Your appointment with Dr. Jill Poole, Dr. Sara May
or Dr. Andrew Rorie is scheduled for: _______________________

MEDICATIONS TO BE HELD FOR ALLERGY SKIN TESTING

ANTIHISTAMINES (TO BE HELD FOR 5 DAYS):
Clarinex (desloratidine) Claritin (loratidine) Allegra (fexofenadine)
Chlor-Trimeton (chlorpheniramine) Dexchlorpheniramine Benadryl (diphenhydramine)
Zyrtec (cetirizine) Xyzal (levocetirizine) Brovex (brompheniramine)
Dimetapp Actifed Periactin (cyproheptadine)
Drixoral (dextromethorphan)

Please check your over the counter medications to see if they include an antihistamine

EYE DROPS (TO BE HELD FOR 5 DAYS):
Bepreve (bepotastine) Zaditor (ketotifen) Optivar (azelastine)
Patanol/Pataday/Pazeo (olopatadine)

All over the counter eye drops with antihistamine-A

TOPICAL STEROID ANTI-INFLAMMATORIES (TO BE HELD FOR 5 DAYS):
(Gels, Creams, Ointments, Solutions, and Lotions)

ORAL PREDNISONE
Ideally off oral steroids for two weeks; however, skin testing can be completed while on oral steroid use at less than 20 mg daily.

ANTIDEPRESSANTS (TO BE HELD FOR 1-2 WEEKS AS APPROVED WITH PCP):
Elavil (amitryptiline) Doxipin Trimipramine
Desipramine Remeron (mirtazapine) Trazodone
Serzone ( nefazodone) Asendin (amoxapine) Pamelor (nortriptyline)
Imipramine

NASAL SPRAYS (TO BE HELD FOR 5 DAYS):
Asten (azelastine) Patanase (olopatadine) Asten/Astrop (azelastine)
Dymista

HISTAMINE BLOCKERS (TO BE HELD FOR 1 DAY):
Tagamet (cimetidine) Zantac (ranitidine) Avid (nizatidine)
Pepcid (famotidine)

OTHERS (TO BE HELD THE NIGHT BEFORE):
Singulair (montelukast) Zyflo (zileuton) Accolate (zafirlukast)

OTHERS (TO BE HELD 4-7 DAYS BEFORE):
Vistaril/Atarax (hydroxyzine) Phenergan (promethazine) Xanax (alprazolam)
Klonopin (clonazepam) Flexeril (cyclobenzaprine) Antivert/Bonine (meclizine)
Tylenol Cold & Sinus

*If you have any questions, please call 402-559-4015 and ask to speak to a Allergy nurse or leave a message on the Allergy nurse line, 402-559-4919, and a nurse will return your call.