NURSING HOME-REHABILITATION-
HOME CARE ADMIT ORDERS
(For admission or re-admit to
NH, Rehab facility or Home Care.)
A-D-C   A   V-A-N-D-I-M-L-S
mnemonic (adapted)
A-dmit to: list:
? Facility
? Physician who will follow.
D-iagnosis:..list:
? The hospital generated diagnoses,
(do only if a DC summary will not accompany patient)
Goal:
send all patients with DC summary when possible
Condition & Code status (if known)
(If a DC summary will not accompany patient: list
status at discharge of problems treated in hospital.)
A-llergies…..
? Give adverse reaction if known
V-ital signs.
? VS & weights (frequency)
? Sit-stand BP’s (if pertinent.)
? Sao2?
? Criteria for calling & who to call.
(NH’s usually have a routine of VS
frequency such as weekly or monthly)
A-ctivity level
? Activities orders
? PT?
? OT?
(write orders for rehab, orders should list:
reason for therapy and goal.)
e.g. Gait/Balance & restrengthening for
post-hip fx to regain independent ambulation.
N-ursing orders;
e.g. skin care orders, ambulation, etc
D-iet;......
? Diet (consistency, type
(note many NH residents need only regular diet)
? Feeding instructions for
swallowing disorders
? Speech therapy consults
(if swallowing disorders are suspected.)
? Include daily fluid goals by shift
(po or IV ) if pertinent.
I-V fluids.
write only if needed, be sure facility can do IV’s.
? Fluid goals (oral)
? I&O’s needed?
M-eds
? Try to write for q day or bid dosing
when possible, crushed? liquids?
? Provide indications for each med.
e.g. digoxin (CHF)
? Write # days for antibiotics.
For Narcotics or continuous meds forewarn
the facility to avoid interruptions in therapy.
? Eye drops?
? Skin care?
L-abs
? Write indications for labs.
Most NH’s have routine lab days, if not critical write
“next lab day” or in generalities such as “1-2 weeks”.
Avoid labs on Fridays & weekends if possible.
? Write “who to call” with results or
where to send results.
Specifics:
? Respiratory therapy?
? O2?
? Nebs?
? F/U appointments, who and when?
? Accucheks?
? SSI (Sliding Scale Insulin)?

If NH Re-admit:
? Resume: - previous lab or therapies?
? Renew previous meds?

Web site: geriatrics.unmc.edu evv3-26-04