



# College of Nursing Newsletter

January 2020

Kris Claussen, Editor



From the Desk of...

## ***DEAN JULIE SEBASTIAN***

Dear Friends and Colleagues,

New years bring the excitement of new beginnings, goals we wish to achieve, reflections we want to savor. They also sadly sometimes come with losses, such as the loss of our colleague, Karen Schledewitz, Student Services Coordinator for the West Nebraska Division of the College of Nursing since 2007. Her unexpected passing on 12/24/19 shocked and saddened all who knew her. We offer our support and deepest sympathies to Jerry Schledewitz and his family, and to all in the College of Nursing who worked closely with Karen, particularly the WND faculty, staff and students, and the Student Services team. While we grieve, we also know that every day brings with it a chance to thank our colleagues for all they do, for being the people with whom we are privileged to serve in this time and this place, and for the uniqueness each brings to our work and learning together. We plan to have a College memorial for Karen and will keep all apprised of the details as they are developed.

The World Health Organization declared 2020 to be the Year of the Nurse and I would like to reflect with you for a moment what that might mean for us. Florence Nightingale was born in 1820, and this fitting tribute recognizes all she did to advance nursing practice, education, and research for the improvement of human health. This year's global recognition of nursing focuses on *nursing leadership*, nurses' impact on *health policy*, and *nursing workforce* expansion and impact.<sup>1</sup> The work each of you does — whether conducting research that will generate improvements in health, teaching and learning to take the best evidence into practice, or engaging in cutting edge practice at the professional and advanced practice levels — exemplifies and amplifies each of these areas. The College proudly recognizes nursing leadership through awards of all types. Just last month we were privileged to give the College's first DAISY faculty awards to Cathy Binstock in the Omaha Division and Lea Kathol in the Northern Division. Each month the list of faculty, staff, student, and alumni award recipients of all types grows longer. So many members of the College community impact positive health policy, such as the stellar work Douglass Haas is doing as President of the Nebraska Nurses Association. In terms of workforce development, Shirley Wiggins in the Lincoln Division and Breanna Hetland in the Omaha Division are both working closely with staff nurses expanding inquiry in the clinical environments of Children's Hospital and Medical Center, Omaha, and Nebraska Medicine, respectively. Wendy Wells in the West Nebraska Division uses her community health expertise to build connections within a wide range of community groups, expanding the impact of nursing and building a pipeline to further workforce development. I share these few examples with you knowing that I am only highlighting just a few of the many, many members of the College community who epitomize what I think Florence Nightingale had in mind as she envisioned the potential of nursing and what we celebrate in the 2020 Year of the Nurse.

<sup>1</sup>[https://www.nursingworld.org/news/news-releases/2019-news-releases/ana-enterprise-gears-up-for-global-year-of-the-nurse-in-2020/?utm\\_campaign=221202-Year%20of%20the%20Nurse%20and%20National%20Nurses%20Week&utm\\_source=Nursingworld.org&utm\\_medium=Main%20Splash%20Page&utm\\_term=YON2020&utm\\_content=Press%20Release](https://www.nursingworld.org/news/news-releases/2019-news-releases/ana-enterprise-gears-up-for-global-year-of-the-nurse-in-2020/?utm_campaign=221202-Year%20of%20the%20Nurse%20and%20National%20Nurses%20Week&utm_source=Nursingworld.org&utm_medium=Main%20Splash%20Page&utm_term=YON2020&utm_content=Press%20Release)

From the Desk of...

## ***DEAN JULIE SEBASTIAN, continued***

This year also is a celebration of fifty years of graduate education and research in the College of Nursing. What a privilege it is to build on the innovation of our predecessors and take graduate education and research to new heights! I know none of us is content to rest on past accomplishments and we are hungry to press the work forward in new, exciting, and impactful ways. The beginning of this new decade gives us the chance to consider what we want the world to look like in 2030 and how nursing education, research, practice, and leadership can be further harnessed to make that vision a reality.

My very best to each of you for a happy, productive, and joyous New Year and gratitude for the privilege of working together to achieve all that we inspire to in our mission and vision!

Juliann G. Sebastian, PhD, RN, FAAN  
Dean and Professor

The College proudly recognizes nursing leadership through awards of all types. Last month the College's first DAISY faculty awards were presented to...



**Cathy Binstock**, Omaha Division (L)  
Presented by Dean Juli Sebastian (R)



**Lea Kathol**, Northern Division (R)  
Presented by Asst. Dean Liane Connelly (L)



**GRADUATE NURSING EDUCATION  
AND NURSING RESEARCH CENTER  
CELEBRATES 50TH ANNIVERSARIES!**

**BHCEN CORE WEBINAR SERIES COMPETITION**

Congratulations to three of our faculty who have been successful with their proposals submitted to the BHCEN competition in their Core Webinar Series. These three faculty have been selected, along with three from the UNO Counseling Program and three submissions from Chadron State College, for the opportunity to create webinars in their areas of expertise. Their proposals are as follows:



Margaret Emerson, DNP, APRN, PMHNP-BC, Omaha Division  
*“Innovative Delivery Methods for Improving Access to Psychiatric Care”*



Therese Mathews, PhD, APRN-NP, BCBA-D, Omaha Division  
*“Risk and Protective Factors in Child Mental Health”*



Nancy Meier, DNP, RN, APRN-NP, West Nebraska Division  
*“A Practical Dementia Screening and Diagnostic Guideline for the Primary Care and Psychiatric Mental Health Provider”*

**FRED & PAMELA BUFFET CANCER CENTER PILOT PROJECTS PROGRAM  
in coordination with the GREAT PLAINS IDeA-CTR**

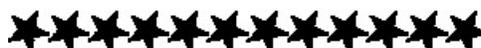


Kristin Dickinson, PhD, RN, OCN, received funding from the Fred & Pamela Buffett Cancer Center in coordination with the Great Plains IDeA-CTR for her grant entitled, *“A Mouse Model of Cancer-Related Fatigue.”*

**NEW PODCAST FEATURES HOT TOPICS IN NURSING**



Get a front row seat into the world of nursing and the many ways nurses impact the lives of people. Tune into the UNMC College of Nursing’s new podcast called “RN Huddle”, which launched last fall. Heidi Keeler, PhD, RN, hosts each episode, which features local and national nursing experts providing topical information for nurses. The podcast is an extension of how continuing education connects with professionals. “When we looked at what podcasts were available for nurses by nurses, only a handful existed,” said Dr. Keeler. “This year, we developed our own podcast, thanks to strong collaboration with UNMC colleagues including those in public relations as well as some funding through an innovation award by UNMC’s Faculty Development Office.” The most recent episode featured Janet Cuddigan, PhD., professor in the College of Nursing and president of the National Pressure Injury Advisory Panel, and Renee Paulin, a nurse planner with the college’s continuing nursing education office. The podcasts, which will feature two or three guests, are about 15 minutes long. Upcoming topics include self-care and wellness, advice from a sexual assault nurse examiner, wellness using primordial prevention, and emergency department nursing. If you have a topic suggestion or would like to be featured, contact Courtney Smith or Dr. Keeler, or call 402-559-6565.



**STARS among us!**

**BEGINNING A NEW CHAPTER—RETIREMENT—BEST WISHES**



**Carol Pullen, EdD, RN**  
Retirement Celebration—January 24, 2020



**Dana Samson, MSN, RN**  
Retirement Celebration—January 8, 2020



**NEW EMPLOYEES**



**Sarah Bentley**  
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**Welcome to the UNMC College of Nursing team!**



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## CONTINUING NURSING EDUCATION PROVIDED BY UNMC CON CNE

UNMC CON CNE is looking forward to a great year with you!

### **BHECN Project ECHO: Substance Use Disorder Webinars**

1<sup>st</sup> and 3<sup>rd</sup> Thursday of each month from noon to 1:15 pm (CT)  
<https://www.unmc.edu/bhecn/education/project-echo.html>



### **New BHECN Webinar Series: Core Topics for Behavioral Providers**

Every Monday at noon in February and March 2020 ... *Registration coming soon!*

### **Lymphoma Study Group Dinner/Hematology Highlights: A Post ASH Review**

February 7-8, 2020 ... Omaha Downtown Hilton  
<https://www.unmc.edu/cce/catalog/clinicmed/lsg-ash/index.html>

### **Heal the Healer Workshop**

March 13, 2020 ... Carol Joy Holling Retreat, Ashland, NE ... *Registration coming soon!*

### **Evidence-Based Interventions for Substance Use Disorders**

March 18, 2020 ... Thompson Alumni Center, UNO ... *Registration coming soon!*

### **Nebraska Health Care Association: 2020 NHPCA Annual Conference**

March 17-18, 2020 ... Lincoln, NE ... *Registration coming soon!*

### **ECLS Team Symposium: Advancing ECLS in our Region and Beyond**

March 27-28, 2020 ... Truhlsen Event Center, Omaha, NE  
<https://www.unmc.edu/cce/catalog/clinicmed/ecls2020/index.html>

### **Nebraska Perinatal Quality Improvement Collaborative: 2020 Spring Summit**

April 1, 2020 ... Holthus Convention Center, York, NE ... *Registration coming soon!*

### **2020 Omaha Regional Hospice & Palliative Symposium: Growing Palliative Care**

April 7, 2020 ... Scott Conference Center, Omaha, NE ... *Registration coming soon!*

### **2nd Annual Pursuit to Excellence: Wound, Ostomy, and Continence Management**

April 17, 2020 ... Scott Conference Center, Omaha, NE ... *Registration coming soon!*

### **2020 Midwest Radiation Oncology Symposium**

April 18-19, 2020 ... Fred & Pamela Buffet Cancer Center, Omaha, NE ... *Registration coming soon!*

### **4th Annual Leukemia Symposium: State-of-the-art Management of Acute Leukemia and Myeloproliferative Disorders**

May 22, 2020 ... Scott Conference Center, Omaha, NE ... *Registration coming soon!*

***For additional information on upcoming live programs, webinars or online modules, please visit:***

[www.unmc.edu/cne](http://www.unmc.edu/cne)

***Follow us on social media!***

<https://www.facebook.com/unmc.cne>

[https://twitter.com/UNMC\\_CNE](https://twitter.com/UNMC_CNE)

“The University of Nebraska Medical Center College of Nursing Continuing Nursing Education is accredited with distinction as a provider of continuing nursing education by the American Nurses Credentialing Center’s Commission on Accreditation.”

# FIVE CAMPUSES SHARING ONE MISSION!

## KEARNEY DIVISION

In November, Dean Sebastian hosted the Kearney Division annual Community Advisory Board luncheon and meeting with many community leaders and partners in attendance. The meeting provided a time of networking among those in attendance and valuable input to promote nursing education and promote the health of Nebraskans.

The Kearney division celebrated the graduation of nine accelerated baccalaureate nursing students who completed their program of study. Excitement about their graduation and anticipation of next steps in their professional journey was palpable! The traditional BSN students in NRSG 413 Population Centered Care completed their Population as Client (PAC) quality improvement projects and presented their results to faculty and community partners. Students spent the semester planning, implementing and evaluating their intervention(s) for their identified population in conjunction with community partners to improve health outcomes and promote health. Faculty Michelle Ellermeier and Graduate Assistants Holly Christensen and Melissa Langenberg supervised inaugural clinical experiences for traditional baccalaureate students in NRSG 314 Patient Centered Care Clinical I at the Central Nebraska Veterans Home since their move to Kearney. The College is eager to continue our collaboration to provide valued student clinical experiences.



The months of November and December were filled with faculty candidate interviews. The Kearney division bid farewell to our Academic Success Coach Angie McDermott and faculty Stacy Werner in December. Both joined the private sector to promote health of Nebraskans. We wish them great success! We are excited to welcome Rachel Zeiger as a new faculty member beginning Spring 2020! Rachel is a graduate of UNMC Kearney Division in 2009 and has nine years teaching experience with Central Community College in Grand Island.

We are proud to report Faculty member Jill Reed had two articles published—one is published in the *Journal of Physical Activity and Health*<sup>1</sup> and the other can be found online now and in print in *Evaluation and Program Planning* in 2020.<sup>2</sup> Finally, Dr. Cathrin Carithers and Dr. Liane Connelly received an Inclusive Excellence Development Grant of \$3,000 from the Office of Diversity and Inclusion. Work on their grant entitled Building Capacity Toward a Culture of Inclusive Excellence will begin January 2020.



It was exciting to cheer on our student volleyball player, MK Wolfe, as UNK's Volleyball team went on to win 2<sup>nd</sup> place in the ANCAA Division II national championships in December.

Faculty, staff and students of the Kearney division completed the fall semester with anticipation of the holiday season. Their efforts involved putting up decorations together to ready the Health Science Education Complex for Christmas. Faculty and staff participated in a

Secret Santa week and in the local Christmas Walk activities downtown in Kearney. The CON and College of Allied Health faculty and staff enjoyed a holiday potluck and festive Christmas wear was the order of the day. As we broke for a time of rest and rejuvenation over the holidays, Kearney division faculty, staff and students are enthusiastically looking forward to opportunities in 2020!



<sup>1</sup>Reed, J. R., Dinkel, D., Bice, M.R., Estabrooks, P., Pozehl, B., & Heelan, K. (2019). Perceptions of participants and staff of implementing a physical activity program in rural primary care. *Evaluation and Program Planning*, <https://doi.org/10.1016/j.evalprogplan.2019.101772>.

<sup>2</sup>Reed, J.R., Estabrooks, P., Pozehl, B., Heelan, K., & Wichman, C. (2019). Effectiveness of the 5A's Model for Changing Physical Activity Behaviors in Rural Adults Recruited From Primary Care Clinics. *Journal of Physical Activity and Health*, 16(12), 1138-1146. <https://doi.org/10.1123/jpah.2018-0477>.

## LINCOLN DIVISION

### LINCOLN FNP STUDENTS BECOME FIRST TIME PARENTS



Reba and Hadley Cooksley,  
Arthur and Leo



Jennifer and Ethan Heusinkvelt,  
Adalyn and Emma



Audrey Pika and Family

Fall 2019 was quite the semester for 3 FNP program students—5 babies born between them. FNP students Reba Cooksley, Jen Heusinkvelt and Audrey Pika started the semester knowing they were going to be first time parents before the semester's end. This is the first time the Lincoln FNP program has EVER had three NP students—all first time parents—deliver in the same semester. We are also excited to announce that all three students completed their course work last semester and will still be graduating THIS May!

The saga began with Jen Heusinkvelt delivering twin girls August 27th — Adalyn Marie weighing in at 4 lbs. 8 oz. and Emma Mae weighing in at 5 lbs. 1 oz. Next...Reba Cooksley delivered twin boys September 19th — Leo Jules weighing in at 6 lbs. 15 oz. and Arthur Henry weighing in at 7 lbs. 10 oz. And then in October... Audrey Pika's wife delivered a healthy baby boy.

Congratulations to Reba, Jennifer, and Audrey on the birth of their beautiful babies, and their families that continue to support them as they finish their FNP journey!

### STUDENT NURSES ASSOCIATION (SNA)

The SNA in Lincoln met for some relaxation before Thanksgiving Break. They had a taco bar and desserts, pumpkin painting, and coloring. This was a fun way to relax, socialize, and de-stress!



### STAFF CHARITY DRIVE

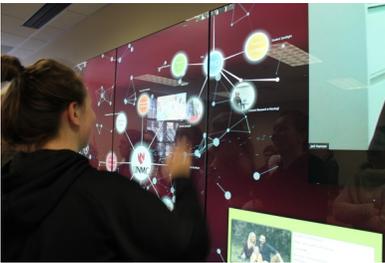
The Lincoln Division staff sponsored a charity drive to support the Husker Pantry. Food and shelter insecurities are an unfortunate reality for students at the Nebraska-Lincoln campus and nationwide. Nearly 1 in 3 students on our campus worries about not having enough food until they get money to buy more. By simply presenting their NCard, students can receive food and hygiene items for free. The staff collected 164 items and \$70 cash for the Husker Pantry.



## NORTHERN DIVISION

### PhD RECRUITMENT AND GRADUATE SCHOOL INFORMATION EVENT

A PhD recruitment and graduate school informational session was held December 2nd and 3rd for 1st and 3rd semester undergraduate students on the Norfolk campus. This was an interactive event using zoom technology and the schools iWall. This provided an interactive opportunity for students to learn about the PhD, DNP, and the MSN – nurse executive programs. Students could explore programs of study, current faculty, and current student descriptions of their area of research on the iWall. Furthermore, this provided an opportunity for students to ask questions regarding things they heard during the presentation as well as what questions they may have discovered while exploring on the iWall.



Director Dr. Carol Pullen, Morgan Staver, and Jed Hansen discussed PhD program opportunities, classes and research focuses; DNP Program Director Dr. Sue Barnason and alumni student Jody Herley discussed the DNP program and opportunities; and Dr. Liane Connelly spoke about the benefits of the MSN nurse executive program. Diana Rizzo and Rolee Kelly supported the development and execution of the event; and Dr. Christine Eisenhauer hosted the event with support provided by PhD graduate student Jessica Miller.



### COMMUNITY SERVICE—ORPHAN GRAIN TRAIN

On November 12th, 30 students, 2 faculty and 1 staff member from the College of Nursing Northern Division completed community service at the Orphan Grain Train in Norfolk. The community service hours were completed as part of a clinical rotation and the hours of service were donated to the first patient of the M25 program in Norfolk. The M25 program gives patients in need of surgery the option to pay for their medical care with community service hours instead of money. The program was started by Dr.



Demetrio J. Aguila III, a surgeon from Healing Hands of Nebraska. On

the day of their community service, Dr. Aguila spoke to the students about the M25 program and his approach to health care. The patient who is benefiting from the community service hours also shared his story with the students which made it a meaningful experience for them.



## OMAHA DIVISION

### MILITARY SPIRIT DAY 2019

**MARINES**  
**ARMY**

1<sup>st</sup> Annual Military Spirit Day  
Tuesday, December 10, 2019  
Join in the festivities from 11:30-1:30 in the CNS Atrium

**COAST GUARD**  
**AIR FORCE**

Show your support for your favorite BRANCH OF THE MILITARY by wearing the branch colors or Black for Army – Blue for Navy

**N**  
**NAVY**



Annette Kasselmann (seen in the two pictures on the right with students) organized a Military Spirit Day on the Monday before the Army vs. Navy football game to honor Omaha Division faculty, staff and students who previously or currently serve in the military.

### HOLIDAY EVENTS



Dean Juliann Sebastian invites you to join her at the  
**CON Holiday Breakfast - Omaha**  
Wednesday, December 11, 2019  
8:00 - 10:00 am  
CON Commons



Join us for a **Gift Exchange / Snack Potluck**  
Thursday, December 12, 2019  
CNS Atrium (3<sup>rd</sup> Floor)  
2:00 - 3:30 pm

**Gift Game:**  
Bring a wrapped gift (price range of \$10 - \$15) (something that you might want to get yourself). Do not put your name on the gift. We will draw numbers to see who goes first; that person will open a gift. The next person will either open a new gift or steal a gift and so forth.

**Snack Potluck:**  
Bring a treat that you would like to share, either something sweet or something salty for an afternoon snack. You are also welcome to contribute plates, napkins or silverware – Just let me know what you plan to bring. Bring your own drink.

### FOSTERING THE FUTURE BLANKET DRIVE



## WEST NEBRASKA DIVISION

### DR. STEVEN WENGEL VISITS THE SCOTTSBLUFF CAMPUS

On November 5, 2019, Dr. Steven Wengel visited the Scottsbluff Campus. He met with students and presented on Stress Reduction and Resiliency. The students had wonderful questions and gave input on ways in which the Scottsbluff campus could incorporate more wellness activities on and off campus to help reduce stress. Some of the suggestions voiced were:

1. Faculty activities for students monthly
2. Having meditation prior to exams
3. Creating a wellness room
4. Having a wellness advocate to initiate wellness activities for students
5. Providing a water machine for students

The Scottsbluff campus will be taking the initiative in the upcoming months to try and provide the students with more wellness opportunities going forward.

### REGIONAL WEST FOUNDATION AWARDS \$85,000 IN NURSING AND HEALTH EDUCATION SCHOLARSHIPS-2019/2020 TERM (Regional West Foundation press release)

SCOTTSBLUFF, Neb., — The board of directors of Regional West Foundation is pleased to announce that \$85,000 in scholarships has been awarded by the Foundation to 41 students who are enrolled at the University of Nebraska Medical Center (UNMC) College of Nursing West Nebraska Division, Western Nebraska Community College, and the Regional West School of Radiologic Technology.

“The college continues to be impressed with the dedication Regional West has to the nursing students that attend the UNMC College of Nursing West Nebraska Division. Regional West Foundation has had a longstanding tradition of supporting nursing education and that has paved the way for many students to become nurses. We are proud to live in a region that is so supportive of nursing,” said Kelly Betts, EdD, APRN, CNE, UNMC College of Nursing Assistant Dean of College of Nursing-Scottsbluff Division.

Regional West Foundation 2019-2020 scholarship recipients include, from left to right: Marisa Servido, Leah Newman, Hannah Harwager, Rebecca Goldrick, Trevor Benavides, Yarrow Corymb, Kennedy Cyza, and Shayleen Behm.



### NEW EMPLOYEES ON THE WND CAMPUS!



My name is Amber Fulk. I am honored and excited to be working at UNMC in my new role as Accelerated BSN Program Facilitator. I live in Gering, Nebraska with my husband, two daughters (ages 5 and 1), and two dogs. I completed my BSN in 2007 at UNMC at the Scottsbluff Campus. After obtaining my degree, I worked in pediatrics, med-surg, intensive care, dialysis, and acute rehab before transitioning into a role in the Education Department at Regional West Health Services. In this role I focused my time on developing the nurse residency program, teaching and facilitating preceptor development, creating competency documents required for new bedside staff, ensuring that compliance requirements related to onboarding for accrediting agencies were updated and complete, and I fulfilled the role of Primary Nurse Planner for continued nursing education through the Mid-West Multi State Division. I am also a lifestyle coach for the National Diabetes Prevention Program and continue to teach community members in a one-year program about making lifestyle choices to prevent type II diabetes. I completed a Master of Science in Nursing (MSN) - Nursing Education program through Walden University in 2019 and shortly after became board certified in nursing professional development.

My name is Kelly Stratman, and I am beyond excited to join the College of Nursing team for the West Nebraska Division as the Academic Success Coach! I was born and raised in Western Nebraska where I reside with my husband of 21 years and my two boys. My educational background consists of a Bachelor of Science degree in Behavioral Science from Bellevue University, as well as a Master's degree in Psychology, with a specialization in Educational Psychology from Capella University. I have always had a passion for empowering and helping others find their potential. I look forward to helping the nursing students succeed with their academic endeavors!



## WEST NEBRASKA DIVISION (continued)

### SNA REMINDER FROM ASSISTANT PROFESSOR, DR. TRINA AGUIRRE

Vendors, Food, Fun and opportunity at the 2020 Nebraska State Student Association convention on February 8, 2020, in the Omaha, Sorrell Center.

Checklist:

- ◆ Faculty, please let students know to be registered for the convention in time to attend. (NSSNA.org) <https://form.jotform.com/83300915273149> in time to attend
- ◆ Be sure that you have nominated a Nebraska state student nurse of the year candidate from your campus.
- ◆ Please apply for awards.
- ◆ SNA faculty advisors please plan to attend.

### SIMULATION ACTIVITY - NURSING INSTRUCTOR, MELISSA SNYDER

On October 29<sup>th</sup> WND students, many in costumes, were treated to a two-part simulation scenario Halloween party learning activity.

**Scenario 1:** The first-year students were given scripts of different mental health issues they were to exhibit at the party. Each student eventually made their way to the ER. The second-year students, working their shifts (as RNs or CNAs) in the ER, were given a list of the mental health issues they were currently learning about and were to identify the issues presented to them within the first-year class.

**Scenario 2:** First-year students were paired up. One student played the role of a patient demonstrating stroke like symptoms and was taken to the ER. The other student interviewed and assessed the patient.

Following simulation, students returned to their decorated classroom containing a fog machine and strobe lights. They enjoyed a potluck, root beer, and music. It was a great simulation and we are excited to repeat it again next year!



### BUSINESS AND INDUSTRY TOUR

Last November 60 panhandle area high school students with an interest in health careers attended the 2019 Bit tour at the WND CON campus. Second year students guided groups through interactive health related stations including Triage, Surgery Tech, EMS, Injections & IV, Sim Truck tour and demonstrations, and the iWall.

### STUDENT HEALTH FAIR 2019 – ON THE ROAD AGAIN!

The health populations students left the campus to take their informational health fair to three area facilities last fall. Two groups visited the freshman career academy at the Gering High School. They presented information on the hazards of alcohol and marijuana.



Another group shared fall prevention information to residents at Northfield Retirement community in Scottsbluff.

The remaining groups hosted informational booths and interactive activities to students, faculty and staff at Western Nebraska Community College. Topics included alcohol abuse, distracted driving, and nutrition.



Distracted walking obstacle course



These WNCC students are pleased with their body composition report.



WNCC student reads facts card at the alcohol abuse informational booth.



A WNCC Student stands on the bioimpedance scale.



## **WEST NEBRASKA DIVISION (continued)**

WND students and Northfield Retirement community residents spent several hours together making Christmas ornaments during the students' November visit to the community.



## **WND CHRISTMAS PARTY**

Faculty and staff celebrated the holiday with dinner and a gift exchange at the Steel Grill restaurant.



## **RETIREMENT LUNCH WITH DANA SAMSON! BEST WISHES DANA!**



The next CON newsletter will be sent out mid March. Please send any newsletter articles to me between now and February 29th to be included in the next newsletter.