



UNMC COLLEGE OF NURSING ANNUAL REPORT 2018-19

FIVE CAMPUSES | ONE COLLEGE



University of Nebraska
Medical Center™

BREAKTHROUGHS FOR LIFE.™



The mission of the College of Nursing is to transform lives through premier nursing education, innovative research, the highest quality care and promotion of health equity.

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MESSAGE FROM THE DEAN



When I reflect on the work of the people in the College of Nursing this past year, the first word that comes to mind is vibrancy! Vibrancy is defined by the Oxford Dictionary as “the quality of being full of life and energy”ⁱ. This truly highlights what I see when I look at the accomplishments, inspirations, and innovations this past year. Vibrancy and joie de vivre are what we hope we can help people achieve for health. So it seems fitting that the life of the College was vibrant in so many ways this past year. We learned in fall, 2018 that the College received a full ten year continuing accreditation of the BSN, MSN, DNP, and Post Masters’ Certificate programs. Accreditation recognizes achievement of a certain level of quality expected by the public, and I am happy to say that all of you who make up the College’s community of interest take us far beyond that to an even higher level of excellence. Inside these pages you will read more about College-level recognitions, and faculty, staff, student, and alumni achievements. Many of those achievements have received awards and we are excited about sharing those with you in this report. The life of a College is not just its achievements, but also the daily hard work of maintaining excellence in teaching, learning, conducting research, and engaging in practice. I believe you will find this report documents the everyday standard of excellence each person upholds. I thank each of you who are part of helping achieve the College of Nursing mission and vision in a way that sustains an environment of vibrancy!



Juliann G. Sebastian, PhD, RN, FAAN

Dean and Professor

ⁱ <https://www.oxfordlearnersdictionaries.com/definition/english/vibrancy>

LEADERSHIP

Executive Council

Susan A. Barnason, PhD, RN, APRN-CNS, CEN, CCRN, FAEN, FAHA, FAAN

Molly M. Belieu, MA

Ann Berger, PhD, APRN, AOCNS, FAAN

Kelly J. Betts, EdD, RN, APRN, PCPNP-BC, CNE

Lynne Buchanan, PhD, APRN-NP, BC

Cathrin Carithers, DNP, RN

Liane M. Connelly, PhD, RN, NEA-BC

Beth A. Culross, PhD, RN, GCNS-BC

Kathryn L. Fandt, PhD, APRN-NP, FAANP, FAAN

Amy Jude Hoffman, PhD, RN

LeAnn Holmes, DNP, APRN-NP, FAANP

Teresa L. Hultquist, PhD, RN, PHCNS-BC, NE-BC

Heidi J. Keeler, PhD, RN

Louise M. LaFramboise, PhD, RN

Lisa M. Muschall, MBA

Suzanne L. Nuss, MBA, PhD, RN, CENP

Jana L. Pressler, PhD, RN

Carol H. Pullen, EdD, RN

Sheila A. Ryan, PhD, RN, FAAN

Rita Schmitz, MSN, RN

Juliann G. Sebastian, PhD, RN, FAAN

Lynnette R. Leeseberg Stamler, PhD, DLitt, RN, FAAN

LaDonna J. Tworek

Lani M. Zimmerman, PhD, RN, FAHA, FAAN

Committee Chairs

Elizabeth Bockoven, MSN, RN
Academic Review Committee

Mary Andersen, MSN, RN, APRN, PMHNP-BC
Committee on Nominations

Juliann G. Sebastian, PhD, RN, FAAN
Executive Council

Rita Schmitz, MSN, RN
Faculty Coordinating Council
General Faculty Organization

Kelly Gonzales, PhD, APRN-NP, FNP-C
Faculty Practice Committee

Tiffany Moore, PhD, RN
Nursing Research

Carol H. Pullen, EdD, RN
PhD Affairs Council

Paula Schulz, PhD, RN &
Claudia Chaperon, PhD, APRN, GNP-BC
Professional Graduate Nursing Affairs Committee

Bunny Pozehl, PhD, RN, APRN-NP, FHFSA,
FAHA, FAAN
Promotion and Tenure

Mary Petersen, MSN, RN, MBA, APRN-CNS
*Undergraduate Admission, Progression,
Graduation & Scholarship/Grant*

Beth Burbach, PhD, RN, CNE
Undergraduate Curriculum Committee

Interprofessional Academy of Educators

**Teresa Barry Hultquist, PhD, RN, NE-BC,
PHCNS-BC**

Academy Member Since 2016

Elizabeth Beam, PhD, RN

IAE Education Researcher

Academy Member Since 2016

Katherine Bravo, PhD, RN, CPNP-PC

Academy Member Since 2016

Cathrin Carithers, DNP, APRN, FNP-C

Academy Member Since 2017

Claudia Chaperon, PhD, APRN, GNP-BC

Academy Member Since 2017

Beth Culross, PhD, RN, GCNS-BC

IAE Associate Director

Academy Member Since 2017

Kirsten Curtis, MSN, RN

Academy Member Since 2019

Heidi Keeler, PhD, RN

Academy Member Since 2017

Suhasini Kotcherlakota, PhD

Academy Member Since 2016

Louise LaFramboise, PhD, RN, CNE

Academy Member Since 2016

Audrey Nelson, PhD, RN

Academy Member Since 2016

Missy Ofe Fleck, PhD, RN

Academy Member Since 2017

Sandra Sasse, MSN, RN

Academy Member Since 2018

Brittany Schlueter, MSN, RN, BSEd

Academy Member Since 2019

**Lynnette Leeseberg Stamler, PhD, DLitt,
RN, FAAN**

Academy Member Since 2016

Cheryl Bagley Thompson, PhD, RN

Academy Member Since 2018

Stacy Werner, EdD, MSN, RN

Academy Member Since 2019

Sue Wilhelm, RNC, PhD

Emeritus Member Since 2019



College of Nursing in Norfolk to offer accelerated bachelor's degree

by Vicky Cerino, UNMC public relations

As part of its continuing effort to address the state's nursing shortage, the UNMC College of Nursing will offer an accelerated bachelor's degree in nursing (BSN) program at its Northern Division in Norfolk.

UNMC's College of Nursing currently offers accelerated programs in its four other divisions in Omaha, Lincoln, Kearney and Scottsbluff. The college's latest expansion of its programs includes a partnership with Wayne State College.

Accelerated BSN programs are one-year, intense programs that require students to take classes and do clinical rotations for three semesters in the spring, summer and fall. Students will begin classes on the Norfolk campus in January 2019 and graduate in December of the same year.

Juliann Sebastian, Ph.D., dean of the UNMC College of Nursing, said the typical student in accelerated programs seeks a second bachelor's degree and desires a career change to nursing.

"Accelerated programs help address the acute nursing shortage. We are delighted to expand our accelerated bachelor's program in nursing," Dr. Sebastian said. "The need for nurses in Nebraska with BSN degrees is particularly acute."

Acceptance into an accelerated BSN program requires a bachelor's degree in any field from any accredited institution, as well as prerequisite nursing courses. Students also must obtain a certified nursing assistant certificate before beginning the accelerated program.

Liane Connelly, Ph.D., assistant dean and associate professor, UNMC College of Nursing Northern Division, said Wayne State College has done something unique for its students who want to apply to UNMC's accelerated BSN program.

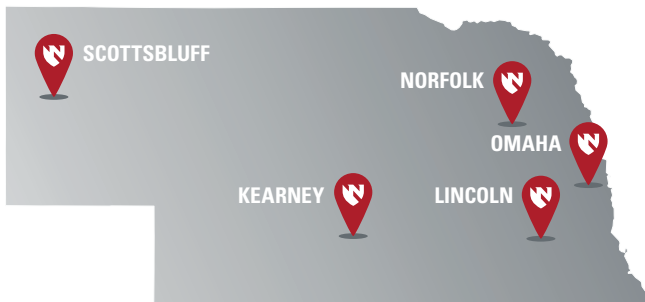
"They built into some of their majors the prerequisite courses we require to apply to our program. This saves students time and money and makes it easier to apply at UNMC," she said.

Here's how the program works: students will complete a bachelor's degree in any major at WSC while also completing courses required for application to the accelerated BSN curriculum. Upon prospective graduation, students can apply to the accelerated nursing program.

Those interested in the UNMC accelerated program can apply from March 1 to July 1. Students who need to complete pre-requisite courses for nursing can complete them this summer and fall then apply for UNMC admission.

COLLEGE OF NURSING FAST FACTS

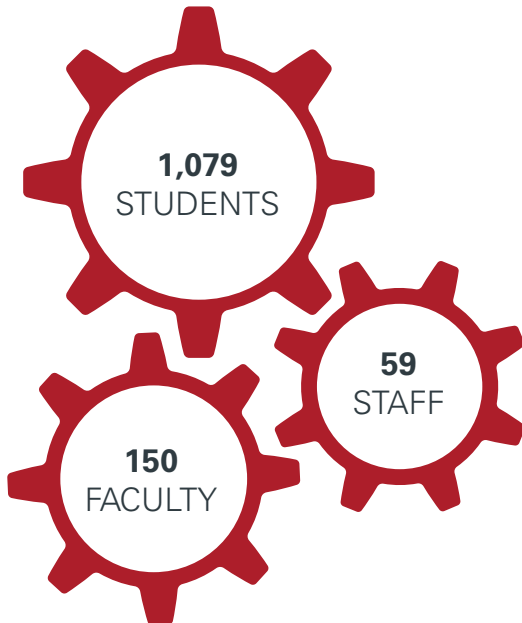
The UNMC College of Nursing was established in 1917 and has over **100 years of history!** The College of Nursing is nationally recognized for excellence in teaching, research, practice and leadership.



5 DIVISIONS

The College of Nursing has 5 divisions educating students in 4 academic degree programs around the state of Nebraska.

FALL 2018



95.60% NCLEX first-time pass rate for 2018, **98.43%** total pass rate

Over \$550,000 in annual philanthropic scholarships

Ranked 34th out of 67 schools of nursing in NIH funding (2017)

\$2,621,632 awarded for new grant funding

10,500+ hours of clinical practice by 28 faculty members at 26 clinical agencies

6 Endowed Chairs and Professorships

Learning Collaboration Across Five Campuses



The College of Nursing implemented an educational innovation in 2018-19 that involved sharing courses and faculty expertise across campuses in the Traditional BSN program.

The goals of this initiative were to: 1) use technology to optimize students' ability to learn from faculty experts throughout the College; 2) increase efficiency of instruction while maintaining a stellar educational experience; and, 3) enhance active learning facilitated by faculty experts on each campus. This approach has been used for many years in the Accelerated BSN program and in the graduate programs. Given the need to reign in the costs of education and our growing access to educational technology, the success of this approach in our other programs suggested it would help us increase efficiency while maintaining educational excellence. The opening of the new Lincoln building in fall, 2018 and the addition of iWalls on each campus gave additional technological capacity for cross-campus sharing.

Everyone learned a great deal from the experience that will be valuable as we go forward. The cross-campus model emphasized harmonization of curricular material throughout the program, ensuring similar learning outcomes while allowing for unique learning opportunities in local areas. Technological alignment across campuses is essential every step of the way to ensure a seamless learning experience. Students can learn from shared cross-campus experiences, and smaller group learning seems to work best. For example, sharing a clinical scenario across two campuses using the iWalls is quite effective. Teamwork is the underpinning for effective collaborative teaching. Sharing the usual ways content is taught on each campus allows for building on best practices. Although we decided to refocus on campus-based teaching in the Traditional BSN program in 2019-20, the cross-campus innovation prompted new approaches to coordination, sharing, and teamwork.



Lynne Buchanan, PhD, APRN-NP, BC

ANEW Grant

The purpose of the ANEW and telehealth supplemental grant is to increase employment workforce numbers, leadership, and telehealth care delivery skill competency in rural primary care practice settings. The product developed was the Academic Practice Partnership Telehealth Guiding Framework (APPT). The APPT guiding framework four components and 16 elements of success were useful in meeting the outcome of increasing employment workforce numbers. In two cohorts of students (n=43) all of them had secured employment in a rural/underserved area at graduation. After nine months of employment, of the 17 students interviewed, 13 were still employed with the same clinic while 4 had resigned. The most common reasons for resigning were: barriers to full scope of practice which they elaborated on as not being an independent partner with full authority for scope of practice (restrictions in role implementation),

not having full partnership and voice in business decision making, non-competitive pay scale for their level of education and training, and personal reasons (child care or spouse job change). The outcome of telehealth care delivery skill competency was met as all students achieved 85% or greater on an objective structured comprehensive exam – OSCE and showed statistically significant change in readiness and confidence for rural practice scores. For the outcome of leadership (perception in ability to lead in telehealth care delivery at graduation), they reported low confidence and readiness. They scored high in satisfaction with the guiding framework and felt it was useful for achieving outcomes and was preparing them for the rural practice environment.



International Programs – A personal impact

In preparation for the Spring 19 international student exchange, a new evaluation system was implemented to provide qualitative feedback on the trip logistics, clinical education and overall experiences. UNMC College of Nursing offers a month long exchange opportunity with universities from five countries!

When asked what about the international exchange was of interest?

- I really want to be fully emerged into another culture. I am very eager to learn about another health care system and how they deliver care there.
- I love traveling and learning about other cultures and experiencing other ways of life. I think it's good to open your mind to other practices, and I think learning about other healthcare systems will be very interesting.

What will you remember most about this experience?

- I'm going to remember the amazing people that welcomed us into the culture and their country, especially our time spent with the nursing students. Everyone we came into contact with was so kind and polite, off the campus as well, and that made the experience so enjoyable. I'll definitely remember seeing the grand mosque, going to the desert, and my clinical experiences.
- The connections I made and the wonderful people I met. There were so many memories made in Norway. It was the experience of a life time and I am so thankful that I was able to go on this trip, make memories, and learn information and skills that are going to help me in my future career.

What did you learn about yourself?

- I learned that I can be more open and outgoing instead of being shy. I really felt comfortable with my group members and they have become close friends. Now, I believe, going into any unfamiliar situation will be easy because I have learned to just be more outgoing and speak up.
- I learned I really love traveling and learning about other cultures. I am so thankful I had this opportunity to be emerged into a Swede's everyday life while working in the hospital and clinic.

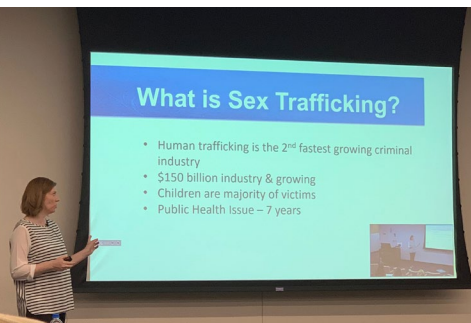
CNE Programs

The Continuing Nursing Education Office strives to provide quality professional development activities to ensure nurses across Nebraska are prepared to practice at the top of their scope of practice. We are continually looking for new ways to deliver information using innovative technology and methods. Providing hundreds of activities each year, we've highlighted just a few of them below.



Fall 2018:

The collaborative impact of UNMC CON CNE appears online in The Journal for Nurse Practitioners. The article, "Are Advanced Providers Prepared to Care for the Agricultural Population?," in press for 2019, describes how the authors used findings from a survey developed by CNE and administered to NPs and PAs in Nebraska. The survey findings informed the development of evidence-based educational programming to address deficits in the diagnosis and treatment of respiratory conditions resulting from hazardous agricultural exposures and presented the program at state and national professional conferences. The authors are UNMC faculty, Drs. Mary Cramer, Kathy Wulf, and Heidi Keeler, and evaluation coordinator, Mary Wendl.



Spring 2019:

Hidden in Plain Sight: Human Trafficking Initiative.

This program was designed to shed light on the mystery and myth surrounding the problem of human trafficking and to give healthcare providers the tools to identify and aid the victims. Delivered both live and live online via streaming, this program showed providers the impact that healthcare can have on breaking the cycle of human trafficking. Strategies were discussed for the assessment of human trafficking, for providing responses to victims and for ways to counteract human trafficking.



Spring 2019:

Nebraska WOCN Conference.

UNMC College of Nursing Continuing Nursing Education partnered with the Nebraska affiliate of the Wound Ostomy Continence Nursing Society to provide the first "Pursuit to Excellence: Wound, Ostomy, and Continence Management" conference. This event provided nurses who specialize in the care of wounds, ostomies, and continence related issues with targeted training from experts in the field, many of whom are UNMC and Nebraska Medicine researchers and clinicians. Well received by the first year attendees, this conference is well positioned for offering as an annual event.



Morehead Center for Nursing Practice (MCNP) continues to serve communities across the state of Nebraska. By matching practicing faculty with community partners, our faculty bring current skills and examples from practice to the classrooms. With over two dozen contracts across the 500 mile campus, and close to three quarters of a million dollars in revenue, MCNP is now working to gain national exposure to our practice department.

Per the definition adopted by UNMC CON, faculty practice encompasses multiple roles including direct and indirect provision of nursing/ clinical services, research, education, consultation, administration, and other collaborative agreements. Kelly Gonzales and Amelia Stoltman recently published an article titled, "Optimization of faculty practice" in the *Journal of Professional Nursing*ⁱ. The article discussed how UNMC CON optimized faculty practice over a four-year period by improving supporting infrastructure, contracts, aligning faculty and practice partners, and accountability (Gonzales & Stoltman, 2020). Key points are as follows:

Optimization occurred through infrastructure, contracts, aligning faculty and practice partners, and accountability

- Infrastructure changes included creating the Office of Transformational Practice and Partnerships
- Contract improvement was imperative and included higher rates, administrative fees and annual contract expiration
- Aligning faculty and practice partners included establishing and sustaining positive and mutually beneficial relationships
- Accountability for practice hours was vital
- Faculty practice revenue demonstrated that optimization efforts have been successful

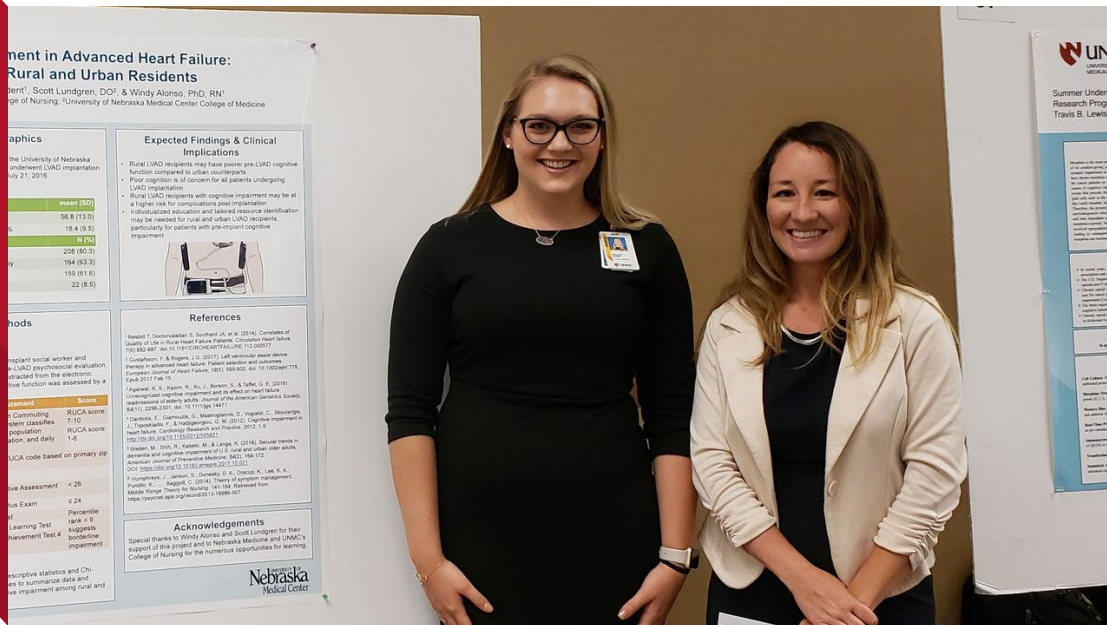
ⁱ Gonzales, K. & Stoltman, A. (2020). Optimization of faculty practice. *Journal of Professional Nursing*, 36(1), 56-61. doi: 10.1016/j.profnurs.2019.06.013

RESEARCH

Summer Research Internship Takes Times to Redesign

While the Summer Research Internship Program was technically on hold during 2018-2019 academic year, Breanna Hetland, PhD, RN, CCRN-K, Assistant Professor was hard at work redesigning the program to fit the needs of the College, faculty members and prospective student nurse scientists!

This innovative program offers students one-on-one time with dedicated faculty members who have proven success in nursing research. Students are mentored through the research process while conducting their own independent study. They participate in a variety of professional development and learning activities to further explore the role of a PhD prepared nurse scientist. In addition, students are given opportunities to interact with a diverse group of health professions students across colleges at UNMC, present their work at national conferences, earn a stipend for their work, and receive special recognition at graduation.



Student Nurse Scientist: Mallory Woods, Traditional BSN Program

Project Title: *Comparing cognitive function pre-left ventricular assist device implantation: A rural-urban comparison*

Faculty Mentor: Windy Alonso PhD, RN

CENTRIC



The focus of the Center for Patient, Family, and Community Engagement in Chronic Care Management (CENTRIC) is to build infrastructure to expand and fund pilot research projects that help Nebraskans learn to live with their chronic conditions so they stay healthy, stay in their homes longer and reduce health care costs.

CENTRIC provides funding opportunities, professional workshops & seminars, support for technology resources, mentorship for developing research faculty and postdoctoral research associates to the College of Nursing and CENTRIC members across campus. Through its resources, CENTRIC encourages the development of self-management support programs to improve patient outcomes and reduce hospital readmissions and emergency room visits. Chronic illnesses are a growing crisis. An estimated 133 million U.S. adults have chronic diseases and nearly 25% of those have two or more chronic diseasesⁱ.

From July 1, 2018 – June 30 2019

CENTRIC funded 1 pilot grant in the amount of \$50,000, awarded to Sheri Rowland for her study of a mobile app and smart scale for chronic disease self-management of co-occurring cardiometabolic conditions (hypertension, type II diabetes, obesity) in Hispanic/Latino adults. In addition to the pilot funding, Just in Time Accelerator (JITA) awards were given to Marcia Shade, Kelly Gonzales and Christine Eisenhauer to support their innovative research to improve medication adherence and pain management, smoking cessation, and measure physical activity in rural men.

CENTRIC sponsored and co-sponsored 7 professional development workshops and seminars and held 4 Chronic Care self-

management Research Interest Group meetings. Kate Lorig, of the self-management resource center, was hosted by CENTRIC as a visiting scholar for a workshop and consultations on self-management research.

CENTRIC recruits and mentors Postdoctoral Research Associates in self-management research Windy Alonso, PhD, RN, completed a two-year Post Doc with CENRIC and was hired as an assistant professor.

Sustainability and continuation of CENTRIC is important for the advancement of nursing self-management research and we were happy to receive our 2nd Hearst Foundation grant for \$150,000 in 2019.

ⁱ Machlin SR, Soni A. Health care expenditures for adults with multiple treated chronic conditions: Estimates from the medical expenditure panel survey, 2009. *Prev Chronic Dis.* 2013;10:E63



RESEARCH SPOTLIGHT

Amy Hoffman, PhD, RN

Dr. Hoffman's research focus includes post-surgery lung cancer rehabilitation, exercise, cancer-related fatigue and symptom self-management. Dr. Hoffman was recently awarded a R01 grant from the National Institute of Health (NIH) titled, Managing Fatigue using Virtual Reality for Post-Operative Lung Cancer Patients.

Research Goal:

To change the face of post-surgical lung cancer rehabilitation via virtual reality-based exercise to improve symptom and functional status and quality of life.

Dr. Hoffman's research provides previously nonexistent post-surgical

exercise rehabilitation for lung cancer patients of all ages and addresses a high-risk, high-cost and high-volume population often excluded from studies because of complex medical issues and barriers to care. To many patients, rehabilitation means traveling to centers, finding transportation, fighting traffic and bad weather conditions, having to adhere to an appointment schedule and "working out" on exercise machines that are arduous and boring. Her intervention removes these barriers by being home-based using virtual reality gaming technology to make exercise fun, challenging and available at any time of the day.



Nursing receives WIN grant for Panhandle geriatric mental health outreach

The UNMC College of Nursing has received a \$91,500 grant from Women Investing in Nebraska (WIN) to support a rural program led by the college's West Nebraska Division in Scottsbluff that provides geriatric mental and cognitive health screenings and access to mental health services.

The funding will be used to help serve the more than 16,000 older adults living in the state's 11-county Panhandle region where there is a shortage of mental health services. In 2019, the college expects to provide services to an estimated 500 people through specialized clinics and conduct around 40 comprehensive geriatric cognitive and dementia assessments.

"Access to geriatric specialists with expertise in the care of older adults and their mental health conditions in rural areas is missing," said Assistant Professor Nancy Meier. "The use of state-of-the-art neurocognitive testing, specialty clinics,

telepsychiatric video-conferencing and online resources, as well as home visits, will better serve the rural population."

The program also serves to provide on-site clinical training to psychiatric mental health and adult geriatric nurse practitioner students. The goal is that a nurse practitioner will remain and practice in the Panhandle after graduation. The project could become another model for the college in addressing other needs of people in rural areas.

WIN also announced it has awarded a grant of \$91,500 to the Sherman County Prevention Council for its Every School After School program. The program offers free after-school programming in the Loup City area where child care providers are limited, and parents need an affordable care for their children. The grant enables the organization to expand its service to additional schools and communities.

New Grant Funding

Alonso, W. (P.I.) Rural Nurse Organization. *Using Mixed Methods to explore Cardiac Rehabilitation for Heart Failure in Rural Nebraska.* 12/01/2018-11/30/2019: \$500.

Beam, B. (P.I.), Lowe, J, Kupzyke, K., Gibbs, S. CON Development Research Grant, *Investigating donning and doffing behaviors of healthcare workers for N95 respirators.* 4/6/18-4/5/19. \$10,000.

Berger, A., (P.I.), Grem, J., Rizzo, M., Kedar, S., Schmid, K., Garlinghouse, M, Anderson, D. Fred and Pamela Buffett Cancer Center. *Chemotherapy-Related Changes in Neurocognitive Function and Symptoms in Colorectal Cancer Patients.* 5/1/2018-4/30/2020: \$38,301

Dickinson, K. (P.I.) National Institutes of Health, National Institute of Nursing Research, R00 Grant, *Cancer-Related Fatigue and the Adaptive Response to Oxidative Stress.* 7/26/2018-6/30/2021: \$745,801

Hoffman, A. (P.I.) National Institutes of Health, National Cancer Institute, R01 Grant, *Managing Fatigue Using Virtual Reality for Post-Operative Lung Cancer Patients.* 1R01CA205025-01A1 9/1/2018-8/31/2023: \$2,857,353

Krabbenhof, L. (P.I.), Schulz, P. (Sponsor), Kupzyk, K., Wilde, M. MNRS Sally Lusk Grant, *Self-Management Intervention for Urinary Catheter Users.* 5/1/2018-4/30/2019: \$2,500

Fiandt, K. (P.D.) U.S. Dept. of Health & Human Services, *Nurse, Education, Practice, Quality and Retention* (NEPQR). CFDA: 93.359 1 UK1HP31732-01-00. 7/1/2018-6/30/2019: \$2,662,461

Meier, N. (P.D.) University of Nebraska Foundation, Women Investing in Nebraska, *Geriatric Cognitive and Mental Health Project for Rural Nebraska.* 10/4/18-12/31/19. \$91,500

Firestine, L. (P.I.) UNMC Faculty Development Award. 7/1/18-6/30/19. \$1,500.

Pullen, C. (P.D.) U.S. Dept. of Health and Human Services, *Nurse Faculty Loan Program*, CFDA 93.264. 2E10HP28777-03-00, 7/01/18 - 06/30/19: \$62,064



Publications

Aguirre, Trina

Aguirre, T. M., Joshi, A., Koehler, A. E., Rodriguez, E. K., & Wilhelm, S. L. (2018). Impact of a computer-based breastfeeding education program on breastfeeding self-efficacy and duration in rural Hispanic women. *Health and Primary Care*, 2(4). doi:10.15761/hpc.1000144

Aguirre, T., Bowman, R., Kreman, R., Holloway, J., Latowsky, J., Stricker, M., Struwe, L., . . . Bloodgood, M. (2018). Pre-intervention characteristics in weight loss participants scoring positive and negative for food addiction. *Clinical Nutrition and Metabolism*, 1(1). doi:10.15761/cnm.1000103

Aguirre, T., Struwe, L., Koehler, A., Kreman, R., Bowman, R., Schulte, E., . . . Bloodgood, M. (2018). Impact of four obesity interventions on biometric measures of individuals positive and negative for food addiction. *Archives of Psychiatry and Mental Health*, 2(1), 001-005. doi:10.29328/journal.apmh.1001002

Kattelman, K., Hofer, E., Merfeld, C., Meendering, J., Olfert, M., White, J., Aguirre, T., . . . White, A., (2018). Quality of life associated with physical activity but not sedentary time in youth. *Journal of Childhood Obesity*, 3 (s1) 001. doi:10.21767/2572-5394.100052

Alonso, Windy

Alonso, W. W., Kitko, L. A., & Hupcey, J. E. (2018). Intergenerational caregivers of parents with end-stage heart failure. *Research and Theory for Nursing Practice*, 32(4), 413-435. doi:10.1891/1541-6577.32.4.413

Lewinski, A. A., Alonso, W., Hetland, B. D., Rice, M., & DeVon, H. A. (2018). Council for the advancement of nursing science (CANS) news. *Nursing Outlook*, 66(6), 594-597. doi:S0029-6554(18)30584-0

Barry Hultquist, Teresa

Dallaghan, G. L., Hultquist, T. B., Nickol, D., Collier, D., & Geske, J. (2018). Attitudes toward interprofessional education improve over time. *Journal of Interprofessional Education & Practice*, 13, 24-26. doi:10.1016/j.xjep.2018.08.007

Beam, Beth

Beam, E. L., Hotchkiss, E. L., Gibbs, S. G., Hewlett, A. L., Iwen, P. C., Nuss, S. L., & Smith, P. W. (2018). Observed variation in N95 respirator use by nurses demonstrating isolation care. *American Journal of Infection Control*, 46(5), 579-580. doi:S0196-6553(17)31288-9

Le, A. B., Buehler, S. A., Maniscalco, P. M., Lane, P., Rupp, L. E., Ernest, E., Beam, E. L., . . . Lowe, J. J. (2018). Determining training and education needs pertaining to highly infectious disease preparedness and response: A gap analysis survey of US emergency medical services practitioners. *American Journal of Infection Control*, 46(3), 246-252. doi:S0196-6553(17)31099-4

Le, A. B., Hoboy, S., Germain, A., Miller, H., Thompson, R., Herstein, J. J., Beam, E. L., . . . Lowe, J. J. (2018). A pilot survey of the U.S. medical waste industry to determine training needs for safely handling highly infectious waste. *American Journal of Infection Control*, 46(2), 133-138. doi:S0196-6553(17)30997-5

Berger, Ann

Matthews, E. E., Janssen, D. W., Djalilova, D. M., & Berger, A. M. (2018). Effects of exercise on sleep in women with breast cancer: A systematic review. *Sleep Medicine Clinics*, 13(3), 395-417. doi:S1556-407X(18)30037-7

Miller, J. N., Kupzyk, K. A., Zimmerman, L., Pozehl, B., Schulz, P., Romberger, D., & Berger, A. M. (2018). Comparisons of measures used to

screen for obstructive sleep apnea in patients referred to a sleep clinic. *Sleep Medicine*, 51, 15-21. doi:S1389-9457(18)30310-1

Yeh, A. Y., Pressler, S. J., Giordani, B. J., Pozehl, B. J., & Berger, A. M. (2018). Integrative review of the relationship between sleep disturbances and episodic memory in older adults. *Biological Research for Nursing*, 20(4), 440-451 doi:10.1177/1099800418768070

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I am Kind

The “I Am Kind” initiative was launched during the 2018-2019 academic year through development by the General Staff Organization and the Omaha Division.

Modeled on the #BeKind movement, a Twitter campaign aimed at transforming communities with kindness, faculty and staff were encouraged to champion kind moments and initiatives throughout their daily lives. Juli Bohnenkamp and Jill Thewke led the initiative and encouraged participation. The #BeKind movement focuses on spreading kindness and making positive connections. The integration of this movement into the College of Nursing gave faculty and staff time to pause, reflect and purposefully act with kindness. New “I Am Kind” statements and ideas were promoted and discussed throughout the year. The Kindness Boomerang by Orly Wahba was used as a resource¹. Everyone can be kind!

And the College encouraged fun and simple ways to step out of your kindness bubble by doing things like: introduce yourself to a “newbie” and make them feel welcomed; answer phone calls with a smile; be a team player; send messages and cards (this also promoted using the People Are Everything website through UNMC); and remembering to be kind to yourself. Under the “be kind to yourself” initiative, Beth Culross promoted various forms of movement and relaxation throughout the year including dancing and stretch breaks during Division meetings. Remember to #BeKind!

¹ <https://www.goodlifeproject.com>



UNMC Honors Endowed Faculty and Benefactors

UNMC recently held its Circle of Distinction event to celebrate the 108 endowed chairs, professorships and fellowships that are held by 105 of its faculty members and recognizing the benefactors who have made the awards possible. The Sept. 12 program also recognized the 36 additional endowed stipend awards to be conferred in the coming years.

The Circle of Distinction, first established in 2012 by the College of Medicine, now represents all UNMC colleges and institutes. Its members include current faculty who hold endowed positions and the benefactors and their family members who generously gifted the endowed stipend funds.

With a history dating back for centuries at some of the world's most prestigious universities, endowed faculty chairs, professorships and fellowships are among the highest academic awards a university bestows on its faculty members.

For UNMC, establishing an endowed faculty support award is one of the most significant investments contributors make in the university, having a permanent and measurable impact on the institution. Today, it represents a philanthropic investment value of more than \$90 million, comprised of the more than 100 permanently

endowed funds managed by the University of Nebraska Foundation. Each fund is tied to a private contribution designated by individuals or organizations to aid the university in this way.

"The greatest institutions have the best minds – the most creative researchers, the most caring clinicians and most engaged educators," said Chancellor Jeffrey P. Gold, M.D. "UNMC has successfully attracted and retained many of academic medicine's leading stars. As we well know, to attract the best you must be the best, and UNMC couldn't be the best without the benefactors who understand the importance of faculty support and through their generosity have established endowed chairs, professorships and fellowships."

Sarah Hotovy, a third-year medical student from York who serves as UNMC's student regent, said she and her peers recognize that their success is a direct reflection of the guidance, teaching, mentorship and support of the entire faculty.

"We are so grateful to our faculty who provide us with the opportunity to receive a world-class education," Hotovy said. "We're also incredibly appreciative of the benefactors who saw that an investment in faculty is an investment in students and ultimately an investment in the future communities we'll serve."

Current Endowed Chairs/Professorships in Nursing

1986 Florence Niedfelt Endowed Professorship Established

Although she was not a nurse, Florence A. Niedfelt of Grand Island, Nebraska held a lifetime interest in the nursing field. After graduating from high school in 1926, she married John Niedfelt and helped him manage farms and the Platte Valley Construction Company. Mrs. Niedfelt, who died in 1984 at the age of 76, bequeathed funds to UNMC's nursing program.

Current: Lani Zimmerman, PhD, RN, FAAN January 1, 2014 – present

1996 Dorothy Hodges Olson Endowed Chair in Nursing

The Dorothy Hodges Olson Chair in Nursing, the first fully endowed chair in the UNMC College of Nursing, was established through a contribution from Dorothy and Leland Olson, M.D. Dorothy Hodges Olson graduated with a nursing degree in 1943 from the UNMC School of Nursing. She received a bachelor's degree in nursing from the University of Nebraska at Omaha in 1967. She died in 2010. A second chair was added in 2017.

Current: Ann Berger, PhD, APRN, AOCNS, FAAN November 1, 2007 – present

Current: Bunny Pozehl, PhD, RN, APRN-NP, FHFA, FAHA, FAAN January 1, 2018 – present

1999 Charlotte Peck Lienemann and Alumni Distinguished Chair in Nursing

The Charlotte Peck Lienemann and Alumni Distinguished Chair in Nursing was made in memory of Charlotte Peck Lienemann by her husband Del Lienemann, Sr., the Lienemann family, the Ethel S. Abbott Charitable Foundation, alumni and friends of the College. Mrs. Lienemann pursued her college education at the University of Nebraska in Lincoln and at UNMC in Omaha, where she received her nursing degree in 1945. She died in 1995 at the age of 72.

Current: Sheila Ryan, PhD, RN, FAAN July 1, 2000 - present

2007 Carol M. Wilson Endowed Chair in Nursing

Carol M. Wilson graduated with a nursing degree from UNMC in 1951. Ms. Wilson was a longtime director of nursing at the former University Hospital, now part of Nebraska Medicine. She served nearly 40 years in the role, then later in her career as assistant director for health services administration. She retired in 1992 and died in 2007 at the age of 82.

Current: Kathleen Hanna, PhD, RN, FAAN August 1, 2014 – present



Awards & Recognition

College of Nursing Annual Faculty and Staff Awards

Ada M. Lindsey Professional Service Award

Nicholas Guenzel

Ada M. Lindsey Professional Staff Award

LaDonna Tworek

Distinguished TEAM Award (Tie)

Clinic with a Heart: Lincoln Faculty and Staff led by Kathy Duncan and Paula Schulz; Also includes: Bert Kroeger, MJ Jobes, Rita Antonson, Myra Schmaderer, Sue Schuelke, Christie Campbell Grossman, Kris Claussen, Sheri Rowland, Rita Schmitz, Dawn Tassemeier, Nancy Waltman, Tom Mason

The Awesome Threesome: Douglass Haas, Tricia Hotaling & Bunny Pozehl

Donna Westmoreland Excellence in Faculty Mentoring Award

Rita Schmitz

Kathryn Sandahl Philp Creativity and Innovation Award

Kirsten Curtis

Pennie Z. Davis Faculty Research Award

Robin Lally

Staff Excellence Award

Tia Stevenson

Staff Leadership Award

Sandra Sasse

Staff Spirit Award

Buffi Union

The Dean's Excellence in Teaching Award

Kelly Gonzales

The Rosalee C. Yeaworth Excellence in Teaching Award

Janet Nieveen

Virginia Tilden Leadership Development Award

Louise LaFramboise

American Academy of Nursing Fellow (November 2018)

Kathy Hanna
Robin Lally

American Association of Nurse Practitioners Advocate State Award for Excellence

Roberta Kroeger

College of Nursing Emeritus Appointments

Mary Cramer (September 2018)
Donna McElvain (September 2018)
Connie Miller (July 2018)
Jan Twiss (January 2019)
Rita Weber (September 2018)

College of Nursing Making a Difference Staff Awards

Tom Mason (July 2018)
Sandra Sasse (July 2018)

Creighton University College of Nursing Inaugural Distinguished Scholar Award

Ann Berger

Degrees Received

Beverly Davey – DNP - University of Nebraska Medical Center (May 2019)

Patricia Ealy – PMC – University of Nebraska Medical Center (May 2019)

Jo Anne Genua – PhD – Nova Southeastern University (May 2019)

Alyson Hanish – PMC – University of Nebraska Medical Center (May 2019)

Patricia Hotaling - PhD – University of Nebraska Medical Center (December 2018)

Heather Kaestner – PMC – University of Nebraska Medical Center (May 2019)

Lisa Muschall – MBA – University of Nebraska at Omaha (December 2018)

March of Dimes Spirit of Nursing Award

Cathrin Carithers

Anne Wilber

National Organization of State Offices of Rural Health (NOSORH) Community Star Award

Wendy Wells

National Pressure Ulcer Advisory Panel (NPUAP) Kosiak Award

Joyce Black

Nebraska Action Coalition 40 Under 40 Emerging Nurse Leaders Awards

Windy Alonso
Breanna Hetland
Elizabeth Mollard
Renee Paulin

Nebraska National Organization of State Offices for Rural Health 2018 Community Star Award

Wendy Wells

Nebraska Nurses Association – Installed as the New President

Douglass Haas

Nursepractitionerschools.com website (recognized as an “NPs to Admire: 10 Role Models Improving the Lives of Vulnerable Populations”

Lynne Buchanan

Oncology Nursing Society 2019 Susan Baird Excellence in Clinical Writing Award

Ann Berger was one of the authors on the article, “Sleep-Wake Disturbance: A systematic Review of Evidence-based Interventions for Management in Patients with Cancer,” February 2018, Clinical Journal of Oncology Nursing (CJON), Vol. 22, No. 1.

UNL Chancellor’s Cup Award for their efforts in the annual Combined Campaign/United Way drive.

CON Lincoln Division

UNMC Alumni Association Awards

Distinguished Alumnus Award – Jan Twiss
Heritage Award – Audrey Nelson
Honorary Alumnus Award – Jill Thewke
Dorothy Patach Spirit of Service Award – Kelley Hasenauer

UNMC Circle of Distinction Awardee

Ann Berger
Kathy Hanna
Bunny Pozehl
Sheila Ryan
Lani Zimmerman

UNMC Graduate Faculty Status

Kelly Betts
Jennifer Cera
Margaret Emerson
Amy Hoffman
LeAnn Holmes
Sheri Rowland
Carol Wahl

UNMC Interprofessional Academy of Educators (Inducted)

Sandra Sasse
Lynnette Leeseberg Stamler
Cheryl Thompson
UNMC New Investigator Award
Christine Eisenhauer

UNMC Office of Academic Affairs Impact in Education – Interprofessional Education Scholar Award

Beth Beam

UNMC Silver “U” Award Recipients

Mary Girard (September 2018)
Tom Mason (January 2019)
Trina Aguirre (June 2019)

UNMC Years of Service



40 Years
Peggy Pelish



40 Years
Nancy Waltman

30 Years

Hilary Christo
Nancy Farris
Rita Schmitz

20 Years

Mary Wendl

15 Years

Sandra Sasse
Robert Schmida
Dani Wilson-Baxter

10 Years

Molly Belieu
Ernestine Cook
Theresa Matthews
Leeza Struwe

5 Years

Catherine Binstock
Beth Burbach
Andrew Chisholm
Patricia Ealy
Kate Fiantt
Angela Hayes
Denise Ott
Jana Pressler
Lynnette Leeseberg
Stamler
Buffi Union
Kami Wattenbach

New Faculty and Staff

Diane McMurray
Bobbi Barton
Tess McKinney
Ann Callies
Courtney Smith
Lori Carlen
Stefanie Boardman

Kim Hayes
Taylor Anderson
Kelly Betts
Kelly Buchanan
Emily Coffey
Melissa Florell
Heidi Gubanyi

Heather Kaestner
Jennie Kolterman
Lisa Krabbenhoft
Bridget Thoene
Nichole Baer
Amy Hoffman
Kahla Atherton

Kathy Duncan
Angela McDermott
Konnie Wood
Olivia Persson

Retirements

Mary Cramer – August 2018

Donna McElvain – August 2018

Jan Twiss – December 2018

Rita Weber – August 2018

Susan Wilhelm – June 2019

Kathy Wulf – August 2018

Carol Meyer – September 2018

College of Nursing Student Awards

March of Dimes Student Award

Taira Anderson – Northern Division
Rachell Daigger – Kearney Division
Jiosajandy Garcia-Reyna – Omaha Division

College of Nursing Charlotte Burgess Award for Outstanding Masters Graduates

Mary Brockmann
Julia Eilerts
Kelly Flesner
Stacy Huck
Alexandra Jones
Bryan Messbarger

College of Nursing Irma Kyle Kramer Award for Academic Achievement

Molly Bloodgood – West Nebraska Division
Tristan Bruce – Kearney Division
Cherry Cooper – West Nebraska Division
Racheal Daigger – Kearney Division
Ashli Glosser – Lincoln Division
Paula Houston – West Nebraska Division
Sarah Kaiser – Omaha Division
Jessica Martin – Omaha Division
Clarissa Owens – Lincoln Division
Breanna Pekarek – Lincoln Division
Alicia Preister – Northern Division
Kaylee Reed – Kearney Division
Shawntel Wacker – Northern Division
Dyllin Wegner – West Nebraska Division
Daniel West – West Nebraska Division
Megan Witcig – Lincoln Division

Nebraska Action Coalition 40 Under 40 Emerging Nurse Leaders Awards

Delia Djalilova
Rachel Kunkle

Nebraska State Student Nurses Association (NSSNA) Board Member of the Year

Shantel Lurz – West Nebraska Division

Nebraska State Student Nurses Association Certificates of Excellence

Molly Bloodgood
MacKenzie Bowker
Shantel Lurz
Dyllin Wegner

UNMC Alumni Association Awards

Carissa Lueck – Nursing Excellence Award
Dieu-My Tran (Alum) – Nursing Excellence Award

UNMC Interprofessional Academy of Educators (Inducted)

Heather Hubbard (DNP Student)

DISTINGUISHED VISITORS 2018-19

Audrey Solberg Smith Distinguished Lectureship for Teaching Excellence

Mary Ellen Smith Glasgow, PhD, RN, ANEF, FAAN
Dean and Professor
Duquesne University School of Nursing
Pittsburgh, Pennsylvania
September 5, 2018
"Clinical Nursing Education: Using Just Culture
Principles to Address Student Performance and
Document Concerns"

6th Annual Anna Marie Jensen Cramer Memorial Lectureship in Women's & Children's Health & Family Nursing

Margaret Quinn Rosenzweig, PhD, FNP-C,
AOCNP, FAAN
Professor, Vice-Chair of Research
Department of Acute and Tertiary Care
University of Pittsburgh School of Nursing
Pittsburgh, Pennsylvania
October 10, 2018
"SEMOARS+MEG – Building an Explanatory
Model of Breast Cancer Treatment Disparity"

Executive Council Retreat

Eda Roth
Consultant
Eda Roth & Associates
Arlington, Massachusetts
October 12, 2018
"Bringing Our Best Selves as Leaders"

Center for Patient Family and Community Engagement in Chronic Care Management (CENTRIC)

Kate Lorig, Dr.PH.
Professor Emerita
Stanford University School of Medicine
Stanford, California
November 8, 2018
"State of the Science: Chronic Disease Self-
Management"

CON Strategic Planning Retreat

Dan Weberg, PhD, RN, MHI
Senior Director – Innovation & Leadership
Kaiser Permanente National Patient Care Services
Alameda, California
March 15, 2019
"Leading Evidence Based Innovation:
Implications for Nursing Education"



University cuts ribbon on new health center, nursing college complex

A new University of Nebraska facility in Lincoln will give students access to improved health care while providing its nursing program a world-class learning and research space with capacity for future growth.

The 107,000-square-foot complex, located at 550 N. 19th St., along Antelope Parkway near 19th and S streets at the University of Nebraska-Lincoln, opens for business July 16. Half of the new facility houses the UNL Health Center, while the other half is home to the UNMC College of Nursing Lincoln Division. The university celebrated its completion with a grand opening ceremony Tuesday.

UNL Chancellor Ronnie Green, Ph.D., described the facility as a smart example of collaboration between his institution and UNMC.

“By working together to benefit our students and our state, we found a way to better serve the health needs of our students, provide top quality nursing education in Lincoln and meet the state’s need for nurses,” Dr. Green said.

UNMC Chancellor Jeffrey P. Gold, M.D., said: “This project, part of the ‘Building a Healthier Nebraska’ initiative, is the result of our government leaders and private partners having the foresight to go all in to plant the seeds that will reap a great harvest down the road. But, as great a day as this is, that true harvest comes later – when research conducted here, and students educated here, make a difference in the lives of people we know and love.”

UNIVERSITY OF
Nebraska
Medical Center



UNMC College of Nursing
985330 Nebraska Medical Center
4111 Dewey Avenue
Omaha, NE 68198-5330

unmc.edu/nursing