

15th Biennial Breastfeeding: Baby's Natural Choice Conference

ACTIVITY DESCRIPTION

This enduring material will enable the learner to provide competent and successful support for breastfeeding through essential topics concerning common lactation issues such as mastitis, engorgement, and other common complications. We will focus on team-based approaches to bring awareness of the critical roles and responsibilities of the health care team when providing feeding support options while addressing behavioral health wellness and providing trauma-informed care to help overcome breastfeeding difficulties.

TARGET AUDIENCE

This accredited continuing education activity is designed nurse practitioners, nurse midwives, nurses, lactation consultants, registered dietitians, medical nutrition therapists, breastfeeding advocates, social workers, and students.

EDUCATIONAL OBJECTIVES

At the conclusion of this enduring material, the participants should be better able to:

1. Discuss techniques in practice for overcoming breastfeeding difficulties involving craniosacral therapy, trauma-informed care, and behavioral health approaches to wellness.
2. Describe the varied guidance surrounding breast massage and how it can impact mastitis, engorgement/overproduction, and other breast complications.
3. Summarize team-based strategies and responsibilities when determining feeding support options for tongue-tie babies and complementary feeding during breastfeeding.

ACCREDITED CONTINUING EDUCATION



JOINTLY ACCREDITED PROVIDER™
INTERPROFESSIONAL CONTINUING EDUCATION

In support of improving patient care, University of Nebraska Medical Center is jointly accredited by the Accreditation Council for Continuing Medical Education (ACCME), the Accreditation Council for Pharmacy Education (ACPE), and the American Nurses Credentialing Center (ANCC), to provide continuing education for the healthcare team.

NURSES/NURSE PRACTITIONERS

The University of Nebraska Medical Center designates this activity for **6.75** ANCC contact hours. Nurses should only claim credit for the actual time spent participating in the activity.

SOCIAL WORKERS

This program meets the criteria of an approved continuing education program for social work.

DIETITIANS AND MEDICAL NUTRITION THERAPISTS

This activity has been approved for **6.75** Level 2 continuing education professional education units (CPEUs) by the Commission on Dietetic Registration, Academy of Nutrition and Dietetics.

The Academy of Nutrition and Dietetics (Academy) and Commission on Dietetic Registration (CDR) are not responsible for the provider's interpretation of the Academy/CDR Code of Ethics for the Nutrition and Dietetics Profession or its enforcement as it relates to the scenarios and content presented in this activity.

LACTATION CONSULTANTS

4.75 L-CERPs and **2.0 R-CERPs** allocated by the International Board of Lactation Consultant Examiners (IBLCE); IBLCE approval # C2023220.

METHOD OF PARTICIPATION

Release Date: 11/10/2023

Expiration Date: 11/09/2024

Program Number: 23CE00081

The estimated time to complete this enduring material is **6 hours and 45 minutes**.

In order to receive continuing education credits, you must complete these steps prior to the activity expiration date.

1. View all recorded presentations associated with this activity,
2. Log into <https://app1.unmc.edu/cne/23CE00081/> to claim credit:
 - Complete the registration form and payment for continuing education credit,
 - Complete the post-test with a score of 80% or better,
 - Complete the online CE evaluation,
3. Save and print your certificate. Retain for future documentation.

Any questions regarding credit, please contact Valeta Creason-Wahl 402-559-7487 or vcreason@unmc.edu

DISCLOSURE DECLARATION

As a jointly accredited provider, the University of Nebraska Medical Center (UNMC) ensures accuracy, balance, objectivity, independence, and scientific rigor in its educational activities and is committed to protecting learners from promotion, marketing, and commercial bias. Faculty (authors, presenters, speakers) are encouraged to provide a balanced view of therapeutic options by utilizing either generic names or other options available when utilizing trade names to ensure impartiality.

All faculty, planners, and others in a position to control continuing education content participating in a UNMC accredited activity are required to disclose all financial relationships with ineligible companies. As defined by the Standards for Integrity and Independence in Accredited Continuing Education, ineligible companies are organizations whose primary business is producing, marketing, selling, re-selling, or distributing healthcare products used by or on patients. The accredited provider is responsible for mitigating relevant financial relationships in accredited continuing

education. Disclosure of these commitments and/or relationships is included in these activity materials so that participants may formulate their own judgments in interpreting its content and evaluating its recommendations.

This activity may include presentations in which faculty may discuss off-label and/or investigational use of pharmaceuticals or instruments not yet FDA-approved. Participants should note that the use of products outside currently FDA-approved labeling should be considered experimental and are advised to consult current prescribing information for FDA-approved indications.

All materials are included with the permission of the faculty. The opinions expressed are those of the faculty and are not to be construed as those of UNMC.

DISCLOSURES

The accredited provider has mitigated and is disclosing identified relevant financial relationships for the following faculty, planners, and others in control of content prior to assuming their roles:

FACULTY

The following has disclosed relevant financial relationships:

Kristen Choi, PhD, RN, FAAN

Consultant: Psych Hub, Radicle Science

Speaking Honorarium: USC Los Angeles Service Academy

The following have nothing to disclose:

- Becky Baruth, PLMHP, PMH-C, CPD
- Adrienne Connor, PT
- Megan Falke, DNP, APRN
- Katrina Mitchell, MD, IBCLC, PMH-C, FACS
- Dana Raml, MD
- Jacque Schwartz, RDN, LMNT, LD, MHA
- Giuseppe “Joe” Siracusano, DPT, PT
- Ann Smith, BSN, RN, IBCLC
- Carl V. Smith, MD*
- Kailey Snyder, PhD, MS*
- Laura Wilwerding, MD, IBCLC, FABM, FAAP*

**Faculty and planning committee member*

PLANNING COMMITTEE

The following have nothing to disclose:

- Valeta Creason-Wahl, HMCC
- Laura Cudzilo-Kelsey, MD
- John Davis, PhD
- Katherine Finney, MD
- Jennifer Griffin Miller, MD, MPH
- Heidi Keeler, PhD, MSN/MBA, RN
- Lora Marshbanks, RD
- Lana Molczyk, MA
- Tess Parriott, RN, IBCLC, RLC
- Renee Paulin, MSN, RN, CWOCN
- Trixy Schmitz, BSN, IBCLC
- Amanda Schraut, MSW, LICSW, LMHP
- Jaime Stevens, RD, LMNT