Clinic Hours: Monday-Friday - 8:00am - 4:30pm
Thursday - 8:00am - 6:00 pm

FROM OUR CLINICS

Baker Place was featured in a PBS report of UNMC & Legal aid Nebraska’s cooperative efforts. Baker Place will welcome Andrea Jones, M.D. in November

Robin Shaver, clinic manager, and John Winters, M.D. join the team at Eagle Run. Some of our clinics are featured in a new Nebraska Medicine commercial that is now airing.

Immediate Care Clinic update available from Nebraska Medicine NOW.
Front row: Ali McCabe, Norfolk, NE; Melanie Menning, M.D., Hastings, NE; Kassandra Connell, M.D., Humboldt, NE; Haleigh White, D.O., Dearborn, MO; Hannah Christiansen, M.D., Omaha, NE; Joseph Mowery, D.O., Arlington Heights, IL; Brian Gartrell, M.D., Columbus, NE; Hudson McGinnis, D.O., Asheville, NC. Second row: Drew Prososki, M.D., Kearney, NE; Kaitlin Hahn, Fremont, NE; Tiff Svoboda, D.O., Gothenburg, NE; Tina Watkins, M.D., Spartanburg, SC; Michelle Rose, M.D., California and Mexico; Lincoln Andreasen, D.O., Springfield, IL. Back row: Blake Cover, Kearney, NE; Daniel Grindstaff, M.D., Eden Prairie, MN; Samuel Hughes, M.D., Barclay, IL; David Gantz, D.O, Grinnell, IA; Steven Poertner, M.D., Pahrump, NV; Kyle Klammer, Ainsworth, NE; Troy Dillon, D.O, Longmont, CO; Korey Kasper, M.D., Mequon, WI.

RESIDENT OF THE MONTH
AMBER TAYLOR, MD

Amber Taylor, MD was chosen as September's Resident of the Month. Dr. Taylor held numerous resident's pagers and was willing to cover UNMC inpatient night shift with very short notice (~1 hour notice) over Labor Day weekend. She is from Germantown, MD and graduated from Uniformed Services of Health Sciences.

URBAN AND RURAL RESIDENCY

Applications for 2016-17 class opened on September 15th

Shawn Murdock, M.D. joins North Platte as Family Medicine Assistant Program Director while Scottsbluff welcomes Kent Lacey, M.D.

Upcoming Events:
• November 5 - Residents Retreat
• Last week of October - In-training Exams
UNMC Family Medicine Interest Group

The first meeting of the UNMC Family Medicine Interest Group of the 2015-2016 school year was held the 15th of September on campus at the Sorrell Center. Dr. Bob Wergin, AAFP President and family physician from Milford, NE and Dr. Joe Miller, NAFP President and family physician from Lexington, NE both spoke at the meeting, giving presentations on why students should be excited about and consider Family Medicine as a specialty.

Both Dr. Wergin and Dr. Miller presented impressive recent data on the specialty and on the ACO/PCMH model and how it is improving the health and lives of both Nebraskans and Americans. We greatly appreciated both of them traveling to Omaha to speak, and thank the NAFP for the generous help with providing lunch to the interested students at the meeting.

BEHAVIORAL HEALTH

Jessica Koran-Scholl, PhD., the Director of Behavioral Medicine, continues to recruit presenters from the community to lend their expertise and advance residents’ education with regards to behavioral topics. Some of the recent participants include Diane Lowe, MAM form the Nebraska Office of Health Disparities & Health Equity. Her lecture includes collaborative activities that reinforce understanding of different disparities and their effect of health care. Maureen Feeny, RN, BSN, M.Or, L.Ac, shares her expertise on Acupuncture and cupping as methods of alternative medicine. Her lectures include demonstrations as well as an overview of the field.

Behavioral Health received the Hazelden scholarship for another academic year. Residents have the opportunity to visit Hazelden in Minnesota, an inpatient drug and alcohol treatment facility, as part of their Behavioral Medicine rotation.

Residents are required to record a patient encounter during their rotation. Dr. Koran was able to secure four iPads for this purpose. Residents sign out a device and are able to use it throughout the rotation. Recently two additional iPads were purchased for use at our rural sites.

In addition, Behavioral Health is continuously updating our of mental health providers in the community who are seeking referrals and a collaborative relationship with our Family Medicine physicians.

Justin Reed, M.A., has been able to see patients now and continues to make himself available for Family Medicine patients who are seeking counseling services. He has also been available for consultation when residents have specific behavioral questions or concerns.

FROM THE ARCHIVES

UNMC Family Medicine Interest Group
AHEC

This year, we celebrate the fourteenth anniversary of Nebraska’s first regional center. We have received a Notice of Grant Award for continued work of Area Health Education Centers Point of Service Maintenance and Enhancement for the budget period of 9/1/2015-8/31/2016. The federal grant is provided by the Health Resources and Services Administration (HRSA). The money awarded will be disbursed among the program office at UNMC and the five regional AHEC centers in Grand Island, Norfolk, Scottsbluff, Omaha, and Lincoln to:

- expand the health care workforce by health career promotion, recruitment, and preparation activities
- support and facilitate placements of health profession students receiving clinical training in rural and underserved communities
- providing health professionals education and support through continuing education and retention activities

We hope this grant year provides continued growth and an extension of UNMC support to all 93 Nebraska counties to enhance access to quality healthcare for all Nebraskans by improving the supply and distribution of healthcare professionals.

Nebraska AHEC is beginning the fourth year of a five year award. We received $517,750 this year. Proposal writing for the next five year funding cycle will begin in 2016.

GRANTS

Dr. Khandalavala received an $11,500 Nebraska Bankers Grant towards the purchase of the EndoPat, a device that measures endothelial dysfunction. The Vice Chancellor of Research, Dr. Jennifer Larson, was able to generate the remainder of the necessary funds needed.

The EndoPat is a non-invasive 15 minute test that uses a blood pressure cuff to occlude blood flow and measure dilation once the blood flow in the test arm is restored. Dr. Khandalavala has successfully acquired the device for the Department of Family Medicine and because it will be housed at the Clinical Research Center, other departments at UNMC will have the opportunity to utilize it for their studies.

RESEARCH

Dr. Khandalavala and team are in the process of evaluating survey data collected using the BEVQ-15, a questionnaire measuring the types and amounts of beverages consumed.

Data was collected at the One World Community Health Center exclusively in a pregnant population. While Birgit Khandalavala, M.D., is the PI, residents have taken the lead in facilitating the process of survey administration. Alex Dworak, M.D., was the faculty facilitator on site. Residents Ferdinando Andrade, M.D., Jeremy Howe, M.D., Kristen Huber, M.D., Jose Mayorquin, M.D., Ronoel Panalver, M.D., and Wolfgang Rodriguez, M.D., made their patient population available and initiated the data collection process.

Currently, data evaluation is underway and Jenenne Geske, PhD., will analyze the raw data and make the results available to the residents. Residents are planning to create scientific posters, evaluate the feasibility of the study, share the experience as part of their senior project and potentially develop an intervention process for the same population.

The BEVQ-15 questionnaire was also used at the DOC where Jamil Neme, M.D., has been the link between student volunteers and other residents in the DOC clinic. The team made it possible to accumulate 311 total surveys over a short period of time. The raw data has been entered and once the analysis has been completed, the study participants will evaluate potential future plans for continuing studies. Dr. Neme is planning to present a poster next spring as well as write a manuscript for publication in a peer reviewed journal.
October:
3 - Jenenne Gaske
10 - Christine Broszko
10 - Jessica Boesch
28 - Tim Malloy
28 - Amy Feck
31 - Kyle Klammer

November:
1 - Leif Magnusson
1 - Jamil Neme
3 - Ayesha Chaudry
7 - Alex Dworak
12 - Kim Jarzynka
14 - Ryan Dorsey-Spitz
16 - Tiffany Svoboda
17 - Jennifer Liu
20 - LaKeisha Cox
22 - Joseph Mowery
23 - Umama Sadia
27 - Ronoel Penalver
28 - Haleigh White

December:
2 - Christopher Jensen
2 - Justin Reed
7 - Huynh Anh Hinshaw
9 - Brady Fickenscher
10 - Ferdinando Andrade
11 - Andy Craig
14 - Jillian Fickenscher
15 - Bettina Watkins
20 - Bridgette Pudwill
21 - David Harnisch
21 - Barb Wright
23 - Michael Sitorius
28 - Andrew Prososki
31 - Mindy Lacey

UPCOMING BIRTHDAYS

Student Health Staff walks in Race for the Cure

Cristin Kohlscheen, Tere Batt, Nora Kohlscheen and Margaret Runyon walked with Priscilla Debro and in honor of Tere’s mother, Ann Douthit; niece Ashley Douthit, aunt Betty Humphreys, Priscilla’s niece Donita Webb along with Cristin and Margaret’s cousin, Andrea Stiles (all cancer survivors) in the Susan G. Komen’s Race for the Cure on October 4.

SHARING Clinics need faculty volunteers

“Speaking from personal experience, it is an exciting and fulfilling opportunity.”
- Paul Paulman, M.D.
Read more on UNMC Today

Do you use Twitter or Instagram?
Highlight Family Medicine within the UNMC community by using the hashtag #IamUNMC
Visit unmc.edu/iamunmc to see your posts.