COMMUNITY RESOURCE LIST FOR OLDER ADULTS AND CAREGIVERS
DOUGLAS & SARPY COUNTIES:  June 2010

Compiled by:
Susan V. Murray, CMSW, LMHP
Section of Geriatrics & Gerontology
University of Nebraska Medical Center

ABUSE/NEGLECT

ADULT PROTECTIVE SERVICES  (24 Hour Helpline)  595-3474
DOMESTIC VIOLENCE HOTLINE (Y.W.C.A.)  24-Hour 345-7273
CATHOLIC CHARITIES DOMESTIC VIOLENCE SHELTER  558-5700
SAFE HAVEN DOMESTIC VIOLENCE SHELTER  (800)523-3666

ADULT DAY CARE

EDGEWOOD VISTA ADULT DAY  www.edgewoodvista.com  333-5749
17620 Poppleton Ave.

FOUNTAINVIEW SENIOR LIVING COMMUNITY  596-9033
5710 S. 108th St.  www.fountainviewseniorliving.com

FRANCISCAN CENTRE  www.newcassel.org  393-2277
900 N. 90th St. (New Cassel Retirement Center)

FRIENDSHIP PROGRAM, INC.  7315 Maple St.  393-6911

OMAHA OOIC ADULT DAY CENTER  2724 N. 24th St.  457-4222

SARAH CARE ADULT DAY SERVICES  www.sarahcare.com  496-3379
3615 N. 129 St.

THE CLUB (Mabel Rose Estates)  www.hillcresthealth.com  291-9777
4609 Hilltop St.  Bellevue

TRANSITIONS  http://www.mgi-seniors.org/tdp-about.htm  557-6860
4801 N. 52nd St. (House of Hope Care Center)

ALZHEIMERS DISEASE AND RELATED DEMENTIAS:  http://www.alz.org/midlands

ALZHEIMER'S ASSOCIATION, MIDLANDS CHAPTER  502-4301
1941 S. 42nd St., #205 (Center Mall)  24 Hour Phone:  (800)272-3900
CARE MANAGERS: Help to Identify/Access Care Resources

CARE FOR SENIORS 4916 Cass St. 558-0687

EASTERN NEBRASKA OFFICE ON AGING www.enoa.org 444-6444
4223 Center St.

ELDER LIFE CONSULTANTS www.elderlifeconsultants.com 330-3079
2107 S. 151 St.

COUNSELORS (Specializing in older adults and family caregivers)

DENNIS McNEILLY, MA, Ph.D 515 S. 26th St. 552-6007
Nebraska Medical Center, Geriatric Psychiatry Service

ROB SCHEIBLHOFER, MSW, LMHP 10815 Elm St. 690-1292
Senior Care Behavioral Health Association

DISEASE-RELATED ORGANIZATIONS

AMERICAN CANCER SOCIETY www.cancer.org 393-5800
AMERICAN DIABETES ASSOCIATION www.diabetes.org (800)312-2383
AMERICAN HEART ASSOCIATION www.americanheart.org 346-0771
AMERICAN LUNG ASSOCIATION www.lungusa.org 502-4950
AMERICAN TINNITUS ASSOCIATION www.ata.org (800)634-8978
ARTHITIS FOUNDATION www.arthritis.org 330-6130
ASSOCIATION FOR MACULAR DISEASES www.macula.org (212)605-3719
NATIONAL APHASIA ASSOCIATION www.aphasia.org (800)922-4622
NATIONAL OSTEOPOROSIS FOUNDATION www.nof.org (800)231-4222
NEBRASKA KIDNEY ASSOCIATION www.kidneyne.org 932-7200
NEBRASKA POLIO SURVIVORS ASSOCIATION www.ne-polio.org 341-0710
NEBRASKA PARKINSON’S DISEASE ASSOCIATION www.parkinsonsne.org 392-2732
NEBRASKA STATE STROKE ASSN www.nebraskastroke.org (888)808-5678

DRIVING CONCERNS

DRIVER ASSESSMENT PROGRAMS: Programs that evaluate visual, motor and cognitive skills, knowledge of driving laws and in-car performance

Immanuel Medical Center 572-2275
Creighton University Medical Center 449-4248
Hillcrest Driving Rehab Assessment and Training, Bellevue, NE 682-4210

In-car driving skills evaluation only:

Greater Omaha Safety Council www.safenebraska.org/safe-driving 898-7371
DRIVING SKILLS REFRESHER COURSES
GREATER OMAHA SAFETY COUNCIL (Classroom and in-car) 896-0454
AARP DRIVER SAFETY PROGRAM (Classroom) 398-9568
AAA OF NEBRASKA ROADWISE REVIEW (Self-Test CD-ROM) 390-1000

HANDICAP PARKING PERMITS
Douglas County Treasurer (Multiple locations) 444-7103
Sarpy County Clerk 1261 Golden Gate Dr., Papillion 593-2114

TO REPORT AN UNSAFE DRIVER: Send a signed letter stating specific concerns to:
NEBRASKA DEPARTMENT OF MOTOR VEHICLES
Attention: Driver Licensing Division
P.O. Box 94726; 301 Centennial Mall South
Lincoln, NE. 68509-4726 (402)471-3861

FINANCIAL HELP
NEBRASKA DEPT. OF HEALTH & HUMAN SERVICES www.hhs.state.ne.us
Info/referral; Financial/medical assistance; Food stamps 595-3400
Emergency/Energy Assistance 595-3608

HEATING/COOLING ASSISTANCE (American Red Cross) 343-7755
Subsidies for lower income persons to pay heating/cooling bills/deposits, and to repair
furnaces, stoves/electric heaters, heat pumps, and air conditioners.

OTHER UTILITY BILL SUBSIDY PROGRAMS:
State of Nebraska Health and Human Service 595-3608
Salvation Army 898-5966
GOCA (Greater Omaha Community Action) 453-5656
Omaha Public Power District 536-4131
United Way 444-6666

HOMESTEAD EXEMPTIONS http://www.revenue.ne.gov/homestead.html
Douglas County Assessor’s Office 444-7185
Sarpy County Assessor’s Office 593-2122

SOCIAL SECURITY ADMINISTRATION www.ssa.gov 399-8963
7100 West Center Rd., Suite 200

VETERANS SERVICES www.va.gov
Douglas County 4102 Woolworth Ave., Rm. #B45 444-7180
2428 Cuming St. 346-6735
Sarpy County 1308 Gold Coast Rd. Papillion 593-2203

To check eligibility for services from the VA Hospital system: 995-3244
**GERIATRIC ASSESSMENT PROGRAMS:** Comprehensive health/cognitive evaluations

GERIATRIC ASSESSMENT PROGRAM 559-7515
University Tower, Nebraska Medical Center [http://geriatrics.unmc.edu](http://geriatrics.unmc.edu)

GERIATRIC EVALUATION & MANAGEMENT CLINIC 346-8800 ext. 4803
4101 Woolworth Ave. (Veterans Administration Medical Center)

GERIATRIC EVALUATION & MANAGEMENT SERVICE 354-3152
8303 Dodge St. (Nebraska Methodist Hospital)

**HEALTH & FITNESS PROGRAMS:** Programs especially for older adults.

IMMANUEL AGE WELL CENTERS FOR ACTIVE AGING 829-2900

NEBRASKA MEDICAL CENTER HEALTH & WELLNESS CENTER (800)922-0000

AQUATIC EXERCISE PROGRAMS FOR ADULTS AND SENIORS 829-2900
Immanuel Centers for Active Aging
Mockingbird Hills Community Center 10242 Mockingbird Dr. 444-6103
Montclair Community Center 2304 S. 135th Ave. 444-4956

CITY OF OMAHA PARKS & RECREATION PROGRAMS 444-5440
(Multiple locations)

YMCA/ YWCA. (Multiple locations) [www.metroymca.org](http://www.metroymca.org)
(Most local shopping malls and the Henry Doorly Zoo open before business hours for early morning walkers)

**HEALTH MAINTENENCE CLINICS:** Multiple locations

EASTERN NEBRASKA OFFICE ON AGING www.enoa.org 444-6444
Weights/blood pressures, foot/nail care, injections, and health evaluations by appointment. Call for clinic locations.

**HEARING IMPAIRMENTS:** Programs and Services

NEBRASKA COMMISSION FOR THE DEAF/HARD OF HEARING (800)545-6244
Provides/repairs phone amplifiers, signaling devices to lower-income hearing impaired. [http://www.ncdhh.ne.gov](http://www.ncdhh.ne.gov)

SERTOMA HEARING AID BANK Free re-conditioned hearing aids (888)713-3118 [http://www.ncdhh.ne.gov/sertoma_hab.html](http://www.ncdhh.ne.gov/sertoma_hab.html)
### HOME HEALTH SERVICES

Nurses, aides, therapists, sitters, etc. (*also provides Hospice Care*)

<table>
<thead>
<tr>
<th>Service Provider</th>
<th>Website</th>
<th>Phone Number</th>
</tr>
</thead>
<tbody>
<tr>
<td>ALEGGENT HEALTH AT HOME *</td>
<td><a href="http://www.Alegent.com/HomeCare">www.Alegent.com/HomeCare</a></td>
<td>898-8000</td>
</tr>
<tr>
<td>ALL MIDLANDS HEALTH SERVICE</td>
<td><a href="http://www.allmidlands.com">www.allmidlands.com</a></td>
<td>391-5554</td>
</tr>
<tr>
<td>AMAZING ANGELS HOME HEALTH *</td>
<td><a href="http://www.amazingangels.org">www.amazingangels.org</a></td>
<td>455-2500</td>
</tr>
<tr>
<td>ASERACARE HOME HEALTH *</td>
<td><a href="http://www.aseracare.com">www.aseracare.com</a></td>
<td>397-0211</td>
</tr>
<tr>
<td>CARE CONSULTANTS</td>
<td><a href="http://www.careconsultants.com">www.careconsultants.com</a></td>
<td>398-1848</td>
</tr>
<tr>
<td>CUSTOM CARE</td>
<td><a href="http://www.customcarenursing.com">www.customcarenursing.com</a></td>
<td>320-3700</td>
</tr>
<tr>
<td>GENTIVA HEALTH SERVICES</td>
<td><a href="http://www.gentiva.com">www.gentiva.com</a></td>
<td>593-1300</td>
</tr>
<tr>
<td>HILLCREST HOME CARE</td>
<td><a href="http://www.hillcresthomecare.com">www.hillcresthomecare.com</a></td>
<td>682-4808</td>
</tr>
<tr>
<td>INTERIM HEALTH CARE SERVICES</td>
<td><a href="http://www.interimhealthcare.com">www.interimhealthcare.com</a></td>
<td>392-1818</td>
</tr>
<tr>
<td>MAXIM HEALTH CARE</td>
<td><a href="http://www.maximhomecare.com">www.maximhomecare.com</a></td>
<td>399-8888</td>
</tr>
<tr>
<td>PHYSICIANS CHOICE</td>
<td><a href="http://www.pchhc.com">www.pchhc.com</a></td>
<td>331-2273</td>
</tr>
<tr>
<td>PRIMARY HOME HEALTH CARE</td>
<td><a href="http://primaryhomehealthcare.com">http://primaryhomehealthcare.com</a></td>
<td>345-1350</td>
</tr>
<tr>
<td>RIGHT AT HOME</td>
<td><a href="http://www.rightathome.net">www.rightathome.net</a></td>
<td>697-7536</td>
</tr>
<tr>
<td>ST. JOSEPH VILLA HOME CARE</td>
<td></td>
<td>926-4444</td>
</tr>
<tr>
<td>TRAVELING ANGELS, INC.</td>
<td></td>
<td>618-0018</td>
</tr>
<tr>
<td>TRI-STATE NURSING</td>
<td><a href="http://www.tristatenursing.com">www.tristatenursing.com</a></td>
<td>502-1610</td>
</tr>
<tr>
<td>VISITING NURSE ASSOCIATION *</td>
<td><a href="http://www.vnam.org">www.vnam.org</a></td>
<td>342-5566</td>
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</tbody>
</table>

### HOME REPAIR/SPECIAL NEEDS MODIFICATION

(Income limits may apply)

<table>
<thead>
<tr>
<th>Service Provider</th>
<th>Website</th>
<th>Phone Number</th>
</tr>
</thead>
<tbody>
<tr>
<td>EASTERN NE OFFICE ON AGING HANDYMAN PROGRAM</td>
<td></td>
<td>444-6444</td>
</tr>
<tr>
<td>“HELPING HANDS” - KEEP OMAHA BEAUTIFUL (free one-time yard cleanup)</td>
<td>444-7774</td>
<td></td>
</tr>
<tr>
<td>HOME ACCESS SOLUTIONS</td>
<td>(home modifications)</td>
<td>291-9514</td>
</tr>
<tr>
<td>LEAGUE OF HUMAN DIGNITY</td>
<td>(home/vehicle modifications)</td>
<td>595-1256</td>
</tr>
<tr>
<td>PAINT-A-THON</td>
<td>(free exterior house painting)</td>
<td>965-9169</td>
</tr>
<tr>
<td>REBUILDING TOGETHER</td>
<td>(free painting/remodeling/repair)</td>
<td>965-9201</td>
</tr>
</tbody>
</table>

NEBRASKA WEATHERIZATION ASSISTANCE PROGRAM | Douglas Co. 342-1611
(Insulation, carking, window/door repair/replacement, heating/cooling system tune-ups for lower-income homeowners)

### HOME SERVICES

NON-MEDICAL  *(Fee for service unless otherwise noted)*

<table>
<thead>
<tr>
<th>Service Provider</th>
<th>Website</th>
<th>Phone Number</th>
</tr>
</thead>
<tbody>
<tr>
<td>BEAUTY/BARBER SERVICES IN THE HOME</td>
<td></td>
<td>592-0476</td>
</tr>
<tr>
<td>COMPANIONS, MEAL PREPARATION, HOUSEKEEPING, ERRANDS, etc.</td>
<td>Attitudes To Go</td>
<td>592-0476</td>
</tr>
</tbody>
</table>

<table>
<thead>
<tr>
<th>Service Provider</th>
<th>Website</th>
<th>Phone Number</th>
</tr>
</thead>
<tbody>
<tr>
<td>At Your Service/Errands Inc.</td>
<td></td>
<td>393-9922</td>
</tr>
<tr>
<td>Care Consultants for the Aging</td>
<td><a href="http://www.careconsultants.com">www.careconsultants.com</a></td>
<td>398-1848</td>
</tr>
<tr>
<td>Care Tech, Inc.</td>
<td><a href="http://www.caretechnic.com">www.caretechnic.com</a></td>
<td>697-5121</td>
</tr>
<tr>
<td>Caring For People Services</td>
<td><a href="http://www.caringforpeopleservices.com">www.caringforpeopleservices.com</a></td>
<td>334-6900</td>
</tr>
<tr>
<td>Comfort Keepers</td>
<td><a href="http://www.comfortkeepers.com">www.comfortkeepers.com</a></td>
<td>991-9880</td>
</tr>
<tr>
<td>Custom Care</td>
<td><a href="http://www.customcarenursing.com">www.customcarenursing.com</a></td>
<td>320-3700</td>
</tr>
<tr>
<td>Daily Home Care</td>
<td><a href="http://www.dailyhomecare.org">www.dailyhomecare.org</a></td>
<td>813-3187</td>
</tr>
</tbody>
</table>
Desert Ministries (Volunteer)  www.desertministries.org  556-8032
Hillcrest Home Care  www.hillcresthomecare.com  682-4808
Home Instead Senior Care  www.homeinstead.com  498-3444
Kind Hearts  www.kindheartsathome.com  339-7727
Little Brothers - Friends of the Elderly  www.littlebrothers.org/omaha/  884-6641
Right At Home  www.rightathome.net  Douglas Co.  697-7536
             Sarpy Co.  212-2212
Senior Helpers  991-6847
Touching Hearts at Home  www.touchinghearts.com  934-3303
Visiting Angels  www.visitingangels.com/omaha  238-2494

ELECTRONIC MONITORING AND RESPONSE SYSTEMS
HomMed  Electronic monitoring of vital signs  (Visiting Nurse Assn.)  342-5566
Alert USA Emergency Response System  www.alertusa.org  (800) 789-6969
Life Alert Emergency Response System  www.lifealert.net  (800) 360-0329
Lifeline Emergency Response System  www.lifelinesys.com  VNA  342-5566
Life Station Medical Alert System  www.lifestation.com  Immanuel  829-3277
MediGuard USA  www.mediguardusa.com  (877) 354-3050
Walgreens Ready Response  www.walgreensmedicalalertsystem.com  (866) 310-9061

GROCERY DELIVERY  Wohlner’s Grocery  2289 S. 67th St. Omaha  551-6875

SAFETY
Free Furnace Checks (ENOA)  444-6444
Free Smoke Alarm/ Carbon Monoxide Detector Installation (Omaha Fire Dept.)  444-3560
Telephone Reassurance Service (Salvation Army)  898-6000

HOUSING: ASSISTED LIVING  Retirement Centers that provide personal care services, such as assistance with bathing/dressing, and medication administration (# indicates facility provides dementia care. * indicates facility accepts Medicaid Waiver or other lease subsidies)

BICKFORD COTTAGE *  11308 Blondo St.  491-0400
BICKFORD COTTAGE II *  7337 Hickory St.  391-3000
BRIGHTON GARDENS *#  9220 Western Ave.  393-7313
CYNDI’S HOUSE  1221 S. 121st Plz.  208-8859
DOUGLAS COUNTY HEALTH CR *  4102 Woolworth Ave.  444-7000
EASTERN NEBRASKA VETERAN’S HOME  12505 S. 40th St., Bellevue  592-2180
ELK RIDGE VILLAGE *#  19400 Elk Ridge Dr.  763-8692
FLORENCE NURSING HOME *  7915 N. 30th St.  827-6000
FOUNTAIN VIEW SENIOR LIVING #  5710 S. 108th St.  596-3033
GLC – SORENSEN ASSISTED LIVING *  4809 Redman Ave.  455-5025
GRANVILLE VILLA*  507 Granville Pkwy, La Vista  933-6405
HERITAGE POINTE #  16811 Burdette St.  614-5222
HERITAGE RIDGE #  1502 Fort Crook Rd. South, Bellevue  932-1881
HICKORY VILLA *  7315 Hickory St.  392-0767
HOUSE OF HOPE *#  4801 N. 52nd St.  827-6060
IMMANUEL COURTYARD *  6759 Newport Ave.  829-2990
<table>
<thead>
<tr>
<th>Name</th>
<th>Address</th>
<th>Phone</th>
</tr>
</thead>
<tbody>
<tr>
<td>IMMANUEL TERRACE</td>
<td>6801 N. 67th Plz.</td>
<td>829-3240</td>
</tr>
<tr>
<td>LAKESIDE TERRACE</td>
<td>17475 Frances St.</td>
<td>829-9030</td>
</tr>
<tr>
<td>LINDENWOOD NURSING HOME *</td>
<td>910 S. 40th St.</td>
<td>342-2015</td>
</tr>
<tr>
<td>LUTHERAN NURSING HOME</td>
<td>530 S. 26th St.</td>
<td>346-3344</td>
</tr>
<tr>
<td>MABLE ROSE ESTATES * #</td>
<td>4609 Hilltop St., Papillion</td>
<td>291-9777</td>
</tr>
<tr>
<td>MARQUIS PLACE * #</td>
<td>20800 W. Maple Rd.</td>
<td>289-9229</td>
</tr>
<tr>
<td>NEW CASSEL RETIREMENT CR.*</td>
<td>900 N. 90th St.</td>
<td>393-2277</td>
</tr>
<tr>
<td>ORCHARD GARDENS *</td>
<td>1006 S. Mayne St. Valley</td>
<td>359-4884</td>
</tr>
<tr>
<td>PARSONS HOUSE * #</td>
<td>14325 Eagle Run Dr.</td>
<td>498-9554</td>
</tr>
<tr>
<td>REMINGTON HEIGHTS *</td>
<td>12606 W. Dodge Road</td>
<td>493-5807</td>
</tr>
<tr>
<td>RIDGEBWOOD SENIOR LIVING *#</td>
<td>12301 N. 149 Circle, Bennington</td>
<td>214-7359</td>
</tr>
<tr>
<td>ROYALE OAKS *</td>
<td>4801 N. 52nd St.</td>
<td>827-6060</td>
</tr>
<tr>
<td>ST. JOSEPH TOWER *</td>
<td>2205 S. 10th St.</td>
<td>952-5000</td>
</tr>
<tr>
<td>SILVER RIDGE VILLAGE #</td>
<td>20332 Hackberry Dr., Gretna</td>
<td>332-4280</td>
</tr>
<tr>
<td>SKYLINE MANOR &amp; VILLA *</td>
<td>7300 Graceland Dr.</td>
<td>572-5750</td>
</tr>
<tr>
<td>SOUTHVIEW HEIGHTS *</td>
<td>5110 S. 49th St.</td>
<td>731-2118</td>
</tr>
<tr>
<td>TRINITY TERRACE *</td>
<td>522 W. Lincoln St., Papillion</td>
<td>614-5505</td>
</tr>
<tr>
<td>VIA CHRISTE * #</td>
<td>3636 California St.</td>
<td>551-5557</td>
</tr>
<tr>
<td>VICTORIA GARDENS *##</td>
<td>1702 Hillcrest Dr., Bellevue</td>
<td>682-4295</td>
</tr>
<tr>
<td>WATERFORD MIRACLE HILLS *</td>
<td>11909 Miracle Hills Dr.</td>
<td>431-0011</td>
</tr>
<tr>
<td>WATERFORD ROXBURY PARK*</td>
<td>5728 S. 108th St.</td>
<td>537-0544</td>
</tr>
<tr>
<td>WEL-LIFE *</td>
<td>801 N. Adams St., Papillion</td>
<td>339-1775</td>
</tr>
<tr>
<td>WESTGATE ASSISTED LIVING *</td>
<td>3030 S. 80th St.</td>
<td>391-8566</td>
</tr>
</tbody>
</table>

**HOUSING: INDEPENDENT LIVING**  Apartment complexes and retirement communities for older adults. ( * notes facilities that are rent-subsidized and/or may set upper income limits.)

<table>
<thead>
<tr>
<th>Name</th>
<th>Address</th>
<th>Phone</th>
</tr>
</thead>
<tbody>
<tr>
<td>THE ARBORETUM</td>
<td>8141 Farnam Dr.</td>
<td>391-7573</td>
</tr>
<tr>
<td>BELLEVUE PLACE *</td>
<td>1808 Warren St., Bellevue</td>
<td>292-0423</td>
</tr>
<tr>
<td>BELLEWOOD COURTS *</td>
<td>1002 Bellewood Ct., Bellevue</td>
<td>292-3300</td>
</tr>
<tr>
<td>BEN VIEW APARTMENTS *</td>
<td>Bennington, NE</td>
<td>444-6203</td>
</tr>
<tr>
<td>BLOOMFIELD FORUM</td>
<td>9804 Nicholas St.</td>
<td>390-9991</td>
</tr>
<tr>
<td>CAMELOT VILLAGE VI *</td>
<td>9415 Cady Ave.</td>
<td>397-5445</td>
</tr>
<tr>
<td>CENTRAL PARK TOWER *</td>
<td>1511 Farnam St.</td>
<td>341-5130</td>
</tr>
<tr>
<td>CORRIGAN HEIGHTS *</td>
<td>5945 S. 39th St.</td>
<td>592-5760</td>
</tr>
<tr>
<td>DEFREESE MANOR *</td>
<td>2669 Dodge St.</td>
<td>345-0622</td>
</tr>
<tr>
<td>DURHAM-BOOTH MANOR *</td>
<td>923 N. 38th St.</td>
<td>898-5880</td>
</tr>
<tr>
<td>ELK RIDGE VILLAGE</td>
<td>19400 Elk Ridge Dr.</td>
<td>763-8692</td>
</tr>
<tr>
<td>ELMWOOD TOWER</td>
<td>801 S. 52nd St.</td>
<td>558-3161</td>
</tr>
<tr>
<td>FOUNTAIN VIEW SENIOR LIVING</td>
<td>5710 S. 108th St.</td>
<td>596-3033</td>
</tr>
<tr>
<td>HARMONY COURT</td>
<td>1802 Wall St., Bellevue</td>
<td>291-4200</td>
</tr>
<tr>
<td>HERITAGE RIDGE</td>
<td>1502 Fort Crook Rd. South, Bellevue</td>
<td>932-1881</td>
</tr>
<tr>
<td>HILLCREST COUNTRY ESTATES</td>
<td>11380 S. 60th St., Papillion</td>
<td>885-7000</td>
</tr>
<tr>
<td>IMMANUEL COURT YARD *</td>
<td>6759 Newport Ave.</td>
<td>829-2912</td>
</tr>
<tr>
<td>IMMANUEL VILLAGE</td>
<td>6803 N. 68th Plz.</td>
<td>829-3220</td>
</tr>
<tr>
<td>J.C. WADE VILLA *</td>
<td>3400 Ohio St.</td>
<td>391-7260</td>
</tr>
<tr>
<td>JOHN VIANNEY RESIDENCE</td>
<td>7323 Shirley St.</td>
<td>392-1542</td>
</tr>
<tr>
<td>KELLOM GARDENS *</td>
<td>1313 N. 26th St.</td>
<td>341-1019</td>
</tr>
<tr>
<td>KINGS GATE SENIOR APARTMENTS *</td>
<td>7055 Crown Point Ave.</td>
<td>571-7910</td>
</tr>
<tr>
<td>Location</td>
<td>Address</td>
<td>Phone</td>
</tr>
<tr>
<td>--------------------------------</td>
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</tr>
<tr>
<td>LAKESIDE VILLAGE</td>
<td>17475 Frances St.</td>
<td>829-9020</td>
</tr>
<tr>
<td>LEO VAUGHN MANOR *</td>
<td>3325 Fontenelle Blvd.</td>
<td>453-1070</td>
</tr>
<tr>
<td>LIVINGSTON PLAZA *</td>
<td>303 S. 132nd St.</td>
<td>330-3995</td>
</tr>
<tr>
<td>MAPLE RIDGE</td>
<td>3525 N. 167th Cir.</td>
<td>614-3160</td>
</tr>
<tr>
<td>MEREDITH MANOR *</td>
<td>3325 Meredith Ave.</td>
<td>933-3276</td>
</tr>
<tr>
<td>MILLARD MANOR *</td>
<td>12835 Deauville Dr.</td>
<td>896-2319</td>
</tr>
<tr>
<td>MISSION HOUSE VUE *</td>
<td>406 E. Mission Ave., Bellevue</td>
<td>292-0423</td>
</tr>
<tr>
<td>MONARCH VILLA *</td>
<td>301 E. Cedaredale Rd. Bellevue</td>
<td>331-6882</td>
</tr>
<tr>
<td>MONARCH VILLA WEST *</td>
<td>201 E. Cedaredale Rd. Bellevue</td>
<td>331-6882</td>
</tr>
<tr>
<td>NEW CASSEL RETIREMENT CR.*</td>
<td>900 N. 90th St.</td>
<td>393-2277</td>
</tr>
<tr>
<td>NORTH ACRES *</td>
<td>5449 N. 108th St.</td>
<td>444-6203</td>
</tr>
<tr>
<td>OAK VALLEY APARTMENTS *</td>
<td>12424 Krug Ave.</td>
<td>333-9888</td>
</tr>
<tr>
<td>OMAHA HOUSING AUTHORITY</td>
<td></td>
<td>444-6900</td>
</tr>
<tr>
<td>HIGH-RISE APARTMENTS *</td>
<td></td>
<td></td>
</tr>
<tr>
<td>Crown Tower</td>
<td>5904 Henninger St.</td>
<td>444-4231</td>
</tr>
<tr>
<td>Evans Tower</td>
<td>3600 N. 24th St.</td>
<td>444-3662</td>
</tr>
<tr>
<td>KJ Tower</td>
<td>4500 S. 25th St.</td>
<td>444-3316</td>
</tr>
<tr>
<td>Underwood Tower</td>
<td>4850 Underwood Ave.</td>
<td>444-6900</td>
</tr>
<tr>
<td>PACIFIC SPRINGS VILLAGE</td>
<td>805 S. 173rd Ct.</td>
<td>691-8434</td>
</tr>
<tr>
<td>PARK EAST TOWER *</td>
<td>539 S. 26th Ave.</td>
<td>345-3168</td>
</tr>
<tr>
<td>PILGRIM HEIGHTS *</td>
<td>1315 N. 26th St.</td>
<td>341-1019</td>
</tr>
<tr>
<td>RALSTON HOUSE *</td>
<td>7301 &quot;Q&quot; St.</td>
<td>339-9014</td>
</tr>
<tr>
<td>REMINGTON HEIGHTS</td>
<td>12606 W. Dodge Road</td>
<td>493-5807</td>
</tr>
<tr>
<td>RICHMONT VILLAGE</td>
<td>702 Ft. Crook Road S., Bellevue</td>
<td>291-9800</td>
</tr>
<tr>
<td>RIDGECREST MANOR &amp; VILLA</td>
<td>12301 N. 149 Circle, Bennington</td>
<td>214-7359</td>
</tr>
<tr>
<td>ROLLING HILLS RANCH</td>
<td>4324 N. 132nd St.</td>
<td>391-1055</td>
</tr>
<tr>
<td>SALEM VILLAGE *</td>
<td>3502 Lake St.</td>
<td>614-0414</td>
</tr>
<tr>
<td>SEVEN OAKS OF FLORENCE *</td>
<td>3501 State St.</td>
<td>451-4477</td>
</tr>
<tr>
<td>SKYLINE MANOR &amp; VILLA</td>
<td>7300 Graceland Dr.</td>
<td>572-5750</td>
</tr>
<tr>
<td>SOUTHVIEW HEIGHTS</td>
<td>5110 S. 49th St.</td>
<td>731-2118</td>
</tr>
<tr>
<td>TREGARON RESIDENCES *</td>
<td>2815 Greenwald Dr. Bellevue</td>
<td>292-1818</td>
</tr>
<tr>
<td>TRINITY COURTYARD *</td>
<td>620 W. Lincoln St. Papillion</td>
<td>614-1900</td>
</tr>
<tr>
<td>TRINITY VILLAGE</td>
<td>522 W. Lincoln St., Papillion</td>
<td>614-5500</td>
</tr>
<tr>
<td>VALLEY HEIGHTS/VALLEY VIEW *</td>
<td>Valley, NE.</td>
<td>444-6203</td>
</tr>
<tr>
<td>VILLE DE SANTE APARTMENTS *</td>
<td>6202 Ville De Sante Dr.</td>
<td>504-1700</td>
</tr>
<tr>
<td>WALNUT GROVE</td>
<td>4901 S. 153 St.</td>
<td>861-1611</td>
</tr>
<tr>
<td>WELLINGTON</td>
<td>501 E. Gold Coast Rd., Papillion</td>
<td>331-3101</td>
</tr>
<tr>
<td>WOODBRIDGE SENIOR VILLAGE</td>
<td>7205 N. 73rd Plz. Circle</td>
<td>573-5555</td>
</tr>
</tbody>
</table>

**HOUSING: DEMENTIA:** Residential care homes for persons with dementia

AN ANGEL’S TOUCH [www.anangelstouchinc.com](http://www.anangelstouchinc.com) (Multiple locations) 697-0033

COMFORT CARE HOMES [www.cchne.com](http://www.cchne.com) (Multiple locations) 445-4474

COMPASSIONATE MEMORY CARE 2402 N. 102nd St. 699-3761

EDGEWOOD VISTA [www.edgewoodvista.com](http://www.edgewoodvista.com) 17620 Poppleton Ave. 333-5749

MEMORY CARE COTTAGES 12306 Farnam St. 502-1598

[www.memorycarecottages.com](http://www.memorycarecottages.com)
**Housing Relocation:** Helps find appropriate housing for an older adult and/or arranges the details of the moving process.

- **Senior Moving Services** [www.SeniorMovingServices.com](http://www.SeniorMovingServices.com) 445-0996
- **Senior Shift** [www.seniorshift.com](http://www.seniorshift.com) 681-9735
- **Tender Transitions** [www.tendertransitions.net](http://www.tendertransitions.net) 965-9170

- **Home Access Solutions** [www.homeaccesssolutions.com](http://www.homeaccesssolutions.com) 291-9514
  (Realtor who arranges purchase/sale/modification of homes for elderly/disabled)

**Information/Referral**

- **AARP Information Center** 1941 S. 42 St. [www.aarp.org](http://www.aarp.org) 398-9568

- **Better Business Bureau** Senior Line (877)637-3334
  (BBB’s “Senior Line” provides reliable information on businesses, scams and frauds)

- **Eastern Nebraska Office on Aging** [www.enoa.org](http://www.enoa.org) 444-6444
- **Elder Care Locator** [www.eldercare.gov](http://www.eldercare.gov) (800)677-1116
- **Senior Health Insurance Information Program** (800)234-7119
- **United Way “211” Information & Referral Hotline** 211

**Legal Assistance:** Estate planning, guardianships, powers of attorney, etc.

**Elder Law Attorneys**

- Mary Buford Wilson 9910 N. 48th St. #109 451-1616
- John E. Lynch 1823 Harney St. #1016 346-9450
- James Reisinger 7602 Pacific St. #222 451-4488
- William E. Seidler, Jr. 10050 Regency Circle #525 397-3801

**Family Mediation Services:** Legal and Non-Legal Issues

- Concord Center [www.concord-center.com](http://www.concord-center.com) 9802 Nicholas St. #375 345-1131
- Omaha Bar Association Mediation Referral Service 280-3603

**Legal Services for Lower Income Persons**

- Elder Access Hotline (Legal Aid Society) 827-5656
- Creighton University Law School Legal Clinic 280-3068

**Omaha Bar Association**

- Lawyer Referral Service 280-3603

**Volunteer Conservators**

- Metro Area Volunteer Guardians & Conservators 431-9129
Volunteers Assisting Seniors (VAS)  4601 S. 50th St. #213  444-6617
(VAS also provides help with legal and insurance issues)

**MEDICAL AND ASSISTIVE EQUIPMENT:** Loaned or free

HELP ADULT SERVICES, Health and Medical Equipment Loan Program  341-6559
8447 Lake St.  www.helpadultservices.org

State programs to fund and provide assistive devices/equipment:
ASSISTIVE TECHNOLOGY PARTNERSHIP  www.atp.ne.gov  595-1923
ASSISTIVE TECHNOLOGY FOR ALL  https://www.at4all.com  595-1923

**MENTAL HEALTH SERVICES:** Specialized Geriatric programs

ALEGENT HEALTH SENIOR PSYCHIATRIC SERVICES  717-4673
6901 N. 72nd St.  (Heritage Center)  www.alegant.com/body.cfm?id=2977

NEBRASKA MEDICAL CENTER GERIATRIC PSYCHIATRY SERVICE  552-6007
515 S. 26th St. Omaha

MENTAL HEALTH PSYCHIATRIC HOSPITAL COMMITMENTS
Douglas County  444-7191
Sarpy County  593-2230

**NURSING HOMES:**  (# Indicates nursing homes with dementia units)

<table>
<thead>
<tr>
<th>Nursing Home</th>
<th>Address Details</th>
<th>Phone Number</th>
</tr>
</thead>
<tbody>
<tr>
<td>AMBASSADOR OF OMAHA</td>
<td>1540 N. 72nd St.</td>
<td>393-6500</td>
</tr>
<tr>
<td>BROOKESTONE MEADOWS #</td>
<td>600 Brookestone Meadows Plz.</td>
<td>289-2696</td>
</tr>
<tr>
<td>BROOKESTONE VILLAGE #</td>
<td>4330 S. 144 St.</td>
<td>614-4000</td>
</tr>
<tr>
<td>DOUGLAS COUNTY HEALTH CENTER</td>
<td>4102 Woolworth Ave.</td>
<td>444-7000</td>
</tr>
<tr>
<td>EASTERN NE VETERANS HOME #</td>
<td>12505 S. 40th St. Bellevue</td>
<td>595-2180</td>
</tr>
<tr>
<td>FLORENCE HOME</td>
<td>7915 N. 30th St.</td>
<td>827-6000</td>
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<tr>
<td>GOLDEN LIVING CENTER-OMAHA</td>
<td>5505 Grover St.</td>
<td>558-0225</td>
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<tr>
<td>GOLDEN LIVING CENTER-SORENSEN</td>
<td>4809 Redman Ave.</td>
<td>455-5025</td>
</tr>
<tr>
<td>GOLDEN LIVING CENTER-VAL HAVEN</td>
<td>300 W. Meigs, Valley</td>
<td>359-2533</td>
</tr>
<tr>
<td>GRETNA CARE CENTER</td>
<td>700 Hwy 6, Gretna</td>
<td>332-3446</td>
</tr>
<tr>
<td>HIDDEN HILLS NURSING &amp; REHAB #</td>
<td>3110 Scott St.</td>
<td>455-6636</td>
</tr>
<tr>
<td>HILLCREST COUNTRY ESTATES#</td>
<td>11380 S. 60th St., Papillion</td>
<td>885-7000</td>
</tr>
<tr>
<td>HILLCREST HEALTH CENTER</td>
<td>1702 Hillcrest Dr., Bellevue</td>
<td>291-8500</td>
</tr>
<tr>
<td>HUNTINGTON PARK CARE CR. #</td>
<td>1507 Gold Coast Rd., Papillion</td>
<td>339-6010</td>
</tr>
<tr>
<td>IMMANUEL F0NTENELLE HOME #</td>
<td>6809 N. 66th Plz.</td>
<td>572-2595</td>
</tr>
<tr>
<td>LIFE CARE CENTER OF ELKHORN</td>
<td>315 Hopper St.</td>
<td>289-2572</td>
</tr>
<tr>
<td>LIFE CARE CENTER OF OMAHA</td>
<td>6032 Ville De Sante Dr.</td>
<td>571-6770</td>
</tr>
<tr>
<td>LINDENWOOD NURSING HOME</td>
<td>910 S. 40th St.</td>
<td>342-2015</td>
</tr>
<tr>
<td>LUTHERAN NURSING HOME</td>
<td>530 S. 26th St.</td>
<td>346-3344</td>
</tr>
<tr>
<td>MAPLE CREST CARE CENTER #</td>
<td>2824 N. 66th Ave.</td>
<td>551-2110</td>
</tr>
</tbody>
</table>
MILLARD GOOD SAMARITAN CENTER # 12856 Deauville Dr. 895-2266
MONTCLAIR NURSING CENTER # 2525 S. 135th Ave. 333-2304
NEBRASKA SKILLED NURSING & REHAB CR. 7410 Mercy Rd. 397-1220
OMAHA NURSING & REHAB. CENTER 4835 S. 49th St. 733-7200
PAPILLION MANOR # 600 S. Polk St., Papillion 339-7700
ROSE BLUMKIN JEWISH HOME 323 S. 132nd St. 330-4272
SKYLINE HEATH CENTER 7350 Graceland Dr. 572-5750
ST. JOSEPH VILLA # 2305 S. 10th St. 345-5683
THE LIGHTHOUSE 17600 Arbor St. 829-9070

NURSING HOMES: Information and concerns

HEALTH DEPT. INSPECTION REPORTS ON-LINE FOR ALL US NURSING HOMES
www.medicare.gov/NHCompare/

NEBRASKA DIVISION OF AGING: Statewide Ombudsman (402)471-2307

NUTRITION

COMMUNITY MEAL SITES: Open Mon - Fri unless otherwise noted. www.enoa.org
Bellevue Senior Center 109 W. 22nd Ave. 293-3041
Bennington Center (Wed.only) 322 N. Molly St. 238-2471
Bingel Senior Center 3612 Cuming St. 898-5854
Camelot Friendship Center 9270 Cady Ave. 444-3091
Corrigan Multi-Purpose Center 3819 "X" St. 731-7210
Florence 2920 Bondesson St. 444-6333
Heartland Family Services Senior Center 2101 S. 42nd St. 553-5300
Highland Tower 2500 "B" St. 444-6444
Immanuel Courtyard (Evening Meal) 6757 Newport Ave. 829-2912
Jewish Community Center (Kosher Meals) 330-4272
LaVista Senior Center (M-W-F) 8116 Park View Blvd. 331-3455
Millard/Montclair Center 2304 S. 135th Ave. 546-1270
North Omaha Senior Center 2415 Grant St. 444-6278
Papillion Senior Center (Tu -Thur) 1001 Limerick Rd. 597-2059
Park Tower South Senior Center 1601 Park Ave. 444-6444
Ralston Senior Center (Mon - Sun) 77301 “Q” St. 339-4926
Seven Oaks Lunch Club 3439 State St. 451-4477
St. Mary Magdalene Center 1817 Dodge St. 346-3234

DELIVERED MEALS:
Eastern Nebraska Office on Aging www.enoa.org 444-6444
Jewish Senior Services (Kosher Meals) www.rbjh.com 330-4272

MEAL ASSEMBLY KITCHENS: (Pre-prepared meals or do-it-yourself kitchen)
Super Suppers 15655 Pacific St. www.ssomahawestne.com 502-5300

MEALS DELIVERED IN BULK:
Seattle Sutton’s Healthy Eating www.sshe.com (800) 442-DIET
PERSONAL CHEF SERVICES
Terri’s Kitchen Terri Davis 393-7552

RESTAURANT MEALS HOME DELIVERY SERVICES:
Food In A Flash www.foodinaflashomaha.com 334-3488
Omaha Carry Out www.OmahaCarryOut.com 504-1100

PET/COMPANION ANIMAL SERVICES:
NEBRASKA HUMANE SOCIETY www.nehumanesociety.org 444-7800

Humane Society Programs:
“Ana-Meals” – NHS delivers free pet food monthly to lower income persons receiving delivered meals through the Eastern Nebraska Office on Aging.

“6 – 60” – NHS waives adoption fees for persons 60 and older who adopt an animal who is at least 6 years old.

Bereavement counseling and support group services for those grieving the loss of a pet.

VETERINARIANS, PET SITTERS/ GROOMERS WHO MAKE HOUSECALLS
(See Yellow Pages)

PHYSICIANS: GERIATRICIANS: Specialists in care for older adults

NEBRASKA MEDICAL CENTER GERIATRIC MEDICINE SERVICE
Web Site: http://geriatrics.unmc.edu 559-9600

Jane Potter, MD Catherine Eberle, MD Debra Mostek, MD
William Lyons, MD Edward Vandenberg, MD Brenda Keller, MD
Stephen Bonasera, MD Christy McAndrew, APRN Alice Tvrdik, APRN

NEBRASKA MEDICAL CENTER FAMILY MEDICINE CLINIC 559-7200

Timothy Malloy, MD Rebecca M. Wester, MD Kalpana Padala, MD

GERIATRICIANS IN THE COMMUNITY:

Abel Cruz, MD 8901 W. Dodge Rd. 354-8600
Heather Morgan, MD 16909 Lakeside Hills Court, #300 758-5045
Susan G. Scholer, MD 1805 N. 145 St. 393-1000
PRESCRIPTION MEDICATIONS

PHARMACIES THAT DELIVER MEDICATIONS  (Many others will mail medications)

KOHLL’S DRUG  (Multiple locations in Douglas and Sarpy Counties)

MAIL ORDER AND INTERNET PHARMACIES
The National Association of Boards of Pharmacy  www.nabp.net  lists licensed U.S. pharmacies that accept on-line or mail orders for medications. Licensed Canadian pharmacies such as Cross Border Pharmacy  www.crossborderpharmacy.com  Canada Meds  www.canadameds.com  and Canadian Super Save Pharmacy  www.canadiansupersavepharmacy.com  may offer medications at reduced cost.

MEDICARE PRESCRIPTION DRUG PLANS
All Medicare beneficiaries qualify for optional coverage of some medication costs through plans offered by insurance companies. Plans vary according to premiums, co-payments, medications that will be covered and participating pharmacies. For more information, call Medicare at 1 (800) 633-4273 or go online at  www.medicare.gov

MEDICATION DISPENSING/REMINDER/TRACKING SYSTEMS
Locked, with reminder signals and a modem to email caregiver when/if meds are taken.

MD2 Medication System (Visiting Nurse Association)  www.vnam.org  342-5566
MedReady Medication Dispenser  (The Alzheimer’s Store)  www.alzstore.com  (800)752-3238

PATIENT ASSISTANCE PROGRAMS
Most pharmaceutical companies have Patient Assistance Programs that provide medications free of charge to physicians who apply on behalf of their lower-income patients. Contact your pharmacist for information, or go on line at  www.pparx.org  or  www.benefitscheckup.org

RECREATIONAL/EDUCATIONAL PROGRAMS  Activities for seniors

RECREATIONAL CENTERS
Adams Park Community Center  3230 John Creighton Blvd  444-5164
A.V.Sorensen Community Center  4808 Cass St.  444-5966
Benson Community Center  6008 Maple St.  444-5184
Bingel Activities Center  923 N. 38th St.  898-5854
Camelot Community Center  9270 Cady Ave.  444-5972
Christie Heights Community Center  5105 S. 37th St.  444-5154
Heartland Family Services Center  2101 S. 42nd St.  553-5300
Florence Community Center  2920 Bondesson St.  444-5216
Mockingbird Hills Community Center  10242 Mockingbird Dr.  444-6103
Montclair Community Center  2304 S. 135th Ave.  444-4956
New Cassel Retirement Center  900 N. 90th St.  393-2277
Near North Senior Center  2415 Grant St.  444-6278
Pipal Park Community Center  7770 Hascall St.  444-5140
Sherman Community Center  5701 N. 16th St.  444-5673
YMCA/YWCA  (Multiple Locations)
COMPUTER CLASSES FOR OLDER ADULTS  www.shf.org  827-6090
The Senior Health Foundation conducts basic and advanced computer classes for seniors.

OMAHA COMPUTER USERS GROUP  733-3977

CENTER FOR HEALTHY AGING, MINISTRIES, PROGRAMS AND SERVICES (CHAMPS)
A consortium of local churches that provide informational, educational, health screening and recreational programs for seniors of all faiths.  www.champsonline.info  895-2224

LIFE-LONG LEARNING INITIATIVE – University of Nebraska, Omaha  554-4897
http://lifelonglearning.unomaha.edu  Courses and workshops geared to older adults.

RESPITE SERVICES  (see also: COMPANIONS/FRIENDLY VISITORS)

EASTERN NEBRASKA OFFICE ON AGING  www.enoa.org  444-6650
HELP Adult Services  www.helpadultservices.org  341-6559
RESPITE RESOURCE CENTER  www.respitenetwork.org  996-8443

(Assisted living facilities and nursing homes also provide short-term, in-patient respite)

SUPPORT/SELF-HELP GROUPS

ALCOHOLICS ANONYMOUS  556-1880
AL ANON  (Families of alcoholics)  553-5033
ALZHEIMER'S DISEASE/DEMENTIA  www.midlandsalz.org  502-4301
ARTHRITIS & FIBROMYALGIA  551-0838

CANCER (General)
  American Cancer Society – Omaha Chapter  393-5801
  Alegent Health System  572-2768
  Methodist Health System  354-5890
  Nebraska Medical Center  559-4420
BREAST CANCER  354-5890
  572-2768

COLORECTAL CANCER  393-5801
GYNECOLOGICAL CANCER  354-5890
LEUKEMIA/LYMPHOMA/MYELOMA  344-2242
ORAL/HEAD & NECK CANCERS
  Nebraska Medical Center  559-4420
  Methodist Health System  354-5890
PROSTATE CANCER
  Alegent Health System  398-6267
  Methodist Health System  354-5890

CHILDREN OF AGING PARENTS  www.caps4caregivers.org  301-5642
CO-DEPENDENCY  449-1716
CROHN'S DISEASE & COLITIS  505-9901
DEBTORS ANONYMOUS                          397-4059
DEPRESSION & BIPOLAR DISORDERS                                 502-4673
DIABETES                            399-0777
EPILEPSY                                           680-8026
FIBROMYALGIA/CHRONIC FATIGUE              451-1933
GAMBLING ADDICTION                                                         978-7557

GRIEF/BEREAVEMENT:
Bereavement Support Group (J.Gentleman Mortuary) 391-1664
Compassionate Friends (Death of a child of any age) 571-4011
Grief Support Group (Heafey, Heafey, Hoffman Mortuary) 391-3900
Pet Bereavement (Nebraska Humane Society) 444-7800
Surviving Bereavement                          572-2933
Survivors of Suicide (death of spouse) 558-4616
THEOS                                           399-0759

HEARING LOSS Hearing Loss Assn. of Omaha 393-8310
HEART DISEASE Mended Hearts 301-4402
OSTEOPOROSIS 493-2493
OSTOMY United Ostomy Assn. of Omaha 397-4796
PANIC AND ANXIETY DISORDERS 493-7958
PARKINSON’S DISEASE Am. Parkinson’s Disease Assn. 449-4535
POST-POLIO SYNDROME 341-0710

SENIOR CAREGIVERS SUPPORT GROUP (Caregiver Support Services) 502-1764
STOP-SMOKING PROGRAMS American Lung Assn. 502-4950

STROKE SUPPORT GROUPS
593-3864
354-4453

Local chapters of disease-specific organizations also provides support group information
The United Way of the Midlands keeps an updated list of local support groups. Dial 211 for
their information line, or log on to www.ne211.org

TRANSPORTATION: Ambulances, vans and private autos

A & B Shuttle Service 331-7558
American Ambulance & Van Service 342-0404
Bellevue Specialized Transportation Service 293-3138
Jewish Senior Services (van service) 330-4272
Eastern Nebraska Office on Aging (Non-Omaha residents) 444-6444
Golden Carriage Program (private car/escort service) 444-6558
Moby Van Service - Metro Area Transit Co. (van service) 346-8779
Midwest Medical Transportation (van service) (800)562-3396
Omaha Ambulance & Van Service 345-6666
Papillion Senior Bus Service 680-3970
Prince of the Road 934-2800
Road to Recovery (volunteers drive cancer patients to treatments) 393-5801
Rural/Metro Ambulance/Van Service 346-9191
Some home care agencies will permit their workers to transport a client in the client's own vehicle.

**VISUAL IMPAIRMENTS:** Devices, training and services

- **EYE CARE AMERICA** [www.eyecareamerica.org](http://www.eyecareamerica.org) (800)222-3937
  Referral to eye doctors providing free/low cost care

- **LOW VISION SERVICES (UNMC)** 704 S. 38th Ave 559-4170
  Evaluation, visual aids and training Weigel-Williamson Center

- **LOW VISION PRODUCTS/LARGE PRINT ITEMS (CATALOGUE)**
  Independent Living Aids, Inc. [www.independentliving.com](http://www.independentliving.com) (800)537-2118

- **MISSION CATARACT USA** Midwest Eye Care, PC 552-2020
  Provides cataract surgery and follow up care at no charge for persons with limited means

- **NEBRASKA COMMISSION FOR THE BLIND AND VISUALLY IMPAIRED** 595-2041
  1313 Farnam on the Mall, Omaha [www.ncbvi.ne.gov](http://www.ncbvi.ne.gov)

  The American Council of the Blind offers half-price taxi coupons for the vision-impaired

**TALKING BOOKS, READING SERVICES, AND LARGE-PRINT MATERIALS**

- Nebraska Library Commission Talking Book Service (800)742-7691
- Omaha Public Library (large print books) [www.omahapubliclibrary.org](http://www.omahapubliclibrary.org) 444-4800
- Radio Talking Book Service [www.rtbs.org](http://www.rtbs.org) 572-3003

**VOLUNTEER AND EMPLOYMENT OPPORTUNITIES FOR OLDER ADULTS**

- **EASTERN NEBRASKA OFFICE ON AGING** 444-6558
  Senior Employment Program
  Foster Grandparent Program
  Retired Senior Volunteer Program
  Ombudsman Advocate Program
  Golden Carriage Transportation Program
  Respite Care Program
  Home Delivered Meals Program
  Senior Companion Program
  Tax Counseling Program

- **DESERT MINISTRIES** 2205 S. 10th St. 556-8032
- **SERVICE CORPS OF RETIRED EXECUTIVES (SCORE)** 221-3606
- **VOLUNTEER RESOURCE CENTER** United Way of the Midlands 342-8232
- **VOLUNTEERS ASSISTING SENIORS** 4601 S. 50th St. #213 444-6617
MISCELLANEOUS

CAREGIVER TRAINING  502-1764
7 hour training class offered by the American Red Cross and Caregiver Support Services for family caregivers. Topics covered include nursing care, home safety, nutrition, legal and financial issues. www.caregiversupportservices.org

FANS LOANED TO LOWER INCOME ELDERLY
Salvation Army Senior Services  898-5860
Eastern Nebraska Office on Aging  444-6444

HOLIDAY CALLS PROGRAM  (AT&T)  970-1818
Arranges free long distance calls from seniors to family at the holiday season

HOLIDAY PARTY FOR THE ELDERLY  www.littlebrothers.org/omaha/  884-6641
Annual free Christmas Day luncheon with entertainment and gifts for elders. Free transportation provided. Holiday meals and gifts are also delivered to the homebound. Sponsored by Little Brothers-Friends of the Elderly, a non-sectarian, non-profit organization.

MAIL/TELEPHONE SOLICITATIONS - To stop these, send written requests to:

Mail Preference Service  Telephone Preference Service
P.O. Box 643  P.O. Box 1559
Carmel, NY 10512  Carmel, NY 10512

Federal Government “Do Not Call” Registry  www.donotcall.gov  (888)382-1222
Better Business Bureau Senior Line (Info. on scams and frauds)  (877)637-3334

TELEPHONE SERVICE REBATES:  (800)526-0017
The Nebraska Telephone Assistance Program (NTAP) assists lower-income persons to establish phone service by subsidizing up to 50% of connection fees and a delayed, no-interest payment plan for installation charges. It also provides a discount up to $13 per month for phone service. Applications are available on line at: www.psc.state.ne.us/ or by phone:

TRASH & RECYCLING BIN PICKUP FROM THE DOOR  444-5238
Elderly or disabled persons can designate a special pick up spot near their house if they cannot physically move cans/bin to the curb. Application and medical statement required.

UTILITY SHUT-OFF NOTICES  Copies of shut off notices can be sent to the caregiver of an elderly person who fails to pay utility bills. Contact Utility business offices.

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The Community Resource List for Older Adults and Caregivers is intended as a timely and comprehensive directory of services for older adults and their family caregivers in the Omaha/Douglas County area. It is not an endorsement of any particular program or service listed. The information herein is gleaned from public sources, such as telephone books, brochures and newspaper advertisements and articles. We accept no responsibility for the quality of services provided by any resource listed.
The Community Resource List for Older Adults and Caregivers is updated at least once annually and may be duplicated with proper acknowledgement. A printable copy of this document is available on our Internet web site: geriatrics.unmc.edu. Click on the left side-bar link, “Geriatrics Patient Care” and then on the left side-bar link, “Patient/Caregiver Education Materials”.

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