

Your appointment with Dr. Jill Poole, Dr. Sara May  
or Dr. Andrew Rorie Dr. Joel VanDeGraaff is scheduled for: \_\_\_\_\_

## **MEDICATIONS TO BE HELD FOR ALLERGY SKIN TESTING**

### **ANTI-HISTAMINES (TO BE HELD FOR 5 DAYS):**

Clarinet (desloratidine)	Claritin (loratidine)	Allegra (fexofenadine)
Chlor-Trimeton (chlorpheniramine)	Dexchlorpheniramine	Benadryl (diphenhydramine)
Zyrtec (cetirizine)	Xyzal (levocetirizine)	Brovex (brompheniramine)
Dimetapp	Actifed	Periactin (cyproheptadine)
Drixoral (dexbrompheniramine)		

***Please check your over the counter medications to see if they include an antihistamine***

### **EYE DROPS (TO BE HELD FOR 5 DAYS):**

Bepreve (bepotastine)	Zaditor (ketotifen)	Optivar (azelastine)
Patanol/Pataday/Pazeo (olopatadine)		

*All over the counter eye drops with antihistamine-A*

### **TOPICAL STEROID ANTI-INFLAMMATORIES (TO BE HELD FOR 5 DAYS):**

(Gels, Creams, Ointments, Solutions, and Lotions)

### **ORAL PREDNISONE**

Ideally off oral steroids for two weeks; however, skin testing can be completed while on oral steroid use at less than 20 mg daily.

### **ANTIDEPRESSANTS (TO BE HELD FOR 1-2 WEEKS AS APPROVED WITH PCP):**

Elavil (amitriptyline)	Doxepin	Trimipramine
Desipramine	Remeron (mirtazapine)	Trazodone
Serzone (nefazodone)	Asendin (amoxapine)	Pamelor (nortriptyline)
Imipramine		

### **NASAL SPRAYS (TO BE HELD FOR 5 DAYS):**

Astelin (azelastine)	Patanase (olopatadine)	Astelin/Astepro (azelastine)
Dymista		

### **HISTAMINE BLOCKERS (TO BE HELD FOR 1 DAY):**

Tagamet (cimetidine)	Zantac (ranitidine)	Axid (nizatidine)
Pepcid (famotidine)		

### **OTHERS (TO BE HELD THE NIGHT BEFORE):**

Singulair (montelukast)	Zyflo (zileuton)	Accolate (zafirlukast)
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### **OTHERS (TO BE HELD 4-7 DAYS BEFORE):**

Vistaril/Atarax (hydroxyzine)	Phenergan (promethazine)	Xanax (alprazolam)
Klonopin (clonazepam)	Flexeril (cyclobenzaprine)	Antivert/Bonine (meclizine)
Tylenol Cold & Sinus		

**\*If you have any questions, please call 402-559-4015 and ask to speak to a Allergy nurse.**