

Resources for Developmental & Intellectual Disabilities
Kim Bainbridge UNMC Olsen Center Brown Bag Lunch February 21, 2023

Overall Resources

Nebraska DHHS Developmental Disability Resource Page – Includes Aged & Disabled Waiver information. <https://dhhs.ne.gov/Pages/DD-Resources.aspx>

Along the Way – produced by the Nebraska Council on Developmental Disabilities. Updated Jan. 2022
[A Guide for Parents of Infants, Toddlers, and Children with Disabilities \(ne.gov\)](#)

[A Guide for Adolescents and Young Adults with Intellectual and Developmental Disabilities \(ne.gov\)](#)

[A Guide for Adults with Intellectual and Developmental Disabilities \(ne.gov\)](#)

[Directory of Resources for Individuals with Intellectual and Developmental Disabilities \(ne.gov\)](#)

UNMC Munroe-Meyer Institute – lifespan programs

[Programs and Services | Munroe-Meyer Institute | University of Nebraska Medical Center \(unmc.edu\)](#)

Eligibility and DD Registry from Nebraska DHHS – better known by parents as “the list”. If a child has an identifiable disability, all parents should register their child on the Eligibility and DD Registry. There is a waiting of seven plus years for the Comprehensive Home and Community Based Waiver. 402 .471.8501 or toll free at 877.667.6266 or dhhs.ddeligibility@nebraska.gov

Answers for Families <https://www.answers4families.org/node/2>

Nebraska Resource and Referral System <https://nrrs.ne.gov/>

Advocate Organizations to Help Parents

<https://www.disabilityrightsnebraska.org/> Disability Rights of Nebraska

[PTI Nebraska | \(pti-nebraska.org\)](#) Birth to age 21

<https://leagueofhumandignity.com/> League of Human Dignity website

ABLE Accounts

ABLE (Achieving a Better Life Experience) allow individuals with disabilities to save money without it counting toward their asset limit for Nebraska Medicaid or SSI. Accounts can be opened after birth with an identifiable disability.

[Home - ABLE National Resource Center \(ablenrc.org\)](#) The National ABLE Resource Center explains what ABLE is and allows you to compare plans between different states.

[Enable Savings Plans - Enable Savings](#) Nebraska ABLE account titled “Enable Savings Plan”

<https://www.ablenrc.org/wp-content/uploads/2021/01/2022-ABLE-SEIE-Fact-Sheet.pdf> ABLE and Student Earned Income Exclusion Work Support for Transition Age Youth

http://www.ablenrc.org/wp-content/uploads/2019/07/ABLE-CMS-Guidance_0.pdf CMS: RE: Implications of the ABLE Act for State Medicaid Programs.

<https://www.enablesavings.com/home/news-list/article-post/news/significant-enhancements-to-nebr.html> NE will not seek recovery for Medicaid expenses upon the death of ENABLE savings Plan Beneficiary

https://www.ablenrc.org/wp-content/uploads/2022/11/2022_SNT_ABLE_comparison.pdf ABLE Account, Special Needs and Pooled Trust Comparison Chart

Birth to Kindergarten

[Home | Nebraska Early Development Network](#) Birth to age 3. Referred to as “EDN”.

[PRT Contacts | Nebraska Early Development Network](#) Contacts across the state for EDN.

[PTI Nebraska | \(pti-nebraska.org\)](#) Birth to age 21.

[Katie Beckett Program \(ne.gov\)](#) – provides Medicaid eligibility to children who would otherwise require hospitalization.

Omaha Public Schools Special Education – 531.299.0244; OPS EDN 5331.299.0242 [Curriculum and Instruction Support / Special Education \(ops.org\)](#)

Westside Public Schools Special Education – [Special Services / Contact Us \(westside66.org\)](#)

Ralston Public Schools Special Education 402.331.4700 [Student Services / Special Education Services \(ralstonschools.org\)](#)

Bellevue Public Schools Special Education – 402.293.4024 [Special Education / Home \(bellevuepublicschools.org\)](#)

Millard Public Schools – [Special Education | Millard Public Schools \(mpsomaha.org\)](#)

Elkhorn Public Schools – [Special Education Services | Elkhorn Public Schools \(elkhornweb.org\)](#)

Gretna Public Schools – 402.332.3265 [Contact – Gretna Public Schools \(gpsne.org\)](#)

Kindergarten to 12th Grade

Local school districts provide services from birth to age 21 if qualified. If parents need to advocate for additional services the following links provide training to learn how to advocate for your child.

[FAMILY TO FAMILY HEALTH INFORMATION CENTER | PTI Nebraska \(pti-nebraska.org\)](#)

[PTI Nebraska | \(pti-nebraska.org\)](#) Birth to age 21

[DSES \(dsamidlands.org\)](#) – Down Syndrome Alliance of the Midlands provides educational classes every month, which are open to all individuals with disabilities. We are all in this together and even if you have a different diagnosis, you can still attend.

Transition Services – age 14 to 21

[Tips for Teachers on Medicaid Home and Community-Based Services Waivers \(ne.gov\)](#) – excellent summary of what parents and teachers should be doing between the ages of 14 and 21.

[Ready Set Go Brochure \(4\).pdf](#)

[DD VR - Service for Teens and Young Adults Booklet \(2\).pdf](#)

[Available Services for Teens and Young Adults with NCBVI \(ne.gov\)](#)

<http://www.vr.nebraska.gov/> Nebraska Vocational Rehabilitation (Voc Rehab) helps people with disabilities prepare for, find and keep jobs.

Social Security – SSI

Eligible for SSI (Supplemental Security Income at age 18. Needs based program (limit of \$2,000 in assets) which in 2023 pays \$914 a month.

[Supplemental Security Income \(SSI\) | SSA](#)

[EN-05-11000 – Supplemental Security Income \(SSI\) \(March 2022\) \(ssa.gov\)](#) pamphlet

<https://www.ssa.gov/oact/cola/sga.html> Substantial Gainful Activity (SGA) – individual earnings cannot be more than \$1,470 in 2023.

Social Security – SSDI

<https://www.ssa.gov/redbook/eng/overview-disability.htm?tl=0%2C3> Overview of Disability Programs from the Red Book Social Security of SSI and SSDI.

<https://www.ssa.gov/pubs/EN-05-10026.pdf> Social Security Administration Publication 05-10026 Benefits for Children with Disabilities SSI and SSDI.

Nebraska Medicaid – Medical Insurance

At age 19 in Nebraska (age of majority) an individual can apply for Nebraska Medicaid Insurance which does not include the parents' income. It is only based on the individual's assets which must be \$2,000 or less. This program is coordinated by Heritage Health. Three different plans are offered through Heritage Health: United Healthcare, Healthy Blue and Nebraska Total Care.

<https://dhhs.ne.gov/DD%20Documents/What%20is%20Medicaid.pdf> What I need to know about Medicaid

<https://www.neheritagehealth.com/> Nebraska Heritage Health

[Compare Health Plans - Nebraska Heritage Health \(neheritagehealth.com\)](#) Comparison of the three plans.

Guardianship/Conservatorship/POA

Age of majority in Nebraska is 19 years old. Federal age of majority is 18 years old.

<https://supremecourt.nebraska.gov/programs-services/guardianship-conservatorship> Nebraska Supreme Court

Age 21 and over Nebraska Medicaid – Home and Community Based Services (HCBS)

[HCBS Waivers Available for People with Developmental Disabilities \(ne.gov\)](#) excellent resource on the differences of the four Home and Community Based Waiver offered in the State of Nebraska.

[file:///C:/Users/Owner/Downloads/Application%20for%20Home%20and%20Community%20Based%20Service%20\(HCBS\)%20Waiver%20\(6\).pdf](file:///C:/Users/Owner/Downloads/Application%20for%20Home%20and%20Community%20Based%20Service%20(HCBS)%20Waiver%20(6).pdf) Application for Home & Community Based Waivers including 1) Intellectual or Developmental Disability 2) Aged and Disabled and/or 3) Traumatic Brain Injury

<https://dhhs.ne.gov/DD%20Documents/Applying%20for%20DD%20Services%20Online.pdf> Applying for services on line

<https://dhhs.ne.gov/DD%20Documents/Eligibility%20for%20DD%20Services.pdf> Eligibility for DD Services

<https://dhhs.ne.gov/DD%20Documents/DD%20Services%204th%20Priority.pdf> Funding from Transitional Education Services to Medicaid HCBS (Home & Community Based Service) DD (Developmental Services) Waiver Services. Includes funding priorities

<https://dhhs.ne.gov/DD%20Documents/Medicaid%20HCBS%20DD%20Waivers%20Quick%20Guide.pdf> A quick guide of the services provided by the Developmental Disabilities Adult Day Waiver (DDAD) and the Comprehensive Developmental Disabilities (CDD) Waiver. The CDD waiver currently has a wait list of seven plus years. The DDAD currently does not have a waiting list, but the waiver must be taken soon after graduating from a Nebraska high school transition program.

[DD Assessment and Budget \(ne.gov\)](#) How a budget is determined from the ICAP to see the funding available to use a Service Provider or an Independent Provider.

Service & Independent Providers

<https://dhhs.ne.gov/DD%20Documents/Agency%20Provider%20List.pdf> Agency Provider Directory by city and by county. Includes contact information, website, and phone numbers. Usually updated every month.

<https://dhhs.ne.gov/Guidance%20Docs/How%20to%20Become%20an%20Independent%20Provider.pdf> How to Become and Independent Provider

<https://dhhs.ne.gov/Guidance%20Docs/DD%20Current%20Independent%20Provider%20-%20Adding%20Services%20Process%20Flowchart.pdf> Independent Provider Adding Services

Housing -Must have the Comprehensive Developmental Disabilities Waiver (CDD)

<https://dhhs.ne.gov/DD%20Documents/Agency%20Provider%20List.pdf> Listing of Nebraska Service Providers who provide day, residential and respite services. See pages 56 -62. This includes group homes, apartment living and the supervision of Shared Living providers.

<https://dhhs.ne.gov/DD%20Documents/Shared%20Living%20Information.pdf> Shared Living with another family.

Housing Option that might include private pay for staffing (if no CDD Waiver) or

Percentage of Income for Apartment Rent

<https://shelteringtreecommunity.org/> Sheltering Tree is a consumer-controlled, safe, affordable, and community-centered apartment community that has amenities that are desirable for adults with developmental disabilities.

<https://www.douglascountyhousing.com/> Douglas County, NE Housing providing low-income housing.

<https://ohauthority.org/> City of Omaha Housing Authority providing low-income housing.

<https://sarpyhousing.org/> Sarpy County Housing authority providing low-income housing.

TBI (Traumatic Brain Injury) Waiver

[TBI Waiver \(ne.gov\)](#) one page sheet summarizing the TBI Waiver. Only 20 individuals qualify, all living at QLI (Quality Living) in Omaha.

A & D (Aged & Disabled) Waiver

Available for all people ages 65 and older and people of all ages with physical disabilities. Service Coordinators across Nebraska are available through the League of Human Dignity or ADRC (Aged & Disabled Resource Center).

[Aged and Disabled Waiver \(ne.gov\)](#) one page summary

[AD Assessment and Funding \(ne.gov\)](#) Aged & Disabled Waiver Assessment & Funding

[Eligibility for AD Services \(ne.gov\)](#) Aged & Disabled Waiver Services & Eligibility

[Medicaid HCBS AD Waiver Quick Guide \(ne.gov\)](#) quick guide of AD Services

<https://dhhs.ne.gov/Medicaid%20SUA/Current%20AAA%20and%20ADRC%20Map.pdf> ADRC Sites across Nebraska

<https://ne211.org/nebraska-aging-disability-resource-center/> ADRC website

https://dhhs.ne.gov/Documents/IndependentLivingCenters_Map.pdf League of Human Dignity sites across Nebraska

<https://leagueofhumandignity.com/> League of Human Dignity website

Volunteering

<https://www.unmc.edu/mmi/services/rt/volunteer.html> UNMC Munroe-Meyer Institute Camp Munroe volunteers from ages 13-26

<https://www.sone.org/get-involved/volunteer-opportunities.html> Special Olympic Nebraska volunteer opportunities

<https://nsaahome.org/unified-sports/> NSAA (Nebraska State Athletic Association) Unified Sports

<https://www.sone.org/get-involved/become-a-unified-partner.html> Special Olympics Nebraska Become a Unified Partner

<https://www.sone.org/beyond-sports/unified-champion-schools/unified-champions-schools.html>

Unified Champion Schools in Nebraska

<https://www.olliewebbinc.org/next-chapter-book-club/> Next Chapter Book Club – Volunteer Facilitator through the Ollie Webb Center. Contact Becky Cano at bcano@olliewebbinc.org

Adaptive Equipment

<https://atp.nebraska.gov/services/equipment> Assistive Technology Partnership for equipment, home modifications etc.