

**COLLEGE OF NURSING**  
ANNUAL REPORT 2019-20





The mission of the College of Nursing is to transform lives through premier nursing education, innovative research, the highest quality care and promotion of health equity.

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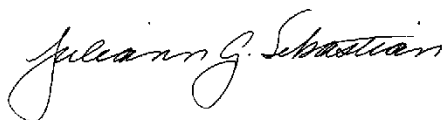
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# Message from the Dean

What a surprising year this has been! Every year holds the promise of unexpected opportunities and growth from unexpected challenges. No one would have predicted we would have experienced a global pandemic that swept the world with such speed and intensity as the COVID-19 pandemic that began in early 2020. It is just that sort of challenge, though, that galvanized people to work together in so many ways to keep each other safe, to learn quickly about this new virus and how to control it, to reach out and address loneliness, and to problem solve under previously unimaginable circumstances. Our faculty, students and staff have worked incredibly hard and with amazing resilience to pivot to remote learning, incorporate masking and use of personal protective equipment into their clinical routines, and use social distancing and other non-pharmacologic approaches to mitigating the spread of COVID. Faculty scientists have made adaptations to their research protocols and IRB approvals to manage restrictions placed on face to face data collection, and clinical faculty have participated in testing clinics. Students have learned about contact tracing and testing and jumped in to help in various ways that you will read about in this report.

Throughout all of this, our nation experienced social upheavals, and issues related to structural inequities and racism came to the forefront. Faculty, staff, and students are dedicated to eliminating health disparities and ensuring health equity as essential to our mission and vision. We began holding virtual Listening Sessions to address the pressing concerns we are facing. Our Diversity, Equity and Inclusivity Task Force completed their work and recommended ways to foster the College's strategic priorities for expanding the diversity of the nursing workforce as we continue building research, educational, and clinical initiatives that ensure health equity.

Even with these significant changes, faculty, staff and students continued to excel in their work, receiving numerous awards, grants and national recognitions of the quality of our programs. I invite you to join us as we reflect on this important year and plan for ongoing transformative work in the years to come!



**Juliann G. Sebastian, PhD, RN, FAAN**  
*Dean and Professor*



# LEADERSHIP

## Executive Council

Susan Barnason, PhD, RN, APRN-CNS, CEN, CCRN, FAHA, FAEN, FAAN

Molly Belieu, MA

Ann Berger, PhD, APRN, AOCNS, FAAN

Kelly Betts, EdD, RN, APRN, CPNP-BC, CNE

Kati Bravo, PhD, RN, CPNP-PC

Lynne Buchanan, PhD, APRN-NP, BC

Cathrin Carithers, DNP, RN

Liane Connelly, PhD, RN

Beth Culross, PhD, GCNS-BC, CRRN, APRN-CNS, FNGNA

Michelle Ellermeier, MSN, RN

Kate Fiantdt, PhD, RN, FNP-BC, FAANP, FAAN

Amy Ford, DNP, RN, APRN-NP

Kathy Hanna, PhD, RN, FAAN

Amy Jude Hoffman, PhD, RN

LeAnn Holmes, DNP, APRN-NP, FAANP

Teresa Hultquist, PhD, APRN-CNS, PHCNS-BC

Heidi Keeler, PhD, RN

Louise LaFramboise, PhD, RN

Lisa Muschall, MBA

Sue Nuss, PhD, RN

Jana L Pressler, PhD, RN

Carol H. Pullen, EdD, RN

Sheila A. Ryan, PhD, RN, FAAN

Juliann G. Sebastian, PhD, RN, FAAN

Lynnette Stamler, PhD, DLitt, RN, FAAN

LaDonna Tworek

Lani Zimmerman, PhD, RN, FAHA, FAAN

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## Committee Chairs, 2019 – 2020

Sarah Dillon, MSN, RN

*Academic Review Committee*

Anne Wilber, MSN, APRN-CNS, PHCNS-BC

*Disciplinary Appeal Committee*

Christie Campbell-Grossman, PhD, RN

*Committee on Nominations*

Juliann G. Sebastian, PhD, RN, FAAN

*Executive Council*

Michelle Ellermeier, MSN, RN

*Faculty Coordinating Council*

Sheri Rowland, PhD, APRN-BC &

Leeza Struwe, PhD, RN

*Faculty Practice Committee*

Michelle Ellermeier, MSN, RN

*General Faculty Organization*

Beth Beam, PhD, RN

*Nursing Research Committee*

Kathy Hanna, PhD, RN, FAAN

*PhD Affairs Council*

Claudia Chaperon, PhD, APRN, GNP-BC

*Professional Graduate Nursing Affairs Committee*

Lani Zimmerman, PhD, RN, FAHA, FAAN

*Promotion and Tenure Committee*

Mary Petersen, MSN, MBA, RN, APRN-CNS

*Undergraduate Admission, Progression, Graduation & Scholarship/Grant Committee*

Cathy Binstock, MSN, RN, ANP-BC &

Denise Waibel-Rycek, MSN, RN

*Undergraduate Curriculum Committee*

Mary Girard, MSN, RN &

Trina Aguirre, PhD, RN

*Undergraduate Exam Review Committee*

Buffi Union, BA

*General Staff Organization*



## Nursing continues focus on workforce needs

**The UNMC College of Nursing continues its focus on meeting the workforce needs of the state.** Nebraska – like much of the nation, faces a shortage of nurses, particularly in rural and small towns. In 2019, six Nebraska counties have only one registered nurse and six other counties report none. Overall, the state is seeing a shortage of nearly 4,000 nurses.\*

To address Nebraska's workforce needs, UNMC launched several new programs that help recruit military veterans and advance the knowledge and skills of nurses already in the field. One of the advanced programs was the dual-degree MSN/MBA.

*\*Nebraska Center for Nursing (2018). 2017-2018 Biennial Report. Lincoln, NE.*



## UNMC, UNO launch dual master's degrees for nurses

UNMC and the University of Nebraska at Omaha (UNO) launched a dual-degree Master of Science in Nursing Leadership (MSN)/Master of Business Administration (MBA). The UNMC/UNO collaboration, part of the University of Nebraska's continuing effort to address workforce shortages in the state, is targeted to registered nurses with a bachelor's degree in nursing.

"We couldn't be more excited about our latest dual-degree partnership with UNMC," said Lynn Harland, PhD, interim dean and professor of management at UNO. "The program will provide graduates with an advanced set of knowledge and skills to address challenges in a strategic manner. In addition to gaining greater knowledge of the functional areas of business, graduates will learn strategies for balancing the competitive health care environment with optimal patient care."

Dean Juliann Sebastian, PhD, RN, FAAN, said the college is thrilled to partner with UNO.

"Nurses are critical when key decisions are being made in the ever-changing health care landscape and can navigate complex issues associated with patient care, operations, change management and public policy," Dr. Sebastian said. "The dual degree will give nurses another way to build their leadership knowledge and skills in a program that is accredited and ranked nationally."

Kristi Lynch, director of the UNO MBA program, said students enrolled in the dual degree programs will be able to complete the MBA core classes alongside their UNMC course work. "This allows students the ability to complete both degrees faster and benefit from shared credit hours."

Carol Wahl, DNP, RN, MBA, FACHE, assistant professor at the UNMC College of Nursing Kearney Division and program coordinator, said nursing professionals who possess clinical skills and a clear understanding of business management, leadership and strategic decision-making are in demand to meet the leadership challenges of today's health care environment.

"Students have the opportunity to learn from expert faculty, engage with a diverse group of students and put their learning into practice. The practicum provides an application of course content with expert faculty and preceptors," said Dr. Wahl, who earned an MBA from UNO and served as chief nursing officer at Good Samaritan in Kearney for 19 years.

*From left: Juliann Sebastian, PhD, RN, FAAN; Lynn Harland, PhD.*

### Dual-degree MSN/MBA

The dual-degree requires 56 credit hours, which includes 22 credit hours of the business graduate degree program and 34 of the graduate nursing program focused on leadership. The program, which includes practicum hours, can be completed full-time or part-time at the student's own pace but must be completed within seven years.

The dual degree can be earned with 56 credit hours versus 81 hours if individuals were to pursue the degrees separately.

The program is offered online using web-based technology. Students also have the option of attending evening classes on the UNO campus. One mandatory nursing immersion weekend is scheduled each summer on one of the College of Nursing campuses.





## Gift from Helene Fuld Trust to benefit nursing students

Students in the accelerated Bachelor of Science in Nursing (BSN) program at UNMC now have additional tuition support available, thanks to a \$650,000 gift commitment from the Helene Fuld Health Trust to help students as they prepare for nursing service.

The gift establishes the Helene Fuld Health Trust Scholarship as a permanently endowed fund at the University of Nebraska Foundation. Income from the fund will enable the College of Nursing to award annual scholarships to students enrolled in the accelerated nursing program.

The Helene Fuld Health Trust also provided funds to the college for immediate scholarship awards to help students until the endowment is fully funded. The college has awarded Helene Fuld Health Trust Scholarships to 17 current students for this 2019-2020 academic year with awards of more than \$2,000 each to help with their tuition.

The Helene Fuld Health Trust of Trenton, New Jersey, is the nation's largest private funder devoted exclusively to nursing education and students.

Juliann Sebastian, PhD, RN, FAAN, said the college is "immensely grateful" to the Helene Fuld Health Trust for its support.

"These much-needed funds are a great source of help to students because accelerated programs require such a time commitment that students cannot rely on employment to provide financial support," Dr. Sebastian said. "The 12 months they are in the program require intense, concentrated

work, and having this kind of scholarship support alleviates some of the stress associated with their financial pressures. Students can then focus more on their studies and building the necessary knowledge and skills to become superb nurses."

With the American Association of Colleges of Nursing predicting a growing shortage of nurses, Dr. Sebastian said the new scholarship fund comes at an important time as UNMC prepares graduates to help shore up the shortage of nurses in Nebraska, especially in rural areas.

"Nurses are needed now more than ever, and we thank the Helene Fuld Health Trust for providing this critical support that ultimately helps expand the nursing workforce," Dr. Sebastian said.

The university's accelerated BSN program is a 12-month option for students who already have a bachelor's degree in another field. The College of Nursing offers the program through its divisions in Omaha, Lincoln, Kearney, Norfolk and Scottsbluff. In the program, students work together in location-based cohorts and participate in course lectures across all locations.

Leonhard Felix Fuld and his sister, Florentine Fuld, founded the Helene Fuld Health Trust in 1935 in honor of their mother, Helene Fuld, who died in 1923. Helene Fuld was interested in health issues, and the foundation was originally dedicated to helping those suffering from illness. In 1961, Leonhard Fuld limited the foundation's scope to focus on improving the health and welfare of student nurses.

# Grant to establish nurse practitioner residency program

The College of Nursing has received a four-year, \$1.67 million grant to launch a residency program for recently graduated nurse practitioners in rural and underserved areas.

Just as physicians and other health professionals participate in residency training - on-the-job training after graduation – so will some nurse practitioners in Nebraska. Residency training exposes recent graduates to a myriad of experiences, which not only allows them to gain proficiency in specialized skills, but also receive support by supervising health professionals.

Residents also will learn skills for working with primary care patients as well as medically complex and socially vulnerable patients and their families.

Holmes said. “Having mentored-support in a health care setting can make the difference in turnover of these newly graduated nurse practitioners. Data supports the need for this training.

“The residency gives them more time, experience, support and specialized training. Our residency will focus on areas that are medically underserved, and may be rural, where nurse practitioners are more likely to be practicing by themselves. The residency program framework has shown to be effective in helping retain new graduates as well as a way to serve this population.”

Nurse practitioners specializing in family care, women’s health or psychiatry who have graduated within one year from a master’s or doctorate

**“Creative ideas like this enrich innovations in student learning, clinician practice, and the nursing practice environment in Nebraska and beyond,” said College of Nursing Dean Julie Sebastian, PhD, RN, FAAN. “In addition to the other teaching, practice, and research grants in the college, all of these together are advancing nursing and health.”**

The grant is funded by the Health Resources and Services Administration through the U.S. Department of Health and Human Services.

LeAnn Holmes, DNP, APRN-NP, FAANP, principal investigator of the grant, said it will be the first NP residency in the region, focused on preparing new nurse practitioner graduates both academically and clinically for the unique challenges of practicing primary care in rural and underserved communities.

“The first year of practice can be overwhelming to new nurse practitioners, who are working with complex patients with multiple medical issues who may also have financial and distance barriers,” Dr.

program as a nurse practitioner are eligible to apply. Residents will receive a salary for a full year.

The college is working with a statewide network of primary care facilities to establish residency practices. Health facilities are likely to include Federally Qualified Health Centers and the Veterans Administration of Nebraska and Western Iowa Health Care System. The UNMC College of Nursing will have up to five preceptors in Omaha and Lincoln using distance technology to support and connect with residents.



# Faculty practice changed during the pandemic

## Few health professionals imagined a time when their ability to see patients would be restricted.

But in March 2020, when the impact of the pandemic became evident, some clinics resembled ghost towns. To prevent the spread of COVID-19 infections, clinics required patients to be pre-screened for COVID, restricted free movement into outpatient clinics and encountered patients who were scared to seek care for fear of getting COVID.

Some practitioners, used to seeing back-to-back patients, now were at home. And UNMC College of Nursing faculty members with practices in outpatient settings faced professional and personal challenges until ingenuity, teamwork and plain old grit helped them overcome barriers and do what they were trained to do.

“During the pandemic, both patients and providers avoided in-person visits,” said Sheri Rowland, PhD, APRN, FNP-BC, assistant professor and advanced practice family nurse practitioner in the UNMC College of Nursing Lincoln Division, who, at the time, was a contract health provider for Nebraska Medicine. “There were no patients to see, clinics were like a ghost town. As a result, practice hours were cut.”

Telehealth, used sparingly before the pandemic, became the norm.

“Nebraska Medicine pivoted quickly for patient interactions to occur without in-person visits and quickly began to develop new ways to see patients,” Dr. Rowland said. “I was involved with the development of e-visits that allowed patients to submit health concerns via the patient portal to a provider, mostly nurse practitioners working from home. They could submit things like COVID exposure, COVID-like symptoms but also problems like urinary tract infection symptoms, back pain and eye redness/discharge by uploading a photo of their eye.

“For the first time, I could manage these problems without real-time interaction with patients,” she said. “I could ask for additional information if chart review wasn’t enough, refer the patient, prescribe a treatment, order tests and provide teaching exclusively electronically.”

Dr. Rowland also provided support as virtual (Zoom) visits were launched.

Because of reduced patient care demand, she provided support collecting COVID tests via drive-thru and walk-up clinics during Nebraska’s extreme seasons (winter and summer) while wearing full personal protective equipment (PPE).

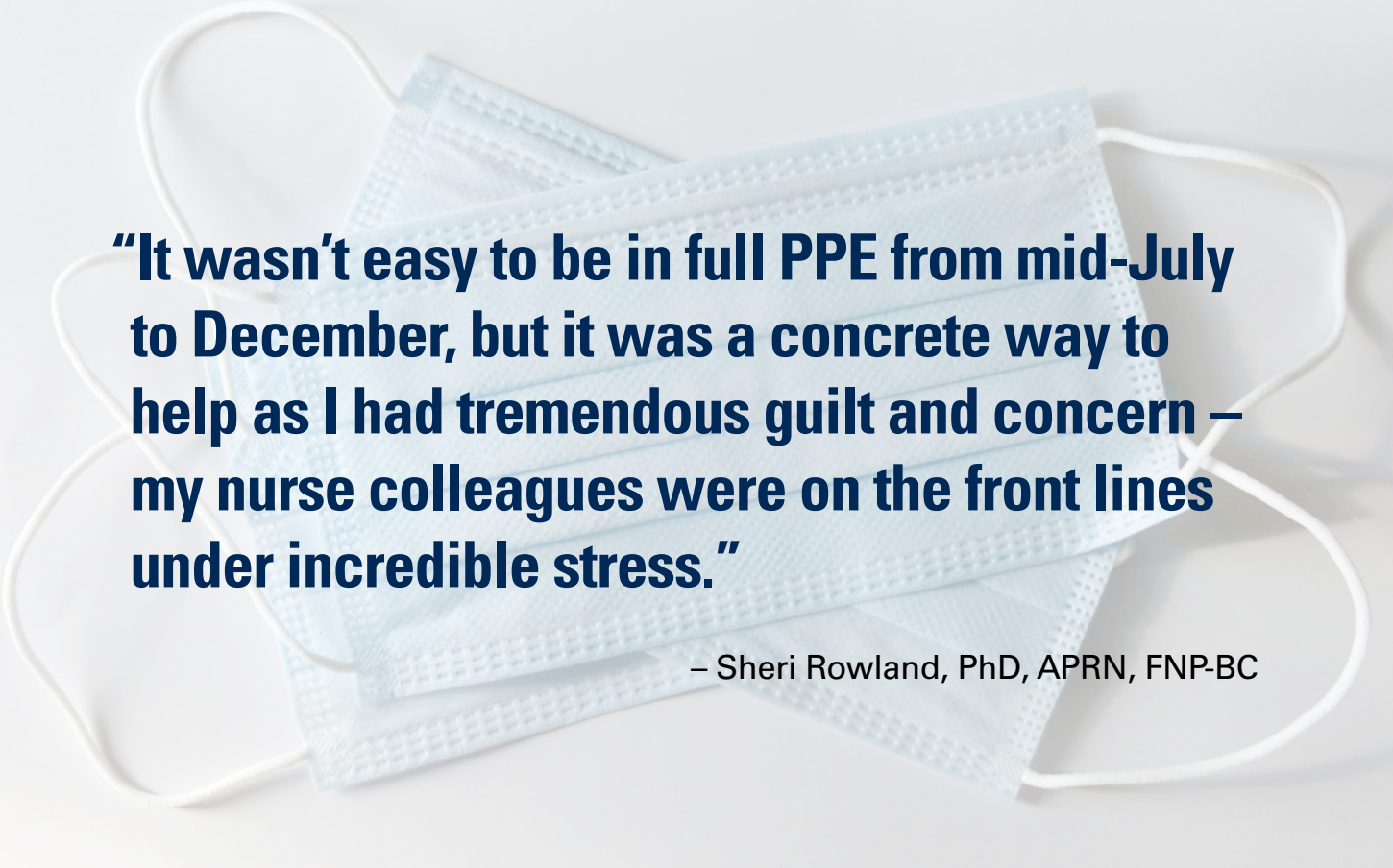
“It wasn’t easy to be in full PPE from mid-July to December, but it was a concrete way to help as I had tremendous guilt and concern – my nurse colleagues were on the front lines under incredible stress,” Dr. Rowland said. “It was below my scope of practice, but it was what society needed.”

While it remains a stressful time, some changes were for the better.

“Circumstances forced us to remove limitations on practice guidelines and allow providers to meet patient needs differently,” Dr. Rowland said. “It was an explosion. Now there’s no turning back – it will always be part of our landscape. It’s an exciting time and silver lining in the pandemic.”

Kelly Betts, EdD, APRN, PCPNP-BC, CNE, also experienced a slowdown of patients in her faculty practice in Gering, Nebraska.

“Early in the pandemic no one really knew what was going on, what to believe or what to do. My census dropped tremendously in 2020 from March to July,” said Dr. Betts, a pediatric nurse practitioner who practices at the Community Action Health Center, a federally qualified clinic in Gering, and also serves as assistant dean at the UNMC College of Nursing West Nebraska Division. “Even though children could come into the clinic, some parents were not comfortable coming in for fear of being exposed to COVID. Our clinic also conducted curbside COVID testing since, at the time, we didn’t want COVID patients in the clinic.”



**“It wasn’t easy to be in full PPE from mid-July to December, but it was a concrete way to help as I had tremendous guilt and concern – my nurse colleagues were on the front lines under incredible stress.”**

– Sheri Rowland, PhD, APRN, FNP-BC

In many instances, she said, parents were taking their sick children to the emergency room, prompting higher volumes of patients.

Telehealth is more challenging with infants and children, but she saw children via telehealth if she felt comfortable a diagnosis could be made. And she agrees, telehealth has earned its place more broadly in health care.

“What COVID did was prove that telehealth is a viable option,” she said. “It’s so advanced and with proper training it can be integrated into practice. We’ve learned there are ways we can do patient care efficiently and correctly based on advancements in telehealth. We can work with specialists outside of the Scottsbluff area. It’s a proven new way to provide patient care. That means consulting with pediatricians.”

At the start of the pandemic, Cassidy Horst’s faculty practice at Midtown Health in Norfolk, Nebraska, a federally qualified health center, also slowed.

“I do a lot of preventative health in my practice and people were not risking going to a medical facility for preventative health during the start of the pandemic,” said Horst, a women’s health and family practice nurse practitioner and instructor with the UNMC College of Nursing Northern Division. “Routine visits were on hold and sick patients were seen at our express location so there were less clinic visits.”

All along, she said, it’s been important to stay abreast of the latest information.

“This has allowed me to answer patient questions and have discussions with them based on the most current guidelines and information,” Horst said. “There has been misinformation about vaccines, which causes concern for patients, and I am glad patients are talking to their medical providers to make a decision that is best for them individually when it comes to vaccines.”



2021 College of Nursing graduates Samantha O'leary, at left, and Rebecca Goldrick help with a drive through COVID-19 immunization clinic held in March in Mitchell, Neb.

# Nursing pivots during pandemic

**In the early spring of 2020, 17 UNMC College of Nursing students were slated to go to four different countries on a monthlong international nursing exchange.**

**Filled with excitement, the students' eagerly waited in anticipation of what they were going to see and learn on their trips to Jordan, Oman, Norway and China.**

**Then, the unthinkable happened.**

Four weeks before departure, the trip to China was canceled due to an outbreak of a new and novel coronavirus – SARS CoV-2 – that had been detected and was spreading like wildfire there.

And, on the day before the remaining students were to depart for their destinations, all overseas trips and student exchanges were canceled.

"It was a really difficult decision," said Amelia Stoltman, MS, an administrator II with the College of Nursing's Transformational Practice and Partnerships.

"These students had contributed financially to these trips, others were driving from other parts of the state to Omaha to get to the airport, and yet cases of COVID-19 were just starting to rise worldwide," Stoltman said. "We decided we needed to suspend the exchange program for the Spring 2020 semester."

Pivoting on a dime to meet the shifting landscape of the early days of the COVID-19 pandemic meant that communication was critical if all five campuses, four programs, eight specialties and hundreds of students, faculty and staff were going to continue to function, said Lynnette Leeseberg Stampler, PhD, DLitt, RN, FAAN, associate dean for academic programs.





“There was a tremendous number of moving parts that had to be considered, tweaked and carefully navigated so we could function as fully as possible in the here and now and finish the semester as best we could,” Dr. Leeseberg Stamler said.

That meant helping nurse practitioner seniors who still needed clinical hours find alternatives as ambulatory clinics in Scottsbluff, Kearney, Lincoln, Norfolk and Omaha shut down.

It meant meeting weekly, and then at times daily, with undergraduate coordinators and incident commanders across the college.

And, it meant the information technology staff had to work quickly to make sure faculty and staff had the monitors and laptops they needed to function easily at home, Dr. Leeseberg Stamler said.

To ensure students were still meeting their program requirements, she said, the UNMC Education Council and College of Nursing implemented academic workgroups to review new COVID policies the university implemented, determine how those policies affected students and adjust as needed.

“In Scottsbluff, we had to quickly figure out how to switch from didactic teaching to virtual using Zoom for presentations, as well as help students acclimate to online learning and transition from having exams on campus to figuring out a way to have them online in a secure format,” said Kelly Betts, EdD, RN, APRN, PCPNP-BC, CNE, assistant dean, West Nebraska Division.

To continue teaching clinical applications, the Scottsbluff campus implemented a virtual reality program through Shadow Health, as well as brought small groups of students into the simulation lab in full PPE to work through clinical scenarios to meet course objectives, Dr. Betts said.

And, she said, when they weren’t Zooming into classes, some students were helping the Panhandle Public Health District with contact tracing.

## Messages from the Dean

In the first half of 2020, UNMC College of Nursing Dean Juliann G. Sebastian, PhD, RN, FAAN, sent daily messages to all College of Nursing faculty, staff and students to keep them informed of changes taking place within the university and college as the pandemic evolved. Dr. Sebastian also included uplifting quotes to try to inspire everyone such as in these two examples.



**New Message** Friday, March 20, 2020

From: Dean Sebastian

Dear College of Nursing faculty, staff and students,

What a challenging week this has been for everyone. I write to wish you a wonderful and relaxing Spring Break! Although you will likely be spending time in your homes, this can be a perfect time for reflection, enjoying family and significant others, and catching up on your favorite hobbies. Please enjoy your week and the beginning of spring.

Remember what Dr. Seuss said, “When something bad happens, you have three choices. You can either let it define you, let it destroy you, or you can let it strengthen you.” We are going for strength!



**New Message** Friday, May 8, 2020

From: Dean Sebastian

Dear College of Nursing students, faculty and staff,

Tomorrow is the UNMC College of Nursing commencement! We are all so proud of our graduating students and wish each of you the very best!

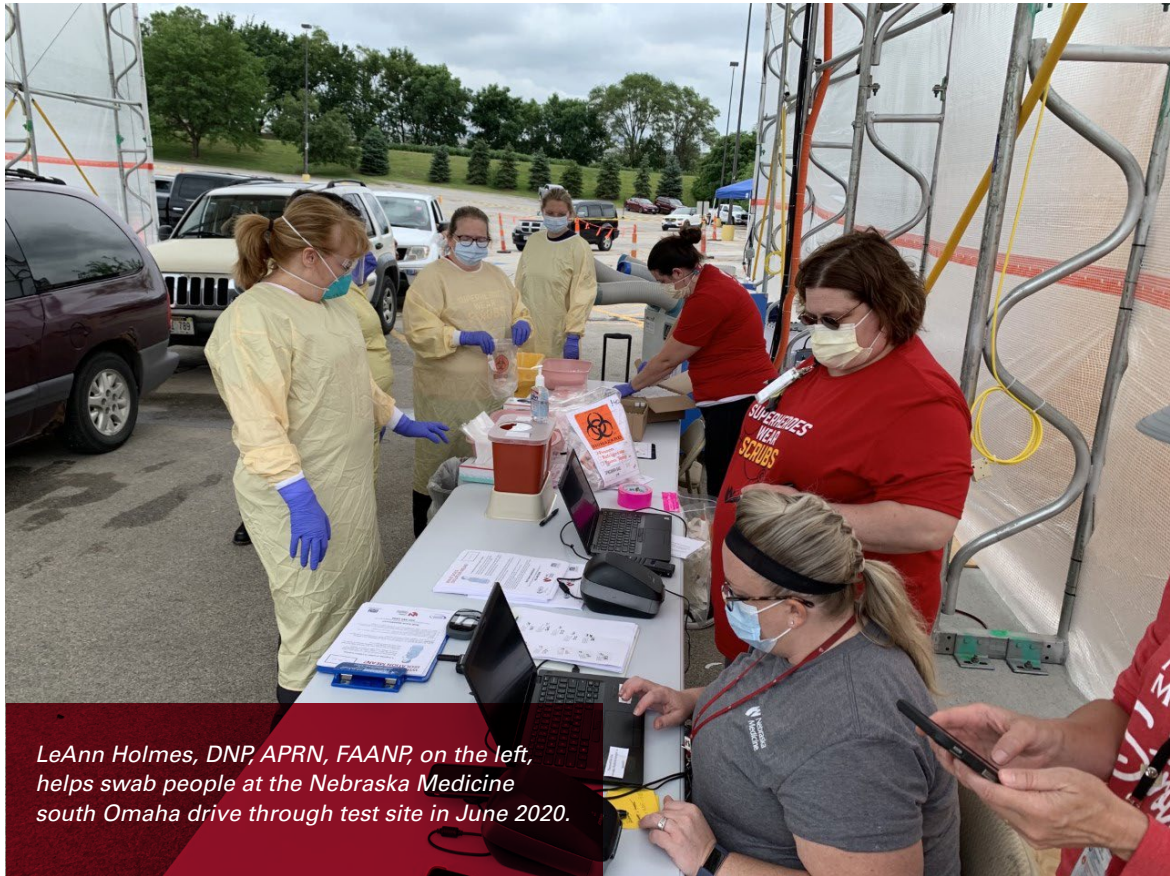
Mother’s Day is Sunday, so I hope all of you who are mothers have a lovely day and all of you with mothers get to celebrate with them, even if it is virtual! For those of you whose mothers are no longer with us, I hope you get to savor the memories of those special people.

The French impressionist painter, Claude Monet said, “I must have flowers, always, and always!” This is a weekend for flowers, sunshine and celebration! I wish for each of you a sunny, relaxing and happy weekend!



**“I’ll never forget an email I received from one family nurse practitioner who said: ‘I’m a nurse in a pandemic, I can’t imagine not helping, tell me where to go.’ It’s such a testament to the compassion and commitment of all our faculty throughout this pandemic.”**

– Amelia Stoltman



Faculty, who were under contract with different community agencies across the state, soon found those contracts put on hold as agencies shifted gears and began reaching out to administration at the College of Nursing to see what other needs they could fulfill.

In Omaha and Lincoln, some of those faculty partnered with Nebraska Medicine to staff COVID-19 swab test sites in south Omaha, west Omaha and at the University of Nebraska at Omaha.

Everyone agrees, the College of Nursing faculty and staff – across all five campuses - demonstrated adaptability and grit during the spring semester of 2020, taking on many different roles from helping with swab testing to pivoting to online learning and at times, working exclusively from home, in support of the college’s core missions.

# Research & Graduate Education celebrate 50 years



**The College of Nursing recently celebrated the 50th anniversary of the founding of one of the first non-federally funded academic nursing research centers in the nation.**

The timing coincided with the enrollment of students in the new Master of Science in Nursing program in 1969, and the seeds were planted for the growth of research at the CON. In 1988, the CON Research Center was renamed the Niedfelt Nursing Research Center and the Niedfelt Professorship was established, thanks to a large gift from Florence Niedfelt from the Grand Island, Nebraska, area.

The research center was a foundation for seeking federal funding to develop a PhD in nursing program. In 1989, the University of Nebraska

Board of Regents approved the development of the PhD program and in 1990 the first students were admitted. Graduates from the program are located in many states, especially in the Midwest. The PhD program generally enrolls five to seven new students each year; most students graduate in approximately five years.

CON faculty have conducted research studies that aim to improve nursing practice for health promotion, symptom management and disease management. Researchers have targeted self-management of chronic illnesses that shorten lives, such as obesity, heart disease, cancer and pressure ulcers. CON faculty also target health and self-management during pregnancy and in childhood and adolescence. Funding has been obtained from the National Institutes of Health, American Heart Association, American Cancer Society, and numerous other funders.



From left, Athena Ramos, PhD, and Sheri Rowland, PhD.

## CENTRIC explores ways to help patients live with chronic conditions

The focus of the Center for Patient, Family, and Community Engagement in Chronic Care Management (CENTRIC) is to build infrastructure to expand and fund pilot research projects that help Nebraskans learn to live with their chronic conditions, so they stay healthy, stay in their homes longer and reduce health care costs. CENTRIC provides funding opportunities, professional workshops and seminars, support for technology resources, mentorship for developing research faculty and postdoctoral research associates to the College of Nursing and CENTRIC members across campus. Through its resources, CENTRIC encourages the development of self-management support programs to improve patient outcomes and reduce hospital readmissions and emergency room visits.

**Chronic illnesses are a growing crisis. An estimated 133 million U.S. adults have chronic diseases and nearly 25% of those have two or more chronic diseases.**

From July 1, 2019-June 30, 2020, CENTRIC funded one mentored pilot grant, awarded to Jennifer Miller, PhD, APRN-NP for her study in promoting continuous positive airway pressure adherence

using a MET-PAP Intervention (motivational enhancement, CPAP device support) in patients newly diagnosed with obstructive sleep apnea. In addition to the pilot funding, two Just in Time Accelerator (JITA) awards were given to Bunny Pozehl, PhD, APRN-NP, FHFSA, FAHA, FAAN, and Tiffany Moore, PhD, RN, to support their innovative research with the use of a peer coach support to promote adherence to exercise in patients with heart failure, and the Development and Implementation of the DIME project: Dietary Intervention with Mental health Education.

CENTRIC sponsored and co-sponsored seven professional development workshops and seminars and held four chronic care self-management Research Interest Group meetings. Kate Lorig, DrPH, of the self-management resource center, was hosted by CENTRIC as a visiting scholar for a workshop and consultations on self-management research.

CENTRIC recruits and mentors postdoctoral research associates in self-management research and hired Postdoc Windy Alonso, PhD, RN, as assistant professor.

Sustainability and continuation of CENTRIC is important for the advancement of nursing self-management research and the center received its second Hearst Foundation grant for \$150,000 in 2019.

# Nursing Alumni Highlights 2019-2020 Fiscal Year

**MISSION** Engage alumni and support UNMC.

**VISION** Informed, inspired and invested alumni and friends.

**GOALS** Prepare students and new alumni to be engaged.  
Engage alumni with UNMC and each other.  
Impact institutional priorities.  
Empower alumni partners to achieve measurable outcomes.

## IMPACT

### ALUMNI ENGAGEMENT

**50** alumni participated in a continuing education event with a discount provided by the College of Nursing Alumni Council

**55+** alumni participated in a class reunion

**1,100+** followers connected through College of Nursing Alumni-affiliated social media platforms and **1,898+** through Alumni Association social and professional networking sites

**44,000** alumni make up the membership of the UNMCAA; all UNMC alumni are welcomed as members. The College of Nursing has the second largest cohort of alumni, with more than **13,000**

**3** alumni recognized for their distinguished accomplishments through awards program

**1,297** views of special content featured on Adobe Spark Pages to engage and inform alumni about award recipients, students saying thank you to donors and class notes of friends and colleagues

### STUDENT ENGAGEMENT

**390** students participated in white coat professionalism ceremonies supported by the College of Nursing Alumni Council

Student representatives serve on the nursing alumni council

**849** students received alumni lapel pins welcoming them into the Association upon their graduation





## MULTI AUDIENCE STRATEGIC ENGAGEMENT

**8** in-person and **9** virtual events for alumni, students and friends

**60+** email communications to inform and engage internal and external constituents

**1,481+** views of an inaugural wellbeing initiative, The UNMC Talent Treasure Trove, created through a new partnership with the UNMC Campus Wellness Office

**3,800+** views, **132.7** hours of watch time of content on Alumni Association YouTube channel

**12** volunteers on the nursing alumni council who meet regularly with the dean, the alumni office and the development director from the NU Foundation to plan engagement strategies in alignment with college and campus priorities

# Research spotlight

## Kristin Dickinson, PhD, RN

Dr. Dickinson's program of research is focused on understanding symptoms and improving quality of life for persons throughout the cancer care continuum. Her primary research interest has focused on understanding biologic mechanisms of cancer-related fatigue (CRF) in men diagnosed with prostate cancer.

### **Research Goal:**

Currently, Dr. Dickinson investigates the contribution of metabolic dysfunction, hypoxia and oxidative stress to CRF in men with non-metastatic prostate cancer who receive radiation therapy. She received funding from the National Institute of Nursing Research / National Institutes of Health through a K99/R00 award that allowed for investigation of the role of cellular adaptive mechanisms (apoptosis, necrosis and autophagy) and mitochondrial function in CRF. The K99 phase of the grant investigated these biomarkers in acute CRF that develops during radiation therapy for these men. Preliminary findings from this study support that increased expression of genes related to cell death contribute to the fatigue phenotype. Dr. Dickinson is currently in the R00 phase of the grant where the focus is on validating the K99 findings, adding examination of the mitochondrial bioenergetic profile and extending investigation to chronic CRF in survivorship. She also has expanded her program of research to include a preclinical model that will provide the unique opportunity to take the bedside (our previous clinical studies) back to the bench (animal model of CRF) to provide access to further mechanistic investigation of metabolic dysfunction, hypoxia and oxidative stress in CRF. Dr. Dickinson also has an ongoing study examining the reliability, validity and clinical usefulness of a new questionnaire to assess multidimensional fatigue for persons with cancer.

Findings from the cumulation of these studies will enhance understanding of CRF and lead to the development of tailored interventions for improved CRF management and increased quality of life for persons throughout the cancer continuum.

## Alyson Hanish, PhD, MSN, RN

Dr. Hanish's research focuses on the neurobiology of sleep and sleep/wake disturbances in pediatric populations vulnerable to sleep problems, such as children and adolescents diagnosed with autism spectrum disorder and attention-deficit/hyperactivity disorder. Dr. Hanish is the principal investigator of an NIH-funded study titled: A SMART Design to Improve Sleep Disturbance in Adolescents with Neurodevelopmental Disorders (1K01NR017465-01A1, 2019 - 2022).

### **Research Goals:**

1) develop evidence-based guidelines for sleep interventions for children and adolescents with neurodevelopmental disabilities; 2) further explore the interaction between sleep-related phenotypes, biology, and genetics in children and adolescents at-risk for sleep disturbances; and 3) translate evidence-based sleep interventions from research to clinical practice and public health initiatives.

Dr. Hanish's transdisciplinary approach to research includes a team of nurses, psychologists, and physicians who seek to create innovative, sustainable and evidence-based pediatric sleep interventions.

# Grant Funding

Grant funding in 2019-20 was the highest in six years, with more than \$2.8 million awarded to College of Nursing investigators. The CON is proud of the work being done with these funds, including that by Trina Aguirre, PhD; Marcia Shade, PhD; Margaret Emerson, DNP; and Nicholas Guenzel, PhD, who were awarded diversity and/or health disparities grants by UNMC.

CON investigators leverage these grants to study obesity in rural Hispanic and Native American populations, enhance senior living through quality of life and independence, smartphone apps in primary care to manage underserved patients with mental illness, and engage peer recovery coaches to help Native Americans recovering from addiction.

## List of research grants funded for fiscal year 2019-20:

**Aguirre, T. (PI.),** UNMC Diversity Funding, 7/1/19 – 6/30/21: \$50,000.

**Alonso, W. (PI.),** Kupzyk, K., Midwest Nursing Research Society, *Characterizing the Symptom Experience of Rural individuals with Heart Failure and Multiple Chronic Conditions.* 4/1/19 – 3/31/20: \$7,500.

**Alonso, W. (PI.),** Rural Nurse Organization. *Using Mixed Methods to explore Cardiac Rehabilitation for Heart Failure in Rural Nebraska.* 12/01/2018-11/30/2019: \$500.

**Berger, A., (PI.),** Grem, J., Rizzo, M., Kedar, S., Schmid, K. Oncology Nursing Foundation, *Chemotherapy-Related Changes in Neurocognitive Function and Symptoms in Colorectal Cancer Patients.* 1/15/18 – 1/14/20: \$24,976.

**Berger, A., (PI.),** Grem, J., Rizzo, M., Kedar, S., Schmid, K., Garlinghouse, M, Anderson, D. Fred and Pamela Buffett Cancer Center. *Chemotherapy-Related Changes in Neurocognitive Function and Symptoms in Colorectal Cancer Patients.* 5/1/2018-4/30/2020: \$38,301

**Cramer, M. (PI. for sub-award/Rautianen, PI)** National Institutes of Health, National Institute for Occupational Safety and Health, U54 Grant, Central States Center for Agricultural Safety and Health (CS-CASH). 2 U54 OH010162-06, 07, 08

9/1/16 – 8/31/17: \$1,482,075 total award; CON award = \$100,000 direct + \$50,500 F&A = \$150,500

9/1/17 – 8/31/18: \$1,451,958 total award; CON award = \$102,070 direct + \$51,545 F&A = \$153,615

9/1/18 - 8/31/19: \$1,918,725 total award; CON award = \$97,312 direct + \$49,143 F&A = \$146,455

9/1/19 – 8/31/20: \$1,912,503 total award; CON award = \$100,000 direct + \$50,500 F&A = \$150,500

**Dickinson, K. (PI.)** National Institutes of Health, National Institute of Nursing Research, R00 Grant, *Cancer-Related Fatigue and the Adaptive Response to Oxidative Stress*

4R00NR015822-02 7/26/2018-6/30/2021:

7/26/2018-6/30/2019: \$162,550 direct + \$85,339 F&A = \$247,889

7/1/2019-6/30/2020: \$163,250 direct + \$85,706 F&A = \$248,956

7/1/2020-6/30/2021: \$163,250 direct + \$85,706 F&A = \$248,956

**Dickinson, K. (PI.)** CON Award. UNMC. *Reliability, Validity, and Clinical Utility of the Research Assessment and Clinical Tool- Fatigue (ReACT-F).* 12/15/2019-1/14/2020. \$4000

**Dickinson, K. (PI.)** Fred and Pamela Buffett Cancer Center. A Mouse Model of Cancer-Related Fatigue. 01/01/2020-12/31/2020. \$50,000

**Eisenhauer, C. (PI.),** Pullen, C., Hageman, P, Yoder, A., Kupzyk, K. National Institutes of Health, National Institute of Nursing Research R15 Grant, *Engaging Rural Men with Mobile Technologies for Weight Loss: A Randomized Controlled Trial.* 1R15NR017522-01.

9/22/17 – 8/31/20: \$250,000 direct + \$130,556 F&A = \$380,556.

**Emerson, M. (PI.)** Watanabe-Galloway S., Dinkel, D. UNMC Health Disparities. *Feasibility of Using Smartphone Apps in Primary Care to Manage Underserved Patients with Mental Illness*. 10/01/19-09/30/20. \$44,158.

**Guenzel, N. (PI.)** Kirk Dombrowski UNMC Health Disparities. *Peer Recovery Coaches to Help Native Americans Recovering from Addiction*. 10/01/19-09/30/20. \$49,899.

**Guenzel, N. (PI.)** Native Center for Alcohol Research and Education (NCARE), Washington State University/NIH, *Feasibility and Impact of Distance American Indian Peer Recovery Coaches*. 2/18/20 – 01/31/2020 \$40,000

**Hanish, A. (PI.)** National Institutes of Health, National Institute of Nursing Research, K01 Grant, *A SMART Design to Improve Sleep Disturbance in Adolescents with Neurodevelopment Disorders*. 1K01NR017465-01A1.

02/01/19 – 01/31/20: \$89,613

02/01/20 – 01/31/21: \$89,613

02/01/21 – 01/31/22: \$89,613

**Hetland, B. (PI.)** American Association of Critical-Care Nurses, *Evaluation of a Web-Based Intervention to Promote Family Caregiver Engagement in Symptom Assessment and Management during Mechanical Ventilation*. 4/1/17 – 5/31/20: \$49,412.

**Hetland, B. (PI.)** UNMC Pediatric Cancer Research Group. *Animal assisted interactions with an animal robot during physical and occupational therapy sessions in the Pediatric ICU: A feasibility study*. 01/20/2020-10/01/2021 \$32,623

**Hoffman, A. (PI.)** National Institutes of Health, National Cancer Institute, R01 Grant, *Managing Fatigue Using Virtual Reality for Post-Operative Lung Cancer Patients*.

1R01CA205025-01A1 9/1/2018-8/31/2023

9/1/2018-8/31/2019: \$414,834 direct + \$223,183 F&A = \$638,017

9/1/2019-8/31/2020: \$411,842 direct + \$193,976 F&A = \$601,322

9/1/2020-8/31/2021: \$408,497 direct + \$173,047 F&A = \$581,068

9/1/2021-8/31/2022: \$403,818 direct + \$184,290 F&A = \$582,287

9/1/2022-8/31/2023: \$300,359 direct + \$143,507 F&A = \$448,440

**Kotcherlakota, S. (PI.)**, Pelish, P., Hoffman, K., Kupzyk, K. CON Development Research Grant, *Efficacy of an Augmented Reality Technology in Learning Pediatric Asthma Management*. 6/1/17 – 5/30/19: NCE \$5,680.

**Lally, R., (PI.)** Eisenhauer, C., Kupzyk, K., Reed, E., Mudgapalli, A. Great Plains IDeA-CTR Pilot Project, *Facilitating Oncology Patient-Clinician Communication via E-health Innovations*. 7/1/17 – 6/30/20: \$50,000.

**Mathews, T. (PI.)**, W. Wiggins. University of Nebraska Lincoln. *School Psychology Specialization for Toddlers with Autism Spectrum Disorders*. 1/1/18-12/31/18. \$60,600.

**Moore, T (PI.)** Edna Ittner Pediatric Research Support Fund, *Toxic Stress and Social Emotional Maturity at 16 months*.

**Pozehl, B. (PI.)** UNMC CENTRIC JITA 11/01/19-10/31/20. \$6015

**Rowland, S. (PI.)**, UNMC CENTRIC 1/1/2019 – 12/31/19 \$50,000

**Schmaderer, M. (PI.)**, Thompson, R., Lundgren, S., Wichman, C., Pozehl, B., Mollard, E. Center for Patient, Family, and Community Engagement in Chronic Care Management (CENTRIC). *Self-Management in Heat Failure: M-Health Intervention*. 1/1/18 – 12/31/19: \$40,000. NCE

**Schmaderer, M. (PI.)** Great Plains IDeA-CTR Pilot Project. *Self-Management Interventions Using Mobile Health for the Multimorbid*. 07/01/2018-06/30/2020. \$74,365

**Shade, M. (PI.)**, UNMC Diversity Funding, 7/1/19 – 6/30/21. \$50,000.

**Shade, M. (PI)**, UNO Subaward, *Enhancing Senior Living, Quality of Life and Independence*. 08/01/2019-07/31/2020. \$1000

**Waltman, N. (Co-PI.)**, Bilek, L. (Co-PI.). National Institutes of Health, National Institute of Nursing Research R01 Grant, *Bone-Loading Exercises versus Risendronate on Bone Health in Post-Menopausal Women*. 1 R01 NR015029-01. 9/17/14 – 6/30/19:

9/17/14 – 6/30/15: \$463,392 direct + \$194,533 F&A = \$657,925

7/1/15 – 6/30/16: \$478,888 direct + \$191,296 F&A = \$670,184

7/1/16 – 6/30/17: \$503,227 direct + \$187,939 F&A = \$691,166

7/1/17 – 6/30/18: \$489,853 direct + \$195,271 F&A = \$685,124

7/1/18 – 6/30/19: \$413,393 direct + \$156,659 F&A = \$570,052 NCE

## EDUCATIONAL/SPECIAL PROJECTS GRANTS FUNDED FOR FISCAL YEAR 18-19

**Buchanan, L. (PD.)** U.S. Dept. of Health & Human Services, *Advanced Nursing Workforce*, CFDA 93.247, Advanced Nursing Education Workforce (ANEW). 1 T94HP30901-01-00:

7/1/17 – 6/30/18: \$543,123 direct + \$143,284 F&A = \$686,418

7/1/18 – 6/30/19: \$524,104 direct + \$136,243 F&A = \$660,347

7/1/19-6/20/20: No Cost Extension

**Carithers, C and Connelly, L (PD.)** The University of Nebraska, Innovation Award, *Building Capacity toward a Culture of Inclusive Excellence*. 2/2020-01/2021: \$3,000

**Cera, J. (PI.)** UNMC Olson Center, Continence Community Education Program, 07/01/19-06/30/20: \$26,000

**Fandt, K. (PD.)** U.S. Dept. of Health & Human Services, Nurse, Education, Practice, Quality and Retention (NEPQR). CFDA: 93.359 1 UK1HP31732-01-00:

7/1/2018-6/30/2019: \$672,438

7/1/2019-6/30/2020: \$663,339

7/1/2020-6/30/2021: \$633,342

7/1/2021-6/30/2022: \$633,342

**Holmes, L. (PD.)** U.S. Dept. of Health & Human Services, ANE – Nurse Practitioner Residency Program. CFDA: 93.247 6 T14HP33206-01-02

07/01/2019-06/30/2020: \$472,752

07/01/2020-06/30/2021: \$399,121

07/01/2021-06/30/2022: \$399,121

07/01/2022-06/30/2023: \$399,121

**LaFramboise, L. (PD.)** U.S. Dept. of Health & Human Services, Nurse Education, Practice, Quality and Retention – Veteran Nurses in Primary Care. CFDA: 93.359 1 U2VHP33066-01-00

07/01/2019-06/30/2020: \$438,228

07/01/2020-06/30/2021: \$463,237

07/01/2021-06/30/2022: \$463,237

**Mathews, T.** BHECN. 10/01/19-04/30/20. \$10,000

**Meier, N. (PD.)** University of Nebraska Foundation, Women Investing in Nebraska, *Geriatric Cognitive and Mental Health Project for Rural Nebraska*. 10/4/18-12/31/19. \$91,500.

**Pressler, J. (PD.)** CVS Health Foundation, Advance Practice Nurse & Physician Assistant Scholarships. 1/1/20 – 12/31/20: \$5,000.

**Pullen, C. (PD.)** Jonas Center for Nursing Excellence, Jonas V Scholar Program. 8/1/2019-7/31/21: \$10,000.

**Zimmerman, L. (PD.)**, The Hearst Foundation/ Univ. of NE Foundation, Center for Patient, Family and Community Engagement in Chronic Care Management through Discovery, Dissemination and Diffusion. 12/1/19 – 11/30/21: \$150,000.

## NEW GRANT FUNDING 2019-2020

**Aguirre, T. (PI.),** UNMC Diversity Funding, 7/1/19 – 6/30/21: \$50,000.

**Cera, J. (PI.)** UNMC Olson Center, Continence Community Education Program, 07/01/19-06/30/20: \$26,000.

**Dickinson, K. (PI.)** CON Award. UNMC. Reliability, Validity, and Clinical Utility of the Research Assessment and Clinical Tool- Fatigue (ReACTF). 12/15/2019-1/14/2020. \$4000

**Dickinson, K. (PI.)** Fred and Pamela Buffett Cancer Center. A Mouse Model of Cancer-Related Fatigue. 01/01/2020-12/31/2020. \$50,000

**Emerson, M. (PI.)** Watanabe-Galloway S., Dinkel, D. UNMC Health Disparities. Feasibility of Using Smartphone Apps in Primary Care to Manage Underserved Patients with Mental Illness. 10/01/19-09/30/20. \$44,158.

**Guenzel, N. (PI.)** Kirk Dombrowski UNMC Health Disparities. Peer Recovery Coaches to Help Native Americans Recovering from Addiction. 10/01/19-09/30/20. \$49,899.

**Hetland, B. (PI.)** UNMC Pediatric Cancer Research Group. Animal assisted interactions with an animal robot during physical and occupational therapy sessions in the Pediatric ICU: A feasibility study. 01/20/2020-10/01/2021 \$32,623

**Holmes, L. (PD.)** U.S. Dept. of Health & Human Services, ANE – Nurse Practitioner Residency Program. CFDA: 93.247 6 T14HP33206-01-02

07/01/2019-06/30/2020: \$472,752

07/01/2020-06/30/2021: \$399,121

07/01/2021-06/30/2022: \$399,121

07/01/2022-06/30/2023: \$399,121

**LaFramboise, L. (PD.)** U.S. Dept. of Health & Human Services, Nurse Education, Practice, Quality and Retention – Veteran Nurses in Primary Care. CFDA: 93.359 1 U2VHP33066-01-00

07/01/2019-06/30/2020: \$438,228

07/01/2020-06/30/2021: \$463,237

07/01/2021-06/30/2022: \$463,237

**Pozehl, B. (PI.)** UNMC CENTRIC JITA 11/01/19-10/31/20. \$6015

**Schuelke, S. (PI.)** CS-CASH Award 04/01/2020-03/30/2021. \$20,000

**Shade, M. (PI),** UNMC Diversity Funding, 7/1/19 – 6/30/21. \$50,000.

**Shade, M. (PI),** UNO Subaward, Enhancing Senior Living, Quality of Life and Independence. 08/01/2019-07/31/2020. \$1000

# Publications

The College of Nursing promotes a culture of research among faculty and infuses that culture in students enrolled in programs at all levels. Faculty are encouraged and expected to integrate research and scholarship into teaching and practice, and into all assigned work and service.

## List of publications for fiscal year 2019-20:

### **Alonso, W., Mollard, E., Zimmerman, L.,**

Lundgren, S., Clark, A., & **Pozehl, B.** (2019). Self-care management after ventricular assist device implantation: Recipient needs and experiences after hospital discharge. *The Journal of Heart and Lung Transplantation, 38*(4), S303-S304. doi: 10.1016/j.healun.2019.01.763

Birriel, B., **Alonso, W.**, Kitko, L. A., & Hupcey, J. E. (2019). Family caregiver-reported outcomes regarding decision making for left ventricular assist device implantation. *Heart & Lung, 48*(4), 308–312. doi: 10.1016/j.hrtlng.2019.03.002

### **Alonso W,** Hupcey JE, Kitko L, **Pozehl B,** Kupzyk K.

(2019). Adverse-event free survival, hospitalizations, and mortality in left ventricular assist device recipients: A rural-urban cohort comparison. *Journal of Cardiovascular Nursing, 34*(6), 454-464. doi: 10.1097/JCN.0000000000000597

### Schroeder, S., **Alonso, W.**, Steuter, J., & **Pozehl,**

**B.** (2019). Measurement of frailty over time in ventricular assist device patients: Use of the 5-meter walk test. *The Journal of Heart and Lung Transplantation, 38*(4), S461. doi: 10.1016/j.healun.2019.01.1175

Sandau, K., Lee, C., Faulkner, K., Eckman, P., Garberich, R., **Pozehl, B.**, Jurgens, C.Y., Weaver, C.E., Joseph, S., Hall, S.A., Carey, S., Cowger, J.A., Chaudhry, S.P., Schroeder, S.E., O'Hoffman III, R., Feldman, D., Conway, G., Birati, E., Soni, M., Marble, J., Kunz, M.S., Storey, K.M., & Hogle, B. (2019). Validity and reliability of the Quality Of Life with a Left Ventricular Assist Device (QOLVAD) questionnaire. *The Journal of Heart and Lung Transplantation, 38*(4). S261. doi: 10.1016/j.healun.2019.01.649

### **Barnason, S., Zimmerman, L., Schulz, P, Pullen, C., & Schuelke, S.** (2019). Weight management telehealth intervention for overweight and obese rural cardiac rehabilitation participants: A randomized trial. *Journal of Clinical Nursing, 28,*

1808–1818. doi: 10.1111/jocn.14784

Padula, W. V., & **Black, J. M.** (2019). The standardized pressure injury prevention protocol for improving nursing compliance with best practice guidelines. *Journal of Clinical Nursing, 28*(3-4), 367-371. doi:10.1111/jocn.14691

### **Beam, E.L.,** Schwedhelm, M.M., Boulter, K.C., Vasa,

A.M., Larson, L., Cieslak, T.J., Lowe, J.J., Herstein, J. J., Kratochvil, C.J., & Hewlett, A.L. (2019). Ebola virus disease: Clinical challenges, recognition, and management. *Nursing Clinics of North America, 54,* 169-180. <https://doi.org/10.1016/j.cnur.2019.02.001>

### Gibbs, S. G., Herstein, J. J., Le, A. B., **Beam, E. L.,**

Cieslak, T. J., Lawler, J. V., Santarpia, J. L., Stentz, T. L., Kopocis Herstein, K. R., Achutan, C., Carter, G. W., & J. J. Lowe. (2019). Need for aeromedical evacuation high-level containment transport guidelines. *Emerging Infectious Diseases, 25*(5), 1033-1034. <https://doi.org/10.3201/eid2505.181948>

### Gibbs, S. G., Herstein, J. J., Le, A. B., **Beam, E. L.,**

Cieslak, T. J., Lawler, J. V., Santarpia, J. L., Stentz, T. L., Kopocis Herstein, K. R., Achutan, C., Carter, G. W., & J. J. Lowe. (2019). Review of literature for air medical evacuation high-level containment transport. *Air Medical Journal, 38*(5), 359-365. doi.org/10.1016/j.amj.2019.06.006

### **Berger, A.,** Kumar, G., LeVan, T. & Meza, J. (2019).

Symptom clusters and quality of life over one year in breast cancer patients receiving adjuvant chemotherapy. *Asia-Pacific Journal of Oncology Nursing.* doi: 10.4.103/1pjon.apon\_57\_19

Caruso, C., Baldwin, C., Berger, A., Chasens, E., Edmonson, C., Gobel, B., & Tucker, S. (2019). Disseminating policy recommendations to reduce fatigue in nurses. *Sleep Science, 12*(Suppl.3), 7.

Caruso, C., Baldwin, C., **Berger, A.,** Chasens, E., Edmonson, C., Gobel, B., & Tucker, S. (2019). Policy brief: Nurses fatigue, sleep, and health, and ensuring patient and public safety. *Nursing Outlook, 67,* 615-619. doi: 10.1016/j.outlook.2019.08.004

Caruso, C., Baldwin, C., **Berger, A.**, Chasens, E., Landis, C., Redeker, N., Scott, L.D., & Trinkoff, A. (2019). Posición de la academia estadounidense de enfermería sobre políticas. declaración de posición: Reducir la fatiga asociada con la deficiencia de sueño y las horas de trabajo en enfermeras. *Southwest Journal of Pulmonary and Critical Care*, *19*, 169-174. doi: 10.13175/swjpc075-19

Charalambous, A., **Berger, A. M.**, Matthews, E., Balachandran, D. D., Papastavrou, E., & Palesh, O. (2019). Cancer related fatigue and sleep deficiency in cancer care continuum: Concepts, assessment, clusters, and management. *Supportive Care in Cancer*, *27*(7), 2747-2753. doi:10.1007/s00520-019-04746-9

Anderson, D. E., Bhatt, V. R., Schmid, K., Holstein, S. A., Lunning, M., **Berger, A. M.**, & Rizzo, M. (2019). Neurophysiological evidence of impaired attention and working memory in untreated hematologic cancer patients. *Clinical Neurophysiology*, *130*(8), 1243-1252. <https://doi.org/10.1016/j.clinph.2019.04.714>

**Buckland, S. A., Pozehl, B., & Yates, B.** (2019). Depressive symptoms in women with coronary heart disease. *The Journal of Cardiovascular Nursing*, *34*(1), 52-59. doi:10.1097/jcn.000000000000005

**Buckland, S., Pozehl, B., & Yates, B.** (2019). Clarifying the concept of depression in women with coronary heart disease. *Advances in Nursing Science*, *42*(4). doi: 10.1097/ans.0000000000000264

**Burbach, B. E., Struwe, L. A.**, Young, L., & **Cohen, M. Z.** (2019). Correlates of student performance during low stakes simulation. *Journal of Professional Nursing*, *35*(1), 44-50. doi:10.1016/j.profnurs.2018.06.002

**Burge, S. A.**, Powell, W., & Mazour, L. (2019). A quality improvement endeavor improving depression screening for rural older adults. *Online Journal of Rural Nursing and Health Care*, *19*(2), 44-64. doi: 10.14574/ojrnhc.v19i2.563

Hudson, D. B., **Campbell-Grossman, C., Hanna, K. M.**, & Fial, A. V. (2019). Health-related mobile phone-based programs and health-care utilization by mothers of infants: An integrative review. *Journal of Technology in Behavioral Science*. doi: 10.1007/s41347-019-00119-5

**Cera, J. L., Twiss, J. J., & Struwe, L.** (2019). Implementing a nurse practitioner-led delivery model for continence care within community

fitness facilities. *Urologic Nursing*, *39*(1), 17-27. doi:10.7257/1053-816X.2019.39.1.17

White, L. L., **Cohen, M. Z., Berger, A. M., Kupzyk, K. A.**, & Bierman, P. J. (2019). Self-efficacy for management of symptoms and symptom distress in adults with cancer: An integrative review. *Oncology Nursing Forum*, *46*(1), 113-128. doi:10.1188/19.ONF.113-128

White, L. L., **Cohen, M. Z., Berger, A. M., Kupzyk, K. A.**, & Bierman, P. J. (2019). The meaning of self-efficacy for symptom management in the acute phase of hematopoietic stem cell transplantation. *Cancer Nursing*, *00*, 1-8. doi: 10.1097/ncc.0000000000000685

**Connelly, L.**, Kathol, L., Truksa, V. P., **Miller, J.**, Stover, A., & **Otto, E. L.** (2019). The academic coach: A program for nursing student success. *Journal of Nursing Education*, *58*(11), 661-664. doi: 10.3928/01484834-20191021 09

**Cramer, M.E.**, Wulf, K., **Wendl, M.**, & **Keeler, H.** (2019). Are advanced providers prepared to care for the agricultural population? *The Journal for Nurse Practitioners*, *15*(2), e41-e44. <https://doi.org/10.1016/j.nurpra.2018.09.018>

Hsiao, C.P., **Dickinson, K.**, Gonzalez-Mercado, V., Kelly, D.L., Lukkahatai, N., McCabe, M., Mayo, S., Musanti, R., & Saligan, L.N. (2019). Consortium building for nurse scientists interested in symptoms research in the era of precision health. *Journal of Nursing Scholarship*, *0*(0), 1-9. <https://doi.org/10.1111/jnu.12534>

**Dickinson, K., Kupzyk, K.**, & Saligan, L. (2019). Evaluating dimensions of fatigue in men with prostate cancer receiving radiation therapy. *Cancer Nursing*. doi: 10.1097/NCC.0000000000000782

**Dickinson, K.A.**, Kelly, D.L., Lai, J.S., & Saligan, L.N. (2019). Development of the PROMIS-based Research Assessment and Clinical Tool-Fatigue (ReACT-F). *Supportive Care in Cancer*, *27*(9), 3375-3383. <https://doi.org/10.1007/s00520-018-4614-2>

**Djalilova, D., Mandolfo, N., Berger, A. & Cramer, M.** (2019). Policy analysis of access to and reimbursement for non pharmacologic therapies for cancer-related fatigue. *Public Health Nursing*, *36*, 545-550. doi:10.1111/phn.12615101

**Emerson, M. R.** (2019). Implementing a hybrid-collaborative care model: Practical considerations for nurse practitioners. *Issues in Mental Health Nursing*, *40*(2), 112-117. doi: 10.1080/01612840.2018.1524533



- Kinnan, S., **Emerson, M. R.**, Kern, J., & Ratzliff, A. (2019). How a health center eliminated the waiting list for psychiatric services. *Psychiatric Services, 70*(12), 1176-1179. <https://doi.org/10.1176/appi.ps.201900222>
- Franzen-Castle, L., Colby, S. E., Kattelman, K. K., Olfert, M. D., Mathews, D. R., Yerxa, K., Baker, B., Krehbiel, M., Lehrke, T., Wilson, K., **Ford, A., Aguirre, T.**, & White, A. A. (2019). Development of the iCook 4-H curriculum for youth and adults: Cooking, eating, and playing together for childhood obesity prevention. *Journal of Nutrition Education and Behavior, 51*(3S), S60-S68. doi: 10.1016/j.jneb.2018.11.006
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## In Memoriam – UNMC College of Nursing mourns the loss of the following alumni:

### 1940s

Agnes L. Anderson '44 – November 28, 2019  
Juanita G. Norton '46 – December 6, 2019  
Verna E. Richert '41 – January 23, 2020

### 1950s

Barbara J. Oertell '58 – July 29, 2019  
Aleta K. Hermes '55 – July 16, 2019  
Phyllis J. Messman '52 – August 8, 2019  
Josephine M. Pinckley '52 – August 14, 2019  
Marilyn R. Kersten '56 – December 27, 2019  
Barbara A. Wolf '52 – May 17, 2020

### 1960s

Shirley J. Foster '63 – November 18, 2019  
Peggy E. Duff '65 – December 20, 2019  
Katherine R. Reed '60 – March 1, 2020

### Others who passed

Sybil Sedivy – November 5, 2019  
Karen Schledewitz – December 24, 2019

### 1970s

Barbara J. Horn '73 – July 1, 2019  
Nancy J. Johnson '75 – November 13, 2019

### 1980s

Faye J. Sorensen '83 – October 26, 2019  
Kay A. Jack '85 – December 28, 2019  
Rosalie Graz '84 – January 2, 2020  
Elizabeth A. Dixon '80 – January 23, 2020  
Patricia A. Wahlstedt '80 – April 25, 2020  
Sheryl A. Ohrt '83 – May 27, 2020

### 1990s

Gerald W. Abbott '97 – October 2, 2019  
Terri L. Jelinek '96 – April 8, 2020  
Lori A. McDermott '91 – June 25, 2020

# Student Awards

## **Irma Kyle Kramer Award for Academic Excellence (May 2020)**

Michelle Bruha  
Shelby Dickson  
Jacquelynn Edwards  
Cherokee Frahm-Thayer  
Joshua Gasper  
Audrey Gregan  
Sophia LaPorta  
Alexandra Lee  
Tami Jo Marcellus  
Serena Rohrbough  
Rachel Tolbert

## **Irma Kyle Kramer Award for Academic Excellence (December 2019)**

Ashley Bode  
Stephanie Guerrero  
Ross Huxoll  
Taylor Kadavy  
Simone Oberholzer

## **Charlotte Burgess Award (May 2020)**

Krista Villarreal  
Melissa Barrett  
Lauren Harrington  
Julia Keller  
Janelle Griend  
Alisha Obando

## **March of Dimes Awards Ceremony – Student Awards**

Monica Arens (Northern Division)  
Payden Hunke (Kearney Division)  
Mallory Woods (Omaha Division)

## **Midwest Nursing Research Society BSN Student Poster Winner (3rd Place)**

Makenzie Smith

## **Nebraska State Student Nurses Association (NSSNA) Awards – February 2020**

Mallory Woods – Omaha – NSSNA Nurse of the Year Award

Shayleen Behm – Scottsbluff – NSSNA Board Member of the Year Award

UNMC Scottsbluff – The Most Unique Community Service Award

UNMC Scottsbluff – The Overall Community Health Award

UNMC Lincoln – Greatest Number of Attendees Award

UNMC Scottsbluff – Travelled the Greatest Distance Award

## **UNMC BOSS (Benefiting Organization through Senate Senate) Award**

Jed Hansen

## **UNMC Student Senate**

Austin Clarke – elected senator-at-large

# Faculty & Staff Awards

## COLLEGE OF NURSING ANNUAL FACULTY AND STAFF AWARDS

**Ada M. Lindsey Professional Service Award** – Denise Waibel-Rycek

**Ada M. Lindsey Professional Staff Award** – Kris Claussen

**Distinguished TEAM Award** – Zoom Proctoring Team – Patrick Rejda, Juli Bohnenkamp, Tess McKinney, Missy Ofe Fleck, Amy Newhouse, Jerry Schledewitz

**Donna Westmoreland Excellence in Faculty Mentoring Award** – Bunny Pozehl

**Kathryn Sandahl Philp Creativity and Innovation Award** – Dawn Tassemeier

**Pennie Z. Davis Faculty Research Award** – Kathy Hanna

**Staff Excellence Award** – Bobbi Hartshorn

**Staff Leadership Award** – Anji Heath

**Staff Spirit Award** – Tia Stevenson

**The Dean's Excellence in Teaching Award** – Leeza Struwe

**The Rosalee C. Yeaworth Excellence in Teaching Award** – Mary Petersen

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## College of Nursing Outstanding Performance Stipend Awards

Sherrie Ames

Nichole Baer

Molly Belieu

Juli Bohnenkamp

Kristi Brummels

Kris Claussen

Valeta Creason-Wahl

Diane Feldman

Amy Frizzell

Gloria Geiselman

Bobbi Hartshorn

Kim Hayes

Anji Heath

Manni Hora

Cara Mouw

Denise Ott

Renee Paulin

Diane Potter

Patrick Rejda

Eric Rivera

Diana Rizzo

Laura Robbins

Sandy Sasse

Jerry Schledewitz

Stephen Smith

Tia Stevenson

Amelia Stoltman

Jill Thewke

Lori Turner

LaDonna Tworek

Mary Wendl

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## College of Nursing Promotions and/or Tenure (effective July 1, 2019)

Christine Eisenhauer - Associate Professor

Robin Lally - Tenure

Tiffany Moore – Associate Professor & Tenure

## College of Nursing Retirements / Emeritus Appointments

Roberta Kroeger – Retired May 15, 2020; Emeritus Instructor

Mary Ann Mertz – Retired May 15, 2020

Carol Pullen – Retired December 2019; Emeritus Professor

Sheila Ryan – Retired June 30, 2020; Emeritus Professor

Dana Samson – Retired January 3, 2020

Rita Schmitz – Retired May 15, 2020; Emeritus Assistant Professor

Denise Waibel-Rycek – Retired May 15, 2020, Emeritus Instructor

Susan Wilhelm – Retired June 30, 2019; Emeritus Assistant Professor (July 1, 2019)

**Daisy Foundation & the American Association of Colleges of Nursing, Daisy Award® for Extraordinary Nurses**

Jill Reed – April, 2020

Cathy Binstock – December, 2019

Lea Kathol – December, 2019

**Degrees Received**

Patricia Ealy – Post-Masters Certificate (August 2019)

Amber Fulk – MSN (August 2019)

Douglass Haas – DNP, UNMC (May 2020)

Kassidy Horst – Post-Masters Certificate, UNMC (May 2020)

Lisa Krabbenhoft – PhD, UNMC (May 2020)

Kathy Thompson – DNP, UNMC (May 2020)

**Marquis Who's Who Albert Nelson Marquis Lifetime Achievement Award**

Rosalee C. Yeaworth, Emeritus Professor

**Microsoft Innovation Education Expert for 2019-2020**

Tess McKinney

**Midwest Nursing Research Society Symptom Science Research Interest Group New Investigator Award**

Kristin Dickinson

**Midwest Nursing Research Society Adolescent Health Research Interest Group New Investigator Award**

Alyson Hanish

**Midwest Nursing Research Society Distinguished Abstract Award**

Jennifer Miller, Ann Berger, and Kevin Kupzyk

**Nancy Bergstrom Early Career Investigator Award**

Myra Schmaderer

**National League for Nursing 2020 Leadership Development Program for Simulation Educators (one of 20 participants selected nationwide)**

Sue Schuelke

**Nebraska Senior Games – Disc Gold (set a tournament record)**

Andrew Chisholm

**Nebraska State Student Nurses Association (NSSNA) Certificate of Appreciation – February 2020**

Jami Fulwider

Trina Aguirre

**Society for Healthcare Epidemiology of America 2020 William Rutala Scholarship**

Beth Beam

**UNeMed New Invention Notification Contributor**

Marcia Shade

**UNMC Alumni Association Awards**

Distinguished Alumnus Award – Lynne Buchanan

Honorary Alumnus Award – LaDonna Tworek

Nursing Excellence Award – Michelle Young (BSN '09, MSN '13)

**UNMC Distinguished Scientist Award**

Amy Hoffman

**UNMC Graduate Faculty Status**

Windy Alonso (July 2019)

Cathrin Carithers (December 2019)

Alyson Hanish (July 2019)

Jennifer Miller (March 2020)

**UNMC iLEAD Graduate**

Kelly Betts

**UNMC Interprofessional Academy of Educators Catalyst for Education awards recognized:**

Tom Gaffney

Renee Paulin

Patrick Rejda

Sandra Sasse

**UNMC Interprofessional Academy of Educators Impact in Education for Interprofessional Education Scholar Award**

Claudia Chaperon

**UNMC Interprofessional Academy of Educators Inductees**

Kirsten Curtis  
Brittany Schlueter  
Stacy Werner

**UNMC Interprofessional Academy of Educators Emeritus Member**

Susan Wilhelm

**UNMC Silver “U” Award Recipients**

Amelia Stoltman (April 2020)  
Sarah Dillon (February 2020)  
Tom Gaffney (September 2019)

**UNMC Student Senate Distinguished Teacher Award (runner-up)**

Christine Eisenhauer

**UNMC YEARS OF SERVICE**

**30 Years**

Lisa Muschall

**20 Years**

Cara Mouw  
Sheila Ryan

**10 Years**

Katherine Bravo  
Tom Gaffney  
Suhasini Kotcherlakota  
Gwen Porter  
Anne Wilber

**5 Years**

Missy Ofe Fleck  
Alyson Hanish  
Kathy Hanna  
Lauren Lesiak  
Sandra Sasse

**Urologic Nursing Patricia Bates Novice Literary Excellence Award for the article “Implementing a Nurse Practitioner-Led Delivery Model for Continence Care within Community Fitness Facilities”**

Jennifer Cera  
Janice Twiss  
Leeza Struwe

**College of Nursing Recognition**

- Sigma Theta Tau awarded Gamma Pi Chapter-at-Large its Fourth Key Award at the biennial conference held on November 2019

- Graduate Nursing Education and Nursing Research Center celebrated its 50th Anniversary
- The College of Nursing Continuing Nursing Education office launched a new podcast called “RN Huddle”
- Launched the MSN/MBA Degree Program with UNO
- Higher Learning Commission approved the Multi-Location Visit Peer Review Report
- US News and World Report online MSN Programs ranked our LEAD Program as #12 among nursing administration programs.

UNIVERSITY OF  
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Medical Center



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