

2025-2026 MENTORING PROGRAM RESULTS

The BHECN Mentoring Program pairs behavioral health undergraduate and graduate students across Nebraska with experienced licensed professionals who provide guidance, career insights and real-world perspectives. Applications open each spring and mentors and mentees meet monthly during the academic year from September to May.

65 mentor-mentee matches



69%

of mentees said their mentor connected them to other behavioral health professionals.



97%

said their mentor was approachable and supportive.



93%

were satisfied with their mentor experience.



90%

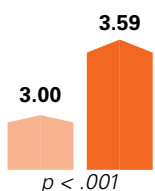
said their mentor stayed genuinely engaged in their development.



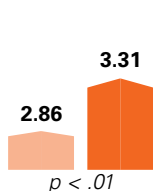
"I had a very positive experience with my mentor and it has been an invaluable part of my journey as a counseling student."
- Mentee

STUDENTS IMPROVED KNOWLEDGE IN ALL TARGETED AREAS

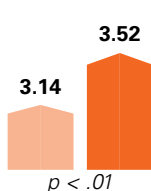
Career paths that fit their goals



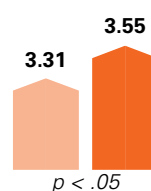
Licensure requirements



What the profession is like day to day



Education requirements



Before Mentoring
After Mentoring



"My mentor gave me a lot of knowledge of what it is like to go through a graduate program."
- Mentee



"I developed the skills necessary to approach my practicum experience with confidence."
- Mentee



91%

of mentors said mentoring positively impacted their own professional work.



89%

of mentors said they want to mentor another student.



"It gave me purpose and worth to pour into the next generation of therapists." - Mentor



"I wish we had something like this when I was in the program..." - Mentor

MENTORS SAID THEY BENEFITED BY:



Giving back to the profession



Helping develop future behavioral health clinicians



Building professional relationships



Staying connected to students and education



Staying current and maintaining their own skills



"The greatest benefit of mentoring is helping someone become the best version of themselves while growing yourself in the process." - Mentor

FEEDBACK IN ACTION



MORE STRUCTURE

Discussion guides, meeting agendas and clear expectations



MORE CONNECTION

In-person and group-connection opportunities



MORE LEARNING

Topics like licensure, burnout prevention, and special populations



For students and mentors, the most common suggestion was:

No changes needed

THE NEXT APPLICATION WINDOW OPENS MAY 2027. Learn more online at go.unmc.edu/bhecnmentoringprogram

Former participants must reapply each year. Learn more or get involved by contacting the BHECN team at bhecnprograms@unmc.edu.