# Management of Hospital-Acquired (HAP) and Ventilator-Associated Pneumonia (VAP)

This pathway is to be used in adult (age > 18 years) patients only. An Infectious Diseases consult is recommended when dealing with complicated or immunocompromised patients. See <u>ASP website</u> for detailed guidance.



### **Definition**

**Hospital-Acquired Pneumonia (HAP)** is defined as pneumonia that occurs 48 hours or more after admission, which was not incubating at the time of admission.

Ventilator-Acquired Pneumonia (VAP) is defined as pneumonia that arises more than 48 hours after endotracheal intubation.



## **Diagnosis**

- Patients without clinical evidence of pneumonia should not be started on antibiotics!
- New or progressive radiographic infiltrate AND
  - Signs, symptoms, and/or laboratory evidence of pneumonia:
    - Fever, cough, dyspnea, increased or purulent secretions, chest pain
    - Crackles, rhonchi, and new or worsened hypoxia
    - Elevated WBC, bandemia, and elevated PCT



# **Diagnostic Testing**

Microbial diagnostic testing does not diagnose pneumonia but defines the etiology. Use only when clinical evidence of pneumonia is present.

- Blood Cultures Obtain before antibiotics in all patients
- Lower Respiratory Tract Cultures Obtain in all patients
- Pneumonia Panel Obtain in all patients
- Urine Antigens & Respiratory Pathogen Panel Obtain only if pneumonia panel unavailable.

# Pneumonia Treatment

#### Hospitalized < 5 days:

• Refer to CAP Guidance for all patients including those with risk factors for resistance.

#### Hospitalized $\geq$ 5 days:

- Preferred: Vancomycin\* plus cefepime OR Vancomycin\* plus piperacillin/tazobactam\*\*
- Severe beta-lactam allergy: Vancomycin\* plus aztreonam
- Consider addition of the following agent based on severity of illness and likelihood of resistant pathogen isolation:
- Tobramycin if concern for multidrug-resistant Pseudomonas
  - Substitute meropenem for cefepime or P/T ONLY if history of ESBL colonization or defined resistance to recommended agents.

\*Linezolid is an acceptable alternative to vancomycin. Vancomycin/linezolid should be stopped if MRSA is not detected within 72 hours. \*\*Avoid use of vancomycin with piperacillin/tazobactam >48 hours.

# Duration of Therapy

- 7 days is adequate for all pathogens.
- Procalcitonin can be used to safely shorten duration to <7 days.

#### Aspiration Pneumonitis : Antibiotics NOT recommended. Antibiotics do not decrease the need for ICU care, subsequent

antibiotics, or mortality.

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