



# College of Nursing Newsletter

December 2020

Kris Claussen, Editor



From the Desk of...

## **DEAN JULIE SEBASTIAN**

Inclusivity and Holiday Break

Dear College of Nursing Family,

As we prepare to wrap up our usual responsibilities to enjoy a well-deserved break, this is a wonderful time to reflect on the vital nature of inclusivity in our organizational and broader cultures. Whatever your holiday tradition, I would guess that reaching out to include others is part of what each of us does. This year will be so different with people maintaining connections with family and friends via Zoom, while spending time only with those in our immediate households. We will miss the closeness of including our wider social networks in a face-to-face way. We can take a lesson from the way the bonds of inclusivity can remain strong under unusual circumstances as we think about inclusivity from a cultural perspective, celebrating differences on any number of dimensions, to ensure that all voices are cherished as part of everyday discussions, decisions, and activities.

Without the warmth and welcome that inclusivity implies, we suffer as a culture. Without the joy of bringing everyone to the dialogue, not only do we miss their voices, but we miss part of our own humanity. Inclusivity says to others, "I care about you. Your opinion and your humanity are important to me". And just as we communicate those sentiments to others, they grow and flourish in us. Zoom and other forms of technology help us maintain those special bonds with family and friends during the holidays. It is not the same as being together face-to-face, but trying something creative lets others know how much we care about them. Similarly, we must be proactive and creative to find ways to invite diverse voices into a full and rich dialogue about our future together. Inclusivity creates the environment in which diversity flourishes and new solutions to inequity can be found<sup>1</sup>. As nurses and those who facilitate nursing education, research, and practice our goals rest on health equity, fairness, and justice. I invite you to take a moment during this holiday season to think about the ways inclusivity is present in your life, and how we as a College community can make it bloom even more fully during the coming year.

Thank you to each of you for the extraordinary hard work and dedication you have shown during these challenging times. I wish you the happiest of holiday seasons and a wonderful winter break!

Julie Sebastian, PhD, RN, FAAN  
Dean and Professor

<sup>1</sup>AACN. (2017). *Diversity, Inclusion, and Equity in Academic Nursing*. Washington, DC: Author. [American Association of Colleges of Nursing \(AACN\) > Diversity & Inclusion > Publications on Diversity > Position Statement \(aacnnursing.org\)](https://www.aacnnursing.org/publications-publications-on-diversity)





**DAISY Award for Extraordinary Faculty for Fall 2020**

Dr. Juliann Sebastian announced that Kathryn Wunder, MSN, RN, is the winner of the DAISY Award for Extraordinary Faculty at the CON General Faculty Organization meeting on December 4, 2020. Kathryn is an instructor on the Kearney campus.



Quotes from the student nominating Kathryn for this award include:

- ◆ “Since 2020 is “the year of the nurse”, I think this is an excellent opportunity to nominate this faculty member for this award.”
- ◆ “This faculty member is the one person who you can count on in any situation, nursing school-related or not.”
- ◆ “This faculty member never leaves students scratching their heads and is sure to make her way around the classroom to see if any student has any questions or concerns.”
- ◆ “This faculty member in particular has stepped out of her comfort zone, done things no other nursing instructor would do for their students and peers, and made an impact on the lives of so many individuals.”

What is the DAISY AWARD for Extraordinary Nursing Faculty? The DAISY Foundation, as part of its service to the nursing profession’s role in patient care, established The DAISY Award for Extraordinary Nursing Faculty. The purpose of this program is to provide to colleges/schools of nursing a national recognition program they may use to demonstrate appreciation to faculty for their commitment and inspirational influence on their nursing students. The Foundation hopes that, in some way, this program will contribute to a positive work environment for faculty in schools.

Congratulations Kathryn!



**National Award—Heart Failure Society of America’s Nursing Research Leadership Award**

Bunny Pozehl, PhD, APRN-NP, FHFSA, FAHA, FAAN, Dorothy Hodges Olson Endowed Chair in Nursing, receives the Heart Failure Society of America’s Nursing Research Leadership Award. The award recognizes extraordinary achievement and excellence in nursing that improves outcomes of patient with heart failure. Click here to read full article. [Read more.](#)

Congratulations Dr. Pozehl!



**Excellence in Community Services Award**

Stephanie Burge, DNP, APRN, FNP-BC, was recently recognized at a regional level for her hard work with Head Start. Dr. Burge received the Excellence in Community Services Award at the virtual Region VII Head Start Association Awards Ceremony in Kansas City.

Congratulations Dr. Burge!



***“Not only do we live among the stars, the stars live within us.”***

Neil deGrasse Tyson

**Annual March of Dimes Recognition 2020**

The College of Nursing had three nominations for this recognition: Katherine Hoffman, MSN, APRN; Bunny Pozehl, PhD, APRN-NP, FHFA, FAHA, FAAN; and Elizabeth Kangas, BSN student. Both Dr. Pozehl and Elizabeth (Lizzy) Kangas were finalists. Dr. Pozehl was a finalist in the Academic Educator category and Lizzy Kangas for the Nursing Student category. Ms. Kangas was the award winner in her category and Dr. Pozehl received the overall award — the 2020 Distinguished Nurse of the Year!



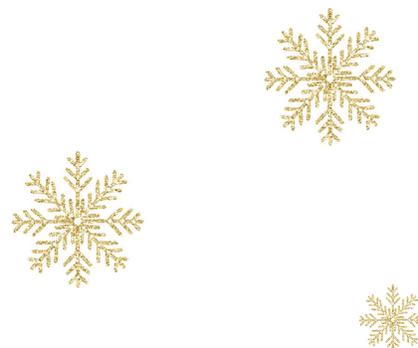
Katherine Hoffman



Lizzy Kangas



Dr. Bunny Pozehl



**Nursing Student Award Letter of Support Excerpts for Lizzy Kangas:**

Lizzy has been the recipient of a Regent's Scholarship for 7 straight semesters (4 semesters during her prerequisite coursework and 3 semesters throughout her nursing school curriculum thus far). Throughout her higher education academic programs, she has been on the Dean's List or Chancellor's List; her current grade point average is 3.952. As an example of her extraordinary academic success, Lizzy is the recipient of an iTEACH (innovation, teamwork, excellence, accountability, courage, and healing) collaborative scholarship and fellowship program through Nebraska Medicine and the UNMC CON. The iTEACH scholarship grant is a highly competitive selection and commitment from qualifying students that desire employment opportunities at Nebraska Medicine after graduation. Lizzy works as a patient care technician on a COVID-19 unit to expand her experiential learning yet still maintains noteworthy academic benchmarks within this fellowship. She has a strong constitution, a genuine sense of self, and delightful sense of humor. Her patients realize her authenticity and appreciate her commitment to helping them achieve positive patient outcomes.

Lizzy understands nurses are one of the most trusted professions and is devoted to maintaining that same level of trust with her patients and their families. She also understands the importance of promoting a positive image of the student nurse and exhibits the highest levels of character, integrity, caring, professionalism, and commitment as a student and future nurse. Lizzy is one of the most positive images of nursing among our students and is a true professional role model. Congratulations Lizzy!



**2020 Distinguished Nurse of the Year Award Letter of Support Excerpts for Dr. Pozehl:**

Dr. Pozehl has contributed to the educational mission of the UNMC College of Nursing since 1981. During her tenure at UNMC, Dr. Pozehl has evolved from an assistant instructor to the current Director of the Adult Gerontology Acute Care Nurse Practitioner Program and Dorothy Hodges Olsen endowed chair and tenured Professor. Dr. Pozehl thoughtfully seeks opportunities to enhance the professional and personal development of others. She has successfully mentored and continues to mentor students, cardiology fellows, post-doctoral trainees, and countless junior faculty/clinicians. Trainees and early career faculty eagerly select Dr. Pozehl as a mentor because of her approachability as a leader, mentor, and scientist.

Working at Nebraska Medicine for 12 years, I've had the opportunity to precept many of the Adult Gerontology Acute Care students. Students consistently name Dr. Pozehl as their favorite instructor. They describe how her approach to lecturing and advising has shaped their careers. In recognition of her commitment to students, Dr. Pozehl was recently awarded the Donna Westmoreland Excellence in Faculty Mentoring Award from the UNMC College of Nursing after a group of her former students and mentees nominated her for this honor.

As Dr. Pozehl's mentee, I have benefited from her heart failure knowledge, professional acumen, strong leadership, and never-ending kindness and caring support of my growth. Congratulations Dr. Pozehl!



## STARS among us!



It was recently announced that a Woman's Health Fund had been established with the Foundation for the College of Nursing for maternal health research and training. The donor is specifically interested in the impact of midwives on reducing maternal morbidity and mortality. With this being the Year of the Nurse and Midwife, this is very timely. Although faculty who are not midwives will be eligible to receive these funds in the future, awarding funds to a midwife this year is in keeping with the donor's interests.

Elizabeth (Libby) Mollard, PhD, WHNP-BC, CNM, IBCLC, in the Lincoln Division, is the first recipient of these funds which will be put toward her pilot research and research training in maternal disparities, morbidity and mortality with a goal of a R01 grant submission in the next several years. Dr. Mollard was recently accepted into the 2021 Distance-Mediated Post-Doctoral Clinical Research Fellowship Program at the Cleveland Clinic and will use these funds for pilot research projects which are expected deliverables of the program leading to larger grants. Congratulations Dr. Mollard!



Congratulations to Heidi Keeler, PhD, RN and her team at CNE, as well as Dr. Kelly Caverzagie and the folks at the College of Medicine CCE department on achieving Joint Accreditation. Being awarded Joint Accreditation is an amazing success. This is so forward-thinking and a tangible example of interprofessional education. This team achievement required hours and hours of discussion, thinking, planning, and decision-making. Congratulations Dr. Keeler and CNE team!

*"The governing bodies of the Accreditation Council for Continuing Medical Education (ACCME), the Accreditation Council for Pharmacy Education (ACPE), and the American Nurses Credentialing Center's Accreditation Program (ANCC) have completed their review of our organization's application for Joint Accreditation as a provider of continuing education for the healthcare team.*

*We are pleased to announce that Joint Accreditation has been granted for to the University of Nebraska Medical Center for 4 years through November 2024.*

*The three accrediting bodies commended UNMC for our vision and leadership in lifelong learning and for our achievement of accreditation, which helps to ensure high quality interprofessional continuing healthcare education."*

### CVS Health Foundation Scholarship Grant awarded to the Lincoln Division



Dr. Pressler



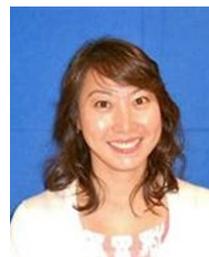
Dr. Kliment



Danelle Goltz



Lauren Hays



Azusa Ronhovde



Mid-October, for the fifth consecutive year, Jana Pressler, PhD, RN and Miranda Kliment, DNP, APRN-NP were awarded a CVS Health Foundation FNP/PA Scholarship for the 2020-2021 season. The CVS Health Foundation provides scholarships to current MinuteClinic-affiliated FNP and PA programs that are accredited colleges of nursing and physician assistants schools across the country. Funds are distributed directly to qualified schools, with scholarships awarded to full-time or part-time students in good academic standing. Students who receive a scholarship through this program have worked with organizations that are supporting underserved populations. Recipients are selected regardless of race, gender, sexual orientation, or national origin. This year's FNP student recipients are Danelle Goltz, Lauren Hays, and Azusa Ronhovde. Congratulations!



Margaret Emerson, DNP, APRN, PMHNP-BC received notification that Behavioral Health Education Center of Nebraska (BHECN) is going to fund part of her research for the development of digital navigation training in the amount of \$30,000.

Also, an abstract for the American Psychiatric Association, one of our national psychiatric informing organizations was accepted for presentation at their Annual Conference. The presentation is entitled: "Mental Health App Evaluation and Application: Updating the APA's Framework and Novel Approaches to Mobile App Use." Congratulations Dr. Emerson!

## STARS among us!



Jennifer Cera, DNP, APRN-NP, WHNP-BC, received word that her abstract was accepted by the American Association of Colleges of Nursing, and she presented at their Fall Faculty Forum. Dr. Cera presented on “Experiential Simulation in Nursing Curricula: Development of a 3D Virtual Reality Pelvic Model with Emphasis on Dynamic Pelvic Pathology”. Congratulations Dr. Cera!



### INFORMATIVE COVID19 ZOOMCAST SERIES

The University of Nebraska Medical Center and Nebraska Medicine as the Region VII Regional Emerging Special Pathogen Treatment Center, through the Hospital Preparedness Program COVID19 Supplemental Grant funded through the Assistant Secretary for Preparedness and Response (APSR) is producing informative Podcasts/ Recorded Zoom meetings in an interview format to educate healthcare workers and the public on various topics related to COVID19. Subject Matter Experts are interviewed around current issues and areas of interest in order to share valuable current information. Sue Schuelke, PhD, RN-BC, CNE, CCRN-K, and Tess McKinney are part of the team developing the education program. The Zoomcast series, “Perils and Pearls of Covid:

Lessons Learned”, can be found on YouTube, [https://www.youtube.com/channel/UC-LyKABEg114JOoZm3bnUxQ?view\\_as=subscriber](https://www.youtube.com/channel/UC-LyKABEg114JOoZm3bnUxQ?view_as=subscriber) [youtube.com] and also on the Global Center for Health Security <https://www.unmc.edu/healthsecurity/education/programs/resptc/index.html>.



If you have suggestions for topics we should include or experts that would have valuable information to share, please contact us at [nbu@nebraskamed.com](mailto:nbu@nebraskamed.com) and we



Tess McKinney

Dr. Sue Schuelke

### HRSA ANEW GRANT AND TELEHEALTH LEARNING SUITES GRANT UPDATE submitted by Lynne Buchanan, PhD, APRN-NP, BC, PI and Project Director



Dr. Buchanan and her team (Lynnette Stampler, PhD, DLitt, RN, FAAN, Teresa Barry-Hultquist, PhD, RN, PHCNS-BC, NE-BC, Heidi Keeler, PhD, RN, Kevin Kupzyk, PhD, Margaret Emerson, DNP, APRN, PMHNP-BC) recently completed the *Activating Linkages Interconnecting Graduate Nurses and Advanced Practice Partners of Nebraska, HRSA ANEW Training Grant Update*. Part of the grant was funds for telehealth. Telehealth, or telemedicine, is a group of technologies that is used to provide clinical care delivery, health information and health education remotely at a distance. Telehealth communication technologies have had a profound impact on the healthcare delivery system including the nursing profession. This grant demonstrated the added value of telehealth to care delivery options at a time when face-to-face care was not always desirable. One of the many findings was that value is added when providers are educated on telehealth standards and competencies in relation to the six domains of quality, the quadruple aims, and with attention to the social determinants of health. The findings suggested that telehealth is a valuable part of health care and similar to face-to-face care if providers receive education using a robust experiential learning experience which includes critical thinking about which patients are appropriate for it to be used for. One of the innovative parts of this grant was the creation of two telehealth learning suites located in the College of Nursing. These are available by appointment, using CDC guidelines for COVID safety, for nursing students and faculty in small clinical groups. Participants learn telehealth etiquette and professionalism, use of a cart with peripheral tools, use of remote patient monitoring tools, store and forward tools, and home equipment set-up. This grant was timely allowing the development of independent learning modules and the purchase of various types of equipment including telehealth carts and equipment used in remote patient monitoring and home settings. The training of students and providers illustrated gaps in skills and competencies allowing through quality improvement methods the development of standardized checklists and pilot testing. The grant also provided leadership and confidence development for nurse practitioners so that at graduation they could be leaders in translating telehealth care delivery knowledge and skill into primary care practice settings (Reference: Emerson M., Buchanan, L, Golden, A., Telehealth Simulation with Graduate Nurse Practitioner Students. *Nurse Educator*. March 2021; Volume 46, Number 2). Part of the grant objectives was sustainability through a plan for integrating novice to expert telehealth competencies into curricula for all levels of students. Selected groups of students and faculty who participated in the pilot and training included nurse practitioners, nurse practitioner graduates enrolled in a residency program, and undergraduate nursing students. Faculty who participated in training with students included Amber Golden, DNP, APRN, AGPCNP-BC, Margaret Emerson, DNP, APRN, PMHNP-BC, and Kathryn Fiandt, PhD, APRN-NP, FAANP, FAAN. The learning included didactic, 5 independent learning modules, and a Canvas site. At the end, learners could achieve a certificate of completion after finishing the 4 hours of didactic, 2 hours of clinical simulation experiential learning, and in some limited cases a telehealth preceptorship.

**NEW ROLES WITHIN THE COLLEGE OF NURSING**



**Katherine (Kati) Bravo**, PhD, RN, CPNP-PC, will take on the permanent role of Director of Undergraduate Programs at the College of Nursing on January 1, 2021. She has served in the role in an interim basis since October, 2019, and has done a stellar job. Her thoughtful approach to this very large program is much appreciated. Dr. Bravo served as Coordinator of the Accelerated Program for several years prior to this, so comes with a strong knowledge of the undergraduate programs and curriculum.



**AnneMarie DeVoll-Zabrocki**, DNP, RN, APRN-NP, will continue in the permanent role of Coordinator of the Accelerated Track, beginning January 1, 2021. She has served in this position since October, 2019, and is anticipating her second new class while in this role.



**Louise LaFramboise**, PhD, RN, was recently named Assistant Dean, Omaha Division. Dr. LaFramboise served as the Director of Undergraduate Programs prior to October, 2019.



**Susan (Sue) Barnason**, PhD, RN, APRN-CNS, CEN, CCRN, FAEN, FAHA, FAAN, will be the Interim Assistant Dean on the Lincoln Campus beginning January 1, 2021. A Search Committee, chaired by Dr. Lani Zimmerman, has the arduous task of finding a candidate to fill the permanent position.



These colleagues not only had to learn new roles in the middle of a semester, but pivot with the rest of us to an ever changing and evolving new normal with the pandemic. Students and faculty alike have benefitted from their close working relationships as we continue to move forward. A huge thank you to them, and to all of you, for supporting each other and the students.

**NEW EMPLOYEES**



**Name: Kaycee Kube**  
Title: Academic Success Coach  
Division: Norfolk  
Office: J. Paul & Eleanor McIntosh  
CON Bldg, #122  
Phone: 402-844-7928  
Email: [kkube@unmc.edu](mailto:kkube@unmc.edu)



**Name: Reyes, Sergio**  
Title: Data Manager/Analyst  
Division: Omaha  
Office:  
Phone: 402-559-2092  
Email: [sereyes@unmc.edu](mailto:sereyes@unmc.edu)

**Welcome to the UNMC College of Nursing team!**



***“It takes the best in each one of us to make the best world for all of us.”***

Elbert Hubbard

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**CONTINUING NURSING EDUCATION PROVIDED BY UNMC CON CNE**

**LIVE FREE WEBINARS – All you need is Internet and a mobile device!**

**Pain and Substance Use Disorder ECHO Webinar Series**

1<sup>st</sup> and 3<sup>rd</sup> Thursday of each month from noon to 1:15 pm (Central)  
1.0 contact hour per webinar FREE  
<https://www.unmc.edu/bhecn/education/project-echo.html>



**NETEC COVID-19 Webinar Series**

Typically every Wednesday and Friday from noon to 1:00 pm (Central)  
1.0 contact hour per webinar FREE  
<https://netec.org/education-and-training/>

**Coming Home to Primary Care: Pediatric Integrated Behavioral Health Webinar Series**

Last Friday of each month January through June 2021 from noon to 1:00 pm (Central)  
1.0 contact hour per webinar FREE  
<https://mhntonetwork.org/centers/mid-america-mhttc/coming-home-primary-pediatric-integrated-behavioral-health>



**SAVE THE DATES!**

February 6, 2021 Hematology Highlights: A Virtual Post ASH Review  
April 16, 2021 2nd Annual Pursuit to Excellence: Wound, Ostomy, and Continence Management  
July 15-16, 2021 26th Annual Pharmacological Conference for Advanced Practice Providers

**NEW ONLINE MODULES**



**Opioid Use Disorder Training Modules**

**“How to Implement Opioid Use Disorder Treatment in a Clinical Setting”**

**“Assessment and Initiation of Treatment for OUD”**

Enduring Modules November 22, 2020—November 21, 2021 FREE  
Opioid Use Disorder Training Modules | Family Medicine | University of Nebraska Medical Center ([unmc.edu](http://unmc.edu))

**Expert Insights: Nursing Perspectives on the Increasing Role of PARP Inhibitors for Ovarian Cancer**

Enduring Module November 18, 2020—November 18, 2021 0.3 contact hours FREE  
Expert Insights: Nursing Perspectives on the Increasing Role of PARP Inhibitors for Ovarian Cancer ([rievent.com](http://rievent.com))

**Omaha Women’s Health and Wellness Conference**

**“Pouring From an Empty Cup: Prioritizing Self-care While Caring for Others”**

Enduring Modules November 9, 2020—November 8, 2021 5.0 contact hours \$30.00  
23rd Annual Omaha Women’s Health & Wellness Conference Enduring Modules ([unmc.edu](http://unmc.edu))

**Wound Treatment Associate Program**

Online 12-week course plus Simulation Day New cohorts starting quarterly  
32.25 contact hours \$1,000  
Enduring Modules November 9, 2020—November 8, 2021 5.0 contact hours \$30.00  
<https://app1.unmc.edu/cne/19WTA007/index.cfm>

**25th Annual Pharmacological Conference for Advanced Practice Providers**

**Pharmacological Management of Clients across the Lifespan**

Enduring Module Topics:  
Pain Management and the PDMP 3.0 contact hours/3.0 pharm content  
Hot Topics 3.0 contact hours/3.0 pharm content  
Infectious Diseases 3.0 contact hours/3.0 pharm content  
Diabetes and Cardiovascular Disease Management 3.0 contact hours/3.0 pharm content  
August 12, 2020—August 11, 2021 \$60.00 per module  
<https://app1.unmc.edu/cne/20CE005e/registration.cfm>



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## CONTINUING NURSING EDUCATION PROVIDED BY UNMC CON CNE

### NEW ONLINE MODULES—continued

#### NETEC COVID-19 Webinar Series

Online Modules Added Weekly      1.0 contact hour per module      FREE  
<https://netec.org/education-and-training/>



#### Infection Preventionist Specialized Training (IPCO) Version 2

Online Training Course      25.0 contact hours      \$650.00  
<https://educate.ahcancal.org/p/ipcov2>

#### Core Topics for Behavioral Health Providers

9 Enduring Modules Available      1.0 contact hour per module      FREE  
<https://www.unmc.edu/cne/education/online-activities/index.htm>



For additional information on upcoming live programs, webinars or online modules, please visit:

[www.unmc.edu/cne](http://www.unmc.edu/cne)



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[Twitter](#)



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## RN HUDDLE

RN Huddle is a podcast developed by the Continuing Nursing Education Department. They post episodes every two weeks on topics for nurses, by nurses. Topics and guests vary every episode. Have an idea? Want to join us for an episode? Contact Courtney Smith at [courtneyl.smith@unmc.edu](mailto:courtneyl.smith@unmc.edu). In the meantime, feel free to take a listen! Our latest episode can be found at this link: <https://rnhuddle.unmc.edu/responsibilities-of-a-white-house-nurse/>.

**Responsibilities of a White House Nurse discusses** Kristin's background as a navy nurse as well as the responsibilities of a White House Nurse. This is a fascinating episode and really illustrates the numerous career paths a nurse can take involving widespread specialties and rewarding experiences. This is an episode which we think our RN Huddle listeners will enjoy!

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## CON Creative Writing Awards

The UNMC College of Nursing Creative Writing Awards is NOW open for submissions! Deadline is January 8, 2021 at 6:00 pm CST—but don't delay. Six awards (\$2,000 each) will be given, and the stories will be published online and in a magazine.

This year's theme is Nurses Encounter Diversity. The theme is meant to be broad. Nurses Encounter Diversity can mean different things to different people. It may mean that you were impacted by a patient of a different gender, sexual orientation, race, or country of origin. It may mean that you are a representative of a minority or from a different country and must deal with a new culture. It could also mean a unique diagnosis treated in a different setting. One way to think about it is that nurses come in all sizes, shapes, and colors, and care for patients who come in all sizes, shapes, and colors. The story must in some way reflect this. How your story reflects diversity is up to you. The main outcome should be a good engaging story. Nurses tell stories. Over coffee on break we tell stories. After work over pancakes we tell stories. Stories make us laugh, build camaraderie, and help us cope.



Click on link if you have [questions or want to submit?](#) or contact [mgilmore@unmc.edu](mailto:mgilmore@unmc.edu).



## GENERAL STAFF ORGANIZATION (GSO)

Professional Development Opportunity—Wednesday, December 16, 2020



One Drive Teaching Session  
with Tess McKinney!

Wednesday, December 16, 2020

10:00 – 11:00 a.m. CT 9:00-10:00 am  
MT

Zoom Link:  
<https://unmc.zoom.us/j/95521576829> [unmc.zoom.us]



Stretch those Mind Muscles



SOME AREAS TO BE COVERED:

- ✓ ONEDRIVE BASICS
- ✓ UNDERSTANDING CLOUD STORAGE
- ✓ FILES AND FOLDERS: HOW TO CREATE, RENAME, SEARCH, SHARE, UPLOAD, MANAGE AND DOWNLOAD
- ✓ SYNC TO ANY OF YOUR DEVICES
- ✓ DIFFERENCE BETWEEN SHAREPOINT AND ONEDRIVE

### Harvest for Hunger Food Drive 2020



This fall the College of Nursing GSO held its annual Harvest for Hunger Food Drive — with approximately \$1550 in cash and 520 items collected and donated. Each of the five campuses decided how faculty, staff, and students would support their local communities.



The Omaha Division held a virtual food drive for Food Bank for the Heartland and collected items for the Omaha CON Student Pantry. The Food Bank distributes food to non-profit organizations in Nebraska and western Iowa such as pantries, schools, emergency shelters, and meal providers. These organizations then distribute food to individuals and families in need in their communities.



The Scottsbluff Division (pictured left) collected food items and monetary donations for the Community Action Partnership of Western Nebraska (CAPWN). The mission of the CAPWN is to provide quality services and promote learning opportunities to improve and nurture the health and wellbeing of Western Nebraska communities.

The Norfolk Division (pictured right) delivered their donations to the Northeast Nebraska Child Advocacy Center. Members of the Student Nurse Association created tags with inspirational messages for the recipients. The donations were collected to help children suffering from trauma and abuse. The collection effort was supplemented by a grant from Thrivent Financial.



With need greater than ever before due to the pandemic, more students depend upon the Husker Pantry each week. To help fill the need, the Lincoln Division collected items for the Husker Pantry which provides a one-stop location to assist students on the UNL campus.

The Kearney Division collected cash, food, and sundry items for the University of Nebraska-Kearney (UNK) Loper Food Pantry run by the Office of Student Diversity & Inclusion.

Thank you to all faculty, staff, and students for supporting our local communities through this outreach effort promoted by the General Staff Organization and Membership & Engagement Subcommittee!



together everyone  
**TEAM**  
achieves more



# FIVE CAMPUSES SHARING ONE MISSION



## KEARNEY

November and December for the CON Kearney Division has seen opportunities for creativity and engagement for faculty, staff and students in light of the pandemic. A group of Patient Centered Care (PCC 1) students planned to connect through Zoom to a senior nursing home to provide education to the residents. Due to COVID, plans had to be changed “on a dime”. Rather than cancel the group activity, an interprofessional group of staff from the Health Science Education Complex played the role of the patient. This afforded students the opportunity to complete their painting and communication activity while the staff were able to enjoy time with students. In November, Dean Sebastian hosted the annual Kearney Division Community Advisory Board Meeting via Zoom technology. Over 30 community partners were in attendance. A lively discussion ensued with excellent feedback regarding collaborations to support student learning.

First semester students enrolled in the PCC 1 course from the Kearney Division provided health promotion and disease and injury prevention education to Pleasanton Public School’s kindergarten through 12<sup>th</sup> grade students. The topic addressed was the *Dangers of Smoking*. Each presentation was geared toward the students’ age and developmental stage and included hands on activities. Kindergarten students made models of lungs with straws and balloons. The second grade had a coloring sheet to create what a healthy and unhealthy lung looks like. Fifth graders constructed an educational chatterbox with which to play. Our students enjoyed interacting and sharing their knowledge with the Pleasanton Public School students.



The Kearney Division Special Functions Committee spearheaded a project titled “Sending Seniors Love” to bring joy and connect with our seniors during this holiday season. Christmas cards were purchased and placed on a table in the Commons Area of the Health Science Education Complex. Faculty, staff, and students were invited to write a note of encouragement to a resident at Mt. Carmel Nursing home. Gloria Geiselman’s mother is a resident at Mt. Carmel and so she will deliver the cards on behalf of the college throughout December.



Faculty, staff and students also enjoyed participating in the Harvest for Hunger Food Drive that benefitted the Loper Pantry. More details of this project can be found in the GSO section of the newsletter. Finally, in honor of De-Stress week December 7<sup>th</sup> through 11<sup>th</sup>, fidget toys were provided to students, staff, and faculty to manage stress as they prepared for final exams. A handout titled “50 Ways to Take a Break” that contained activities to promote wellbeing was also disseminated.

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## LINCOLN DIVISION

On Thursday, December 10th, the Lincoln Division faculty and staff gathered virtually to celebrate our most recent retirees—Retirement Date: December 31, 2020. They were presented with a poinsettia, a trio of “Nothing Bundt Cakes”, gifts and gift cards. We extend our best wishes to:



**Jana Pressler, PhD, RN**

Dr. Pressler has served as Assistant Dean of the Lincoln Division since August 2013. She has led the campus through significant change and accomplishment—through the many phases for the new building culminating with taking occupancy in July 2018; expansion of undergraduate enrollments and hiring numerous stellar faculty and staff; advancing the College’s mission and vision in Lincoln. She has maintained her own scholarship and teaching; led three studies on the use of technology in code situations, served as co-editor for a book on decanal leadership that was published last fall, and worked to generate scholarship funding for FNP students.



**Paula Schulz, PhD, RN**

Dr. Schulz has taught classes on the Lincoln Division for over 20 years in nearly every program the College of Nursing has offered including the BSN, Accelerated, RN to BSN, MSN, and PhD programs. She has worked on committees and course groups with many faculty and staff from all divisions. Dr. Schulz was one of a core group that spearheaded the partnership with the Clinic with a Heart in Lincoln to give students an opportunity to work with the underserved. Dr. Schulz has focused her research on cardiovascular patients, their caregivers, and those living in rural Nebraska.



**Tom Mason, BS**

Tom Mason started with the Lincoln Division over 22 year ago as the Administrator of Lincoln Division—just two weeks prior to the start of the Fall Semester 1998. When asked about his tenure here, he commented, “It has really been interesting to work through all of the building, campus and educational changes...there have been so many people in all the departments at UNL and UNMC as well as the College of Nursing campuses to get to work with in so many different ways. It kept life challenging keeping up with all the changes brought on by each university system campus as well as the administration and employees of each campus. Besides the people, educational teaching, lab-simulation-clinical teaching and process changes, there have been a multitude of software program changes to keep up with.”

*You have made us and the UNMC College of Nursing better, and because of that, we thank you!  
You will always be remembered for your accomplishments. Thank you for your years of hard work and dedication to our team.*



*Congratulations on your retirement!*



Halloween was much different this year, but a few of our staff donned their masks/costumes for the rest of us to enjoy! Pictured (L to R) are Ann Callies, Tess McKinney, and Tom Mason.



## NORTHERN DIVISION



The College of Nursing Northern Division welcomes Kaycee Kube (last name pronounced as the letters Q-B) as our new Academic Success Coach.

Kaycee is located in the J. Paul & Eleanor McIntosh College of Nursing building Office #122. You can reach her via email [kkube@unmc.edu](mailto:kkube@unmc.edu) or leave a message on her office phone number 402-844-7928.

We are excited to add Kaycee to our team at the Northern Division!



On November 24<sup>th</sup>, students, faculty and staff from the University of Nebraska Medical Center College of Nursing in Norfolk delivered \$120 and 215 items to the Northeast Nebraska Child Advocacy Center. Members of the UNMC Student Nurse Association created tags with inspirational messages for the recipients. The donations were collected to help children suffering from trauma and abuse. The collection effort was supplemented by a grant from Thrivent Financial.



Students at the Northern Division each received a face mask and chocolate for De-Stress Week. The packages were mailed to their homes just in time for finals week!



## OMAHA DIVISION

(Copy of article published in UNMC Today.)

This year's Fostering the Future fleece blanket-making event looked different than previous years but the thought behind it was the same. Because of COVID-19, volunteers assembled blankets independently instead of together in the College of Nursing. The event netted 55 fleece blankets, as well as games, toys, protective masks and brochures on self-care and maintaining health during the pandemic. The donated items went to Project Everlast, an organization that advocates for youth who are aging out of the foster care system.

UNMC students Jessica Semin and Cierra Wynn spearheaded the event along with nursing faculty members, Terri Mathews, PhD, Maggie Emerson, DNP, and Jen Cera, DNP, for Fostering the Future, a student-led inter-professional service earning initiative.

The donations make a difference, said Schalisha Walker, youth engagement specialist, Project Everlast, Nebraska Children and Families



Foundation. "This was extremely helpful for our organization because this year, donations were very low due to the pandemic," she said. "We are so appreciative to UNMC for the support this year with the gift boxes." "The young people have expressed how much they are looking forward to receiving the gift boxes this year. Getting some extra fun items along with the great informational packets that were put together by UNMC was so thoughtful and will be meaningful for the young people that we serve."

Semin, a nursing student, said the event is an opportunity to give back to the community. "We know finances are tight for many students so thanks to generous donors we were able to offer the 'grab-and-go' blanket-making kits to make at a time that was convenient for them. We are thankful for the generosity of faculty, staff, and students who donated to this annual event and to the many faculty who helped us."

Dr. Mathews said the event reminded those involved in the event of the isolation and loneliness in the youth who are aging out of foster care. "In previous years, the students could witness community members, staff, faculty and students from various disciplines on campus coming together to make the blankets. This year we were reminded of the isolation and loneliness present in the youth who are aging out of foster care, and I

expect instilled empathy and sensitivity for these youth."



## WEST NEBRASKA DIVISION

Highlights from Dr. Betts:



Dr. Betts was recently inducted into the Interprofessional Academy of Educators!

Dean Sebastian attended the Community Advisory Board Meeting held virtually on November 13.

SNA students collected items to donate to an area nursing home for patient individual activities.

The Annual Food Drive was held in October.



**Faculty, Staff & Students,**  
**It is time for our annual**  
*Because we Care, we Want to Share*  
**non-perishable food drive**  
  
10/15 through 10/29  
**Donations may be left in the container**  
**in the office.**  
  
Students, we appreciate your donations,  
but please donate only if you are able to.  
  
**THANK YOU!**  
Donated items are given to Community Action Partnership  
of Western Nebraska (CAPWN) local food bank.

**West  
Nebraska  
Division**

**Donated Items = 156**  
**Monetary Donations**  
**= \$212.00**



## WEST NEBRASKA DIVISION (continued)



### De-Stress Week

Maegen Graham and Kelly Stratman organized De-Stress week for the Scottsbluff campus. They put together goodie bags and were able to have out for students on a testing day. This was a nice treat and surprise for students to enjoy. While the administration of the goodie bags looked a little different this year, they were received with appreciation. We were thrilled to be able to do this for students amidst this trying time! Thank you to Kelsey Scroggin, Special Events & Community Relations Association, for reaching out with information and to the Strategic Communications Department for making this possible.

### Senior Annual Health Fair Projects

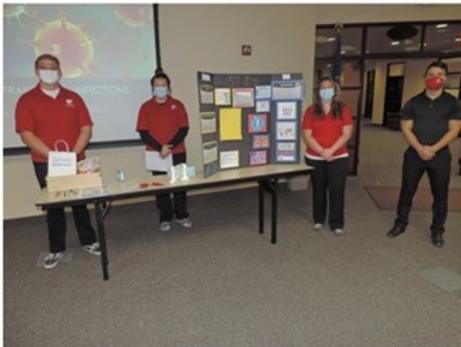
The senior students had to pivot from sharing their populations project with the semester one students, UNMC faculty and staff and WNCC persons in the building due to COVID-19. They were originally planning to present to Gering High School and the WNCC student population. They shared (at a safe distance/wearing masks) interactive booths related to trafficking, meth use, mask use, STIs, and electronic addiction. Semester one students documented increased knowledge on these topics.

Masks Related to COVID



Meth

Human Trafficking



STIs

Electronic Addiction



Sex Trafficking Young Adults

WND students participated in the 2nd annual Halloween ward simulation. The scenario focus was centered around individual's consumption of illicit drugs causing symptoms that mimicked a stroke.



**WEST NEBRASKA DIVISION (continued)**

**WND Accelerated Class of 2020**

*Dakota Wademan*

*Whitney Georges*



*Sidney Eck*

*Danielle Lenz*

*Erwin vonSeggern*

WND Nursing Instructor Melissa Snyder, MSN, RN, along with Dental Hygiene Professor & West Division Site coordinator, Lisa Moravec instructed the dental hygiene students through a variety of patient safety simulation scenarios.



Melissa said it was a pleasure working with the UNMC Dental students on the different patient scenarios. The students worked through how they would handle specific patient scenarios in a clinic setting. They did a great job working as a team!



Ann Koehler, Scientific Editorial/Project Specialist for the UNMC CON-WND, also served as a standardized patient for student simulations. Ann is a great actress and never breaks character no matter how many scenarios she acts her way through in a day. She recently played the role of a stroke patient and not to be deterred by her mask, Ann put her creative talents to work by taping a photo to her mask to portray a symptom of a stroke victim during a COVID-compliant stroke scenario simulation.



The next CON newsletter will be sent out mid March 2021. Please send any newsletter articles to me between now and March 1, 2021 to be included in the next newsletter.

