Thank you for selecting the **GERIATRIC ASSESSMENT PROGRAM** at The University of Nebraska Medical Center. The date and time of your appointment is noted above. The information below will help you prepare for the appointment. **If you must cancel your appointment, or have further questions, please call (402) 559-9600.**

1. It is extremely important that we receive copies of medical records from the patient's primary physician and from any physicians, hospitals and nursing and rehabilitation facilities that have provided care to him/her in the past 5 years. To facilitate this, we have enclosed **AUTHORIZATION FOR RELEASE OF INFORMATION** forms.

   The patient or his/her Power of Attorney for Health Care should complete Section 1 of each release form and list the name of the health care provider to whom the form will be sent. Each form should then be signed and mailed or faxed to the designated physician or hospital. **DO NOT MAIL THESE RELEASE FORMS BACK TO US!**

   If the forms are not signed by the patient, the law requires that they be signed by the patient's designated power of attorney for health care, and that a copy of the health care power of attorney document be sent along with each authorization form. Call the Geriatric Assessment Intake Coordinator at (402) 559-7515 if you have additional questions.

2. Complete the following forms and return them to us in the enclosed postage-paid envelop as soon as possible before the appointment:

   **THE OUTPATIENT REGISTRATION FORM**
   **THE PATIENT HISTORY FORM**
   **THE COLLATERAL SOURCE QUESTIONNAIRE**
   **THE SOCIAL WORK DATA BASE QUESTIONNAIRE**

3. We are located on the main level of the **Home Instead Center for Successful Aging, 730 South 38th Avenue** (the northwest corner of 38th Avenue and Leavenworth Street). Parking is available at the main entrance just off 38th Avenue. Please refer to the enclosed map.

   The Geriatric Assessment consists of three parts: the **ASSESSMENT APPOINTMENT**, the **TREATMENT PLAN**, and the **FOLLOW-UP CONFERENCE** which occurs approximately 4-6 weeks after the assessment appointment. A family member or friend must accompany the patient to both the assessment appointment and follow-up conference.

   The **ASSESSMENT APPOINTMENT** begins promptly at 7:30 AM, and concludes about 3:00 PM. In the morning, the patient will see a team of geriatrics specialists: a physician, a psychiatrist, a psychologist, a nurse-care manager, and a pharmacist. The family member or friend will meet with team members, including a social worker, to provide valuable information about the patient's history and condition. The family member or friend will then transport the patient a short distance to the **Durham Outpatient Clinic Building** where diagnostic testing will be completed. A map and directions will be provided.
The patient may eat a normal breakfast and take his/her medications as prescribed on the morning of the assessment appointment. Fasting blood tests are not performed.

There is no cafeteria at the Geriatric Medicine Clinic, but coffee and tea are provided. Feel free to bring a snack or other beverage with you.

**PLEASE BRING THE FOLLOWING ITEMS TO THE ASSESSMENT APPOINTMENT:**

- The patient’s medical insurance cards and drivers license or state identification card.

- All of the patient’s medications (both prescription and over-the-counter) in their original containers if possible. This includes vitamins and herbal preparations. Bring the actual medications, not just a list of medications.

- The patient’s eye glasses, dentures and hearing aid(s)

- Any device the patient uses to walk (cane, walker, etc.)

- A copy of the patient’s Health Care Power of Attorney document, if one has been executed.

Within a few days of the assessment appointment, our nurse care-manager will contact you to discuss and help you implement the **TREATMENT PLAN** recommended by our Geriatric Assessment team. The nurse will remain your primary contact person regarding the treatment plan.

At the **FOLLOW-UP CONFERENCE**, the Geriatric Assessment team will meet with the patient and family members to discuss in detail the results of the assessment and to recommend treatments and resources. This appointment will last about 90 minutes. Family members who cannot attend, but wish to participate via telephone conference, may do so. **The patient must be physically present for the follow up conference to insure Medicare reimbursement.**

If you live out of town, you may wish to stay at the Nebraska House, located in the Lied Transplant Center on the nearby Nebraska Medical Center campus. Here you will find hotel-style accommodations and amenities, including easy access to the University Tower cafeteria. For information or to make reservations at the Nebraska House, call (402) 559-5599, or toll free: (888) 805-1115.

**PLEASE NOTE:** If you cannot keep your appointment, call (402) 559-9600 as soon as possible to cancel. Due to the heavy demand for appointments, we will not reschedule patients who miss their appointment without first calling to cancel.

**WE LOOK FORWARD TO SERVING YOU**