

Key Takeaways:

- Social determinants of health (SDOH) are the conditions in the environments where people are born, live, learn, work, play, worship, and age that affect a wide range of health, functioning, and quality-of-life outcomes and risks.
- SDOH can be grouped into 5 domains: economic stability; education access and quality; health care access and quality; neighborhood and built environment; and social and community context.
- The socioecological model (SEM) conceptualizes health broadly and focuses on multiple factors that might affect health.
- The SEM approach focuses on integrating approaches to change the physical and social environments rather than modifying only individual health behaviors.
- Process mapping is a technique for visually representing the steps involved in a workflow.
- Process mapping relies on a strong problem statement—a concise and focused description of the issue that needs to be addressed.
- When mapping a process, it is always advisable to start simply by outlining the 4-7 high-level steps in a process.
- Once a high-level process is refined, a more complex process map can be generated which outlines all the steps and decision points in a process.

Further Reading:

Health Equity	Social Determinants of Health, Healthy People 2030: https://health.gov/healthypeople/objectives-and-data/social-determinants-health
	Social Determinants of Health in Rural Communities Toolkit: https://www.ruralhealthinfo.org/toolkits/sdoh
	Clinical Community Relationships Measures (CCRM) Atlas: https://www.ahrq.gov/prevention/resources/chronic-care/clinical-community-relationships-measures-atlas/ccrm-atlas3.html
	Introduction to Upstream (video): https://www.youtube.com/watch?v=qarQXgKbmLg
	ICD-10-CM Codes for Social Determinants of Health: https://www.aha.org/system/files/2018-04/value-initiative-icd-10-code-social-determinants-of-health.pdf
Quality Improvement	Writing a Problem Statement: http://www.hqontario.ca/portals/0/documents/qi/qi-problem-statement-instruction-sheet-en.pdf
	Got a wicked problem? First, tell me how you make toast. Ted Talk by Tom Wujec
	IHI Quality Improvement Toolkit: Flowcharts Resources http://www.ihq.org/resources/Pages/Tools/Flowchart.aspx
COVID-19 Updates	CDC's Interim clinical considerations for use of COVID-19 vaccines currently approved or authorized in the US. https://www.cdc.gov/vaccines/covid-19/clinical-considerations/covid-19-vaccines-us.html