



College of Nursing Newsletter

August 2019

Kris Claussen, Editor



From the Desk of...

DEAN JULIE SEBASTIAN

Vibrancy and New Opportunities!

Welcome to the 2019-20 academic year at the UNMC College of Nursing! We are thrilled to welcome new and continuing students and new and returning faculty and staff. The College of Nursing IS its people - the people who learn, discover, teach, practice, and provide the myriad forms of support needed to make the College function seamlessly. I am excited to share with you some of the many ways your work and your engagement create vibrancy and new opportunities within the College.

Undergraduate faculty are hard at work developing new learning experiences that bring together the very best of face to face learning, use of e-modules, active learning, and collaborating across campuses via the iWalls and synchronous and asynchronous lectures, case analyses, and a host of other learning strategies. Faculty hold two HRSA grants that will enrich the undergraduate program. Dr. Kate Fiandt and her team are developing primary care content for pre-licensure students. This will prepare them for changes in health care in which registered nurses are increasingly practicing at the tops of their licenses in primary care settings, providing transitional care, care coordination, health coaching, assessment, and care management. Dr. Louise LaFramboise has received a new HRSA grant that will make it possible to embed content related to health of military veterans in the BSN program and recruit military veterans into the program. We are so grateful to the brave people who serve in the military and we are committed to addressing the particular health problems they may experience during and after active service.

Dr. Leann Holmes is the Project Director of yet another new HRSA grant that makes it possible to develop a residency program for new nurse practitioners. This important work will yield the kind of transitional educational opportunity that the 2010 Institute of Medicine report on the *Future of Nursing* recommended for nurses in new roles or new clinical areas.

We recently learned that the MSN program is ranked second in the nation by *Best Masters Programs*, an online guide to MSN programs. Our program is a hybrid distance program, using a rich array of learning strategies to help students find the best way for them to learn complex advanced practice nursing concepts, whether in one of the nurse practitioner tracks or the nursing leadership track. Dr. Lynne Buchanan and her team are continuing their work this year on implementing a telehealth learning program within the MSN and DNP programs. This progressive work, funded by a federal grant from the Health Resources and Services Administration (HRSA), is putting UNMC in a leading position throughout the country on educating advanced practice nurses on how to optimize telehealth for the best clinical care in rural areas and for increasing access to care in a range of settings.

College of Nursing faculty have received more grant funding than at any point since 2011. Research is progressing on so many fronts that will make a huge difference in quality of life in the future. Studies addressing cancer-related fatigue, psychoeducational support of women with breast cancer, prevention of osteoporosis, self-management of

From the Desk of...

DEAN JULIE SEBASTIAN, continued

chronic conditions and in particular, multiple co-existing chronic conditions, health of rural men, treating food addictions, improving outcomes in intensive care, improving sleep in adolescents with neurodevelopmental problems, and so many more are underway. College of Nursing scientists engage in highly innovative research that helps expand knowledge in the areas of rural health care, mental health, health of older adults, primary care, health of mothers and babies, and care of people during life transitions. There are many more topics than I have mentioned, but I hope you have the sense of the important work researchers are doing using team science and a nursing lens. We are celebrating 50 years of graduate education and research in the College of Nursing and you can tell that advances in both areas are propelling knowledge and education forward!

Within the Morehead Center for Nursing Practice, new faculty practice initiatives continue to emerge. On our Kearney campus alone, two new opportunities have begun this fall, with one at Heartland Health Center and the other at Lexington Regional Health Center. Assistant Dean Dr. Kelly Betts will begin a new pediatric nurse practitioner practice in Scottsbluff at CAPWN. Faculty practice opportunities generate new learning and research possibilities as well as expansions in how we partner with our communities.

Much is being written today about transformation and reinvention. Education transforms and gives us tools to continuously reinvent ourselves to make the world a better place. We are so fortunate to be part of the intersection between nursing, health care, and higher education and to be part of a university in which our mission includes discovery and scholarship. When I think about vibrancy, I think about the many new opportunities faculty and staff are generating and how each of you is creating an environment of richness, continuous learning, and the joy of doing work that matters.

Thank you for everything you do and welcome to the 2019-20 academic year!

Juliann G. Sebastian, PhD, RN, FAAN
Dean and Professor

***“You’re off to great places,
Today is your day,
Your mountain is waiting,
So get on your way!”***

— Dr. Seuss

2019 - 2020

**GRADUATE NURSING EDUCATION AND NURSING RESEARCH CENTER
CELEBRATES 50TH ANNIVERSARIES!**



The *Niedfelt Nursing Research Center 50th Anniversary* was recognized during the General Faculty Organization Meeting on August 19th. Cake was served at all campuses.

Ann Jessop entertained the faculty as a representative of 50 years of Graduate Nursing Education. She was one of the first two graduates of the program and her career included serving as a faculty member in several nursing programs. Current CON Omaha faculty member, Janet Cuddigan, PhD, RN, CWCN, FAAN represented the Research mission. Dr. Cuddigan has advanced nursing science and practice for over 30 years in the area of pressure ulcer assessment, prevention, and management. She also represented the PhD in Nursing program which began in 1989. She was one of the first cohort of four students in the PhD in Nursing program. We will continue to celebrate the 50th anniversary all year with a special logo developed for the CON.



Under the Microscope: College of Nursing marks anniversary

Chancellor Jeffrey P. Gold, M.D., discusses the growth of nursing graduate programs and research efforts with Ann Berger, Ph.D., and Lynette Leeseberg Stamler. To see more, highlight the title and right click to open.



Celebratory cake on August 19, 2019, honoring 50 years of graduate education and research in the College of Nursing—(photo on left) Debra Bergman, Administrator Niedfelt Nursing Research Center and Dr. Ann Berger, Associate Dean for Research—cutting and serving the cake in Omaha! Cake was enjoyed on each campus!!!

AWARD / RECOGNITION — CONGRATULATIONS!



Leann Holmes, DNP, APRN-NP, FAANP “fell out of an airplane (voluntarily) to celebrate a mile-stone birthday, and landed on a \$1.67 million HRSA Advanced Nursing Education Workforce Grant,” Developing a State-Wide Primary Care NP Residency through an Academic-Practice Partnership - one of eight given in the nation! This innovative four-year grant has two major components.

(1) Develop and implement a distance-learning supported NP residency program for primary care NPs: a. Develop a core curriculum that will assure the primary care NP Residents will have the knowledge, skills and abilities needed to provide quality primary to complex medically and socially vulnerable patients/families; and b. Partner with state-wide network of primary care clinics to recruit and retain at least four primary NPs Residents in years 2-4, with one psychiatric NP Resident in each cohort. (2) Collaborate with our clinical partners to develop and optimize the role of preceptors working at a distance from the NP Residents. The state-wide network of primary clinics will include multiple Federally Qualified Health Centers and the Veterans Administration of Nebraska and Western Iowa Health Care System. The project will include collaboration from Dr. Kate Fandt, Dr. Lynne Buchanan and Dr. Teresa Barry Hultquist, along with the preceptor work by Dr. Maggie Emerson, Dr. Amy Ford and Mark Darby. We will also have significant help from many staff members, including Molly Belieu, Nitya Kovur and Amelia Stoltman.



Dr. Jen Cera, DNP, WHNP-BC has received a \$26,000 grant funded by the Olson Center for Women’s Health Advisory Committee for her DNP project. She began implementing her research into a community fitness facility in early August where she provides weekly educational sessions as well as one-on-one consultations regarding pelvic floor health and prevention of urinary incontinence and pelvic floor disorders.

Dr. Cera was also selected as the winner of the 2018-2019 Urologic Nursing Patricia Bates Literary Excellence Award for the article entitled, “Implementing a Nurse Practitioner-Led Delivery Model for Continence Care within Community Fitness Facilities.” An official announcement of this award will be made during the Society of Urologic Nurses and Associates (SUNA) uroLogic Conference in September at Disney’s Coronado Springs Resort, Lake Buena Vista, Florida. As the winner, Dr. Cera, the lead author, will receive a plaque on stage at the conference and will later be acknowledged in the SUNA Urologic Nursing Journal. Co-authors of the paper are Jan Twiss, PhD, WHNP, and Leeza Struwe, PhD, RN.

This same article was selected as the representative manuscript for Urologic Nursing Journal and was shown at the International Academy of Nursing Editors; and can be found on their website:

<https://airtable.com/shrU1q7tdyPugRV8A/tblUu0TbXCIXwT3l?blocks=hide>.

In addition, Dr. Cera developed along with the staff at iEXCEL, a 3D Virtual Reality Pelvic Floor Model to teach UNMC students about female anatomy utilizing zSpace. The first lessons to be taught utilizing this 3D Virtual Reality model will begin in Spring 2020.



Kimberly Norman-Collins, BA, MA, Dir. of Experiential Learning, College of Pharmacy (left) and Cheryl Thompson, PhD, RN, Associate Professor, College of Nursing (right), attended the American Association of University Administrators Seminar June 6th and 7th in Detroit, Michigan. They presented on their proposal for measurement and trending of diversity within higher education. They provided content on the 80% rule and how it would work within an academic institution in measuring and setting benchmarks

for recruitment, admission decisions, and student success, particularly graduation rates. During discussion they received valuable feedback they are using to assist in writing a manuscript for publication. The content was well received and the topic was discussed at several points during the seminar after their presentation.

The Center for Patient, Family and Community Engagement in Chronic Care Management (CENTRIC), a center in the College of Nursing was awarded a \$150,000 grant from The Hearst Foundations in Nebraska in June 2019. CENTRIC promotes multidisciplinary teams to implement strategies that will promote self-management to maintain or improve patient’s health and prevent a decline in health in individuals with multiple concurrent chronic conditions.

Director of the center and Professor in the College of Nursing, Lani Zimmerman, PhD, RN, FAHA, FAAN, runs the day to day operations of CENTRIC along with the Core Nursing committee Ann Berger, PhD, APRN, AOCNS, FAAN, Sue Barnason, PhD, RN, APRN-CNS, CEN, CCRN, FAEN, FAHA, FAAN, Bunny Pozehl, PhD, APRN-NP, FHSFA, FAHA, FAAN, Tiffany Moore, PhD, RN, and Robin Lally, PhD, MS, BA, RN, AOCN. The Cores of CENTRIC support Scientific Advancement, Professional Development, Technology & Common Metrics, Mentoring, and Postdoctoral Research Associates in the College of Nursing. CENTRIC was recognized for this Award from the Hearst Foundation in an online article on KETV NewsWatch 7.



AWARD / RECOGNITION — CONGRATULATIONS continued

Nebraska VR Network for Education & Research (NeVRNER) serves as a unique platform for faculty and staff to get together and discuss how to use technology, e.g., virtual reality, simulation, to advance medical education and research, and help students or trainees to maximize their learning experience. NeVRNER currently has about 30 active members from UNMC, UNO, UNL, UNK and Children's Hospital. Beth Beam, PhD, RN, Omaha and Tess McKinney, Lincoln Division serve as Co-Leads. Presenting at the meeting were Dr. Beam and Dr. Brian Ricks, UNO: "Using virtual reality to simulate the experience of triage in a hospital based natural disaster"; and Tess McKinney: "360 photo tours and interactive tools for student services & beyond." The 360 Photo Tour of Lincoln Campus can be found by visiting: <https://roundme.com/tour/449864/view/1552377/>.



Joseph Siu, PhD
Lead, NeVRNER



Beth Beam, PhD
Co-Lead, NeVRNER



Tess McKinney
Co-Lead, NeVRNER



Brian Ricks, PhD



Mike Kozak, MEd

NeVRNER Annual Meeting Organizing Committee — If you are interested in joining this network, please contact Joseph Siu (kcsiu@unmc.edu) or Beth Beam (ebeam@unmc.edu).



Four of our own were nominated for The Catalyst for Education Award and recognized at the Premier Education Event on Tuesday, August 27th. This award recognizes an individual in an educational support role whose contributions are integral to furthering UNMC's educational mission. The event this year focused on Practical Application: Puttint it All Together. The Premier Education event is brought to you by the UNMC Interprofessional Academy of Educators, Nebraska Medicine Office of Health Professions Education, and UNMC Office of Faculty Development. Their nominators had this to say:



Thomas Gaffney, MA, BSEE, demonstrates selflessness and courage to be a role model. He always approaches each situation with a calm and direct communication to ensure the challenge is resolved as soon as possible.



Patrick Rejda, MEd, thinks outside the box when it comes to using our various instructional and technology platforms. Patrick is approachable and desires to help faculty. He takes time to listen and thoughtfully makes suggestions.



Renee Lynn Paulin, MSN, RN, is simply an amazing person, a professional leader, and a tremendous asset to the reputation and mission of UNMC. Renee is meticulous and detail oriented, always providing insightful oversight and feedback for every program.



Sandra A. Sasse, MSN, RN, is an exemplary team member and leader. She fosters an environment of cooperation and creativity through organization, planning, and implementation of skills and simulation.

STARS among us!

Four UNMC CON faculty and a CON PhD student Delia Djalilova attended the **2019 NINR Precision Health: Smart Technologies, Smart Health Boot Camp** at the NIH campus in July 2019. The Boot Camp was a one-week intensive research training course at the NIH in Bethesda, Maryland. Sponsored by the National Institute of Nursing Research (NINR) areas of discussion and research topics included: digital health, mobile technology, wearables, sensors, virtual/augmented reality, or molecular science (e.g., genomics, microbiome, gene expression, proteomics).

Pictured on NIH Campus—left to right: Marcia Shade, PhD, RN; Myra Schmaderer, PhD, RN; Sheri Rowland, PhD, MSN, APRN-BC, FNP; PhD-student Delia Djalilova; and Tiffany Moore, PhD, RN



NEW EMPLOYEES (June 1—August 31)

No Photo Available
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***Welcome to the UNMC College of
Nursing team!***

PROMOTIONS / RELOCATIONS — CONGRATULATIONS

- ⇒ Windy Alonso, PhD, RN, Omaha Division, Assistant Professor (formerly Post Doctoral Research Associate)
- ⇒ Stephanie Burge, MSN APRN-BC, FNP, Kearney Division, Clinical Assistant Professor (formerly Instructor)
- ⇒ Christine Eisenhauer, PhD, APRN-CNS, PHCNS-BC, CNE, Associate Professor (formerly Assistant Professor)
- ⇒ Patricia Hotaling, DNP, APRN-CNS, RN, AGCNS-BS, Omaha Division, Clinical Assistant Professor (formerly Nurse Specialist)
- ⇒ Heather Kaestner, MSN, APRN-NP, FNP-C, WHNP-BC, Kearney Division, Instructor (formerly Nurse Specialist/Instructor)
- ⇒ Colleen Kennedy, MSN, RN, Lincoln Division, Instructor (formerly with Northern Division)

UPCOMING CONTINUING NURSING EDUCATION PROVIDED BY UNMC CON CNE

All times are CST

Sept. 27 2nd Annual APP Conference—APPs: Leading the future in Health Care
Scott Conference Center, Omaha \$125 APPs; \$75 RNs 6.0 contact hours / AAPA credits
\$25 Students (CE not provided)

Register by September 20, 2019
www.unmc.edu/cne/education/APP2019

Oct. 11 Mental Health Professional Development
Lifelong Learning Center, Norfolk \$50 CE Registration Fee
4.5 contact hours / social work / mental health CEUs
Register before October 4, 2019 UNO website:
<https://www.unomaha.edu/college-of-public-affairs-and-community-service/social-work/research-and-engagement/continuing-ed.php>

Oct. 16 Update for HIV Care Providers and Educators
Scott Conference Center, Omaha \$50 Registration Fee 5.5 contact hours
Register before October 9, 2019
<https://www.unmc.edu/cce/catalog/clinicmed/hiv2019/index.html>

Save the Dates!

Oct. 11 Anna Marie Jensen Cramer Lecture
Oct. 23-24 IDeA-CTR Annual Scientific Meeting
Oct. 25 Omaha Women's Health and Wellness
Nov. 8 4th Annual Psychiatric Nursing Summit—Available via Livestream

Live FREE Webinars—All you need is Internet and a mobile device!

Pain and Substance Use Disorder ECHO Webinar Series

1st and 3rd Thursday of each month through September 19, 2019 — Noon to 1:15 pm — 1.0 contact hour
<https://www.unmc.edu/bhecn/education/project-echo.html>

Olson Center Webinar Series — If We Don't, Who Will? Identifying, Validating, and Treating Patients with Eating Disorders

September 10, 2019 — Noon to 1:00 pm (CDT) — 1.0 contact hour
<https://app1.unmc.edu/cne/190L043a/register2.cfm>

Recorded FREE Webinars — 1.0 contact hour each

May 28, 2019—May 27, 2020 **Dissecting Direct-to-Consumer Genetic Testing**
www.unmc.edu/cne/education/190Lo416

June 25, 2019—June 24, 2020 **Medical Cannabinoids — High Expectations**
www.unmc.edu/cne/education/190Lo426

“The University of Nebraska Medical Center College of Nursing Continuing Nursing Education is accredited with distinction as a provider of continuing nursing education by the American Nurses Credentialing Center’s Commission on Accreditation.”

For more information on live, online or independent activities, visit: www.unmc.edu/cne.

FIVE CAMPUSES SHARING ONE MISSION!

KEARNEY DIVISION

The College of Nursing (CON) Kearney Division saw a variety of involvements this summer from faculty, staff and students. Our undergraduate externship program engaged 22 students who participated at various clinical agencies throughout central Nebraska from May 6th thru July 5th.

The CON participated in the University of Nebraska Kearney (UNK) Health Science Summer Day Camp for 18 high school students interested in health careers. The camp provided a snapshot of various health profession programs available at Health Science Education Complex (HSEC). A pneumonia case was explored from patient admission to dismissal highlighting patient care and nursing skills in the simulation suite with Douglass Haas, MSN, APRN-NP, AGACNP_BC, CCRN-CMC, nurse specialist.



The accelerated baccalaureate nursing students planned and implemented a two-day "No Scare-Health Care" summer camp for school-aged children attending the UNK Child Development Day Care. An unfolding interprofessional case study that involved "Brad", a simulation manikin who fell on his bike and broke his leg was explored. Orientation to the exam room, interaction with healthcare providers, hand hygiene and bike safety were among the topics addressed.

The fall semester is underway with 55 first year undergraduate students enrolled.

The HSEC's *Welcome Back Picnic* for all CON and College of Allied Health Professions' faculty, staff, and students will be held on Thursday, August 29th. We are looking forward to enjoying good food, fun games and fellowship!

We are also planning our White Coat ceremony for traditional undergraduate baccalaureate students and their families and friends that is scheduled for September 13th. CON faculty, staff and students are enthused to begin the 2019-2020 school year!

LINCOLN DIVISION



Tess McKinney was selected as a USA Microsoft Innovation Education Expert for 2019-2020. She has received this award each year for the last 5 years. Microsoft is proud to have her as a part of this incredible community of educators. Tess has been invited to attend the US MIE Expert and Showcase School Leader Summit in January 2020 in Redmond, WA. The Microsoft Innovative Educator (MIE) program is composed of more than

350,000 Education Expert for educators worldwide, who have joined the Microsoft Educator Community and successfully completed professional development online courses, contributed lesson plans, and connected with other educators across the globe. Tess is one of only four (4) MIEs this year from Nebraska. Here is what MIE Experts have access to:

- Access to professional and career development opportunities and certifications.
- Share expertise with world-renowned educators and specialists to scale their innovations.
- Build educator capacity in their community by speaking, training and/or coaching colleagues and inviting them to participate in the online Microsoft Educator Community.
- Participate in focus groups giving feedback to development teams on Microsoft products.
- Test new products while in beta form and participate in pre-release programs for certain education-related tools.
- Represent Microsoft through product demonstrations and by attending events.
- Collaborate with innovative educators around the globe.
- Host regional events showcasing their use of Microsoft technology in the classroom.
- Opportunity to nominate to become a Skype Master Teacher.

Andrew Chisholm competed in the Nebraska Senior Games in Kearney in disc golf on August 1st, and set a tournament record. The Nebraska Senior Games is hosted by the Nebraska Sports Council.



LINCOLN DIVISION (cont.)

END OF SUMMER BBQ

The Health Center and College of Nursing held its first annual HCCN 'End of Summer' BBQ mid-August. Due to unrelenting rains the day of the barbeque, the picnic was moved to the indoors. The burgers and hotdogs were grilled to perfection; accompanied with all kinds of salads, chips, baked beans, fruits, vegetables; and of course desserts (including but not limited to

cookies, cheesecakes, ice cream bars); bottled water, lemonade and ice tea. It was a fabulous time and staff are already having discussions about next year's event!



NORTHERN DIVISION



Tom Gaffney was recently notified that he has been nominated for the Catalyst for Education Award. The Catalyst for Education Award recognizes the integral role of those who serve in an educational support role. We value the impact Tom has made to furthering the educational mission at UNMC, promoting a premier environment, and ensuring the success of all trainees. The winner of the Catalyst for Education Award was announced last week in Omaha. The event focused on best practices of research/project presentation skills. Congratulations Tom!

We at the Northern Division are pleased to announce that we have an iWall! It was installed over the summer and is ready for use. Training sessions were held in late July/early August and the faculty are developing plans to integrate the iWall into classroom and recruitment events. On August 28th, we hosted a group of 30 high school students as part of our partnership with AHEC. The iWall was used for a portion of the evening event.

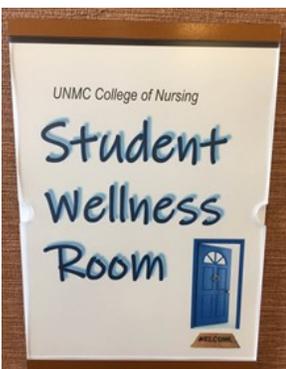


This fall, the Northern Division is once again working in partnership with Wayne State College (WSC) to offer two courses for their pre-nursing and pre-health majors. The first course, HSC 101 introduction to Health Sciences, was developed by Dr. Liane Connelly and taught by Dr. Connelly and Bridget Thoene. This year, this course will be taught by Bridget Thoene. The second class, HSC 296 Culture and Ethnicity in Healthcare, has been developed by Dr. Connelly and Dr. Kelly Betts. It will be taught at WSC by Dr. Connelly, with some guest lectures by Dr. Betts.

We are also pleased to report that we are planning an IPE event with WSC this fall! Lisa Walters, Dr. Jody Herley and Bridget Thoene will be working with the departments of sociology/psychology and counseling to develop an event in November.

We are happy to announce that Dr. Jody Herley and Amy Pinkelman have joined us as new faculty, and that Jami Doele has recently joined us as our new Academic Coach. Welcome!

Finally, as part of the wellness initiative, we have been fortunate to be able to convert one of our offices into a small wellness room for our students. Thanks to Gwen Porter and Kristi Brummels (and the team) for their creative work in fostering the development of a room where students can go for a short 20-minute relaxation session, complete with comfy chairs and a Keurig.



OMAHA DIVISION



College of Nursing colleagues participated in the first annual goTHRIVEon 5K in remembrance of former nursing faculty member Jessica Nielsen, DNP. UNMC was one of the sponsors of the event. “We are raising money to support what Jessica was passionate about to help others thrive on,” said Dr. Tiffany Moore. Money raised from the event will benefit a scholarship in the UNMC N.P. program, Batten Disease Research, and Project Pink’d. Pictured left to right: Ann Berger, Katie Bravo, Juli Sebastian, Tiffany Moore, Robin Lally, Lauren Lier, Beth Culross and Ellen Steffensmeier (2018 UNMC DNP graduate).

WEST NEBRASKA DIVISION



Dr. Kelly Betts was selected to participate in the UNMC iLEAD program this year. This intensive one-year program accelerates the growth of faculty’s leadership talents so they can immediately apply their new skills in their career.

Dr. Betts will begin clinical practice as a Primary Care Pediatric Nurse Practitioner at the Community Action Partnership of Western Nebraska (CAPWN) clinic in September. She will be practicing one day per week.

Dr. Trina Aguirre’s UNMC Diversity Grant Offering: The UNMC CON-WND provided free sports physicals for area students August 14. Dr. Trina Aguirre (PI), Dr. Kelly Betts (WND Assistant Dean and Pediatric Nurse Practitioner), and Ann Koehler (Scientific Editorial/Project Specialist) organized this event which was made possible through Dr. Aguirre’s UNMC Faculty Diversity Grant. Physicals were performed by Dr. Kelly Betts, Stephen Schlickbernd (GA), and Mat Burton (GA), and several accelerated nursing students supplied by Instructor Dana Samson. Accelerated student Karah George takes vitals for 8th grader Jackson Schwartz—who plans to play every sport he can!



Summer Activities at WND: While the majority of WND students had an opportunity to enjoy time away from campus, Dana Samson and her accelerated students were busy with classes, clinicals, simulations, and assisting with health fairs and sports physicals.



NRS 444 Summer Externship Course Beneficial for Students: The Summer Externship course offers students a real-world clinical experience as they work with a preceptor during their rotations. Students had to apply and be accepted for an externship position with Regional West Medical Center or Box Butte General Hospital. They could request to work in either a specialty or medical surgical unit. The students worked 30 hours a week for eight weeks and were paid \$10 an hour. Hospital staff enjoyed having the students. Dr. Susan Wilhelm, course coordinator, and Linda Fowler, Nursing Instructor, directed discussions and debriefing with the students each week.

Participant student, Katelyn Allison, completed clinical rotations in the ICU at Regional West and shared the following: “What I benefited most from the summer externship is all the extra hands-on practice with patients, medications, nurses and doctors. I was able to practice a lot of different skills that I was unable to do during clinical time with class during the school year. I really enjoyed working 1-on-1 with RNs and having their feedback, tricks, tips and brain to pick about different scenarios and situations we dealt with hands-on. I also enjoyed Linda Fowler’s discussion and debriefing we had, we were able to analyze different patients and situations we dealt with by sharing, breaking down and debriefing with each other. This is a worthwhile experience, and I highly recommend it to everyone who is willing to put in the extra work and time for getting a step ahead...”

WEST NEBRASKA DIVISION (cont.)



IPE Activity: Twelve RWMC Radiologic Technology students, 33 UNMC BSN, and 1 WNCC AND student participated in the fall teamwork IPE on the Scottsbluff campus. They enjoyed getting to know other students they will interact with over the next two years and trying to perfect their tower building skills!

Students scramble for legos and rush to build a team tower!



Teaching Basic Hygiene: Preschool is the ideal time to present ideas on health and hygiene to children. When children learn basic hygiene behaviors at a young age and are guided to practice the skills daily, it becomes a health lifetime habit. Nursing instructor, Wendy Wells took time this summer to visit the Migrant Health Head Start program to creatively teach the kids some of the basics.

Simulation and Skills Labs Makeover: With assistance from two graduate assistants, Stephen Schlickbernd and Mathew Burton, and LRC Technologist Jerry Schledewitz, spent much of the summer rearranging the labs and equipment to help make them function more efficiently for students and faculty. J. Schledewitz coordinated simulation (all manikins) and technology training (room equipment, software, iWall) for faculty to attend on August 22nd.



WND White Coat: The WND White Coat ceremony will be held September 20, 4:00 p.m. in the Harms Technology Center, PLEX Room.

Caring Beyond the Classroom: Scottsbluff experienced several severe thunderstorms during the last couple of weeks, one of which occurred as local schools were letting out. Following their PCC3 final exam, two WND accelerated students, Amy Long and Simon Oberholzer, picked up some students who were walking to get them out of the hail. Similarly, graduate assistant, Stephen Schlickbernd, picked up a mother, baby, and their stroller. Hail in this storm ranged from golf ball to softball size.

The next CON newsletter will be sent out about **October 30th**. Please send any newsletter articles to me between now and **October 15th** to be included in the next newsletter. Welcome back!
