Cultural Competence and Health Disparities

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Health disparities and cultural competency are buzz words scattered across the media of late but what do these terms really mean for us as health care providers? More importantly what do they mean for our patients? As the United States grows in diversity so does the problem of providing culturally competent care to our patients. Are we equipped to care for this diverse population?

This session will deal with the impact of race, ethnicity, bias, and stereotyping on health care outcomes. Students also have the opportunity to examine their own personal cultural competency.

Objectives:
At the conclusion of this seminar the student will be able to:
1. Define and discuss cultural competence, health disparities (impact and magnitude), social determinants of health, elements of privilege, and CLAS Standards.
2. Describe the impact of race, ethnicity, bias, and stereotyping on health care outcomes.
3. Evaluate their personal cultural competence.
4. Compare the healthcare perspectives of the patient and health care providers.
5. Analyze and demonstrate the essential elements of good provider-patient communication.
6. Evaluate the US health care system and its contribution/barriers to the provision of culturally competency care.
7. Plan/Develop strategies to assess, manage and reduce biases and stereotyping in achieving the elimination health disparities.