Visual Learning Style

Information and Study Strategies

Visual Learners...

- Follow directions well
- Visualize while listening
- Are usually very organized
- Prefer colorful visuals
- Have a tendency to notice similarities and differences in visual appearance
- Can actually see their notes in their mind
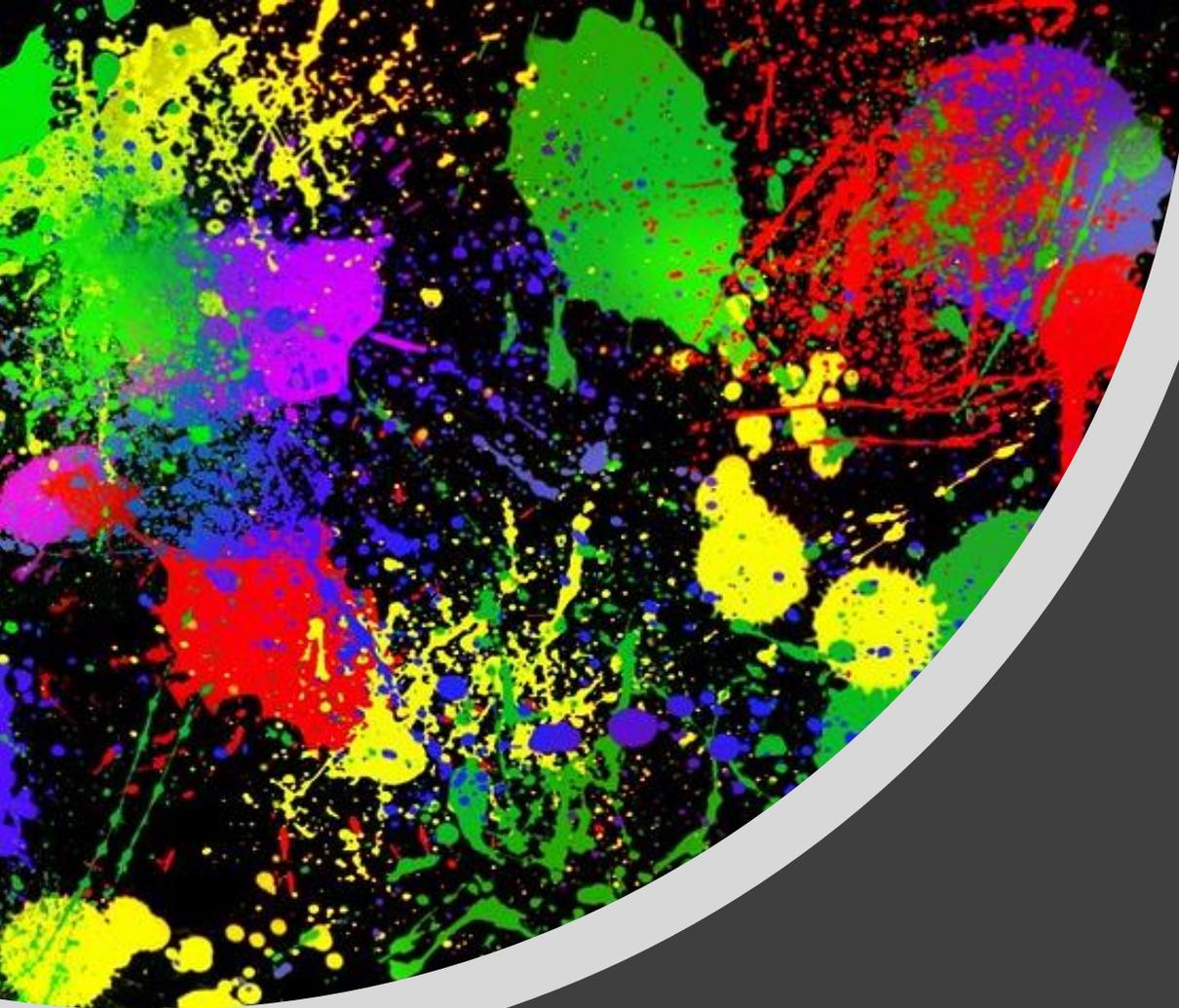- Easily envision imagery

Study Strategies

- Color code your notes

- Use concept maps and diagrams

- Use colorful flashcards

- Take notes in table format (such the Stanford method)

- If utilizing a Supplemental Instruction Leader, ask them to draw things out while they explain and take a picture

- Read the text or notes in 25 minute intervals and underline/highlight in color- review after a short break, continue until done

- After completing your studying in 25 minute intervals, go back over all the underlined/highlighted items before ending your study session

Test Strategies

- Close your eyes and think about those last minute concepts you just reviewed and "brain dump" on your scratch paper

- Try to visualize your notes/powerpoints during the exam

- Try to jot down the different colors you used for certain content to help jog your memory in the exam

- Draw out diagrams or flowcharts on scratch paper

- Use a piece of paper to cover other answers while you thoroughly read one at a time

- Don't be afraid to close your eyes and visualize videos/notes/diagrams/tables etc...