

## **Olson Center Brown Bag Speaker Profile:**

Geri A. Moore, MA, ACSM-Clinical Exercise Physiologist, NSCA-CPT

## Smartwatches in Health and Fitness: Benefits and Considerations

Tues., May 20, 2025



Geri Moore, MA is the director of the Exercise Testing & Training Laboratory in the Creighton University Department of Exercise Science and Pre-Health Professions.

Geri completed her Bachelor of Science in Exercise Science at the University of Nebraska at Lincoln, followed by her Master of Arts in Exercise Science at the University of Nebraska at Omaha.

Geri is certified by the American College of Sports Medicine as a Clinical Exercise Physiologist, the National Strength and Conditioning

Association as a Personal Trainer, and the American Red Cross – First Responder CPR-Certified for Adult, Child and Infant, and AED Instruction.

She has received teaching and leadership awards from Creighton University, Wellness Council of the Midlands, and the American Heart Association. Geri has published multiple articles in the Journal of Exercise Physiology, Journal of Strength and Conditioning Research, Journal of Interprofessional Care, and the Journal of Applied Physiology.

If you would like to contact today's Brown Bag presenter, please contact Geri Moore at: <u>gmoore@creighton.edu</u>

Presentation handouts can be downloaded at: unmc.edu/obgyn/community/brown-bag/bb-2024-2025.html