The Behavioral Health Clinics collaborate with your physician to provide comprehensive assessment and treatment for a wide range of issues at home and school, including:

- **Academic and school behavior problems**
- **Adherence with medical treatment**
- **Anxiety and depression**
- **Attention Deficit Hyperactivity Disorder (ADHD)**
- **Chronic pain**
  - Migraine
  - Abdominal pain
- **Developmental disabilities**
  - Autism
  - Intellectual Disability
- **Elimination problems**
  - Enuresis (bed-wetting)
  - Encopresis (soiling)
  - Toilet training
- **Fears and phobias**
- **Feeding problems**
- **Obsessions and compulsions**
- **Oppositional, defiant, aggressive and destructive behaviors**
- **Psychoeducational assessment and school consultation**
- **Sleep problems**
  - Bedtime resistance
  - Night-time awakening
  - Sleep/wake schedule problems
- **Tic and habit disorders**

**Who operates the clinics?**
Services at BHCs are provided by faculty, staff and students from the University of Nebraska Medical Center (UNMC) Munroe-Meyer Institute who are specially trained in behavioral pediatric psychology. Clinical services are supervised by licensed psychologists.

**How is treatment conducted?**
Usually, both the child and parents attend all sessions. During the first session, parents are interviewed to determine the nature of the issue and a potential course of treatment. Additional sessions are usually scheduled weekly or every other week. The number of additional sessions depends on the nature and severity of the issue, but between five and ten visits is common.

**Will my health insurance cover it?**
Services at a BHC are covered under the mental health portion of most insurance plans, including Medicaid. If you are not sure about coverage, contact your insurance carrier or the benefits office at your place of employment and ask about your coverage. Individuals seen at a BHC are registered as patients in the UNMC Munroe-Meyer Institute system, which is responsible for all billing and record management.

“The behavioral therapist with the UNMC Munroe-Meyer Institute was able to provide us with treatment options. It was an enormous relief that gave us the glimmer of hope we needed.”

– mother of pediatric patient

---

Department of Psychology
Munroe-Meyer Institute
402.559.6408 | Toll Free 800-656-3937 ext. 96408
unmc.edu/mmi/departments/psychology
A Behavioral Health Clinic (BHC) is an integrated specialty clinic that provides services to children, adolescents and their families for academic, behavioral, developmental, emotional and social issues.

A BHC is a cooperative effort between your physician and the psychology department at the University of Nebraska Medical Center (UNMC) Munroe-Meyer Institute (MMI) in Omaha.

Clinic Faculty and Staff

Keith Allen, Ph.D., BCBA-D
Director, Department of Psychology
Licensed Psychologist
Board Certified Behavior Analyst
Professor, MMI and Pediatrics

Jennifer Burt, Ph.D.
Licensed Psychologist
Assistant Professor, MMI and Pediatrics

Brandy Clarke, Ph.D.
Licensed Psychologist
Assistant Professor, MMI

Mindy Chadwell, Ph.D.
Licensed Psychologist
Assistant Professor, MMI

Regina Caroll, Ph.D., BCBA-D
Associate Professor, MMI and Pediatrics

Joseph Evans, Ph.D.
Licensed Psychologist
Professor, Psychology, Pediatrics

Nancy Foster, Ph.D.
Licensed Psychologist
Assistant Professor, MMI and Pediatrics

Allison Grennan, Ph.D.
Licensed Psychologist
Assistant Professor, MMI

Kristen Hembree, Ph.D.
Licensed Psychologist
Assistant Professor, MMI and Pediatrics

William Higgins, Ph.D., BCBA-D
Licensed Mental Health Practitioner
Assistant Professor, MMI

Brett Kuhn, Ph.D., CBSM
Licensed Psychologist
Certified Behavioral Sleep Medicine
Professor, MMI and Pediatrics

PROVISIONALLY LICENSED PSYCHOLOGISTS/MENTAL HEALTH PRACTITIONERS

Sara Kupzyk, Ph.D., BCBA
Licensed Psychologist
Assistant Professor, MMI

Zachary LaBrot, Ph.D.
Licensed Psychologist
Assistant Professor, MMI and Pediatrics

Theres M. Mathews, Ph.D., APRN
Licensed Psychologist
Associate Professor, MMI and Pediatrics

Katy Menousek, Ph.D., BCBA-D
Licensed Psychologist
Assistant Professor, MMI

Mark Shriver, Ph.D., BCBA-D
Associate Director of Education
Licensed Psychologist
Professor, Psychology, Pediatrics

Tara Sjuts, Ph.D.
Licensed Psychologist
Assistant Professor, MMI

Rachel Vallely, Ph.D.
Associate Director of Clinical Services and Outreach
Licensed Psychologist
Assistant Professor, MMI and Pediatrics

Sonya Baer-Harsha, Psy.D.
Licensed Mental Health Practitioner

Lauren Coffey, Ph.D.
Licensed Mental Health Practitioner

Collin Dean, Ph.D.
Licensed Mental Health Practitioner

Erika Franta, Ph.D.
Licensed Mental Health Practitioner

Abigail Kennedy, M.S., BCBA
Licensed Independent Mental Health Practitioner

Christian Klepper, Psy.D.
Licensed Mental Health Practitioner

Sara Klingshoffer, M.A.
Licensed Mental Health Practitioner

Emily Morgan, Ph.D.
Licensed Mental Health Practitioner

Lisa Neitzke, Ph.D.
Licensed Mental Health Practitioner

M. Fran Rieken, M.A.
Provisionally Licensed Mental Health Practitioner

Whitney Strong-Bak, Ph.D.
Licensed Mental Health Practitioner

Behavioral Health Clinic Locations

RURAL

Columbus Children’s Healthcare: Pediatric Clinic
3775 45th Ave
Columbus, NE 68601
402-564-7200, Option 5

Children’s Physicians, Kearney
211 W 33rd St/ PO Box 670
Kearney, NE 68845
308-234-5613

Midtown Health Center
302 W. Phillip Ave
Norfolk, NE 68701
402-370-1062

Plattsburgh Children’s Physicians
1938 Hwy 34 East
Plattsburgh, NE 68049
402-955-7150

York Medical Clinic
2114 N Lincoln Ave, Ste A
York, NE 68479
402-362-5555

OMAHA METRO

Autism Care for Toddlers (ACT)
9012 Q St
Omaha, NE 68127
402-552-9756

Children’s Physicians – Bellevue
4802 Shannon Dr (I-48 & 48th St)
Bellevue, NE 68013
402-955-7600

Children’s Physicians – Creighton University Hospital
601 N 30th St, Ste 6520
Omaha, NE 68131
402-280-4580

Creighton/Children’s Physicians–Dundee
4825 Dodge St
Omaha, NE 68132
402-955-7676

Children’s Physicians – UNMC
42nd & Emile St
Omaha, NE 68198-2167
402-955-8125

Children’s Physicians – Village Pointe Pediatrics
18018 Burke St
Omaha, NE 68022
402-573-7337

Plattsburgh Children’s Physicians
1938 Hwy 34 East
Plattsburgh, NE 68049
402-955-7150

York Medical Clinic
2114 N Lincoln Ave, Ste A
York, NE 68479
402-362-5555

OMAHA METRO

Autism Care for Toddlers (ACT)
9012 Q St
Omaha, NE 68127
402-552-9756

Children’s Physicians – Bellevue
4802 Shannon Dr (I-48 & 48th St)
Bellevue, NE 68013
402-955-7600

UnMC Ambulatory Pediatrics Clinic
Emile at 42nd St
Omaha, NE 68198-2167
402-559-4208

UNMC Munroe-Meyer Institute
444 S 44th St
Omaha, NE 68198-5450
402-559-5730

Nebraska Medicine – Bellevue
2510 Bellevue Medical Office Building, Ste 200
Bellevue, NE 68123
402-595-2275

Nebraska Medicine – Fontenelle
5005 Ames Ave
Omaha, NE 68104
402-595-2990

Nebraska Medicine – Girls Inc.
2811 N 45th St
Omaha, NE 68104
402-595-9555

Munroe-Meyer Institute Diagnostics Clinic
412 S Saddle Creek Rd
Omaha, NE 68198-5380
402-559-6403

Village Pointe Pediatrics
18018 Burke St
Omaha, NE 68022
402-573-7337

How do I make an appointment?

Refer to the Behavioral Health Clinic location list and contact the clinic nearest you to schedule an appointment or to obtain more information.

For additional information, please contact: UNMC Munroe-Meyer Institute, Psychology
402-559-6408 or 800-656-3937 ext. 96408
unmc.edu/mmi/departments/psychology

Outreach Clinics:
unmc.edu/mmi/departments/psychology/psych-patientcare/psychcliniclocals

Telehealth Services
For telehealth services, call 402-559-5730

COLLABORATING SITES

Shelly Benshoof, Ph.D./Catherine Niedermeyer, LMHP
Behavioral Health Solutions
Nebraska City and Falls City, NE
402-216-0561

Corrie Davies, Ph.D./Stacy Rosse, Ph.D./Lynne Ferricks, Ph.D.
Complete Children’s Health
Lincoln, NE
402-465-5600

Kim Hill, Ph.D.
Beatrice Women & Children’s Clinic
Beatrice Community Hospital
Beatrice, NE 402-223-3117

Cate Jones-Hazledine, Ph.D.
Alliance-Box Butte Hospital/ Bridgeport/ Chadron Medical Clinic/ Crawford Legend Buttes Health Center/ Gordon Medical Clinic/ Rushville Medical Clinic/ Scottsbluff/ Valentine
308-322-2206
westernnebraskabehavioralhealth.com

Jody Lieske, Ph.D.
Hastings Children & Adolescent Clinic
Hastings, NE
402-463-6828

Jody Lieske, Ph.D./Anitra Warrior, Ph.D.
Grand Island Clinic, Inc.
Grand Island, NE
308-382-1100

M. Fran Rieken, M.A., PLMHP
Great Plains Health Pediatrics
North Platte, NE 402-568-3500

Joshua Turek, Ph.D.
Fremont Pediatric Partners, LLC
Fremont, NE 402-483-1936

Ronda Turner, Ph.D.
Midtown Health Center
Norfolk, NE 402-370-1062

How do I make an appointment?

Refer to the Behavioral Health Clinic location list and contact the clinic nearest you to schedule an appointment or to obtain more information.

For additional information, please contact: UNMC Munroe-Meyer Institute, Psychology
402-559-6408 or 800-656-3937 ext. 96408
unmc.edu/mmi/departments/psychology

Outreach Clinics:
unmc.edu/mmi/departments/psychology/psych-patientcare/psychcliniclocals

Telehealth Services
For telehealth services, call 402-559-5730

How do I make an appointment?

Refer to the Behavioral Health Clinic location list and contact the clinic nearest you to schedule an appointment or to obtain more information.

For additional information, please contact: UNMC Munroe-Meyer Institute, Psychology
402-559-6408 or 800-656-3937 ext. 96408
unmc.edu/mmi/departments/psychology

Outreach Clinics:
unmc.edu/mmi/departments/psychology/psych-patientcare/psychcliniclocals

Telehealth Services
For telehealth services, call 402-559-5730

How do I make an appointment?

Refer to the Behavioral Health Clinic location list and contact the clinic nearest you to schedule an appointment or to obtain more information.

For additional information, please contact: UNMC Munroe-Meyer Institute, Psychology
402-559-6408 or 800-656-3937 ext. 96408
unmc.edu/mmi/departments/psychology

Outreach Clinics:
unmc.edu/mmi/departments/psychology/psych-patientcare/psychcliniclocals

Telehealth Services
For telehealth services, call 402-559-5730

How do I make an appointment?

Refer to the Behavioral Health Clinic location list and contact the clinic nearest you to schedule an appointment or to obtain more information.

For additional information, please contact: UNMC Munroe-Meyer Institute, Psychology
402-559-6408 or 800-656-3937 ext. 96408
unmc.edu/mmi/departments/psychology

Outreach Clinics:
unmc.edu/mmi/departments/psychology/psych-patientcare/psychcliniclocals