### Pharmacy Education: Graded Challenges & Antibiotic Allergy Documentation Consult

Shawnalyn Sunagawa, PharmD
Scott Bergman, PharmD, BCIDP
On behalf of the Antimicrobial Stewardship Program



#### **Graded Challenges**

- Used to assess tolerance in patients with self-reported allergies to beta-lactam antibiotics, like penicillin
  - Risk of reaction with appropriately administered graded challenge < 1%</li>
  - If tolerated, patient is not allergic to that antibiotic
    - Can receive full doses in future without being challenged again
  - Different than desensitization process
- Can be administered in all healthcare settings (floor/wards, ICU, observation, ED, clinic, etc.)
- UNMC/NM Guidance on antimicrobial website:
  - https://www.unmc.edu/intmed/\_documents/id/asp/2023\_p enicillinallergy\_guidance.pdf
  - https://www.unmc.edu/intmed/\_documents/id/asp\_2023\_n on-pcn\_bl\_allergy\_guidance.pdf

### Comparison of Graded Challenge and Desensitization

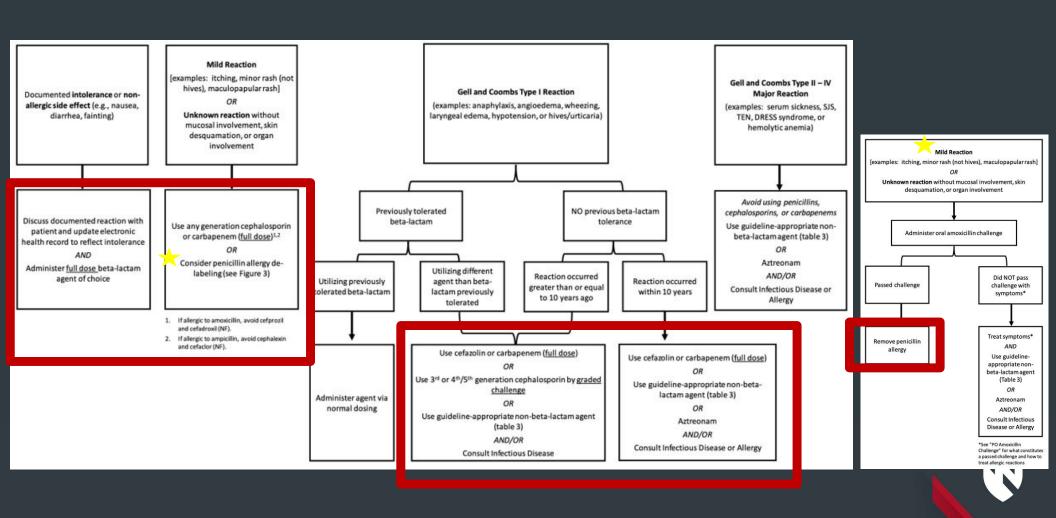
Graded Challenge	Desensitization
<ul> <li>2-3 step process starting with 1-10% of full dose</li> <li>Assess tolerance to same antibiotic or related one (see UNMC guidance for eligibility criteria)</li> <li>Proves patients are no longer allergic</li> <li>Do NOT need to repeat for subsequent administration</li> <li>Can be administered in any healthcare setting</li> </ul>	<ul> <li>8-18 step process starting with &lt;0.001% of full dose</li> <li>Provides ability to safely administer antibiotic despite severe allergy to same agent</li> <li>MUST repeat process for patients if there is any interruption in antibiotic therapy</li> <li>Only administered in ICU due to more frequent monitoring requirements</li> </ul>

#### Updated Penicillin Allergy Guidance

- Can administer <u>full dose</u> cefazolin or carbapenem regardless of penicillin allergy
- De-label penicillin allergy after successful oral amoxicillin challenge
- Consult to Pharmacy for Allergy Documentation



#### **Updated Penicillin Allergy Guidance**



### New! Guidance on Treating Patients with Non-Penicillin Beta-Lactam Allergies

- If Mild Reactions (Type IV): Itching, maculopapular rash (not hives)
  - Can give <u>full dose</u> of beta-lactams with <u>no or low</u> structural similarity
  - Can consider <u>graded challenge</u> for beta-lactams with high structural similarity
    - May still result in delayed hypersensitivity

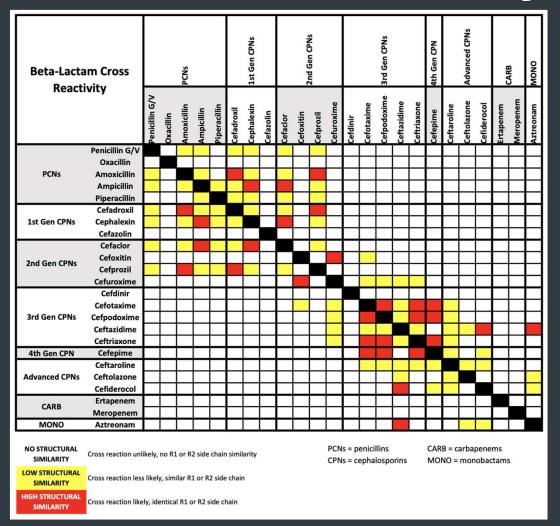


### New! Guidance on Treating Patients with Non-Penicillin Beta-Lactam Allergies

- If IgE-mediated (Type I) Reactions: anaphylaxis, angioedema, wheezing, laryngeal edema, hypotension, or hives/urticaria
  - Reaction <u>></u> 10 years ago
    - Can give <u>full dose</u> of BL with <u>no</u> structural similarity
    - Give graded challenge if some structural similarity
  - Reaction < 10 years ago</li>
    - Can give graded challenge for beta-lactams with no or low structural similarity
    - Can consider graded challenge for beta-lactams with high structural similarity

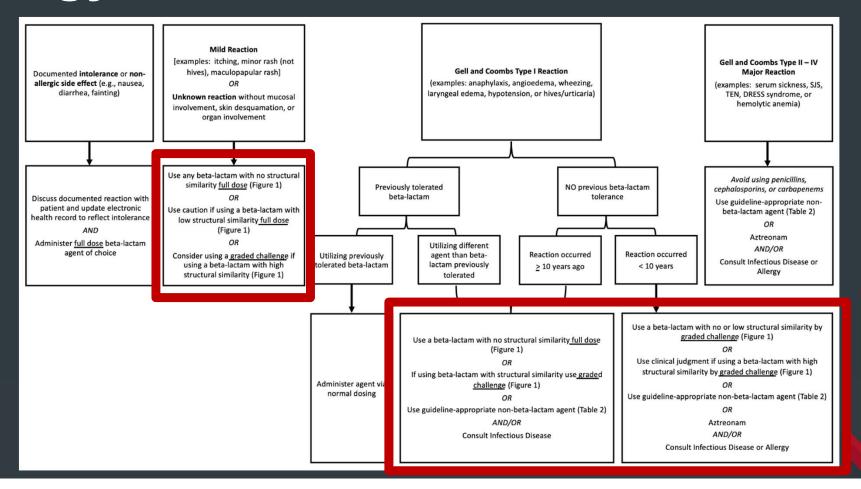


#### **Beta-Lactam Cross Reactivity**





### New! Non-Penicillin Beta-Lactam Allergy Guidance





## NEW PROCESS/WORKFLOW Pharmacy Consult: Beta-Lactam Allergy Documentation



### Process for Beta-Lactam Graded Challenge and Updated Allergy Documentation





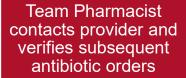
RN administers Graded Challenge doses



RN monitors for any reaction (per Graded Challenge order set)



RN updates patient's allergy profile (per Graded Challenge order set)





Team Pharmacist completes allergy documentation consult note



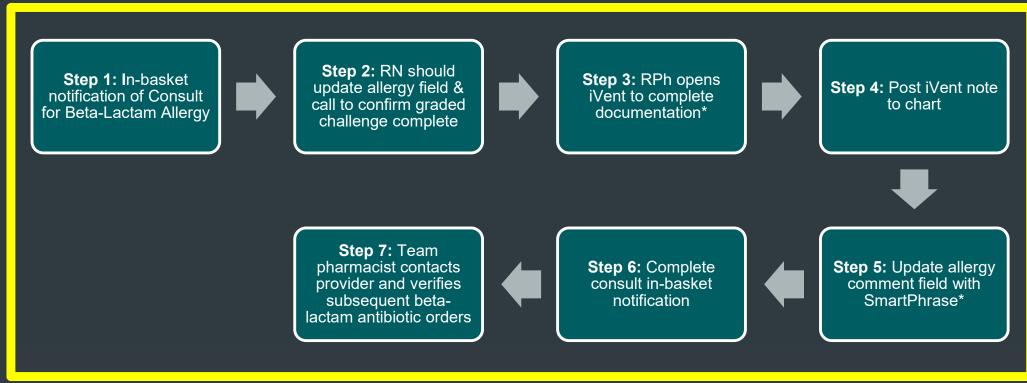
RN calls Team
Pharmacist when
Graded Challenge is
completed

**NEW PROCESS** 





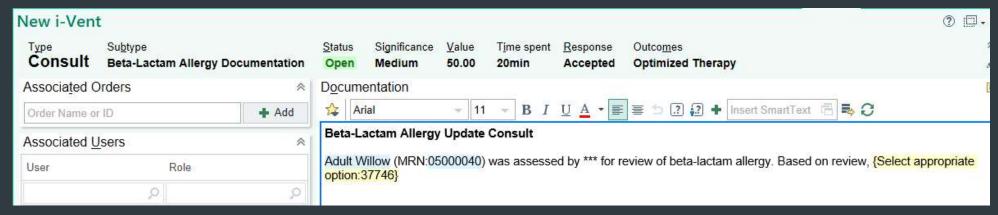
### Overview of Process for Completing Allergy Documentation Consult



\*See following slides for more detailed information on specific steps



#### Step 3: Beta-Lactam Allergy iVent



- Associated Orders: link the consult
- Associated Users: link the provider that placed the consult
- How to fill out the iVent
  - "Assessed by" field should be the provider that placed the consult order
  - "Based on review" options include:
    - Allergy removed
    - Direct IV beta-lactam graded challenge
    - Direct PO challenge
    - Direct cephalosporin use



#### Step 3: "Allergy Removed" Option

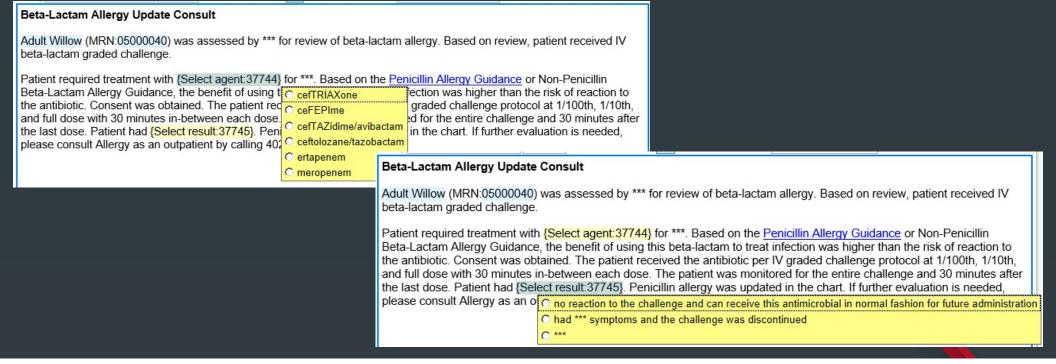
- Select this option if it was assessed that patient's self-reported betalactam allergy is a documented intolerance, non-allergic side effect, etc.
  - Note: allergy should then be removed/deleted from patient profile, when appropriate (a record is kept in case it is re-added)

Beta-Lactam Allergy Update Consult		
Adult Willow (MRN:05000040) was assessed by *** fo removed.	r review of beta-lactam allergy. Based on review, Beta-lactam allergy	
	t was deemed the patient was not allergic to the beta-lactam {Select	
Non Denicillin Detail actom Allergy Cylidenes	a documented intolerance of *** Penicillin Allergy Guidance or	
157	a non-allergic side effect of *** an allergy entered in error	
	***	
Beta-Lactam Allergy Update Consult		
Adult Willow (MRN:05000040) was assessed by *** for review of beta-lactam allergy. Based on review, Beta-lactam allergy removed.		
Based on history of {Select most appropriate:37741}, it was deemed the patient was not allergic to the beta-lactam {Select one:37742} and allergy was removed from the patient's chart per Nebraska Medicine Penicillin Allergy Guidance or Non-Penicillin Allergy Guidance.		
one:37742} and allergy was removed from the patient		



### Step 3: "Direct IV Beta-Lactam Graded Challenge" Option

- Select this option if provider placed an order for IV beta-lactam graded challenge
  - Note: assess that patient qualifies for IV graded challenge per ASP allergy guidance documents



#### Step 3: "Direct PO Challenge" Option

- Select this option if provider placed an order for the oral amoxicillin challenge
  - Note: penicillin allergy should be removed/deleted from patient profile if patient tolerates PO amoxicillin challenge

# Beta-Lactam Allergy Update Consult Adult Willow (MRN:05000040) was assessed by \*\*\* for review of beta-lactam allergy. Based on review, patient received direct PO amoxicillin graded challenge. Patient determined to be low risk and a candidate for direct oral amoxicillin challenge based on the Penicillin Allergy Guidance. Consent was obtained. The patient received amoxicillin 25 mg and then 250 mg approximately 30 min later. Patient was monitored for a total of 60 minutes. Patient {Select result:37743}. Penicillin allergy was updated in the chart. C had no reaction C had \*\*\*\* symptoms and was treated with \*\*\*\* C \*\*\*\*



### Step 3: "Direct Cephalosporin Use" Option

- Select this option if provider placed an order for direct "full dose" betalactam in patient with self-reported beta-lactam allergy
  - Note: assess that patient qualifies for direct "full dose" per ASP allergy guidance documents

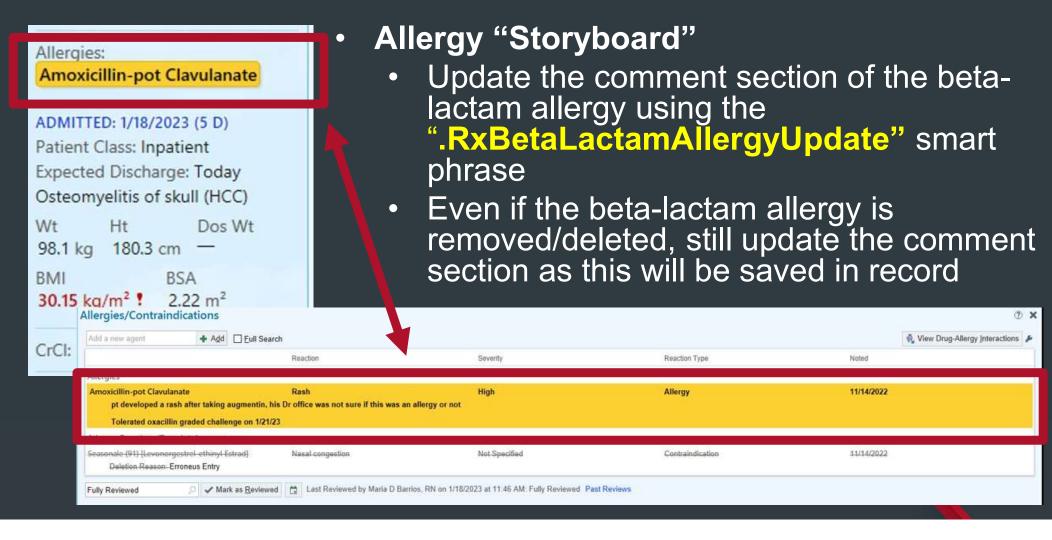
#### Beta-Lactam Allergy Update Consult

Adult Willow (MRN:05000040) was assessed by \*\*\* for review of beta-lactam allergy. Based on review, patient received direct cephalosporin use.

Patient determined to be low risk and a candidate for cephalosporin use at full dose without further assessment based on the <a href="Penicillin Allergy Guidance">Penicillin Allergy Guidance</a> document or Non-Penicillin Beta-Lactam Allergy Guidance. Beta-lactam allergy was updated in chart. If further evaluation is needed, please consult Allergy as an outpatient by calling 402-559-4015 to schedule.



#### **Step 5: Allergy Comment Field**



### Questions about Graded Challenge Process?

- Page On-Call Antimicrobial Stewardship Pharmacist
  - 888-0349
- And/or contact any of the Infectious Diseases Pharmacists
  - Voalte: Antimicrobial Stewardship Pharmacist



