



KEEP CALM AND COOK ON

KEEP CALM AND COOK ON 2
December 9, January 20 and February 10
11:30 am – 1 pm
Register through Bridge for Zoom

Keep Calm and Cook On is a live cookery demonstration. This 90-minute presentation will include nutritional information and a live Q&A.

To register log in to nebraska.bridgeapp.com, search for "Keep Calm and Cook On 2."

Questions? Contact Giovanni Jones at: giovanni.jones@unmc.edu

This event is an Open Kitchen Workshop brought to you by Campus Wellness and the office of Human Resources.



Scan code
to view recipes