WANDERING BEHAVIOR

The following interventions may help with a particular patient who wanders or paces.

1. Walk or exercise the patient several times a day on a scheduled basis. Not only may this lower the need to wander or pace, but regular walking will maintain the strength of the patient. Scheduled walking or lower body exercise helps make wandering or pacing physically safer while providing an outlet for the resident's need to ambulate.

2. Provide a controlled place to wander to allow the resident to lower anxiety or meet a need to be active. Establish an area to ambulate that ensures resident safety.

3. Redirect the resident towards enhanced environments, like aquariums, bird enclosures, atriums or areas that allow the resident to be involved in activities, even as a spectator.

4. Involve in activities. Repetitive simple tasks, such as folding towels or polishing silverware, are helpful. Sing-a-longs and other more active interventions help maintain the interest of the resident and redirect their energies from wandering or pacing.

5. Use a simulated presence videotape or DVD. This is a ten-minute production of family or friends recounting recent or remote stories about the patient's life.

6. Offer food to the wandering resident. Hunger can stimulate wandering.

7. Develop elopement prevention strategies for your facility.

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- Falls, Wandering, and Physical Restraints: Interventions for Residents with Dementia in Assisted Living and Nursing Home
- More With Dementia: Wandering From Home
- Wandering and dementia
- Nursing interventions on managing to wander with dementia
- <u>Relationship between observable emotional expression and wandering behavior</u>
 <u>of people with dementia</u>
- Caring for early-onset dementia with excessive wandering
- Reliability and validity of the Algase Wandering Scale
- Risk assessment of wandering behavior in mild dementia
- Should patients with dementia who wander be electronically tagged? Yes.
- Should patients with dementia who wander be electronically tagged? No.
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- Vocalization in dementia: A case report and review of the literature
- <u>Aripiprazole for sexually inappropriate vocalizations in frontotemporal dementia</u>
- Recognition of positive vocalizations is impaired in behavioral-variant frontotemporal dementia
- Factors associated with problematic vocalizations in nursing home residents with dementia
- Non-verbal vocalizations, dementia, and social interaction

- <u>The effectiveness of multi strategies on disruptive vocalization of people with</u> <u>dementia in institutions: A multicentered observational study</u>
- Disruptive vocalizations: A means to communicate in dementia?
- Vocalization in Dementia
- Persistent vocalizations among nursing home residents with dementia
- Vocally disruptive behavior
- Vocally disruptive behavior in nursing home residents in Ireland
- Heart Rate of Nursing Home Residents with Advanced Dementia and Persistent
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- Vocally Disruptive behavior in the elderly
- What are the relative merits of interventions used to reduce the occurrences of disruptive vocalizations in persons with dementia?
- Factors associated with problematic vocalizations in nursing home residents with dementia
- <u>The Treatment of Disruptive Vocalization in Dementia With Electroconvulsive</u>
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- Help me, Help me
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- Bathing someone with Alzheimer's or Dementia
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DISROBING

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