COMMUNITY RESOURCES FOR OLDER ADULTS AND CAREGIVERS  
COUNCIL BLUFFS & POTTAWATTAMIE COUNTY, IOWA *  
July 2015

Compiled by:  
Home Instead Center for Successful Aging  
University of Nebraska Medical Center  
Omaha, Nebraska

ABUSE/NEGLECT:  
Elder Abuse Hotline  
(24-Hour referral line)  
(800) 362-2178  
Adult Protective Services  
417 E. Kanesville Blvd.  
(712) 328-5661  
Phoenix House Domestic Violence Shelter & Sexual Abuse Services  
(712) 328-0266  
www.dmdiocese.org/catholic-charities.cfm

AGING SERVICES  
Connections Area Agency on Aging  
300 W. Broadway, #240  
(800) 432-9209  
www.connectionsaaa.org

ALZHEIMER’S DISEASE/DEMENTIA  
Alzheimer’s Association, Midlands Chapter  
1941 S. 42nd St. #205, Omaha, NE  
(800) 272-3900  
24-hour help-line  
http://www.alz.org/midlands/

CANCER SUPPORT SERVICES  
Wings of Hope  
www.wingsofhope.org  
427 E. Kanesville Blvd., #202  
(712) 325-8970

COUNSELING/MENTAL HEALTH SERVICES  
CHI-Health Psychiatric Associates  
801 Harmony St., #302  
(712) 328-2609  
Center for Healing and Hope, LLC  
427 E. Kanesville Blvd. #102  
(712) 256-9660  
Heartland Family Service  
515 E. Broadway St.  
(712) 322-1407  
Horizon Therapy Group  
300 W. Broadway St., #270  
(712) 256-7511

DRIVING CONCERNS:  To report an unsafe driver, send a signed letter to:  
Iowa Department of Transportation - Office of Driver Services  
(800) 532-1121  
P.O. Box 9204, Des Moines, IA 50306-9204  
http://www.iowadot.gov


EMERGENCY ALERT SYSTEMS  
Alert USA  
http://www.alertusallc.com  
(800) 789-6969  
CVS Pharmacy Medical Alert System  
www.medicalalertsysterm.com  
(800) 283-2300  
5Star Great Call System  
http://www.greatcall.com  
(800) 918-8543  
Life Alert Emergency Response System  
www.lifealert.net  
(800) 982-0332

(* All addresses/phone numbers are in Council Bluffs, Iowa unless otherwise noted)
LifeLine Emergency Response System  http://www.lifelinesys.com  (800) 380-3111
LifeStation Medical Alert System  www.lifestation.com  (800) 554-4600
MobileHelp  http://www.mobilehelp.com  (800) 992-0616
Premier Alert Systems  www.premieralerts systems.com  (402) 740-0650
Walgreens Ready Response  www.walgreensreadyresponse.com  (866) 310-9061

FINANCIAL NEEDS
Iowa Department of Human Services  417 E. Kanesville Blvd.  (712) 328-5661
http://dhs.iowa.gov
Social Security Administration  Mid America Center, 20 Arena Way  (866) 331-9094
www.ssa.gov
Pottawattamie County Veterans Affairs  223 S. 6th St.  (712) 328-5797
http://www.pottcounty.com/departments/veteran-affairs/overview

FITNESS  (Exercise/water exercise programs for older adults)
The Bluffs Center  714 S. Main St.  www.thebccenter.org  (712) 323-5995
YMCA of Council Bluffs  7 S. 4th St.  http://council-bluffs.metroymca.org  (712) 322-6606

HANDICAP PARKING PERMITS:
Downloadable Application:  https://forms.iowadot.gov/FormsMgt/External/411055.pdf
Driver’s License Examining Station  1751 Madison Ave., #330  (712) 323-1219

HOME HEALTH CARE AGENCIES:  (Home nursing care services – Pottawattamie County)
Alegent-Creighton Health At Home  www.alegentcreighton.com/SHC  (800) 829-1099
Angels Care Home Health  Shenandoah, Iowa  (712) 246-2454
http://www.angelscarehealth.com/shenandoah
RecoverHealth  http://www.recoverhealth.org/locations/council-bluffs-ia  (712) 325-8989
Right at Home  http://www.rightathome.net/southeast-omaha  (402) 551-0611
Visiting Nurse Association  www.thevnacares.org  (712) 328-3990

HOME SERVICES: NON-MEDICAL  (Housekeeping, meals, companions, etc.)
Comfort Keepers  http://omaha-315.comfortkeepers.com  (712) 256-5800
Connections Area Agency on Aging  www.connectionsaaa.org  (800) 432-9209
Home Instead Senior Care  www.homeinstead.com/110  (402) 506-7043
Right At Home  http://www.rightathome.net/southeast-omaha  (402) 551-0611

HOME/VEHICLE SPECIAL NEEDS MODIFICATION
League of Human Dignity  1520 Avenue “M”  www.leagueofhuman dignity.com  (712) 323-6863
HOSPICE SERVICES
AseraCare Hospice  http://hospice.aseracare.com/council-bluffs  (712) 325-1751
Hospice of Southwest Iowa  www.hospiceofsouthwestiowa.org  (712) 352-1389
Hospice With Heart  www.hospicewithheart.org  (712) 325-6802

HOUSING: ASSISTED LIVING  (# Facility with a dementia care unit)
Amelia House  57 W. Ferndale Dr.  (712) 264-5672
http://www.enlivant.com/communities/iowa/amelia-place-council-bluffs
Hansen House Memory Care Residence#  2331 Nash Blvd.  (712) 242-5734
http://hansenhouseassistedliving.com
The Heritage at Fox Run  3121 MacIneery Dr.  www.foxrunassisted.com  (712) 256-2741
Oakland Heights  904 N. Scenic Dr. (Oakland)  (712) 482-3609
Prime Square Apartments  822 S. Main St.  (712) 435-5500
Risen Son Christian Village #  3000 Risen Son Blvd.  (712) 366-9655
https://www.christianhomes.org/facilities/risen-son-christian-village/Pages/default.aspx
The Rose of Council Bluffs  2306 Sherwood Dr.  (712) 322-1000
http://evergreenredc.com/roseofcouncilbluffs.php

HOUSING: INDEPENDENT LIVING  (* Subsidized rent or income-limits)
Bluffs Towers *  38 Pearl St.  (712) 322-9392
Dudley Court *  201 N. 25th St.  http://mhacb.org/page1.asp  (712) 322-1901
Kanesville Heights Apartments *  2310 Sherwood Dr.  (712) 256-5608
North Avenue Tower Apartments *  103 North Ave.  (712) 323-0684
Prime Square Apartments *  822 S. Main St.  (712) 435-5500
Primrose Retirement Community  1801 E. Kanesville Blvd.  (712) 352-1111
Risen Son Christian Village  
3000 Risen Son Blvd.  
(712) 366-9655  
https://www.christianhomes.org/facilities/risen-son-christian-village/Pages/default.aspx

The Rose of Council Bluffs  
2306 Sherwood Dr.  
(712) 322-1000  
http://evergreenredc.com/roseofcouncilbluffs.php

LEGAL SERVICES
Iowa State Bar Association – Find-A-Lawyer Service  
www.iowabar.org  
(515) 243-3179
Legal Aid of Southwest Iowa  
532 1st Ave. #300  
www.iowalegalaid.org  
(800) 532-1275
Legal Aid Society Hotline for Older Iowans  
(800) 992-8161

Iowa Power of Attorney/Living Will Document (downloadable)  

MEDICAL EQUIPMENT/ASSISTIVE DEVICES
Help Adult Services  
1941 S. 41st St., #200, Omaha, NE  
(402) 341-6559  
(Loans medical equipment at no cost)  
www.helpadultservices.org

Mobilis Inc. Home Medical Equipment  
2701 W. Broadway St.  
(712)308-8179  
http://www.mobilismmed.com

MEDICAL INSURANCE
Social Security Administration  
Mid-America Center  
www.medicare.gov  
(866) 331-9094
Senior Health Insurance Information Program  
http://therightcalliowa.gov  
(800) 351-4664
Medicaid/Medicaid Waiver Programs  
Iowa Department of Human Services  
(712) 328-5661
Veterans Administration Medical Benefits  
www.va.gov/healthbenefits/online  
(877) 222-8387

MEDICAL SERVICES
Immanuel Pathways PACE  
(Program of All inclusive Care for the Elderly). Primary health care, dental services, medications, physical and occupational therapies, counseling and social services.  
1702 N. 16th St.  
www.immanuelpathways.org  
(712) 256-7284

NURSING HOMES  
(Facilities that have special care dementia units)
Avoca Nursing & Rehabilitation Cr.  
610 E. York St. (Avoca)  
(712) 343-6398
Bethany Lutheran Home  
7 Elliott St.  
(712) 328-9500
Midlands Living Center  
2452 N. Broadway  
(712) 323-7135
Northcrest Living Center  
34 Northcrest Dr.  
(712) 328-2333
Oakland Manor Nursing Home  
737 North Highway (Oakland)  
(712) 482-6403
Risen Son Christian Village  
3000 Risen Son Blvd.  
(712) 366-9655

IOWA LONG TERM CARE OMBUDSMAN  
www.iowaaging.gov  
(866) 236-1430
Southwest Iowa Ombudsman  
(712) 249-7474
NUTRITION PROGRAMS: Home delivered meals and community meal sites
Connections Area Agency on Aging  www.connectionsaaa.org  (800) 432-9209

RESPITE CARE (IN-HOME COMPANION SERVICE)
HELP Adult Services  1941 S. 42\textsuperscript{nd} St. #200, Omaha, NE  (402) 341-6559
www.helpadultservices.org

SENIOR CENTERS  (Congregate meals and recreation programs) Southwest 8 Senior Services
Carter Lake Senior Center  626 E. Locust St. (Carter Lake)  (712) 347-6102
Neola Senior Center  110 Fourth St. (Neola)  (712) 485-2179
Oakland Senior Center  618 N Highway (Oakland)  (712) 482-3353
The Center  www.thecbccenter.org  714 S. Main St.  (712) 323-5995

TRANSPORTATION
Council Bluffs Special Transit Program  (712) 328-4634

The Community Resource List for Older Adults and Caregivers is updated at least once annually and may be duplicated with proper acknowledgement.

You may download and print a copy of this and other patient education documents from our Internet web site: http://unmc.edu/homeinsteadcenter

Click on the link marked, HEALTH EDUCATION, and then on any of the titles located on the left side bar.