

The graphic features a light blue rectangular background. Overlaid on this are two large, flowing, organic shapes: a purple one on the left and a teal one on the right. A thin, dark purple line meanders across the composition, looping around the text. Two white, multi-pointed starburst icons are placed near the text. The main title is in a large, bold, black sans-serif font, while the subtitle is in a smaller, white sans-serif font.

SOAR Conference

2025

**Being Twice Exceptional:
How to develop and share
your giftedness with your
community**



Meet the Team

Aimée Folker

&

Mary Angus



Aimée likes to drink tea, bake, daydream, read, and knit. She has been adopted by many cats.


Mirjam Nilsson





Mary loves music.
Almost everything is a song to her.
Her dancing during breaks in Zoom
trainings has become “famous”
across the US.
Her older granddaughter
tried to stop her dancing
in Thrift Stores.






**What does “Twice
Exceptional” mean?**





**TWICE
EXCEPTIONAL**
means that...

**You have
both
challenges
and gifts**



**How do we
find out what
our gifts are?**

- 
- What do you enjoy doing
 - What is easier to do?
 - Find out what others think you are good at.



**How do we grow
our gifts?
Have fun with
them!**

A large, abstract graphic on the left side of the slide. It features a light blue square background. Overlaid on this is a large, irregular, cloud-like shape with a purple-to-pink gradient. A dark purple line winds around the shape, and two white, multi-pointed starburst icons are placed on the shape. The word "Nurture" is written in white, bold, sans-serif font in the center of the purple shape.

Nurture

- Work with others with disabilities and others you trust
- Peer Advocacy builds confidence.
- It helps strengthen our abilities to work through problems.
- There are many ways to play and learn.


- We practice using those gifts.
- Write down what you want to say or do.
- Practice with an ally.
- Keep practicing.





Activities

- Music and arts.
- Practice greeting others.
- Role-playing asking for help.
- Tell each other how they did.
- The group can suggest improvements.



**There is always
room for us.**

- **Speak to a group to inform them or ask them to do something.**
- **Write a letter.**
- **Artwork.**
- **Music.**



Questions? Comments?

**We want to
hear from you!**