Back to Basics: Pain Management in Older Adults

Tuesday, January 27, 2009 • Education from 7-9 PM CST (6-8 pm MST)

Live presentation
• Omaha, NE – University of Nebraska Medical Center, Durham Research Center

Transmission will also be provided via the Nebraska Telehealth Network to the following locations:
- Ainsworth – Brown County Hospital
- Chadron – Chadron Community Hospital
- Cozad – Cozad Community Hospital
- Grand Island – St. Francis Medical Center
- Kearney – Good Samaritan Hospital
- Lincoln – VA Nebraska-Western Iowa Health Care System
- Norfolk – Faith Regional Health Services
- Ord – Valley County Hospital
- Pender – Pender Community Hospital
- Scottsbluff – Regional West Medical Center
- Wayne – Providence Medical Center

We gratefully acknowledge Purdue Pharma L.P. for their support of this conference.
Back to Basics:  
**Pain Management in Older Adults**

**Tuesday, January 27, 2009**  
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**COURSE DESCRIPTION**

Pain management in the older adults is particularly challenging and is frequently under treated. This conference offers a survey-focused overview of the basics of pain management in the elderly, providing evidence-based tips for the pharmacologic and non-pharmacologic approaches to pain management for this population. The team approach to pain management of the elderly patient/client will be emphasized. Tips for caregivers will be included.

**LEARNING OBJECTIVES**

Upon completion of this presentation, the learner will be better able to:
1. Identify differences between depression, pain and other medical factors in the elderly.
2. Explain key elements of pharmacology approaches for pain management in the elderly.

**LOCATION**

**Live presentation:**  
Durham Research Center (DRC) Auditorium  
University of Nebraska Medical Center  
550 South 45th Street  
Omaha, Nebraska

Transmission will also be provided via the Nebraska Telehealth Network to the following locations:

- **Ainsworth**  
  Brown County Hospital  
  945 East Zero  
  Teleconference Room

- **Chadron**  
  Chadron Community Hospital  
  821 Morehead  
  Teleconference Room

- **Cozad**  
  Cozad Community Hospital  
  300 East 12th  
  Conference Room

- **Grand Island**  
  St. Francis Medical Center  
  2116 West Fadsley Ave  
  Telehealth Conference Room, 2nd Floor

- **Kearney**  
  Good Samaritan Hospital  
  10 East 31st St  
  2nd Floor Conference Center, Room D

- **Lincoln**  
  VA Nebraska-Western Iowa Health Care System  
  600 South 70th St  
  Auditorium, 1st Floor (enter from north parking lot)

- **Norfolk**  
  Faith Regional Health Services  
  2700 West Norfolk Ave  
  Nebraska Rooms

- **Ord**  
  Valley County Hospital  
  217 W 8th St  
  Specialty Clinic Room #3

- **Pender**  
  Pender Community Hospital  
  603 1st St  
  Hospital Conference Room

- **Scottsbluff**  
  Regional West Medical Center  
  4021 Avenue B  
  Scottsbluff II Conference Room

- **Wayne**  
  Providence Medical Center  
  1200 Providence Road  
  Board Room

**AGENDA**

6:30 PM CST (5:30 PM MST)  
Conference Registration

7:00 PM CST (6:00 PM MST)  
Back to Basics: Pain Management in Older Adults

Claudia M. Chaperon, PhD, APRN, BC-GNP  
Assistant Professor  
College of Nursing  
University of Nebraska Medical Center

Grace Knott, PT, GCS  
Rehab Services Administrator  
Hilcrest Health Systems

Carla R. Rubingh, PharmD  
Assistant Professor  
Pharmacy Practice  
University of Nebraska Medical Center

9:00 PM CST (8:00 PM MST)  
Evaluation

9:15 PM CST (8:15 PM MST)  
Adjourn

**CREDIT**

The University of Nebraska Medical Center, Center for Continuing Education is accredited by the Accreditation Council for Continuing Medical Education to provide continuing medical education for physicians.

The University of Nebraska Medical Center, Center for Continuing Education designates this educational activity for a maximum of 2.25 AMA PRA Category 1 Credit(s)™. Physicians should only claim credit commensurate with the extent of their participation in the activity.

The University of Nebraska Medical Center College of Nursing Continuing Nursing Education is accredited as a provider of continuing nursing education by the American Nurses Credentialing Center’s Commission on Accreditation.

This activity is provided for 2.25 contact hours under ANCC criteria. Provided for 2.7 contact hours under Iowa Provider #78. Provider approved by the California Board of Registered Nursing, Provider #13699 for 2.7 contact hours.

This program meets the criteria of an approved continuing education program for social work.

This program meets the criteria of an approved program for licensed mental health providers.

For Omaha, NE attendees, this course has been approved for 0.2 Continuing Education Units (corresponding to 2.0 contact hours) by the Continuing Education Committee of the Nebraska Chapter American Physical Therapy Association.

For Ainsworth, Chadron, Cozad, Grand Island, Kearney, Lincoln, Norfolk, Ord, Pender, Scottsbluff, and Wayne, NE attendees, this course has been approved for 0.2 Continuing Education Units delivered by satellite transmission from Omaha, NE (corresponding to 2.0 contact hours) by the Continuing Education Committee of the Nebraska Chapter American Physical Therapy Association.

**NEB-GEC:** This conference meets the criteria for one of the requirements of the mini-fellowship offered through the Nebraska Geriatric Education Center (NEBGEC). Funding for the mini-fellowship and its activities was made possible by the Health Resources and Services Administration (HRSA). If you would like more information on the mini-fellowship or any of the learning activities available through the Nebraska Geriatric Education Center, please contact the program coordinator Lisa Bottsford, MPH at (402) 559-8421 or by email at lbottsfo@unmc.edu.