The Home Instead Center For Successful Aging
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Donors

Lori and Paul Hogan
Home Instead Senior Care, Inc.

Virginia and Robert Grissom, M.D.

Ramona and Deryl F. Hamann

Col. Barney Oldfield and Vada Kinman Oldfield
Goals Of The Home Instead Center for Successful Aging

- Clinical care
- Education
- Whole Person Wellness Center
- Research
Clinical Care
Clinical Care

- Comprehensive Geriatric Assessment
- Medical Consultation
- Primary Medical Care
- Geriatric Psychiatric Care
- Interdisciplinary Care Coordination and Management
- Tele-health Outreach Center
Clinical Care Focus

- Alzheimer’s disease and other dementias
- Chronic illness
- Functional Disabilities
Clinical Care Facilities

- 9 exam rooms for geriatric medicine
- 11 exam and consultation rooms for geriatric psychiatry
Geriatric Medicine Clinic - Exam Room
Geriatric Medicine Clinic Nursing Station

Geriatric Medicine Clinic Patient Resource Alcove
The Home Instead Center for Successful Aging

Waiting Area

A Small Conference Room
EDUCATION FOR THE FUTURE
Who We Educate

- Students – Medical, Nursing, Pharmacy and Allied Health
- Residents – Internal Medicine, Family Medicine, Psychiatry and other medical specialties
- Practicing health care providers
- Training and educating well and infirm seniors
How We Educate

- By providing a quality environment for students, residents and fellows to care for older people with a range of functional abilities

- By modeling, teaching and promoting successful aging
The Whole Person Wellness Center

Wellness Center – Waiting Room
The Wellness Center Mission:

To improve actual and perceived health and well being of older adults throughout the lifespan by:

- Delivering and teaching the Whole Person Wellness approach to optimal aging.
- Training health care professionals and caregivers to understand and engage older adults in their personal health and well being.
- Conducting research on aging and independence.
Whole Person Wellness

Incorporates Three Dimensions:

- Body
- Mind
- Spirit
Fitness Room

- 1600 sq. ft. fitness room with state of the art equipment that incorporates safety and ease of use.
Group Exercise Room

- Group exercise classes
- Wii activities/tournaments
- Cork floor
Multi-Purpose Room

- Capacity of 96
- Tele-health capabilities

Utilized for:
- Education
- Outreach
- Social events
- Large non-impact group exercise classes
Additional Programs & Services

- Computer Classes
- One-to-One Consultation
  - Wellness coaching
  - Nutrition counseling
  - Medication review
- Complimentary Services
  - Massage
  - Aroma Therapy
- Physical Therapy
- Functional Performance Lab
Research

- Cognitive disorders
- Emotional disorders
- Sensory disorders
- Functional problems
Other Areas of Research

- Improving education for health care professionals
- Improving quality of care and patient outcomes
Benefits to the Community

- A unique community resource
- Expert clinical care
- Education for health care professionals and older adults
- Research
- Promoting successful aging
Home Instead
Center For Successful Aging
A full spectrum of clinical excellence

“Our vision for the center is an interdisciplinary site for education, research and clinical care”

- Jane Potter

Jane F. Potter, M.D. – Division Chief, Geriatrics
The Home Instead Center for Successful Aging

- Location: 730 S. 38th Avenue, Omaha, NE
- Information: (402) 559-9600
- Medical Appointments: (402) 559-7515
- Psychiatry Appointments: (402) 552-6007
- Wellness Center: (402) 552-7227
- On-line:
  
  http://www.unmc.edu/homeinsteadcenter/