



Auditory Learning Style

Information and Study Strategies

Auditory Learners...

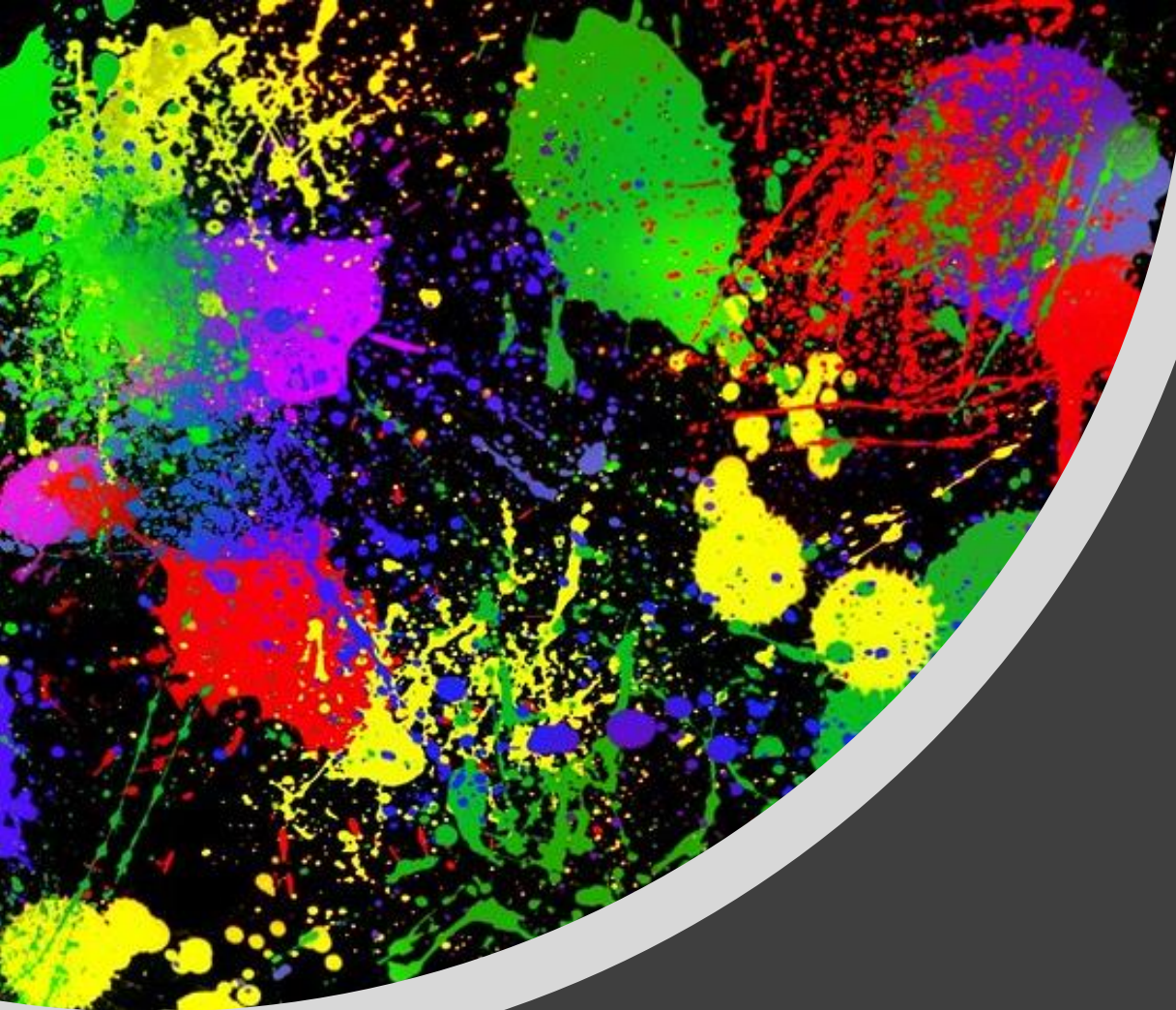
- Enjoy talking
- Remember things they have heard
- Do not like reading or following written directions
- Memorizes sequentially
- Distracted in noisy environments- overstimulation
- Recall key words or vocabulary much better than a picture or diagram





Study Strategies

- Listen to lectures over and over again- especially the ones with the content that isn't solid for you
- Talk yourself through the material
- Teach the material to your classmates, friends, parents, dog, etc...
- When utilizing supplemental instruction, request to record explanations that resonate with you
- Record yourself talking through your notes and listen back when you're walking the dog, cleaning, etc...
- Listen to tough concepts before bed in an attempt to consolidate those memories through REM sleep



Test Strategies

- Listen again to the tough concepts right before the exam
- Immediately jot down the things that are hard for you to remember on scratch paper
- Use pneumatic devices to trigger your auditory memory
- Use songs to learn concepts or processes and recall those songs during the exam to help spark memory