

# LONG COVID SYMPTOMS

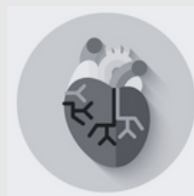
The most common reported symptoms of ongoing symptomatic COVID-19 and post-COVID-19 syndrome include

(but are not limited to) the following:



**LONG COVID Zoomcast:**

<https://www.youtube.com/watch?v=5vhnArBSfHM&t=2s>



## Heart

Heart Rate/Rhythm Disturbances  
Chest tightness/pain



## Lungs

Shortness of breath  
Cough



## Skin

Discoloration of toes  
Swollen toes  
Skin rashes



## Reproductive Organs

Testicular pain  
Menstrual changes



## All-over Symptoms

Fatigue  
Fever  
Joint Pain  
Muscle Pain  
Pins and Needles  
Numbness



## Head

"Brain fog"  
Memory impairment  
Headache  
Loss of taste and smell  
Hallucinations  
Ringing in ears  
Dizziness  
Symptoms of Depression  
Sleep Disturbance  
Delirium  
Hair loss  
Anxiety



## Renal

Kidney problems



## Stomach

Abdominal pain  
Diarrhea  
Nausea  
Vomiting  
Reduced appetite

