

**11<sup>th</sup> Annual Anna Marie Jensen Cramer  
Memorial Lectureship in Women's & Children's  
Health & Family Nursing**

***“Preventing Perinatal Depression: Public Health Impact and  
Emerging Interdisciplinary Solutions”***

PRESENTED BY

**UNMC COLLEGE OF NURSING**



**Ellen Tilden, PhD, CNM, RN,  
FACNM, FAAN  
Associate Professor  
Oregon Health and Science University  
School of Nursing  
Portland, Oregon**

**When & Where**

**TUESDAY, APRIL 30, 2024**

**RECEPTION: 1:30 – 1:45 PM (CT)**

**WELCOME: 1:45–2:00 PM (CT); 12:45-1:00 PM (MT)**

**LECTURE: 2:00–3:00 PM (CT); 1:00-2:00 PM (MT)**

Locations: **UNO Thompson Alumni Center, 6705 Dodge Street, Centennial Hall, Omaha, NE  
Kearney – HSEC 106; Norfolk – Room 156; Scottsbluff - Room A113; and Lincoln, Room 332.**

Zoom: <https://unmc.zoom.us/j/97670762636?pwd=ODVaODJnTFM1Vlo2dGtzbXV0cC9oUT09; Passcode: 372167>

**Learning Objectives:**

1. Describe US maternal morbidity and mortality trends and disparities over the last 30 years
2. Identify current drivers of US maternal morbidity and mortality
3. Explain prevalence and maternal/child dyad consequences of perinatal depression
4. Discuss emerging public health interventions to prevent perinatal depression

**Target Audience:** Nurses and other interested healthcare professionals.



In support of improving patient care, University of Nebraska Medical Center is jointly accredited by the Accreditation Council for Continuing Medical Education (ACCME), the Accreditation Council for Pharmacy Education (ACPE), and the American Nurses Credentialing Center (ANCC), to provide continuing education for the healthcare team.

The University of Nebraska Medical Center designates this activity for 1.0 ANCC contact hours. Nurses should only claim credit for the actual time spent participating in the activity.

**Please RSVP by April 18 to LaDonna Tworek ([ltworek@unmc.edu](mailto:ltworek@unmc.edu)) if you plan to attend in person in Omaha and I will send you a parking permit; and/or if you would like to receive continuing education credit (regardless of location or if you watch online).**