



25' Spring De-Stress Week Activities

Kearney

Monday, April 28, Donuts & Hydration Station, HSEC commons

Tuesday, April 29, 9 a.m., Bubbles, chalk and yard games, HSEC North patio,

Wednesday, April 30, Snack break, HSEC commons

Thursday, May 1, Trivia Game, Noon, Room 202. Bring your own lunch.

Friday, May 2, Cookies and lemonade, HSEC commons

Lincoln

College of Dentistry

Monday, April 28, Nacho station, 11:30 a.m., student lounge

Tuesday, April 29, Yoga, 12 p.m., classroom 1201

Wednesday, April 30, Wellness/Immune system drinks, 9 a.m. – 11 a.m., student lounge

Thursday, May 1, Therapy dogs, 11 a.m. – 1 p.m., student lounge

Friday, May 2, Donuts & Coffee, 9 a.m. – 11 a.m., student lounge

College of Nursing

Monday, April 28, Worry Stone craft and snacks, 11:30 a.m. – 1:30 p.m., student kitchen

Munroe-Meyer Institute

Friday, May 2, 11:00am, Popcorn, MMI staff lunchroom

Norfolk

In February, the College of Nursing hosted a “Home Sweet Home” meal for students.

Scottsbluff

Planning is still underway.