



College of Nursing Newsletter

March 2020

Kris Claussen, Editor



From the Desk of...

DEAN JULIE SEBASTIAN

Preparedness and Empathy

The world is focused on COVID-19 and how to best contain and mitigate the spread of this virus. As nurses, preparedness is part of empathy — our commitment to do our best to care for others and ourselves while we take time to see the world through others’ perspectives. At this time of concern and social distancing in various parts of the world and the U.S., it is vital that we avoid any perception of stigma and know that this is truly a situation that “takes a village”. Virginia Henderson’s classic definition of nursing makes me think of preparedness. She said,

“Nursing is helping people, sick or well in the performance of those activities contributing to health or its recovery, or to a peaceful death, that they would perform unaided if they had the necessary strength, will, or knowledge.”ⁱ

Isn’t preparedness all about taking steps with, and on behalf of a population to ensure the population’s safety until the epidemic or pandemic ends? Florence Nightingale’s service during the Crimean War illustrated how nurses step up in times of crisis or disasterⁱⁱ. Nursing’s long history of caring for people and preparedness for the unexpected gives us a foundation upon which to build during this current challenge.

We may have to do some things differently in the near future as the world deals with this virus. I am confident, though, that we will let quality and caring be our guide and that we may even develop some important innovations in the process. UNMC and Nebraska Medicine are internationally known for expertise in biopreparedness, commitment to caring, and professionalism. We will maintain these standards as together we put our COVID-19 preparedness plans in place. Each of you is a vital part of our College team, and I encourage you and thank you for your empathy and caring for others. We will be even more prepared to address emerging infections and other challenges because of our learning together in this situation.

Juliann G. Sebastian, PhD, RN, FAAN
Dean and Professor

ⁱHalloran, E.J. (1966). Virginia Henderson and her timeless writings. *Journal of Advanced Nursing*, 23, 17-24. P. 24.

ⁱⁱGebbie, K.M. & Qureshi, K.A. (2006). A historical challenge: Nurses and emergencies. *OJIN*, 11, 3. Doi10.3912/OJIN.Vo11No03Man01.



**GRADUATE NURSING EDUCATION
AND NURSING RESEARCH CENTER
CELEBRATES 50TH ANNIVERSARIES!**

STARS among us!



CONGRATULATIONS to **Elizabeth Beam**, PhD, RN for receiving the 2020 William Rutala Scholarship from the Society for Healthcare Epidemiology of America. This award is intended to help support infection control professionals' scholarly activities in hospital epidemiology. As a recipient of this award, The Society for Healthcare Epidemiology of America will provide remuneration for her participation in the Decennial 2020 Conference, to be held March 26-30, 2020 in Atlanta, GA.



CONGRATULATIONS to **Claudia Chaperon**, PhD, APRN, GNP-BC—Dr. Chaperon received an Interprofessional Education Scholar Award at the UNMC Impact in Education Awards Ceremony held on February 20, 2020. Dr. Chaperon has practiced as a gerontological nurse practitioner and educator for 23 years. Her passion and vocation has been to build the future interprofessional workforce to assure gero-competent interdisciplinary team members to meet the growing needs of the medically complex older adults in Nebraska.



CONGRATULATIONS to **Kristin Dickinson**, PhD, RN, OCN for receiving the MNRS Symptom Science Research Interest Group (RIG) 2020 New Investigator Award.



CONGRATULATIONS to **Nicholas Guenzel**, PhD, RN, APRN-NP for receiving the *Native Center for Alcohol Research and Education (NCARE) Pilot Grant*. This is a grant centered at Washington State University and supported by NIH. The title of his grant is "*Feasibility and Impact of Distance American Indian Peer Coaches*". Only two of these pilot grants are given per year so it was a very competitive award. Please see the youtube video about the nature of this grant and work being conducted for NCARE at Washington State University.

<https://youtu.be/uaBqkS384uo>



CONGRATULATIONS to **Alyson Hanish**, PhD, MSN, RN for receiving the MNRS Adolescent Health Research Interest Group (RIG) 2020 New Investigator Award.

Dr. Hanish's federally funded K01 Clinical Trial: "A SMART Design to Improve Sleep Disturbance in *Adolescents with Neurodevelopment Disorders*" (IRB#: 775-18-FB) is seeking subjects for the study. To learn more about her study, go to: <https://www.unmc.edu/news.cfm?match=24701>.



CONGRATULATIONS to **Breanna Hetland**, PhD, RN, CCRN-K for receiving the Pediatric Cancer Research Group Grant (PCRG). Her grant entitled, "*Animal assisted interactions with an animal robot during physical and occupational therapy sessions in the Pediatric ICU: A feasibility study*" for \$32,622.50 will be conducted from January 2020 until October 2021. This is a continuation of her successful first year PCRG grant which was highlighted on the Omaha Local News: <https://www.3newsnow.com/news/local-news/therapy-seal-helps-icu-patients-at-nebraska-medicineb>.



CONGRATULATIONS to **Amy Hoffman**, PhD, RN who was awarded the Distinguished Scientist for Research on Managing Fatigue Using Virtual Reality for Post-Operative Lung Cancer Patients at the 2019 Laureate, Research Leadership, Distinguished Scientist and New Investigator Award ceremony on 03/03/2020.

CONGRATULATIONS also to Dr. Hoffman who will serve as Secretary of the Midwest Nursing Research Society (MNRS) in 2020! This will be her second year as Secretary. Several faculty who focus on research plan to attend the MNRS Annual Conference April 1-4 in Schaumburg, IL.

GRANT AWARDS



Cathrin Carithers, PhD and Liane Connelly, PhD—Innovation Award University of Nebraska Grant titled *Building Capacity Toward a Culture of Inclusive Excellence*.

Bunny Pozehl, PhD—CENTRIC titled *Use of Peer Coach Support to Promote Adherence to Exercise in Patients with Heart Failure*.



Sue Schuelke, PhD and Michelle Ellermeier, MSN—Central States Center for Agricultural Safety and Health—NIOSH Agriculture, Forestry and Fishing Program—pilot project *Agricultural Safety and Health Curriculum: Preparing the next generation of rural nurses*.

CENTRIC NEWS

CENTRIC Pilot Grant funding available—CENTRIC seeks to support innovative, significant pilot projects related to strengthening patient, family, and community engagement in self-management of chronic conditions. Research in any area will be considered with priority given to projects that will lead to future funding. This will fund a project up to **\$50,000** for one year. Interested applicants are encouraged to communicate with one of the CENTRIC Scientific Advancement Committee chairs or the Nursing Core Committee to discuss the project idea. Letters of Intent are due **April 15, 2020** and full application will be due June 4, 2020. Additional Application details can be found at: [CENTRIC Pilot Grant funding](#).

CENTRIC JITA funding—CENTRIC accepts applications on an open basis for JITA funding. This funding has been designed to support feasibility work predominantly for faculty and post-docs in the College of Nursing who have little or no funding resources for their research. Applicants may request \$100 up to \$20,000 to use in six months (only necessary funding will be approved). Additional dollars may be requested and considered on a case-by-case basis. Applications are reviewed at CENTRIC Core monthly meetings falling on the last Monday of each month. Applicants are invited to briefly present and answer questions about their request to the committee. For more information about JITA funding, go to: https://www.unmc.edu/centric/scientific-advancement/available_funds.html.



CENTRIC welcomed Dr. Shirley Moore of Case Western University—Shirley Moore, PhD, RN, FAAN came to UNMC as a visiting scholar in December 2019. Her visit was sponsored by CENTRIC to meet with different faculty about their programs of research. We were lucky to have Dr. Moore complete a mock review for the participants of our Mentored Pilot Grant Program, meet with emerging faculty on building a program of research and planning the first six years of an academic research career, consult with CENTRIC committee chairs, and discuss sustainability of CENTRIC in the College of Nursing. Dr. Moore also gave a very insightful presentation on *The Art of Science and Critique and How Your Research Program*

Can Survive the Funding Era: Tips to Succeed. A recording of her presentation can be found at: <https://www.unmc.edu/centric/professional-development/archive-events/index.html>.



CENTRIC Mentored Pilot Grant Program—Jennifer Miller, PhD, APRN-NP of the Lincoln Division and Sydney Buckland, PhD, APRN, FNP-C of the Omaha Division were both accepted into the CENTRIC Mentored Pilot Grant Program. Applicants and their team will be mentored through the grant development process that results in submission of a feasibility/pilot study proposal for up to \$50,000. Our goal is to mentor early career investigators in the development of interdisciplinary, self-management proposals for patients with chronic conditions or multiple chronic conditions to have a high likelihood of being funded, scaled up, and sustained in clinical or community



contexts. Drs. Miller and Buckland along with their teams of mentors have been working since October to develop their proposals and prepare them for funding. They are the first investigators to enter this new program developed by CENTRIC.

MNRS STUDENT POSTERS

The following UNMC College of Nursing Students were selected to present their posters at the 44th Annual Conference of the Midwest Nursing Research Society (MNRS):

PhD Students

- ☆ **Shanon Dunovan**—Illuminating Ethnic Minority Women’s Breast Cancer-Associated Cognitive Dysfunction Symptom Experience: An Integrative Review
- ☆ **Delia Sass**—The Role of Extracellular Vesicles in Cancer-Related Fatigue
- ☆ **Morgan Staver**—Maternal Distress During Neonatal Intensive Care Unit Hospitalization: An Integrative Review

DNP Students

- ☆ **Julia Chase**—Primary Prevention of Incivility and Bullying: Using an Educational Program for Newly Licensed Registered Nurses
- ☆ **Julie Mayberger**—Implementation and Effectiveness of a Nurse-led Obstetric Triage Protocol using the Maternal Fetal Triage Index
- ☆ **Rhonna McIntyre**—Empowering Individuals with Chronic Obstructive Pulmonary Disease To Improve Self-Management and Quality of Life: The BREATHE Study

BSN Students

- ☆ **Mallory Woods**—Comparing Cognitive Function Pre-Left Ventricular Assist Device Implantation: A Rural-Urban Comparison
- ☆ **Makenzie Smith**—Exploration of endogenous melatonin and puberty in children with neurodevelopmental disabilities
- ☆ **James Witter III**—A Sociodemographic Exploration of Cancer Related Fatigue in Adult Cancer Patients

GRANT SUBMISSIONS

Windy Alonso, PhD—NIH COBRE Project Lead grant with the Department of Cellular and Integrative Physiology titled *Using Symptomology, Inflammatory Profiles, Cardiovascular Phenotypes, and Quality of Life to Expand the Definition of Heart Failure with Preserved Ejection Fraction*

Beth Beam, PhD—Collaboration Initiative - University of Nebraska Grant titled *Nebraska Prototype Pipeline for Interprofessional Development of Virtual and Augmented Reality Education and Research Projects*

Maggie Emerson, DNP—Collaboration Initiative - University of Nebraska Grant titled *UNMC Collaborative Grant*

Breanna Hetland, PhD—MNRS Grant titled *Utilizing Proteomics to Identify Biomarkers of Psychological Distress during Critical Illness*

Terri Mathews, DNP—HRSA Grant titled *Increasing Access to Integrated Behavioral and Primary Care Services through APRN-Led Teams*

Tiffany Moore, PhD—Great Plains IDeA CTR Grant titled *Novel breast milk associated with extracellular vesicle miRNA signatures in African American and Hispanic women with opioid use disorder*; in addition, a University Collaboration Initiative Grant titled *Maternal Microbiome Collaborative*, and a Betty Irene Moore Fellowship for Nurse Leaders and Innovators through University of California-Davis

Bunny Pozehl, PhD—NIH R01 titled *Testing Coach and Peer Support to Promote Adherence to Exercise in Heart Failure: A Randomized Controlled Trial*

Paula Schulz, PhD—NIH R01 titled *Testing Coach and Peer Support to Promote Adherence to Exercise in Heart Failure: A Randomized Controlled Trial*

Marcia Shade, PhD—NIH R21 Grant titled *PAIN Voice Assistant Program for Self-Management*

CON FACULTY CLINICAL PRACTICE

Each of the five UNMC CON campuses has faculty who have clinical practice as part of their academic appointment. According to the UNMC CON Morehead Center for Clinical Practice, this group of road warriors is now **27 total** and still growing! Check out who's who among this group and where they practice.



- Stephanie Burge** DNP, APRN-BC, Kearney—Heartland Health Center
- Douglass Haas** MSN, APRN-NP, FNP-BC, AGACNP-BC, CCRN-CMC, Kearney—Lexington Regional Health Center
- Heather Kaestner** MSN, APRN-NP, FNP-C, Kearney—Heartland Health Center
- Nicholas Guenzel** PhD, RN, APRN, NP, Lincoln—Alivation Health
- LeAnn Holmes** DNP, APRN-NP, FAANP, Lincoln—Nebraska Wesleyan Student Health and Lincoln Lancaster County Health Department
- Sheri Rowland** PhD, MSN, APRN-BC, FNP, Lincoln—Nebraska Medicine UNO & UNL
- Dawn Tassemeyer** MSN, APRN, FNP-C, Lincoln—Nebraska Wesleyan Student Health and Lincoln Lancaster County Health Department
- Shirley Wiggins** PhD, RN, Lincoln—Children's Hospital & Medical Center
- Leeza Struwe** PhD, MSN, RN, NNRC—VA and Children's Hospital & Medical Center
- Kassidy Horst** MSN, RN, APRN-NP, Norfolk—Midtown Clinic
- Sydney Buckland** PhD, APRN, FNP-C, Omaha—Nebraska Medicine Oakview Clinic
- Mark Darby** MSN, RN, APRN, FNP-C, Omaha—Charles Drew Health Center and North Omaha Area Health Clinic
- Lyndsay Dean** MSN, APRN-NP, Omaha—Nebraska Medicine UNO
- Margaret Emerson** DNP, APRN, PMHNP-BC, Omaha—CHI Health Lasting Hope Recovery Center
- Kathryn Fandt** PhD, APRN-NP, FAANP, FAAN, Omaha—Charles Drew Health Center
- Amy Ford** DNP, APRN-NP-WHNP-BC, Omaha—All Care Health Center
- Amber Golden** DNP, AGPCNP, Omaha—Douglas County Health Department
- Kelly Gonzales** PhD, APRN-NP, FNP-C, Omaha—Nebraska Medicine UNO
- Breanna Hetland** PhD, RN, CCRN-K, Omaha—Nebraska Medicine ICU
- Katherine Hoffman** MSN, APRN-NP, Omaha—Girls, Inc.
- Annette Kasselmann** MSN, RN, Omaha—Salem Village
- Courtney Loecker** MSN, APRN-NP, Omaha—Madonna Rehabilitation Hospital
- Peggy Pelish** PhD, APRN-NP, Omaha—Children's Hospital & Medical Center
- Bunny Pozehl** PhD, APRN-NP, FHSFA, FAHA, FAAN, Omaha—Nebraska Medicine Cardiology
- Trina Aguirre** PhD, RN, Scottsbluff—Community Action Partnership of Western Nebraska
- Kelly Betts** EdD, RN, APRN, CPNP-BC, CNE, Scottsbluff—Community Action Partnership of Western Nebraska
- Nancy Meier** DNP, RN, MS, APRN-BC, Scottsbluff—Regional West Medical Center

SOCIAL MEDIA

If you are a social media user, remember to like and follow the College of Nursing on Facebook and Twitter. Social media outlets can be a great opportunity to network, collaborate and get recognized for the work you do. Share what you are doing at work with the Webmaster, John Barrier, and he can help you get your information out there. Share the post to your personal social media account and it can spread like wildfire.

“I got a call from the CEO of Sigma Theta Tau international yesterday after she was tagged in a Twitter thread that I was also tagged in. I'm now going to be doing a podcast on how to negotiate for a faculty position with STTI.” — Breanna Hetland, PhD, RN, CCRN-K

“I started a twitter account about 6 months ago, and I have been amazed by the amount of networking it has provided. After a colleague shared a tweet referencing my clinical trial, I have had both a student and faculty member reach out to me regarding overlapping research interests. The visibility of the clinical trial on Twitter was directly responsible for this interaction, and now collaboration. My twitter account also references my current K01 Mentored Research Scientific Career Development Award funded by NIH. I have had several people contact me directly regarding feedback on submitting a K-award, as well as advantages/disadvantages of actually receiving one. From posting about pediatric research, I have a prominent pediatric nurse scientist message me about collaborating to host a conference to increase enthusiasm in pediatric research, largely based on the current shortage of pediatric nurse scientists.” — Alyson Hanish, PhD, MSN, RN





Envision the Future of Nursing Research: 2020 and Beyond

NRSG Research Symposium

Co-Sponsored by UNMC College of Nursing and Sigma Theta Tau Gamma Pi Chapter at Large

April 27, 2020 | 8:00 am – 2:00 pm (Central Time)
UNMC – Center for Nursing Science (CNS) | Room 3030

Omaha: Podium sessions: CNS 3030; Posters: CNS 50121
Kearney: Keynote/ AM Podium session—HSEC 212; PM Podium session—HSEC 106; Posters—HSEC 214 (iWall)
Lincoln: Keynote/Podium sessions—HCCN 336; Posters—HCCN 332
Norfolk: Keynote/Podium sessions—Rm 139; Posters—146 (iWall)
Scottsbluff: Keynote/Podium sessions—B132; Posters—A103 (iWall)

Keynote: *The Span of Research and Inquiry*



Kristin Dickinson
PhD, RN, ONC



Tiffany Moore
PhD, RN



Bunny Pozehl, PhD,
APRN-NP, FHFA, FAHA, FAAN

This symposium is intended for nurses, graduate and undergraduate nursing students, and other interested healthcare professionals.

Global Objectives:

- 1) Articulate the range and diversity of nursing research and scholarship that informs practice and policy.
- 2) Discuss how innovative strategies in nursing research and evidence-based practice address diverse and vulnerable populations.

You must pre-register at: www.unmc.edu/cne/education/RNresearch

Registration will close on April 19, 2020

Registration Fee (includes CE, lunch and refreshments): \$30
\$25 Graduate students; \$0 Undergraduate students



The University of Nebraska Medical Center College of Nursing Continuing Nursing Education is accredited with distinction as a provider of nursing continuing professional development by the American Nurses Credentialing Center's Commission on Accreditation. This activity is provided for **3.5 contact hours** under ANCC criteria. Course ID: 20CE056

SUBMIT YOUR ABSTRACT ONLINE NO LATER THAN APRIL 6, 2020 at

<https://forms.office.com/Pages/ResponsePage.aspx?id=QImihGS0wOG6O7T6ZmW8BdRrA1eRjJJFICouldBtTR1UMk9aQjhSVVRaUIJKR1dBMEpJTFpGTjQyUC4u>

[id=QImihGS0wOG6O7T6ZmW8BdRrA1eRjJJFICouldBtTR1UMk9aQjhSVVRaUIJKR1dBMEpJTFpGTjQyUC4u](https://forms.office.com/Pages/ResponsePage.aspx?id=QImihGS0wOG6O7T6ZmW8BdRrA1eRjJJFICouldBtTR1UMk9aQjhSVVRaUIJKR1dBMEpJTFpGTjQyUC4u)

Applicants will be notified before or no later than **Friday, April 10, 2020.**

UNMC's College of Nursing Partners with NE affiliate of the WOCN Society for 2nd Annual Conference

UNMC College of Nursing Continuing Nursing Education (CON CNE) is excited to provide the 2nd Annual Nebraska Affiliate of the WOCN Society Conference, **Pursuit to Excellence: Wound, Ostomy, and Continence Management** conference, in partnership with the Nebraska affiliate of the Wound Ostomy Continence Nursing (WOCN) Society. This program on Friday, April 17th at the Scott Conference Center in Omaha is intended for nurses and other healthcare professionals involved in wound, ostomy, and continence care.

As the aging population continues to rise so will comorbidities resulting in wound, ostomy, and continence care (WOC) issues. Healthcare professionals need to understand the various approaches to these specialty areas to further improve the health of patients with already debilitating diseases or illnesses. The event will provide nurses across the state and beyond who specialize in the care of WOC needs related issues with targeted training from experts in the field, including some of our very own from UNMC and Nebraska Medicine. The topics have been chosen based on feedback from attendees of the 2019 inaugural conference. One of the hot topics includes an emphasis on the NEW Clinical Practice Guideline from the NPIAP President, Dr. Janet Cuddigan!



For more information and to register click here: www.unmc.edu/cne/education/wound2020

For those interested in additional wound care training, UNMC CON CNE hosts the [Wound Treatment Associate \(WTA\) Program](#)”

NURSING DOCTORAL STUDENT ORGANIZATION (NDSO)

The Nursing Doctoral Student Organization (NDSO) officially launched on February 10, 2020. The NDSO was created by students in the College of Nursing who were seeking to foster collaboration between the Doctor of Philosophy (PhD) program and the Doctorate of Nursing Practice (DNP) program. The NDSO's mission is to provide opportunities for leadership, scholarship, and mentoring. The NDSO will host our first professional development event in April. The event will feature presentations by Dr. Robin Lally and other experts on putting together a curriculum vitae and/or resume. Students will receive guidance on effectively highlighting our work and professional accomplishments. Future NDSO seminars are planned and will cover topics such as networking and telehealth. The NDSO also plans to start a peer mentoring group for incoming doctoral students. Drs. Windy Alonso and Amber Golden, the faculty advisers of this organization, are looking forward to seeing how the group evolves in the near future.

The NDSO is open to all doctoral students in the College of Nursing. If you are interested in learning more about the NDSO or if you are interested in joining, please contact a member of the NDSO leadership team:

Co-President—Morgan Staver: morgan.staver@unmc.edu
Co-President—Heather Nielsen: heather.nielsen@unmc.edu
Social Chair—Kathy Thompson: kathy.thompson@unmc.edu
Secretary—Abbey Klein: abbey.klein@unmc.edu

NEW EMPLOYEE



Name: Evan Paitz
Title: Classroom/Event Technologist II
Division: Kearney
Office: HSEC 200A
Phone: 308-865-1117
Email: evan.paitz@unmc.edu

Welcome to the UNMC College of Nursing team!



CONTINUING NURSING EDUCATION PROVIDED BY UNMC CON CNE

Following the reports of COVID-19 in Nebraska and beyond, many of our conference planning committees find it necessary to postpone or cancel upcoming spring conferences. After carefully evaluating the situation, it is our priority to protect the patients we serve and our healthcare providers. Traveling across the state and even from other states to attend a conference could increase the risk of the spread of the virus. We need to try our best to keep our patients who are most vulnerable safe.

As programs are rescheduled we will be updating new flyers as well as the registration sites. We will send you updated flyers as soon as possible. Please also check our website frequently as we update the information: www.unmc.edu/cne.

LIVE FREE WEBINARS

BHECN Project ECHO: Substance Use Disorder Webinars

1st and 3rd Thursday of each month from noon to 1:15 pm (CT)

1.0 contact hour per webinar FREE

<https://www.unmc.edu/bhecn/education/project-echo.html>

BHECN Webinar Series: Core Topics for Behavioral Providers

Every Monday at noon in February and March 2020

1.0 contact hour per webinar FREE

<https://www.unmc.edu/bhecn/education/online-training/core-topics-webinars.html>

LIVE CONFERENCES

Nebraska Perinatal Quality Improvement Collaborative: 2020 Spring Summit

RESCHEDULING DATE (TBD) ... Holthus Convention Center, York, NE

6.75 contact hours \$50

<https://www.unmc.edu/cce/catalog/clinicmed/npquic2020/index.html>

2nd Annual Pursuit to Excellence: Wound, Ostomy, and Continence Management

RESCHEDULED TO August 7, 2020 ... Scott Conference Center, Omaha, NE

6.0 contact hours \$85

www.unmc.edu/cne/education/wound2020

2020 Midwest Radiation Oncology Symposium

April 18-19, 2020 ... Fred & Pamela Buffet Cancer Center, Omaha, NE ... Also available via Zoom

Saturday session 7.5 contact hours

Sunday session ... 7.75 contact hours

Registration Fees: Saturday only—\$100; Sunday only—\$100; Both days—\$150

<https://www.unmc.edu/cce/catalog/clinicmed/radonc/index.html>

4th Annual Leukemia Symposium:

State-of-the-art Management of Acute Leukemia and Myeloproliferative Disorders

RESCHEDULING DATE (TBD) ... Scott Conference Center, Omaha, NE

3.25 contact hours FREE

<https://www.unmc.edu/cce/catalog/clinicmed/leukemia/index.html>

Agricultural Health and Safety Course

July 14-17, 2020 ... UNMC College of Public Health ... Also available via Zoom

Ag Health Session A July 14-15: 16.0 contact hours \$240

Ag Safety & Prevention Session B July 16-17: 16.0 contact hours \$240

Special Topics Online Modules July 16: 4.75 contact hours \$60

<https://www.unmc.edu/cce/catalog/clinicmed/aghealth/index.html>

SAVE THE DATE!

25th Annual Pharmacological Conference for Advanced Practice Providers

July 9-10, 2020 ... Scott Conference Center with live broadcast to UNMC CON campuses in Lincoln, Kearney, Norfolk and Scottsbluff

Up to 12.0 contact hours \$125 per day or \$200 both days

Registration opening in April. Watch our website for more information.

For additional information on upcoming live programs, webinars or online modules, please visit:

www.unmc.edu/cne

Follow us on social media!

<https://www.facebook.com/unmc.cne>

https://twitter.com/UNMC_CNE

NEBRASKA STATE STUDENT NURSES ASSOCIATION (NSSNA) CONVENTION

UNMC College of Nursing students continue to demonstrate excellent leadership. This year's conference was held at the Michael Sorrell Center on the UNMC Campus in Omaha and decorated by the UNMC Omaha SNA chapter. The conference was well attended by approximately 100 nursing students and advisors from 13 nursing schools across the state. Numerous awards and recognition certificates were presented to student nurses and their schools. Juliann Sebastian, PhD, RN, FAAN, UNMC College of Nursing Dean, was in attendance and recognized by the NSSNA Board. Suzanne Nuss, MBA, PhD, RN, CENP, CNO at Nebraska Medicine was the key-note speaker. Sitting on the newly elected 12-member board are four UNMC students: one from Kearney and three from the West Division, Scottsbluff. All four sit on the Executive Board: **Maria McDougall**, 1st Vice President and planner for next year's conference; **Colin Wollaston**, 2nd Vice President and Bylaws Chair; **Myia Hamaker**, Secretary; and **Devin Beaver**, Treasurer. The Nebraska State Student Nurse of the Year Award, travelling plaque and scholarship went to **Mallory Woods** from the UNMC Omaha division. Past President **Shayleen Behm** from Scottsbluff UNMC received the Board Member of the Year Award. The Most Unique Community Service Award went to **UNMC Scottsbluff**. The Overall Community Health Award and travelling plaque went to **UNMC Scottsbluff**. The **UNMC Lincoln division** received the Greatest Number of Attendees Award for 26 of their SNA members along with their advisor Jami Fulwider in attendance. **UNMC Scottsbluff** also shared the Travelled the Greatest Distance Award with WNCC, the local community college, for their students having travelled 450-490 miles one way to attend the conference. SNA advisors, **Jami Fulwider**, **UNMC Lincoln** and **Trina Aguirre**, **UNMC West Division** received Certificates of Appreciation for their ongoing support of NSSNA. We are unbelievably proud of the leadership and motivation from our UNMC College of Nursing students and SNA advisors.

NSSNA Most Constituents in Attendance Award for 2020 UNMC CON Lincoln—26 attendees



UNMC CON West Nebraska Division Scottsbluff

L-R Colin Wollaston, Samantha DeNardo, Ashley Cushman, Trevor Benavides, Jennifer Brauchli, Dr. Trina Aguirre



Morning Breakout Session "SANE Nurse"

CON 2020 ANNUAL DRIVE

The General Staff Organization (GSO) Membership & Engagement Committee announces the 2020 College of Nursing Annual Charitable Drive benefitting the FoodBank of the Heartland Backpack Program, **March 2 through March 20, 2020**.



One in five children in Nebraska and western Iowa under the age of 18 is at risk for hunger. The Backpack Program is a partnership with elementary schools to provide nutritious food for these children. Each week during the school year, over 8,000 packs of healthy food are distributed to chronically hungry children in 247 schools across Nebraska and western Iowa. The participating schools cover every corner of the region and include districts in both urban and rural areas.

Last year we raised almost \$500 for this program. **This year we would like to increase that amount to \$1,000!** With your help, we can reach that goal.

The following link makes it easy for you to donate now:

[BackPack Program Donation](#)



CON 2020 ANNUAL PERFORMANCE EVALUATIONS

The University of Nebraska Medical Center requires that all faculty and staff members receive an annual performance evaluation. Completed performance evaluations for the CON faculty and staff members are due by **May 8, 2020**.

FIVE CAMPUSES SHARING ONE MISSION!

KEARNEY DIVISION



Sarah Dillon, MSN, RN, instructor for the Kearney Division was recently awarded the Silver “U” recently. Some of the comments from her nominations include:

“Sarah Dillon has demonstrated a commitment and dedication to the Kearney Division and the College of Nursing as a whole serving on various committees and working tirelessly with our agencies in clinicals. She has led the Appeals Committee this past year with a number of cases coming up for review. She is a team player, working with other faculty on various projects. She is also very talented in working with simulation, providing innovative methods in using the manikins. This year she also took on the responsibility of organizing the CON graduation. That’s a great deal of work to get everything right so our students have a graduation night experience.”

This award is given annually to approximately 120 employees who provide consistent performance that exceeds expectations or for other special achievements. Unit leaders select employees on a monthly basis. The number of recipients from each unit is based on unit population. Recipients receive a silver ‘U’ pin, a denim shirt with the silver ‘U’ logo and are invited to lunch with the Chancellor.

Senior nursing student Emma Badgley donates blood during a recent blood drive at the Health Science Education Complex in Kearney. The goal for the day was 25 units; a total of 36 units was collected. The HSEC sponsors two blood drives each year. The next will be in October.



LINCOLN DIVISION

Senior level nursing students at the Lincoln Division CON participated in a high risk OB simulation experience. Part of the experience included a newly developed OB Escape room. The students were split into two groups, typically 4-5 students in each group, and competed in two separate simulation rooms. The students had 45 minutes in the escape room to find nine different clues and open eight locks. The clues gave information about their patient who was suffering from postpartum hemorrhage. They needed to interpret lab values, blood loss, and decide appropriate assessments and interventions. The students had their escape times and pictures put on a leaderboard on the iWall and TV screens around the Lincoln CON. The students gave a lot of positive feedback about the escape room as a fun and new way to help them think critically and apply their knowledge.



Elizabeth Clark and Rachel Tolbert



Madison Buckminster and Alexa Dolesh



Sydney Griess and Sierra Schroeder



LINCOLN DIVISION (continued)



On January 28th, students in UNMC CON Lincoln NRSG 424 Leadership and Management class participated in a combination tabletop/simulation disaster exercise based on a winter weather event. Students explored and practiced the roles of nurse leaders and nurses when responding to a medical surge event in a rural hospital setting. The exercise was completed in partnership with Simulation in Motion-Nebraska (SIM-NE).



Chinese Faculty Member Visits CON-Lincoln Campus—HuiYing Fan, a nursing faculty from Haynan Medical University in China visited the College of Nursing-Lincoln Division in February. Dr. Christie Campbell-Grossman was her host. During the busy week in Lincoln, HuiYing had an opportunity to attend three clinical experiences with students and faculty at three different locations, one interactive undergraduate class, one health assessment lab, a personal tour of the sim lab, one community meeting focused on the homeless as well as several dinners, two luncheons, and a Meet and Greet with Dr. Jana Pressler and faculty.

Her visit impacted students in class who discussed the coronavirus in China and in a post conference where students practiced common Chinese phrases. When asked what she enjoyed during the week she stated, “It was all so interesting. It will always be a precious memory for me.” A special thank you to Dr. Jana Pressler, Dr. Christie Campbell-Grossman, Heidi Gubanyi, Dr. Shirley Wiggins, Dr. Paula Schulz, Diane McMurray, Tia Stevenson, Rita Antonson, Dr. Sue Schuelke, Dr. Sherri Rowland, Jeff Austin, and students who helped make this special memory.

SNA advisors, **Jami Fulwider**, MSN, RN, Lincoln and Trina Aguirre, PhD, RN, West Division received Certificates of Appreciation for their ongoing support of NSSNA. We are unbelievably proud of Jami Fulwider and Dr. Aguirre’s leadership and motivation for their SNA students.



Lincoln staff members Diane Potter and Tia Stevenson spearheaded the “Share the Warmth” charity drive in February, 2020. Nearing the end of the cold weather season, the Lincoln City Mission experiences a shortage of blankets, pillows, and warm clothing. Along with those items, CON Lincoln received cash donations and toiletries to donate to the Mission. Diane and Tia represent Lincoln on the Membership and Engagement Committee, a subcommittee of GSO.

All of January and into February you could see Christie Campbell-Grossman and Kris Claussen “scootin’ down the hallways”. Once the scooters were gone, they each continued to don a very stylish boot! Both are recovering nicely!



NORTHERN DIVISION

The Northern Division is preparing for its annual nursing camp. The camp is being held in collaboration with Wayne State College (WSC). Students will spend the first day at WSC and the second day at UNMC CON in Norfolk. Enrollment is now open! The camp will take place June 2nd and 3rd. Please share this information with any high school students going into grades 10-12 that you know of who are interested in nursing. Students should be from the 24 county area served by the Northern Division. Students can register for the summer camp using the following link: <https://www.wscampnursing.com/nursing-career-camp.cfm>. Questions can be directed to Kristi Brummels at 402-844-7891 or Kristi.brummels@unmc.edu.



2020 Nursing Career Camp

Tuesday, June 2 &
Wednesday, June 3, 2020

 University of Nebraska
Medical Center *and*
Wayne State
College

Nursing Career Camp Information:

**Tuesday, June 2 &
Wednesday, June 3, 2020
Grades 10-12**

(may have completed 12th grade)

ON-CAMPUS STAY - Cost: \$110
(cost includes a room and 4 meals) To
keep costs low, students must provide
their own sleeping bag, pillow and towel.

COMMUTER - Cost: \$95
(cost includes lunch both days)

Included: T-Shirt

Please register by April 6 to allow time for a
shadowing experience before the camp.

Register at:

www.wscampnursing.com/nursing-career-camp.cfm

Day 1 Activities:

- June 2 - 8:30 a.m. check-in at the residence hall (hall to be determined).
- Learn about the brain and heart with interactive demonstrations.

Day 2 Activities:

- June 3 - 8:15 a.m. check-in at PV Library in the Carhart Science Building.
- 8:30 a.m. - Depart WSC for UNMC Norfolk Campus (arrive at 9 a.m.)
- Application of day one activities in the professional nursing role.
- Use of simulation mannequins and 3D virtual technology.
- Return to WSC by 4:30 p.m.

Contact:

Kristi Brummels, 402-844-7891 or
Kristi.brummels@unmc.edu



Proud supporters of the 2020 Nursing Career Camp.



OMAHA DIVISION

The Omaha Division celebrated the month of February with some fun activities.



The LRC invited faculty, staff and students to stop by during the month to learn about Nursing and Black History Month.

Happy Valentine's Day

Faculty and staff gathered for a breakfast potluck on Valentine's Day and decorated Valentine boxes to set outside their office/workspace. All were invited to deliver good wishes, candy, or cards to co-workers throughout the day. The three best Valentine boxes were awarded a prize.



Congratulations to Kirsten Curtis (L), LaDonna Tworek (C), and Liz Bockoven (R) for their creative designs.

Thank you to Beth Culross for organizing the festivities.



CORONAVIRUS—aka COVID-19 — KEEP YOURSELF SAFE (Taken from CDC website)



Call your doctor: If you think you have been exposed to COVID-19 and develop a fever and symptoms, such as cough or difficulty breathing, call your healthcare provider for medical advice.

Watch for Symptoms: Reported illnesses have ranged from mild symptoms to severe illness and death for confirmed coronavirus disease 2019 (COVID-19) cases. The following symptoms may appear **2-14 days after exposure**. (This is based on what has been seen previously as the incubation period of MERS-CoV viruses.)

Fever — Cough — Shortness of Breath



Take steps to protect yourself: Clean your hands often and avoid close contact with people who are sick.

Take steps to protect others: Stay home if you are sick; cover coughs and sneezes; wear a facemask if you are sick; clean and disinfect frequently touched surfaces daily.

Check out this website to keep up with this rapidly evolving situation!
<https://www.cdc.gov/coronavirus/2019-nCoV/summary.html>

WEST NEBRASKA DIVISION

Latina Red Dress Event—The UNMC College of Nursing West Nebraska Division in Scottsbluff recently hosted a Latina Red Dress Heart Healthy event in Gering with the help of a diversity grant from UNMC. The division collaborated with the Community Action Partnership of Western Nebraska, Platte Valley Bank, First State Bank, and numerous in-kind sponsors throughout the community. About 150 attended. The event included free health screenings, entertainment by the Guadalupanos Dancers, a healthy meal, and speakers Maria Cantú-Hines, MD, health program manager for the Nebraska Office of Health Disparities



Dr. Maria Cantú-Hines



Dr. Roberto Dansie

and Health Equity and Roberto Dansie, PhD, a nationally recognized psychologist and motivation speaker. “We heard a lot of comments from guests about how much they had learned about their health and that they appreciated attending the event, said Trina Aguirre, PhD, RN. “Nursing and dental hygiene students valued the experience of interacting with community clients and especially those from diverse backgrounds who may not speak English.” Education screenings by faculty and students included mental health and medication reviews by Nancy Meier, DNP, RN, MS, APRN-BC, UNMC College of Nursing; oral hygiene screenings by Lisa Moravec, RDH, MS, UNMC College of Dentistry dental hygiene instructor; and body composition screenings by Wendy Wells, MSN, RN, UNMC nursing instructor. The event was organized by Dr. Aguirre and Ann Koehler, UNMC College of Nursing.



Dr. Trina Aguirre



Ann Koehler

Interprofessional Education Program Activities at WND—In February CON-WND students joined students enrolled in different health career professions where they shared knowledge, questions, and differences and similarities of their chosen healthcare professions while working collaboratively on the assigned activities. A total of 101 students from the WND traditional and accelerated BSN program, UNMC Dental Hygiene program WNCC AND program, and the Regional West School of Radiologic Technologists had the opportunity to participate in the IPE activity.

One group consisted of 1st year students in each of the programs who collaborated on the topics of stereotypes and code of ethics case studies. Another group consisting of 2nd year students worked together to complete a multidisciplinary SBAR.

Accelerated student Ervin vonSeggern shared the following, “I really enjoyed learning about the other groups. As an accelerated student I do feel a bit isolated from students in the other programs like the traditional BSN. It was nice to talk with them and compare our experiences. I also learned quite a bit about the programs as well, which I found valuable.”



Asking questions ...

Sharing knowledge and experiences ...

Finding solutions ...



WEST NEBRASKA DIVISION (continued)

Nightingale White Coat Ceremony—On February 21, 2020 five accelerated students from the WND campus participate in the White Coat ceremony to celebrate their entry into the College of Nursing!



Reading the pledge

Accelerated class of 12-2020



Dakota Wademan stops for a photo with faculty.

Ward Simulation at WND—In late January WND students had another opportunity to practice their clinical and decision-making skills through a variety of ward simulation scenarios. The goal of this ward simulation was to allow students to delegate and learn how to manage numerous sick patients at a time like they will encounter on a medical surgical floor, and collaborate with their fellow nurses as well as a provider to address immediate needs of their patients. In this simulation students are assigned the roles of nurse or CAN. They cared for and managed their patients by solving their complications and addressing interventions necessary to help them in the following scenarios:

- ◆ A pediatric RSV patient that is having difficulty breathing (needing a breathing treatment) and is running a high fever (need to reduce fever).
- ◆ A labor patient who speaks limited English and comes in wanting a natural delivery that we can deliver very quickly or slower depending on the attention she receives.
- ◆ A patient who presents (post-operative) with signs of sepsis and they must begin the SIRS protocol, or the patient deteriorates quickly. This is our highest risk patient that at first seems fine but goes bad quickly and therefore it is essential that the students pick up on the little hints.
- ◆ A patient who becomes hyperglycemic and needs treatment quickly, but we also want students to determine what is causing the hyperglycemia as the patient is not diabetic (it is caused by steroid use).
- ◆ A live patient who has dementia and just had a hip replacement that is confused and irritable and if a CAN does not sit with her, she falls out of bed and can reinjure her hip.



The next CON newsletter will be sent out mid May. Please send any newsletter articles to me between now and May 10th to be included in the next newsletter.
