

Learn about the WeSaid

Candace Cunningham
Skye VanLanduyt



Candace Cunningham



Research Assistant,
UMKC-IHD

- Research Aide at the Institute for Human Development at UMKC
- Person with lived experience in Cerebral Palsy and Developmental Disabilities
- 2006 starting in advocacy efforts at the Kansas City Summer Transportation Institute
- 2023 Master's degree in Clinical Vocational Rehab
- Currently serve on several boards:
 - Missouri Association of People Supporting Employment First
 - Missouri American Association on Intellectual and Developmental Disabilities
 - Summit Future Foundation
 - Missouri Mental Health Foundation Board

Skye VanLanduyt



Research Assistant,
UMKC-IHD

- Live in Kansas City, MO
- B.A in English and Creative Writing
- Member of the Kansas City Women's Chorus
- Passionate about social justice, disability advocacy, & rights.
- Graduate student in the Master's in Education Administration Program at UMKC, emphasis in disability leadership.
- Host of Take 5 with Skye
- Working for the WeSaid of the UCEDD at UMKC-IHD



What are the Major Disability Topics Today?

WeSaid at the UCEDD





Turn on your phones!!!!!!!

Take Picture!!!

Use #WeSaid

What Important Disability Topics Now



We Said Academy
Areas of Expertise & Interest

Name: _____ Date: _____

As a person with lived experience in developmental disabilities, you already have experience and expertise in many areas. In this tool we would like to learn more about your experience, expertise and interest.

- Experience:** These are the topics you have personally or indirectly been involved in or come into contact with.
- Expertise:** These are the topics you have skills in or are knowledgeable about. Topic which you have a deep understanding of and are able to educate others about it.
- Interest:** These are the topics that you are interested in. You might find yourself interested in a topic you are experienced in and/or have expertise in, but they can also be topics you have no experience or expertise in.

Issue Area	Topics	Experience	Expertise	Interest
		Check what applies by topic		
Civil Rights	Voting			
	Self-Advocacy			
	Living in the Community instead of institutions.			
	Job Accommodations			
Community Living	Housing			
	Technology Support			
	Transportation			
Education	Segregated Classrooms			
	Get what a person needs to learn in school			
	right to communicate in the way that works best for them			
	No Restraints or Seclusion			
	Free from Bullying			
	Attend College			
Financial Wellness (Employment Managing Money and Understanding Benefits)	Real Jobs for Real Pay			
	Getting or keeping a job			
	Having your own business			
	Managing your own money			
	Representative Payees			
	Marriage Penalty (Not being able to get married because of loss of 25% benefits)			
	Understanding your benefits: SSI, SSDI, PASS, ABLE			
Developmental Disability Services	Direct Support Professional Crisis			
	Waiting List for Services			
	Health Equity			

What Topic is Important to you?

What Important Disability Topics Now



What Topic is Important to you?

- What important disability topic do you want to address?
- Why is this topic important to you?
- What is your call to action?

We Said
of the UCEDD of UMKC-IHD

**My Chosen Disability Topic
Public Speaking Training**

In this WeSaid Academy Public Speaking series you will choose a disability topic that is important to you.

What important disability topic do you want to address?
You can choose a topic from the WeSaid "Top Disability Topics" or choose your own.

Why is it important to you?
In two to three sentences state a personal story about why this topic is important to you.

What do you want to see happen?
What would you like to see happen regarding the topic you have chosen?

What is your call to action?
Describe what you would like changed, and what action you would like to see people take.

Developed by the WeSaid at the UCEDD at UMKC-IHD www.hfd.umkc.edu/we-said-at-the-ucedd/
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What Important Disability Topics Now



Practice with a Partner

What Important Disability Topics Now



Who would like to share?

The WeSaid of the UCEDD at UMKC-IHD



The "WeSaid" at the UCEDD at UMKC-IHD

Speakers Bureau, Training and Technical Assistance Center for People with Lived Experience in Developmental Disabilities



WeSaid Speakers Bureau



The "WeSaid" Speakers Bureau

The WeSaid Speakers Bureau offers highly qualified public speakers with lived experience in developmental disabilities who can present on a variety of topics.

The WeSaid provides supports:

- for speakers to develop their skills in presenting on topics of their interest through the WeSaid Academy
- to setting up speaking engagements
- by creating individual webpages which includes their biography, presentation topics, past speaking engagements and comments from surveys.
- by providing surveys and gathering feedback for their presentation



WeSaid Speakers Bureau



The "WeSaid" Speakers Bureau- Individual Pages



Susan Parker

Speaker, advocate, activist.

TOPICS: Parental rights, disability access, etc.

[Request booking information.](#)



WeSaid Speakers Bureau



The "WeSaid" Speakers Bureau- Individual Pages



Christopher Robin Judson Worth

Writer, painter, advocate, Ph.D. student at the University of Missouri-St. Louis

TOPICS: Taking Risks, etc., etc., etc.,

[Request booking information.](#)



WeSaid Speakers Bureau



The "WeSaid" Speakers Bureau- Individual Pages



Nichole Noblet

Artist, published author, peer resource specialist

[Request booking information.](#)



WeSaid Academy



- Training by people with lived experience in developmental disabilities that supports people to create change in their own lives, lives of one another, at the system level, and within their community.
- Individuals with lived experience are provided support to become paid trainers.





Why Public Speaking Training

Participation in the Speakers' Bureau is more than storytelling – it's an opportunity in which participants can strengthen their sense of self-determination, belonging, and well-being.



WeSaid Academy



Public Speaking Training

Part 1 Session 1: Getting Started with Public Speaking- Finding your area of Interest

WeSaid of the UCEDO of UMKC-IHD

WeSaid Academy
Areas of Expertise & Interest

Name: _____ Date: _____

As a person with lived experience in developmental disabilities, you already have experience and expertise in many areas. In this tool we would like to learn more about your experience, expertise and interest.

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Education	Transportation			
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	Get what a person needs to learn in school right to communicate in the way that works best for them.			
	No Restraints or Seclusion			
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Developmental Disability Services	Representative Payees			
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	Waiting List for Services			
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WeSaid of the UCEDO

WeSaid Bio and Accomplishments

Name _____

Short Biography

My name is _____





Take Five with Skye



A video series hosted by Skye VanLanduyt. Each episode is about 5-minute video interview featuring people with and without disabilities to tell a story about resilience, empowerment, and feeling self-determined throughout the human journey. This series provide viewers with opportunities to learn from the unique experiences of others' stories, engage in conversation, and reflect on their own development.

[Take Five with Skye – IHD](#)



Candace's Corner



Hosted by Candace Cunningham, this podcast series invites leaders across our state to talk about key issues affecting the disability community. Discover helpful resources and solutions to improve quality of life and promote long-term success.



[Season 1, Episode 1 – What is People First?](#) – Join Candace as she interviews Susan Parker, president of People First of Missouri. Learn about the organization and its affiliated chapters. Susan will share how People First has supported her in her advocacy journey. Learn about People First's priorities and discover information about how to start a People First chapter in your area!





WeSaid Associate Training

- 1) Self-Advocacy & Self-Determination
- 2) Pride in Yourself
- 3) Getting Your Point Across
- 4) Finding Solutions
- 5) Your Rights and Taking Action
- 6) Serving on Boards, Committees and Self-Advocacy Group
- 7) Community Membership
- 8) Legislative Advocacy & System Change



WeSaid Group



- WeSaid Group is for people who have completed public speaking training.
- Here they receive technical assistance & support each other in goals related to public speaking, leadership and self-determination.



WeSaid at the UCEDD-Supporting People First



The WeSaid at UMKC-IHD Supports People First of Missouri by:

- Serve as statewide advisory & provide technical assistance
- Coordinating Officer meetings
- Coordinate quarterly Steering Committee meetings
- Assist in the writing and reporting of grants
- Maintains website
- Assist with the starting of new Chapters
- Maintains 501(c) (3) status

WeSaid at the UCEDD-Supporting People First



Visit our Webpage


www.ihd.umkc.edu/we-said-at-the-ucedd




WeSaid Academy Survey

- We are asking some questions before and after classes.
- This helps us tell how well your classes are helping with your advocacy & self-determination skills.













**WeSaid**
of the UCEDO at UMKC-IHD

Participant Survey



Name of Class:
Date:
Instructor(s):

<div>TELL US WHAT YOU THINK! <u>CIRCLE</u></div>	Thumbs Up! Great! Just Right!	Thumbs Down! Not Good! Needs to be better!
1. Do you better understand yourself after better after taking this class?		
2. Do you know more about your rights after taking this class?		
3. Did you learn about new resources after taking this class?		
4. Are you better able to talk to others about your needs or tell your story after taking this class?		
5. Did you learn things to help you make decisions after taking this class?		

What was the best thing you learned in this class?

Other Comments:

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