Course Dates

Phase I: June 9—July 6, 2019; July 7—August 3, 2019; February 2—29, 2020; April 5—May 2, 2020
(other dates available upon request)

Phase II: February 2—29, 2020; April 5—May 2, 2020
(other dates available upon request)

Phase I Course Description: This four-week course is an immersion Spanish language study with onsite exposure to primary and community health care in a developing country.

The course will provide one-on-one instruction in the Spanish language, using the facilities of the Centro de Lenguas of Universidad Anáhuac in Xalapa, Mexico. Participants will study general and medical Spanish language grammar, along with structure and conversation. Due to the individualized nature of the instruction, students at any level of Spanish language knowledge will be able to participate. Students will learn about the delivery of health care in Mexico through lectures, field trips, visiting Mexican health care facilities, and interaction with Mexican health care professionals. The last week of the course offers hands-on experience at local health facilities in Xalapa. Program components include:

- Introduction to health care provision in Mexico through one-hour lectures (delivered in English)
- Observation of primary and community health care programs
- Individual Spanish instruction
- Cultural field trips
- Mexican family homestay

Phase II Course Description: This course provides one week of Spanish language review (private instruction) in Xalapa at Universidad Anáhuac, followed by three weeks of clinical exposure at local medical facilities. Lectures and field trips will supplement the clinical exposure.

Program Directors: Sara E. Pirtle, MBA; Rocio Rios Rojas, MA; and Bernardo Vera Hernández, MD. Ms. Pirtle is the Program Manager of International Health & Medical Education at the University of Nebraska Medical Center. Professor Rios is the Dean of the Language Center and Dr. Vera is the Dean of the Medical School at the Universidad Anáhuac Xalapa.

Requirements: Open to students and practitioners in the medical/health professions. Preference is given to students, faculty, and staff of the University of Nebraska Medical Center.

Targeted number of participants per course: four to eight participants in Phase I; two to four participants in Phase II.

Housing: Homestay with a Mexican family.

Costs: $2,750 will cover Spanish language instruction, program lectures, homestay with a Mexican family, most meals, airport pickup, housing during field trips, ground transportation, and most miscellaneous program fees. Not included: airfare, meals during the weekend field trips, required texts, personal expenses, and some miscellaneous costs.

For additional information contact:
International Health & Medical Education
University of Nebraska Medical Center
402 559 6414
Applications available at http://www.unmc.edu/ihme