

# **3 Exciting ways to get involved in the community**

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# What we will talk about

Midwest CP Group- Social opportunity for adults with Cerebral Palsy

SALT- Self-Advocacy Leadership Training

Project 2 -The Omaha Chapter for People First of Nebraska



# **The Midwest CP**

**Group was started in 2023 to reach adults with Cerebral Palsy in order to create a community where we connect with others who have similar desires.**



# Making Connections

## ACTIVITIES INCLUDE:

- SOCIAL TIME (VIRTUAL OR IN-PERSON)**
- PEER TO PEER SUPPORT**
- LEARNING FROM Others**





# CONTACT

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# SALT

SELF-ADVOCACY  
LEADERSHIP  
TRAINING



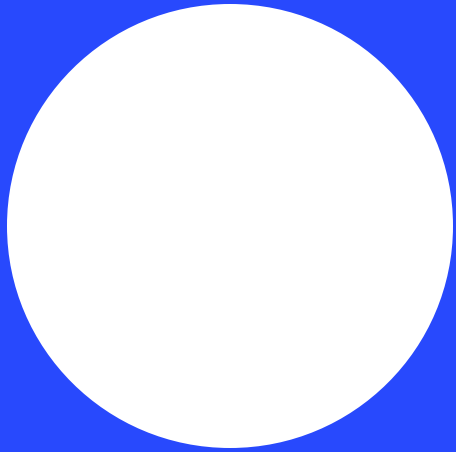
# OBJECTIVE OF SALT

A LEADERSHIP SKILLS CURRICULUM FOR  
INDIVIDUALS WITH DISABILITIES SO THEY  
CAN LEARN STRATEGIES TO ADVOCATE  
FOR THEMSELVES, OTHERS, AND AFFECT  
LARGER SYSTEMS CHANGE.

INDIVIDUALS WITH DISABILITIES 18 AND  
OLDER

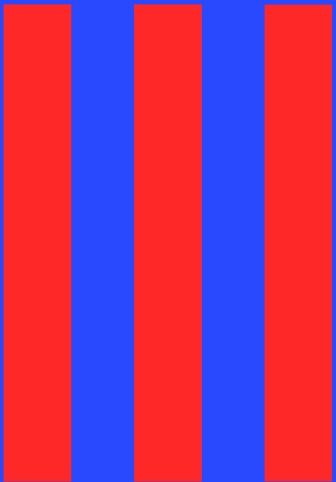


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# PROJECT 2: OMAHA CHAPTER OF PEOPLE FIRST OF NEBRASKA

PROJECT 2 STARTED IN 1975 AFTER PEOPLE WITH DISABILITIES WERE GIVEN THE OPPORTUNITY TO MOVE OUT OF THE BEATRICE STATE DEVELOPMENTAL CENTER.

INDIVIDUALS WANTED TO LEARN ABOUT THEIR RIGHTS.

PROJECT 2 BECAME THE PLACE FOR PEOPLE TO DO JUST THAT!



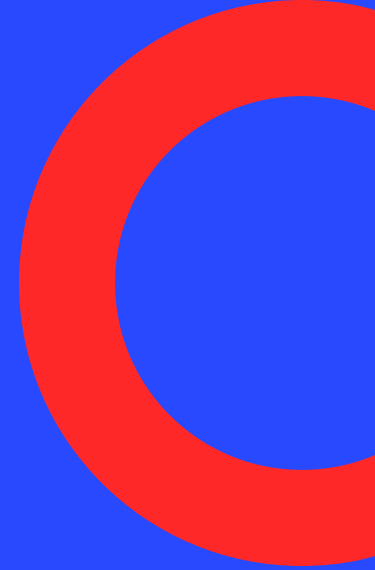
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# QUESTIONS



# **Thank you**

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