



Olson Center Brown Bag Speaker Profile:



Cecilia Poon, PhD, ABPP

Grief During the Holidays

Tuesday, Nov. 18, 2025, noon to 1 p.m.

Cecilia Poon, PhD is a Nebraska Medicine licensed clinical psychologist. She is an adjunct assistant professor in the UNMC Department of Psychiatry. Dr. Poon is also board certified in geropsychology.

Dr. Poon has taught courses at UNMC on diverse topics including the psychology of eating, personality disorders in geriatrics, psychosocial adjustment among individuals with chronic illness and grief and loss.

She received her Bachelor of Social Science in Psychology from The Chinese University of Hong Kong. She received her doctorate in Clinical Psychology (aging track) from the University of Southern California in Los Angeles, California. Dr. Poon completed a Clinical Psychology Predoctoral Internship at Piedmont Geriatric Hospital with the Central Virginia Consortium followed by a Clinical Health Psychology Post-Doctoral Fellowship at The Nebraska Medical Center.

If you would like to contact today's Brown Bag presenter, please reach Cecilia Poon, PhD at cepoon@nebraskamed.com.

For more information, visit our [brown bag website](#).