



**Autism  
Action  
Partnership**

THE CLIFF IS REAL  
Late-Diagnosed Autistic Adults Speak Out

# Understanding Autism

- Autism = a lifelong neurodevelopmental difference
- Impacts communication, sensory processing, and how people experience the world
- Spectrum = diverse abilities, strengths, and challenges
- Increasing recognition:
  - ✓ 1 in 31 children diagnosed
  - ✓ Many adults remain undiagnosed until later in life





# WHY THIS PANEL MATTERS

- Adult diagnosis = shift in identity & self-understanding
- Challenges: missed early supports, navigating adult services, social stigma
- Opportunities: self-acceptance, advocacy, and community
- Today's focus: **Listen. Learn. Reflect.**







# Wrap Up

Questions?

A-ha moments

Application

Advocacy



# Contact Us

Marcia Prideaux  
Program Director  
[mprideaux@autismaction.org](mailto:mprideaux@autismaction.org)  
531-484-3309

Annalise Anderson  
Program Manager  
[aanderson@autismaction.org](mailto:aanderson@autismaction.org)  
531-484-3307

**AutismAction.org**

 **/AutismAction.org**

 **/AutismActionPartnership**

 **@AutismActionAAP**