Scholarly Activities

Research

- 13 publications in the following journals:

Selected recent findings:

- ADHD, noncompliance, depression, & sleep concerns most frequently raised.
- Behavioral, emotional, or developmental concerns raised in 23.6% of all primary care visits.
- Spontaneously raised behavioral concerns increased visits by 5 minutes.
- Significantly fewer office visits in year following BH services.

National Presentations

Faculty & staff have presented at:
- National Assoc for Rural Mental Health
- Kansas Conference in Clinical Child & Adolescent Psychology
- Association for Behavior Analysis
- American Academy of Pediatrics
- American Psychological Association
- Collaborative Family Healthcare Conference
- National Assoc of School Psychologists
- American Telehealth Association
- National Organization of State Offices of Rural Health

Integrated Behavioral Health Services to Rural Nebraska

Our Mission:

- Integrated Services To Rural Nebraska
  We provide quality, evidence-based treatment and evaluation services to children, adolescents and families with a wide-range of behavioral concerns in 17 primary health care sites across rural and urban Nebraska.

- Training, Placing, and Retaining Behavioral Health Providers
  Internship and didactic training and placement for students across a variety of health care disciplines including psychology, social work, counseling, marriage and family therapy, nursing specialists, and medical students/residents.

- Outreach Education and Consultation
  Training for professionals (e.g., physicians, educators, mental health practitioners) and families in rural areas through on-site case-specific consultation, workshop training, continuing education, and guest lectures.

- Research
  Cutting-edge research and program evaluation to assess and improve BH services, add to knowledge in the field, and disseminate “best practices” in integrated behavioral healthcare.

Program Funding

- Grants
  - HRSA Graduate Psychology Education: 2004-2010
  - AmeriCorps: 2004-2010
  - HRSA Office of Rural Health Policy: 2006-2009
  - HRSA Allied Health: 2004-2006
  - Health Care Cash Fund Grant Program: 2002-2004
  - HRSA Quentin Burdick: 1999-2002
  - State Funding: Rural BH Training and Retention Act of 2006
  - Clinical Revenue

Total Students Trained

<table>
<thead>
<tr>
<th>Student Type</th>
<th>Number Trained</th>
</tr>
</thead>
<tbody>
<tr>
<td>Post-Doctor Fellows</td>
<td>25</td>
</tr>
<tr>
<td>Pre-Doctor Interns (Ph.D.)</td>
<td>42</td>
</tr>
<tr>
<td>Practicum Trainees (M.S.)</td>
<td>54</td>
</tr>
<tr>
<td>Medical Students/Residents</td>
<td>2 to 3 students per month at select clinics</td>
</tr>
</tbody>
</table>

Training and Retaining

Nebraska-Based Behavioral Health Training Program Completers

- 54% of trainees work in rural areas following graduation
- 14 current Outreach BH clinics directed/staffed by graduates of this training program
- Trainees from:
  - University of Nebraska-Lincoln
  - University of NE - Kearney
  - Wayne State College
  - Chadron State College
  - University of Nebraska-Omaha
  - Doane College
  - University of Kansas
  - Western Michigan University
  - University of So. Mississippi
  - Idaho State University
  - Utah State University
  - University of Alabama
  - Mississippi State University
  - Louisiana State University
  - Indiana State University
  - University of Tennessee
  - Oklahoma State University
  - University of Central Michigan
  - Xavier University
  - University of Mississippi
  - West Virginia University
  - University of AL-Birmingham
  - Iowa State University
  - Minnesota State University

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