

Olson Center Brown Bag Speaker Profile: Aisha Yapp, MA, PLMHP

Let's Talk About Stress and Time Management

Sept. 20, 2022



Aisha Yapp, MA, PLMHP is a Pre-Doctoral Intern with a focus on anxiety for the Nebraska Medicine Psychology Department.

Aisha completed her Bachelor of Science in Psychology from Loyola University New Orleans. She then completed her Master of Arts in Clinical Psychology from Fisk University. Aisha is currently working towards her Doctor of Philosophy degree in Counseling Psychology from Tennessee State University.

Aisha carries out screenings, assessments and psychotherapy treatments for patients with mental health, and acute and chronic health conditions in both inpatient and outpatient settings.

Aisha is a member of the American Psychological Association, Nashville Psychotherapy Institute, and the Southeastern Psychological Association. She is on the member support committee of the Microaggressions Work Group. Aisha is also a visual artist and painter, under her label Life's Creations, which hopes to capture the essence, and sometimes hidden, unique features of life's moments.

If you would like to contact our speaker please email: ayapp@nebraskamed.com

Aisha Yapp's presentation materials can be downloaded at
unmc.edu/obgyn/community/brown-bag-handouts