SOAR Conference 2025

Being Twice Exceptional:
How to develop and share
your giftedness with your
community

Meet the Team Aimée Folker Mary Angus



Aimée likes to drink tea, bake, daydream, read, and knit. She has been adopted by many cats.

Mirjam Nilsson



Mary loves music.

Almost everything is a song to her. Her dancing during breaks in Zoom trainings has become "famous" across the US.

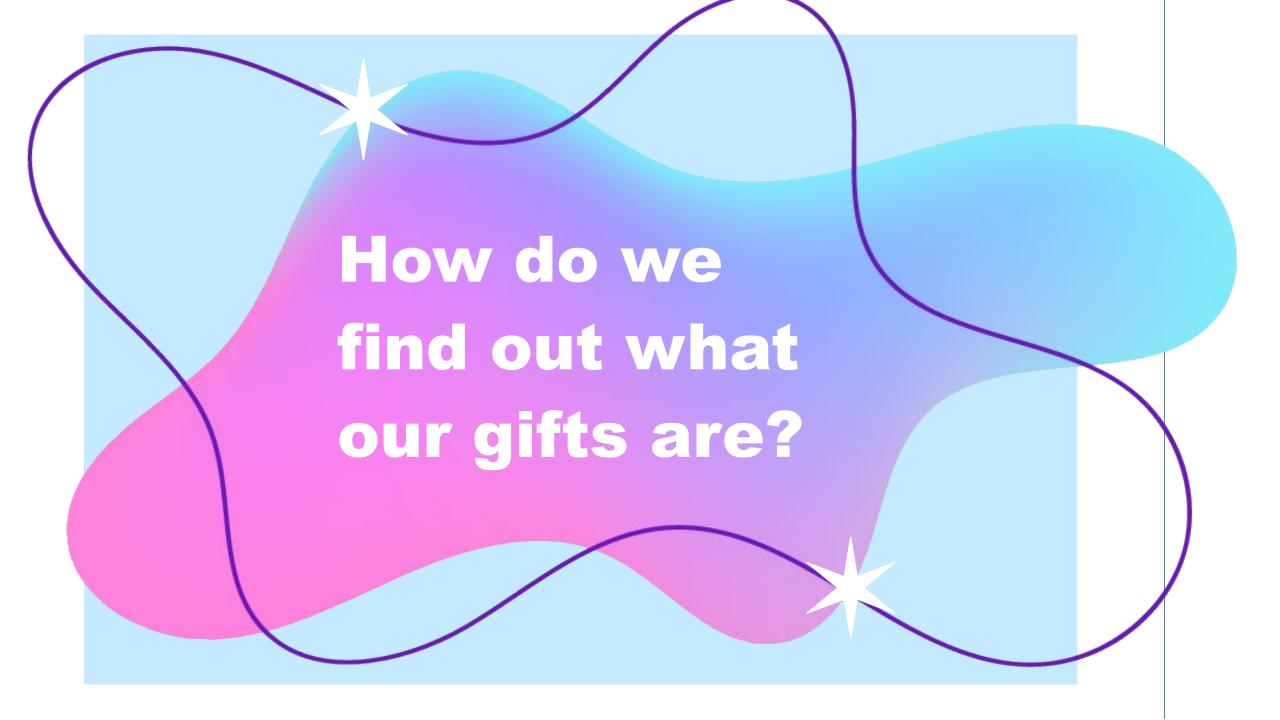
Her older granddaughter tried to stop her dancing in Thrift Stores.







You have both challenges and gifts







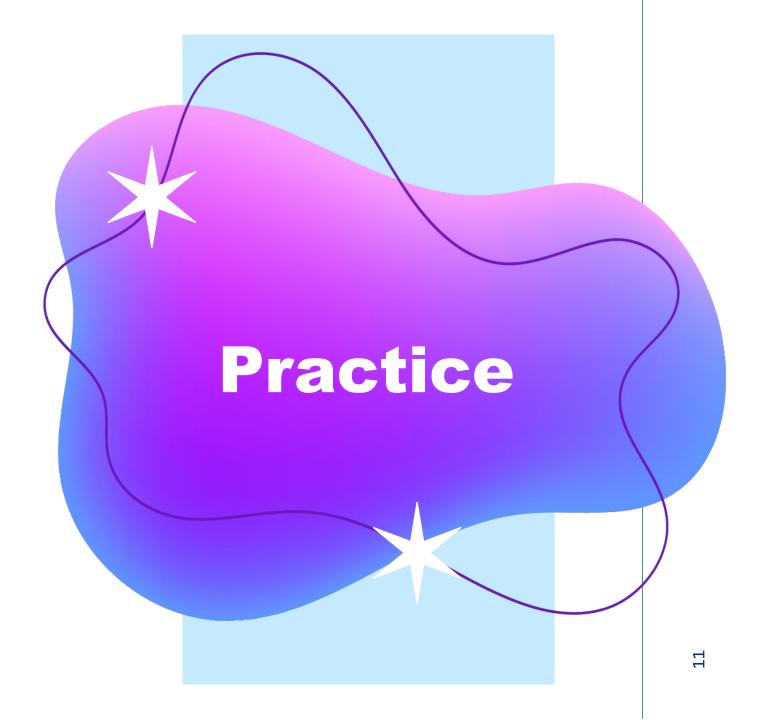


 Work with others with disabilities and others you trust

 Peer Advocacy builds confidence.

- It helps strengthen our abilities to work through problems.
- There are many ways to play and learn.

- We practice using those gifts.
- Write down what you want to say or do.
- Practice with an ally.
- Keep practicing.





- Music and arts.
- Practice greeting others.
- Role-playing asking for help.
- Tell each other how they did.
- The group can suggest improvements.





Questions? Comments?

We want to hear from you!