COMMUNITY RESOURCES: SARPY COUNTY, NEBRASKA

ADULT DAY CARE
The Club (Mable Rose Retirement Center)
4609 Hilltop St., Bellevue  291-9777

AGING SERVICES  (Case management services, mobile meals, respite and companions, housekeeping, yard work, volunteer opportunities, info and referral)
Eastern Nebraska Office on Aging
111 W. 22 Ave., Bellevue  293-3041/444-6444

COUNSELING AND MENTAL HEALTH SERVICES
Alegent Health Psychiatric Assoc.
1309 Harlan Dr., #206; Bellevue  291-6789
1414 S. Washington St., #202; Papillion  827-4300
Christian Counseling Center
Hwy 370 & Gold Coast Rd., Papillion  331-3477
Great Plains Counseling Center
205 Galvin Rd. N., Bellevue  292-7712
Heartland Family Services
116 East Mission Ave., Bellevue  553-3000
1246 Golden Gate Dr., Papillion  553-3000
Lutheran Family Services
728 Fort Crook Rd. North, Bellevue  292-9105
1201 Golden Gate Dr., Papillion  592-0639
Mental Health Commitments  593-2230

DEMENTIA  (Alzheimer’s and other causes: support groups, educational programs and materials, respite services, financial assistance, information and referral)
Alzheimer’s Association-Midlands Chapter
#205 Center Mall; 1941 S. 42nd St., Omaha  24-Hour Support  (800)272-3900

FINANCIAL ASSISTANCE/SOCIAL SERVICES
Nebraska Dept. of Health & Human Services:
   Information/Food Stamps/Financial & Medical Asst  595-3400
   Emergency & Energy Assistance  595-3608
   Adult Protective Services (24-hour)  (800) 652-1999

   Homestead Exemptions  593-2122
   Veterans Services
   1308 Gold Coast Rd., Papillion  593-2203

FITNESS
Mind and Body Shop Wellness Center  827-9196
2200 Franklin St., Bellevue
YMCA Sarpy County Community Center  339-9861
1111 E. First St., Papillion

(YMCA programs include exercise/aquatic exercise, Yoga, weight management and computer classes, and card and book clubs. Fees are based on ability to pay.)
HANDICAP PARKING PERMITS
Sarpy County Clerk's Office 593-2114

HOME SERVICES (Medical/Non-Medical)
Alegent Health Home Care 898-8000
Hillcrest Home Care 682-4808
Home Instead Senior Care 292-6611
Kind Hearts, Inc. 339-7727
Lifeline Emergency Response System (800)543-3546
Right At Home 292-2212

LEGAL ADVICE/GUIDANCE
Elder Access Line (free telephone counseling service) (800)527-7249

NUTRITION
CONGREGATE MEAL AND RECREATION SITES (*Transportation available)
Bellevue Senior Center * 293-3041
111 W. 22 Ave., Bellevue
La Vista Senior Center 331-3455
8116 Park View Blvd., La Vista
Papillion Senior Center * 597-2059
1001 Limerick Rd., Papillion

DELIVERED MEALS
Eastern Nebraska Office on Aging 444-6444
Seattle Sutton's Healthy Eating 932-6021
7940 Harrison St., La Vista

NURSING HOMES (* Facility has a Dementia Unit)
Gretna Community Living Center 322-3446
700 Highway 6, Gretna
Hillcrest Care Center 291-8500
1702 North Hillcrest Dr., Bellevue
Huntington Park Care Center * 339-6010
1507 Gold Coast Rd., Papillion
Papillion Manor 339-7700
600 South Polk St., Papillion

PHARMACIES THAT DELIVER PRESCRIPTIONS
Kohll's Pharmacy 331-8632
1413 S. Washington St., Papillion
Papillion Neighborhood Pharmacy 502-4488
535 Fortune Dr. Papillion

RETIREMENT COMMUNITIES (*Assisted living services)
Bellevue Place 292-0423
1808 Warren St., Bellevue
Bellewood Courts 1002 Bellewood Court, Bellevue 292-3300
Granville Villa * 8507 Granville Parkway, La Vista 933-6405
Gretna Plaza 210 East Glenmore, Gretna 339-8059
Harmony Court 1802 Wall St., Bellevue 291-4200
Immanuel Trinity Village * 522 West Lincoln St., Papillion 614-5500
Mable Rose Estates * 4609 Hilltop St., Papillion 291-9777
Mission House Vue 406 East Mission Ave., Bellevue 292-0423
Monarch Villa 301 East Cedardale Rd., Bellevue 331-6882
Richmont Village 702 Fort Crook Rd. South, Bellevue 291-9800
Silver Ridge * 20332 Hackberry Dr., Gretna 332-4280
Tregaron Residences 2815 Greenwald Dr., Bellevue 292-1818
Victoria Gardens * 1702 North Hillcrest, Bellevue 291-8500
Wel-Life * 801 North Adams St., Papillion 339-1775
The Wellington 501 East Gold Coast Rd., Papillion 331-3101

RESpite Care (In the home)
Eastern Nebraska Office on Aging 444-6444
Hillcrest Home Care 682-4808
Home Instead Senior Care 292-6611
Kind Hearts, Inc. 339-7727
Respite Resource Center 996-8443
Right At Home 292-2212

Support/Self-Help Groups (Meeting in Sarpy County)
Al Anon (Families of Alcohol Abusers) 553-5033
Amputee Support Group 733-4954
Diabetes Support 593-3532
Stroke Support 346-0771

Transportation (Free/low cost for elderly/disabled)
Bellevue Mini-Bus Service 293-3138
Papillion Mini-Bus Service 680-3970
Eastern Nebraska Office on Aging 444-6470