



KEEP CALM AND SOUP ON

KEEP CALM AND SOUP ON
December 1, January 19 and February 23
11:30 am – 1 pm
Register through Bridge for Zoom

Keep Calm and Soup On is a live cookery demonstration. This 90-minute presentation will include nutritional information and a live Q&A.

Friday, Dec. 1

Zoom 

Friday, Jan. 19

Zoom 

Friday, Feb. 23

Zoom 

Sodexo will feature each recipe for purchase.

Questions? Contact Giovanni Jones at: giovanni.jones@unmc.edu

This event is an Open Kitchen Workshop brought to you by Campus Wellness and the office of Human Resources.



Scan code
to view recipes

