TARGET AUDIENCE
Physicians, physician assistants, nurse practitioners, nurses, physical therapists, physical therapist assistants, occupational therapists, pharmacists, social workers, psychologists, counselors, and anyone interested in geriatrics.

CONFERENCE DIRECTOR
Patricia A. Hageman, PT, PhD
Professor and Director, Physical Therapy Education
University of Nebraska Medical Center

REGISTRATION
There is no fee to attend this conference and pre-registration is not necessary.

PARKING
Parking is available in the Patient/Visitor Parking Structure located on the northeast corner of 45th and Emile.

FOR MORE INFORMATION
Contact Joan Husted in the UNMC Center for Continuing Education, jhusted@unmc.edu or (402) 559-6235.

DIRECTIONS
The Durham Research Center is located on the far West end of the campus.

Lumbar Spinal Stenosis and the Older Adult: A Practice Update

Tuesday, March 11, 2007 • 7:00 - 9:00 PM CST
Durham Research Center Auditorium • University of Nebraska Medical Center

Transmission will also be provided via the Nebraska Telehealth Network to the following locations:
• Grand Island - St. Francis Medical Center
• Kearney - Good Samaritan Hospital
• Norfolk - Faith Regional Health Services
• Scottsbluff - Regional West Medical Center
Lumbar Spinal Stenosis and the Older Adult:
A Practice Update

Tuesday, March 11, 2007 • 7:00 - 9:00 PM CST

COURSE DESCRIPTION
Lumbar spinal stenosis is a common condition among older adults and is associated with significant health care costs. This presentation will highlight the prevalence, pathoanatomy, and signs and symptoms of this disorder. The best practices for identifying individuals with spinal stenosis who are most appropriate for surgical and conservative approaches will be presented. Strategies for conservative management, including patient education and resources, will be discussed.

LEARNING OBJECTIVES
Upon completion of this presentation, the learner will be better able to:
1. Explain the common pathoanatomy associated with lumbar spinal stenosis
2. Describe the typical signs and symptoms of an individual with lumbar spinal stenosis
3. Differentiate individuals with a diagnosis of lumbar spinal stenosis who, according to the evidence, display characteristics that are most likely to benefit from surgical intervention
4. Design a nonsurgical treatment program for patients with lumbar spinal stenosis based upon the most recent evidence
5. Provide relevant patient education to assist the patient/client in self-management of the disease
6. Identify useful evidence-based resources available on lumbar spinal stenosis for patients and providers

LOCATION
Durham Research Center Auditorium
University of Nebraska Medical Center
550 South 45th Street
Omaha, Nebraska

Transmission will also be provided via the Nebraska Telehealth Network to the following locations:
• Grand Island - St. Francis Medical Center
• Kearney - Good Samaritan Hospital
• Norfolk - Faith Regional Health Services
• Scottsbluff - Regional West Medical Center

There is no fee to attend this conference and pre-registration is not necessary.

AGENDA
6:45 PM
Conference Registration

7:00 PM
Lumbar Spinal Stenosis and the Older Adult: A Practice Update
Grace Johnson, MS, PT, OCS
Assistant Professor
Division of Physical Therapy Education
University of Nebraska Medical Center

Gilbert Willett, PT, PhD, OCS
Associate Professor and Associate Director
Division of Physical Therapy Education
University of Nebraska Medical Center

9:00 PM
Evaluation/Adjourn

CREDIT
The University of Nebraska Medical Center, Center for Continuing Education is accredited by the Accreditation Council for Continuing Medical Education to provide continuing medical education for physicians.

The University of Nebraska Medical Center, Center for Continuing Education designates this educational activity for a maximum of 2 AMA PRA Category 1 Credit(s)™. Physicians should only claim credit commensurate with the extent of their participation in the activity.

The University of Nebraska Medical Center College of Nursing Continuing Nursing Education is accredited as a provider of continuing nursing education by the American Nurses Credentialing Center’s Commission on Accreditation.

This activity is provided for 2 contact hours under ANCC criteria. Provided for 2.4 contact hours under Iowa Provider #78. Provider approved by the California Board of Registered Nursing, Provider #13699 for 2.4 contact hours.

This program meets the criteria for an approved continuing education program for social work.

For Omaha, NE attendees, this course has been approved for 0.2 Continuing Education Units (corresponding to 2.0 contact hours) by the Continuing Education Committee of the Nebraska Chapter American Physical Therapy Association (Kathy Volkman, Chair, Continuing Education Committee; Patricia Hageman, Program Director).

For Grand Island, Kearney, Scottsbluff and Norfolk, NE attendees, this course has been approved for 0.2 Continuing Education Units delivered by satellite transmission from Omaha, NE (corresponding to 2.0 contact hours) by the Continuing Education Committee of the Nebraska Chapter American Physical Therapy Association (Kathy Volkman, Chair, Continuing Education Committee; Patricia Hageman, Program Director).

NEB-GEC: This conference meets the criteria for one of the requirements of the mini-fellowship offered through the Nebraska Geriatric Education Center (NEBGEC). Funding for the mini-fellowship and its activities were made possible by the Health Resources and Services Administration (HRSA). If you would like more information on the mini-fellowship or any of the learning activities available through the Nebraska Geriatric Education Center, please contact the program coordinator Lisa Bottsford, MPH at (402) 559-8421 or by email at lbottsfo@unmc.edu.