

University of Nebraska Medical Center Student and Employee Comprehensive Resource Guide

The University of Nebraska Medical Center does not recommend or endorse any specific organizations, services, or resources. The inclusion of such references is for informational purposes only. Individuals are encouraged to conduct their own research to determine which organizations, services, or resources best meet their personal needs.

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Omaha Campus

Food & Pantry

Food Bank for the Heartland

- 10524 J Street
- Omaha NE 68127
- (402) 331-1213
- <https://foodbankheartland.org/>
- Multiple locations are available

Heartland Hope Mission- West Omaha

- 15555 Industrial Road,
- Omaha, NE 68144
- (402) 733-1904
- <https://heartlandhopemission.org/get-food/>

Heartland Hope Mission- South Omaha

- 2021 U Street
- Omaha, NE 68107
- (402) 733-1904
- <https://heartlandhopemission.org/get-food/>

Rejoice! Hope West Pantry

- 2556 138th Street, Omaha, NE 68144
- (402) 932-0084
- <https://www.rejoiceomaha.org/Food-Pantry>

Project Hope Pantry- Main Pantry

- 6201 North 60th Street
- Omaha, NE 68104
- (402) 453-7649
- <https://projecthopeomaha.org/>

Project Hope Pantry- Loaves and Fish Pantry

- 1725 South 60th Street
- Omaha, NE 68106
- (402) 453-7649
- <https://projecthopeomaha.org/>

Countryside Community Cupboard

- 13130 Faith Plaza
- Omaha NE 68144
- (402) 391-0350
- <https://countrysideucc.org/>

Harrison Street Baptist Church

- 8015 Harrison Street
- La Vista, NE 68128
- (402) 331-7366
- <https://hsbchurch.com/food-pantry>

FAITHWORKS Pantry

- 4892 Oaks Lane
- Omaha NE 68137
- (402) 895-3394
- <https://faithwestwood.com/faithworks-pantry>

St. Vincent de Paul Divine Mercy Food Pantry

- 14330 Eagle Run Drive
- Omaha NE 68164
- (402) 496-7988
- <https://www.svdpomaha.org/outreach/divine-mercy-center-and-pantry>

Together Omaha

- 812 South 24th Street
- Omaha NE 68108
- (402) 345-8047
- <https://togetheromaha.org/>

Marshall Baptist Church Pantry

- 4845 Marshall Drive
- Omaha NE 68137
- (402) 895-4227

Neighborgood Pantry

- 302 American Parkway
- Papillion NE 68046
- (402) 552-7061
- <https://neighborgoodpantry.org/>

Catholic Charities- St. Teresa of Calcutta Campus

- 9223 Bedford Avenue
- Omaha, NE 68134
- (402) 554-0520
- <https://ccomaha.org/food-pantries/>

Catholic Charities- St. Juan Diego Center

- 5211 South 31st Street
- Omaha, NE 68107
- (402) 554-0520
- <https://ccomaha.org/food-pantries/>

Salem Food Pantry

- 3120 Lake Street
- Omaha NE 68111
- (402) 559-9973

SNAP/Food Resource Hotline

- Call 1-855-944-3663 for more information about food assistance in your area
- <https://dhhs.ne.gov/Pages/SNAP.aspx>

WIC (Women, Infants, Children)

- (402) 444-1770
- <https://www.douglascountyhealth.com/wic>
- WIC aids to provide women, infants, and children up to age 5 who are nutrition risk with nutritious foods to supplement diets

James Phillip Foster (JPF) Hope Resource Center

- 6124 N 99th Street
- Omaha NE 68164
- (402) 763-8438
- <https://www.jpfinc.org/>

Vineyard Food Assistance

- 5030 N 72nd Street
- Omaha NE 68124
- (402) 393-9077

Holy Cross Lutheran Church

- 4117 Terrace Drive
- Omaha NE 68134
- (402) 571-1622
- <https://hclchurch.com/events/food-pantry/2023-12-21>

**First United Methodist Church-
Clair Cares Food Pantry**

- 7020 Cass Street
- Omaha NE 68132
- (402) 556-6262
- <https://fumcomaha.org/ministries/clair-cares-food-pantry/>

**First United Methodist Church-
Pearl Food Pantry**

- 2919 State Street
- Omaha NE 68112
- (402) 614-7452
- <https://fumcomaha.org/ministries/pearl-pantry/>

**St. Vincent De Paul (SVDP)
Pantry and Garden**

- 2101 Leavenworth Street
- Omaha NE 68102
- (402) 779-8499
- <https://www.ssvpomaha.org/food-pantry--pantry-garden.html>

Salvation Army Burrows Center

- 6101 NW Radial Highway
- Omaha NE 68104
- (402) 898-5860
- <https://centralusa.salvationarmy.org/omahaburrows/>

**Salvation Army: Citadel Corps
Community Center**

- 3738 Cuming Street
- Omaha NE 68131
- (402) 553-5694
- <https://centralusa.salvationarmy.org/omahacitadel>

**Salvation Army: Ray and Joan
Kroc Corps Community Center**

- 2825 Y Street
- Omaha NE
- (402) 905-3500
- <https://omahakroc.org>

Benson Baptist Church Pantry

- 6319 Maple Street
- Omaha NE 68104
- (402) 551-1512
- <http://www.omahabbc.com/home>

**Operation Others Outreach
Ministry- Creighton Prep**

- 7400 Western Avenue
- Omaha Ne 68114
- (402) 393-1190
- <https://www.creightonprep.org/campus-ministry/operation-others>

**Bethesda Temple Seventh-day
Adventist Pantry**

- 3725 Ames Avenue
- Omaha NE 68111
- (402) 455-0601
- <https://bethesdatemple.adventistchurch.org/events>

All Saints Omaha Food Pantry

- 9302 Blondo Street
- Omaha NE 68134
- (402) 393-8612
- <https://www.allsaintsomaha.org/pantry/>

Living Hope Food Pantry

- 15050 West Maple Road
- Omaha NE 68116
- (402) 431-8560
- <https://www.standrewsoma.net/serve/opp-detail/504121/food-pantry-support/>

**Inglesia Pentecostes Roca De
Salvacion Pantry**

- 4757 North 24th Street
- Omaha NE 68110
- <https://www.findhelp.org/inglesia-pentecostes-roca-de-salvacion--omaha-ne--food-pantry/>

**Heart Ministry Center Inc- Choice
Food Distribution**

- 2222 Binney Street
- Omaha NE 68110
- (402) 451-2321
- <https://heartministrycenter.org/choice-food-distribution/>

**Open Door Mission- Main
Campus**

- 2828 North 23rd Street
- Omaha NE 68110
- (402) 422-1111
- <https://www.opendoormission.org/what-we-do/#feeding-the-hungry>

**Open Door Mission- Timberlake
Outreach Center**

- 2107 East Locust Street,
Omaha NE 68110
- (402) 422-1111
- <https://www.opendoormission.org/>

First Presbyterian Church Pantry

- 216 South 34th Street
- Omaha NE 68131
- (402) 345-5383
- <https://www.fpcomaha.org/mission/>

Generation Diamond

- 4825 South 25th Street
Suite 100
- Omaha NE 68107
- (402) 546-9978
- <https://www.generationdiamond.net/>

**One World Community Health
Center**

- 4920 South 30th Street
- Omaha NE 68107
- (402) 734-4110
- <https://www.oneworldomaha.org/patient-services/social-supports/>

South Lutheran Food Pantry

- 4401 South 23rd Street
- Omaha NE 68107
- (402) 502-7070
- https://www.foodpantries.org/li/ne_68107_lutheran-south-pantry

**St. Matthews Lutheran Church
Food Pantry**

- 1725 South 60th Street
- Omaha NE 68106
- <https://www.smlutheran.com/service>

San Andres Lutheran Pantry

- 4440 South 25th Street
- Omaha NE 68107
- <https://www.sanandresomaha.org/>

Holy Family Center

- 1715 Iazard Street
- Omaha, NE 68102
- (402) 341-6561

One14 Center Pantry

- 2617 South 114th Street
- Omaha, NE 68144
- (402) 333-4444
- <https://www.lcm.church/pantry/>

Westside Church Pantry

- 15050 West Dodge Road
- Omaha NE 68154
- (402) 496-7833
- https://www.wchurch.tv/car_e

Wheeler Memorial Presbyterian Church Pantry

- 4501 South 23rd Street
- Omaha NE 68107
- 402-733-8870
- <https://nrrs.ne.gov/resource/25940/118.0>

Housing & Shelters

Carole's House of Hope

- 7815 Harney Street
- Omaha NE 68114
- (402) 991-4673
- <https://www.carolehouseofhope.org/>
- Carole's House of Hope provides transitional living for young women and mothers who have aged out of foster care or are experiencing homelessness

Catholic Charities- St. Teresa of Calcutta Campus

- 9223 Bedford Avenue
- Omaha NE 68134
- (402) 554-0520
- <https://ccomaha.org/>
- Catholic Charities provides survivors, and their children access to a state-of-the-art Domestic Violence Shelter designed to help them establish a safe, violence-free future

Together Inc- Housing Stability Clinic

- 812 South 24th Street
- Omaha, NE 68108
- (402) 345-8047
- <https://togetheromaha.org>
- Provides support, assistance, and help with resources to those facing homelessness

Heartland Family Services

- 2101 South 42nd Street
- Omaha NE 68105
- (402) 553-3000
- Homeless Diversion Hotline: (531) 200-3500
- <https://www.heartlandfamilyservice.org/housing-financial-stability/>
- Provides Homeless Diversion and Prevention services to assist those who are at immediate risk of losing their home and may be seeking emergency or short-term shelter

Open Door Mission- Lydia House Women and Children's Shelter

- 2809 North 20th Street
- Omaha, NE 68110
- (402) 829-1531
- <https://www.opendoormission.org/>
- Provides safe shelter and homeless prevention resources

Open Door Mission- Garland Thompson Men's Shelter

- 2705 North 20th Street Suite 249
- Omaha, NE 68110
- (402) 422-1111
- <https://www.opendoormission.org/>
- Provides safe shelter and homeless prevention resources

The Salvation Army

- 10755 Burt Street
- Omaha NE 68114
- (402) 898-7700
- <https://centralusa.salvationarmy.org/omaha/provide-housing/>
- Provides permanent supportive housing, transitional housing, housing for veterans, and housing for older adults

Sienna Francis House Emergency Shelter

- 1117 North 17th Street
- Omaha NE 68102
- (402) 341-1821
- <https://sienafrancis.org/what-we-do/emergency/emergency-shelter.html>
- The goal of the emergency shelter is to provide for the most urgent, immediate needs of those facing a housing crisis to help them get housed in the community as quickly as possible

Stephen Center Inc. – Pettigrew Emergency Shelter

- 2723 Q Street
- Omaha NE 68107
- (402) 715-5464
- <https://stephencenter.org/shelter/>
- Provides emergency services for homeless single men, single women, and parents with children

Women's Center for Advancement (WCA)

- 3801 Harney Street
- Omaha NE 68131
- (402) 345-6555
- Emergency Domestic Abuse Hotline: (402) 345-7273
- <https://wcaomaha.org/get-help/>
- May be able to help with finding emergency housing for individuals and children fleeing from domestic violence relationships

Micah House

- 1415 Avenue J
- Council Bluffs, Iowa 51501
- (712) 323-4416
- <https://www.themicahhouse.org/>
- Women's only and family shelter is available to those seeking safe shelter. Individuals may be required to complete a Wait List form to be eligible for shelter services

Douglas County Housing Authority

- 5404 N 107th Plaza
- Omaha 68134
- 402-444-6203
- <https://www.douglascountyhousing.com/>
- Douglas County Housing Authority assists lower-income family, elderly, and disabled residents with their housing needs as clients are striving to achieve self-sufficiency or independent living

Family Housing Advisory Services

- 2401 Lake Street
- Omaha, NE 68111
- 402-934-7921
- <https://www.fhasinc.org/>
- Family Housing Advisory Services, Inc provides top-notch impact-oriented housing services to low-to-moderate income individuals

Habitat for Humanity (Omaha)

- 1229 Millwork Avenue Suite 301
- Omaha, NE 68102
- (402) 457-5657
- <https://habitatomaha.org/>
- Habitat for Humanity of Omaha partners with families to ease the burden of housing insecurity and create a clear path to owning a home or repairing a home

Omaha Housing Authority Public Housing

- 1823 Harney Street
- Omaha, NE 68102
- (402) 444-4200
- <https://ohauthority.org/public-housing/>
- OHA serves the community by providing public housing homes for qualified, low income families, persons with disabilities, and seniors with a fixed income

Together Omaha Housing Stability Clinic

- 2419 Leavenworth Street
- Omaha, NE 68105
- Monday-Thursday 9-12 and 1-3
- <https://togetheromaha.org/our-programs/crisis-engagement-program.html>
- The Housing Stability Clinic provides specialized services that may support, assist, and help with resources to individuals and families, who qualify, facing instability or experiencing homelessness

Christian Outreach Program – Elkhorn (COPE)

- 20601 Elkhorn Drive
- Elkhorn, NE 68022
- (402) 616-2330
- <https://copeinfo.org/>
- Tuesday-Saturday 10:00 am -2:00 pm
- COPE provides hope to our neighbors in need in western Douglas County while maintaining the confidentiality and dignity of those who are served. Community outreach programs and housing stability assistance are available

Restoring Dignity

- 3260 Davenport Street
- Omaha NE 68131
- (402) 370-9777
- <https://rdomaha.org/>
- Restoring Dignity provides a wide array of supportive services, including healthy home classes, home makeovers and improvement opportunities, housing advocacy, furniture banking, and crisis response, to families who came to America with refugee status

2-1-1 Nebraska/Southwest Iowa

- 2201 Farnam Street Suite
- 211 Omaha, NE 68102
- (402) 444-6666 or (402)342-8232
- www.211iowa.org
- Provides information and referral services for a multitude of services. Emergency applications for funds which may be used for rent, rent deposit, or utilities

Clothing & Diapers

Nebraska Diaper Bank

- 9100 F Street
- Omaha, NE 68127
- (402) 557-8205
- <https://nebraskadiaperbank.org/>
- Nebraska Diaper Bank provides diapers through collaborative partnerships to change lives and empower families in need

Heartland Hope Mission- West Omaha

- 15555 Industrial Road,
- Omaha, NE 68144
- (402) 733-1904
- <https://heartlandhopemission.org/get-food/>
- Diapers available for children 2 and under

Heartland Hope Mission- South Omaha

- 2021 U Street
- Omaha, NE 68107
- (402) 733-1904
- <https://heartlandhopemission.org/get-food/>
- Diapers available for children 2 and under

Trinity United Methodist Church- Lost & Found Clothing Center

- 8009 Q Street
- Ralston, NE 68127
- (402) 331-4054
- <https://trinityralston.org/mission-outreach>
- Please contact church office at (402) 331-4054 for immediate clothing needs outside of scheduled hours

Women's Center for Advancement

- 3801 Harney Street
- Omaha NE 68131
- (402) 345-6555
- Emergency Domestic Abuse Hotline: (402) 345-7273
- <https://wcaomaha.org/get-help/>
- A free clothing closet may be available for men, women, and children

Timothy Lutheran Church

- 3112 West Broadway
- Council Bluffs, IA 51501
- (712) 323-0693
- <https://timothy.lutheran.net/>
- Open to anyone with children to get a supply of baby diapers and wipes along with any other items that are available for monthly distribution

Heart Ministry Center – Willing Partner Program

- 2222 Binney Street
- Omaha NE 68110
- (402) 451-2321
- <https://heartministrycenter.org/willing-partner/>
- Based on a "together" concept for helping those in need, Willing Partner works to enable families to become self-sufficient and to break the cycle of poverty sustainably

Holy Family Center & Closet Door Ministry

- 1715 IZard Street
- Omaha, NE 68102
- (402) 341-6561
- Holy Family Center offers food and clothing to those in need

Project Hope

- 6201 N 60th Street
- Omaha NE 68104
- <https://projecthopeomaha.org/>
- We provide clean, gently used clothing, shoes, and outdoor wear to our clients donated by generous members of our community

The Salvation Army- Burrows Center

- 6101 NW Radial Highway
- Omaha, NE 68104
- (402) 898-6090
- <https://centralusa.salvationarmy.org/omahaburrows/>
- The Burrows Center is a one-stop shop for material assistance needs for the Omaha metro area

Open Door Mission- Lydia House Women and Children's Shelter

- 2809 North 20th Street
- Omaha, NE 68110
- (402) 829-1531
- <https://www.opendoormission.org/>
- Diaper assistance may be available at the Lydia House location.

Open Door Mission- Garland Thompson Men's Shelter

- 2705 North 20th Street Suite 249
- Omaha, NE 68110
- (402) 422-1111
- <https://www.opendoormission.org/>
- Timberlake Outreach Center provides monthly assistance for food, clothing, diapers, furniture, and appliances

Open Door Mission- Council Bluffs Outreach Center

- 1612 Avenue D, Council Bluffs, IA 51501
- (402) 867-1050
- <https://www.opendoormission.org/>
- Diaper assistance may be available at the Council Bluffs Outreach Center location

Stephen Center Inc

- 2723 Q Street
- Omaha NE 68107
- (402) 731-0238
- <https://stephencenter.org/>
- Stephen Center Partners with individuals, families, and the community to overcome homelessness, substance abuse, and mental health concerns

Parenting & Child Care

Behaven Kids Omaha

- 8922 Cuming St
- Omaha, NE 68114
- 402-926-4373
- <https://behavenkids.com/>
- Behaven Kids delivers the highest quality behavioral and mental health services to children and adolescents

Child Saving Institute

- 4545 Dodge Street
- Omaha, NE 68132
- (402) 553-6000
- <https://chidsaving.org/>

Community Options Nebraska

- 1941 South 42nd Street Suite 134
- Omaha, NE 68105
- (402) 312-3785
- <https://www.conebraska.com/>
- Community Options Nebraska offers Parent/Family support to those in need of help with routines, house rules, consequences, behavior modification, and promoting bonding with your child

Assure Women's Center- West Omaha Office

- 14225 Dayton Circle
- Omaha, NE 68137
- (402) 704-3538
- <https://assureomaha.com/>
- Assure Women's Center offers free services to women who are unexpectedly pregnant

Assure Women's Center- North Omaha Office

- 6510 Sorenson Parkway
- Omaha, NE 68152
- (402) 704-3538
- <https://assureomaha.com/>
- Assure Women's Center offers free services to women who are unexpectedly pregnant

Salvation Army Early Head Start

- 3612 Cuming Street
- Omaha, NE 68131
- (402) 898-5920
- <https://centralusa.salvationarmy.org/omaha/early-head-start/>
- Salvation Army Early Head Start is a federally funded program that helps low-income children prepare for school

Omaha Public Schools Head Start

- 3215 Cuming Street
- Omaha, NE 68131
- (531) 299-0303
- <https://www.ops.org/Page/6813>
- Omaha Public Schools Head Start is a federally funded program that helps low-income children prepare for school

OPS Early Development Network

- 3215 Cuming Street
- Omaha, NE 68131
- (531) 299-0242
- <https://www.ops.org/Page/621>
- The Early Development Network connects qualified families with early intervention services to help infants and toddlers grow and develop. The Early Development Network is intended for children ages birth- 2 years old

Nebraska Children's Home Society

- 4939 S 118th St, Omaha NE 68137
- 402-451-0787
- [Putting Children First Since 1893 | Nebraska Children's Home Society](https://www.puttingchildrenfirst.org/putting-children-first-since-1893-nebraska-childrens-home-society)
- The mission of NCHS is to provide compassionate support, enduring connections, and innovative solutions that help families thrive

Project Harmony Child Advocacy Center

- 11949 Q Street
- Omaha NE 68137
- (402) 595-1326
- <https://projectharmony.com/>
- Project Harmony provides a wide range of child and family-focused services, such as family advocacy, forensic interviewing and medical examinations, mental health services, parenting education, and case management

Learning Community Center- North Omaha

- 1612 North 24th Street
- Omaha, NE 68110
- (402) 905-9984
- <https://learningcommunityd.org/>
- The Learning Community works with children and families to challenge the opportunity gap through early childhood education, family engagement, and future teacher preparation

Learning Community Center- South Omaha

- 2302 M Street
- Omaha, NE 68107
- (402) 502-5512
- <https://learningcommunityd.org/>
- The Learning Community works with children and families to challenge the opportunity gap through early childhood education, family engagement, and future teacher preparation

Purpose Driven Advocacy Center

- 6401 North 56th Street
- Omaha, NE 68104
- (402) 399-9628
- <https://www.purposedrivenomaha.com/>
- Purpose Driven Advocacy Center provides a variety of classes, resources, workshops, camps, and tutoring options for underserved youth in the Omaha community

Nebraska Family Helpline

- 1 (888) 866-8660
- The Nebraska Family Helpline is available 24/7 to parents and families

Lutheran Family Services:**Omaha**

- 7929 West Center Road
- Omaha, NE 68124
- (402) 342-7038
- <http://www.lfsneb.org/>
- Lutheran Family Services provides a wide range of services for children and their families. Multiple locations available

Utilities

2-1-1 Nebraska/Southwest Iowa

- 2201 Farnam Street Suite
- 211 Omaha, NE 68102
- (402) 444-6666 or (402)342-8232
- www.211iowa.org
- Provides information and referral services for a multitude of services. Emergency applications for funds which may be used for rent, rent deposit, or utilities

Cox Connect2Compete

- Through Connect2Compete, Cox opens a world of opportunity for families with K-12 students by providing affordable, reliable, home internet with Wi-Fi
- <https://www.cox.com/residential/home.html>

General Assistance for Douglas and Sarpy County

- Front Desk: (402) 444-7249
- Appointment Line: (402) 444-6215
- <https://generalassist.douglascounty-ne.gov/>
- Douglas County General Assistance may be able to provide vouchers for non-food and/or clothing items or bus tickets. Eligibility requirements may apply

Heartland Family Services

- 2101 South 42nd Street
- Omaha NE 68105
- (402) 553-3000
- <https://www.heartlandfamilyservice.org/>
- Heartland Family Services may have programs and services available to individuals and families to assist with utility costs

The Salvation Army

- 10755 Burt Street
- Omaha NE 68114
- 1-800-SAL-ARMY
- <https://centralusa.salvationarmy.org/omaha/provide-housing/>
- Provides permanent supportive housing, transitional housing, housing for veterans, and housing for older adults

St. Vincent de Paul Omaha Helpline – Rent & Utility Assistance Hotline

- Main Phone: (402) 346-5445
- <https://www.ssvpomaha.org/get-help.html>
- All types of assistance may vary, depending on available resources and geographic locations within the Omaha metro area. Financial and material assistance may be available

Nebraska Energy Assistance Program- Low Income Home Energy Assistance

- Main Phone: (800) 383-4278
- <https://dhhs.ne.gov/pages/energy-assistance.aspx>
- LIHEAP helps low-income households stay safe and healthy by providing financial assistance to offset the costs of heating and cooling

Nebraska Public Power District Pennies for Power

- (402) 444-6666
- <https://www.nppd.com/>
- The Pennies for Power Program can help customers who have faced an unexpected financial hardship or are unable to pay their monthly utility bills

Transportation

Omaha Metro

- 2222 Cuming Street
- Omaha, NE 68102
- (402) 341-0800
- Multiple locations available
- <https://www.ometro.com/>
- TravelSmart Program is available to UNMC students and employees: <https://livegreennebraska.com/travelsmart/>
- Discount rates and/or ADA-approved transportation may be available for qualifying individuals

Open Door Mission Van

- Van provides pick up services from 14th and Farnam to the Open Door Mission on Monday-Friday at 9:45, 12:00, and 4:30.
- For current schedule, call (402) 829-1571

Greyhound Bus

- 1601 Jackson Street
- Omaha, NE 68102
- 1 (800) 231-2222
- <https://www.greyhound.com/>

Medical Care

American Cancer Society

- 1 (800) 227-2345
- <https://www.cancer.org/>
- The American Cancer Society is the leading cancer-fighting organization with the vision to end cancer as we know it, for everyone

American Lung Association

- 1 (800) 586-4872
- <https://www.lung.org/>
- The American Lung Association's mission is to save lives by improving lung health and preventing lung disease through education, advocacy, and research

American Heart Association

- 1 (800) 242-8721
- <https://www.heart.org/>
- The American Heart Association is the largest voluntary organization dedicated to fighting heart disease and stroke

American Red Cross

- 1 (800) 733-2767
- <https://www.redcross.org/>
- The American Red Cross prevents and alleviates human suffering in the face of emergencies by mobilizing the power of volunteers and the generosity of donors

Boys Town National Research Hospital

- 14000 Boys Town Hospital Road
- Boys Town, NE 68010
- (531) 355-1234
- <https://www.boystown.org/>
- Multiple locations available

Nebraska Medical Center

- 4350 Dewey Avenue
- Omaha, NE 68105
- (402) 552-2000
- <https://www.nebraskamed.com/>
- Multiple locations available

Charles Drew Health Center

- 2915 Grant Street
- Omaha, NE 68111
- (402) 451-3553
- <https://charlesdrew.com/>
- Multiple locations available

Children's Hospital & Medical Center

- 8200 Dodge Street
- Omaha, NE 68114
- (402) 955-5400
- <https://www.childrensnebraska.org/>
- Multiple locations available

Douglas County Health Department

- 1111 South 41st Street
- Omaha, NE 68105
- Main Phone: (402) 444-7471
- Emergencies or After Hours: (402) 444-7000
- <https://www.douglascountyhealth.com/>
- Multiple clinic locations and services are available

North Omaha Area Health (NOAH) Free Health Clinic

- 5620 Ames Avenue
- Omaha, NE 68104
- (402) 933-0737
- <https://www.noahclinic.org/>
- NOAH provides free, accessible, and compassionate healthcare services to underserved populations

One World Community Health Center

- 4920 South 30th Street
- Omaha, NE 68107
- (402) 734-4110
- <https://www.oneworldomaha.org/>
- One World Community Health Center is committed to providing access to quality medical, dental, behavioral health, pharmacy, and support services so our community can thrive.
- Multiple locations and services are available

Ponca Tribe of Nebraska – Fred LeRoy Health & Wellness Center

- 2602 J Street
- Omaha, NE 68107
- (402) 733-3612
- <https://www.poncatribene.gov/services/health-services/health-clinics/fred-leroy-health-and-wellness-center/>
- The Fred LeRoy Health & Wellness Center provides medical, dental, behavioral health, and public health services to American Indians. Other medical services may be available

Visiting Nurse Association (VNA)

- 12565 West Center Road Suite 100
- Omaha, NE 68144
- (402) 930-4000
- <https://www.vnatoday.org/>
- VNA provides expert, compassionate nursing services to under-resourced individuals and families- no matter someone's age, income, or ability

Heart Ministry Center- Monen Healthcare Clinic

- 2222 Binney Street
- Omaha, NE 68110
- (402) 451-2321
- <https://heartministrycenter.org/monen-healthcare-clinic/>
- The Monen Healthcare Clinic at Heart Ministry Center provides free, quality services to treat routine illness, alleviate pain, and perform testing for common ailments.

Omaha VA Medical Center

- 4101 Woolworth Avenue
- Omaha, NE 68105
- (402) 346-8800
- <https://www.va.gov/nebraska-western-iowa-health-care/locations/omaha-va-medical-center/>

Mental & Behavioral Health

UNMC Counseling and Psychological Services (CAPS)

- Located in the Center for Healthy Living
- 984250 Nebraska Medical Center
- Omaha, NE 68198
- (402) 559-4199
- <https://www.unmc.edu/student-success/student-health/counseling/index.html>
- CAPS provides free, confidential mental health and wellness related services to UNMC students. CAPS also provides resources to faculty and staff to aid in assisting UNMC students

Arbor Family Counseling

- 11605 Arbor Street Suite 106
- Omaha, NE 68144
- (402) 330-0960
- <https://arborfamilycounseling.com/>
- Arbor Family Counseling provides free, confidential counseling and mental health services to UNMC employees through UNMC's Employee Assistance Program

Boys Town National Research Hospital

- 14000 Boys Town Hospital Road
- Boys Town, NE 68010
- (531) 355-1234
- <https://www.boystown.org/>
- Multiple locations and services are available

UNMC's Munroe Meyer Institute (MMI)

- 6902 Pine Street
- Omaha, NE 68106
- (402) 559-6418
- <https://www.unmc.edu/mmii/>
- MMI transforms the lives of individuals with disabilities and special health care needs and their families through education, research, and extraordinary patient care

Capstone Behavioral Health

- 1941 South 42nd Street Suite 328
- Omaha, NE 68105
- (402) 614-8444
- <https://www.capstonebehavioralhealth.com/>
- Capstone Behavioral Health provides a variety of behavioral and mental health services for both adolescents and adults

Center for Holistic Development

- 5425 North 103rd Street Suite 2
- Omaha, NE 68164
- (402) 502-9788
- <https://chdomaha.org/>
- Center for Holistic Development supports the Omaha community by providing behavioral health programs, activities, and resources to those in need

Charles Drew Health Center

- 2915 Grant Street
- Omaha, NE 68111
- (402) 451-3553
- <https://charlesdrew.com/>
- Multiple locations available

CHI Health Behavioral Care

- Information and Referral Line: (402) 717-4673
- <https://www.chihealth.com/services/behavioral-care>
- CHI Health Behavioral Care is a leader in providing specialized psychiatric and chemical dependency services. Services are available for children and adolescents, adults, and seniors. Multiple locations are available

CHI Health Lasting Hope Recovery Center

- 415 South 25th Street
- Omaha, NE 68131
- (402) 717-5400
- <https://www.chihealth.com/services/behavioral-care/inpatient/lasting-hope-recovery-center>
- Lasting Hope Recovery Center provides crisis intervention services for individuals of all ages who present or call in a psychiatric emergency

Lutheran Family Services

- 7929 West Center Road
- Omaha, NE 68124
- (402) 342-7038
- <https://www.onelfs.org/>
- Lutheran Family Services provides a wide array of behavioral and mental health services for children and adults. Multiple locations are available

National Alliance on Mental Illness (NAMI)

- Main Phone: (703) 524-7600
- NAMI HelpLine: 1 (800) 950-6264
- <https://www.nami.org/>
- NAMI works to educate, support, advocate, listen and lead to improve the lives of people with mental illness and their loved ones

Region VI Behavioral Healthcare

- 4715 South 132nd Street
- Omaha, NE 68137
- (402) 402-444-6573 or 1 (800) 311-8717
- <https://www.regionsix.com/>
- Region VI Behavioral Healthcare is a publicly funded behavioral health system that includes mental health and substance use prevention, treatment, and rehabilitation services

One World Community Health Center

- 4920 South 30th Street
- Omaha, NE 68107
- (402) 734-4110
- <https://www.oneworldomaha.org/>
- One World Community Health Center is committed to providing access to quality medical, dental, behavioral health, pharmacy, and support services so our community can thrive.
- Multiple locations and services are available

Ponca Tribe of Nebraska – Fred LeRoy Health & Wellness Center

- 2602 J Street
- Omaha, NE 68107
- (402) 733-3612
- <https://www.poncatribene.gov/services/health-services/health-clinics/fred-leroy-health-and-wellness-center/>
- The Fred LeRoy Health & Wellness Center provides medical, dental, behavioral health, and public health services to American Indians. Other medical services may be available

The Salvation Army Rehabilitation Services

- 10755 Burt Street
- Omaha, NE 68114
- (402) 898-7700
- <https://centralusa.salvationarmy.org/omaha/>
- The Salvation Army houses the Adult Rehabilitation Center (ARC), which features a non-traditional, faith-based work therapy program for those struggling with substance abuse. They also house Licensed Treatment Centers, which offer more traditional rehabilitation services and can include medicated-assisted treatment options

The Stephen Center Inc. HERO Program

- 2723 Q Street
- Omaha, NE 68107
- (402) 731-0238
- <https://stephencenter.org/hero>
- Stephen Center's HERO Program provides substance abuse treatment for low-income and homeless individuals. Services are also provided for those with dually diagnosed with both substance abuse and mental illness

Heartland Family Services

- 2101 South 42nd Street
- Omaha NE 68105
- (402) 552-7400
- <https://www.heartlandfamilyservice.org/>
- Heartland Family Services provides a wide array of services, including domestic violence/sexual assault programming, psychiatric services, mental health services, substance use prevention and support, and crisis services

Community & Support Groups

Alcoholics Anonymous

- 6831 Grover Street
- Omaha NE 68106
- (402) 556-1880
- <https://www.omahaaa.org/>
- Alcoholics Anonymous is a fellowship of people who share their experience, strength and hope with each other that they may solve their common problem and help others to recover from alcoholism

Narcotics Anonymous

- PO Box 3937
- Omaha, NE 68102
- (402) 660-3662
- <https://omaha-na.org/>
- Narcotics Anonymous is a fellowship of people for whom drugs had become a major problem

National Alliance of Mental Illness (NAMI) Omaha

- PO Box 24028
- Omaha NE 68124
- (402) 345-8101
- <https://www.namiomaha.org/>
- NAMI provides support groups for people with mental health conditions and for family members, significant others, and friends of people with mental health conditions. Multiple meeting locations available

New Neighbors League of Omaha

- Contact NNLOmahaNE@gmail.com for more information
- <https://nnlomaha.com/>
- The purpose of New Neighbors League of Omaha is to bring together newcomers and those with new lives to live and long term members so they might meet and become friends while exploring their new world

Ollie Webb Center Omaha

- 1941 South 42nd Street Suite 122
- Omaha NE 68105
- (402) 346-5220
- <http://www.olliewebbinc.org>
- Ollie Webb provides support and guidance for parents and siblings of individuals with disabilities through program offerings including Parent to Parent, SibShops, and the PRISM Project

Parents without Partners

- 2914 Danielle Circle
- Bellevue, NE 68123
- (402) 341-5393
- <https://nrrs.ne.gov/resource/41763/34>
- Parents without Partners facilitates support groups for single parents, including male or female, custodial or non-custodial, separated, divorced, and/or never married persons

Nebraska Children's Home Society – Raising Your Grandchild

- 4939 South 118th Street
- Omaha NE 68137
- (402) 451-0787
- NCHS's Raising Your Grandchild program helps grandparents balance the demands of caring for children with their own well-being. Group topics include blessings and losses, child growth and development, fostering healthy attachments, and nurturing yourself and your grandchild

The Kim Foundation

- <https://thekimfoundation.org/financial-help/support-groups/>
- Information about several support groups is available

Nebraska Coalition for Peers

- <https://necoalitionforpeers.org/peer-support-groups/>
- Information about several peer-led support groups is available

Combined Health Agencies Drive (CHAD) Support Groups

- (402) 614-8500
- <https://www.chadnebraska.org/support-groups>
- Information about several support groups is available

Catholic Charities Domestic Violence and Sexual Assault Program

- 9223 Bedford Avenue
- Omaha, NE 68134
- (402) 554-0520
- <https://ccomaha.org/domestic-violence-services/>
- Catholic Charities offers a variety of resources for individuals experiencing domestic or sexual violence. Support groups may be available

Legal Assistance

Women's Center for Advancement (WCA)

- 3801 Harney Street
- Omaha, NE 68131
- Main Phone: (402) 345-6555
- 24/7 Crisis Hotline: (402) 345-7273
- <https://wcaomaha.org/>
- The WCA assists anyone in the Omaha area who is experiencing domestic violence, sexual assault, stalking or human trafficking by providing free, high-quality services to address their immediate safety needs and help them grow into independence over time

Legal Aid of Nebraska Omaha

- 209 South 19th Street Suite 200
- Omaha NE 68102
- (402) 348-1069 or 1 (888)991-9921
- <https://www.legalaidofnebraska.org/>
- Legal Aid provides support and side-by-side legal services to low-income Nebraskans to ensure the fair enforcement of the law, to protect the rights of the people, and to address the urgent legal needs of our communities

Nebraska Bar Association Volunteer Lawyers Project

- Public Information: (402) 986-6501 Press 3
- <https://www.nevlp.org/>
- The Nebraska Bar Association Volunteer Lawyers Project allows lawyers to meet their pro bono goals by providing free legal advice and services to individuals

Abrahams Legal Clinic-Creighton

- Public Information: (402) 280-3068
- <https://www.creighton.edu/law/law-clinics-academic-opportunities/clinics/abrahams-legal-clinic>
- The Abrahams Legal Clinic at Creighton University provides pro bono legal services related to civil matter for low-income resident of Douglas County, Nebraska. The clinic operates as a small lower firm, which is staffed by School of Law students under the supervision of licensed attorneys

Catholic Charities- Juan Diego Center Immigration Legal Services

- 5211 South 31st Street
- Omaha NE 68107
- (402) 554-0520
- <https://ccomaha.org/immigration-legal-services/>
- Catholic Charities can provide high-quality, affordable, and U.S. Department of Justice-accredited immigration legal services to individuals and families

Department of Health and Human Services Child Support

- 301 Centennial Mall South
- Lincoln, NE 68509
- (402) 471-3121 or 1 (800) 833-7352
- <https://dhhs.ne.gov/Pages/child-support.aspx>
- Nebraska Child Support is a family-first program with the goal to ensure that children have the financial and medical support they need, to foster responsible behavior towards children, and to emphasize that children need both parents involved in their lives

Family Housing Authority Services

- 2401 Lake Street
- Omaha NE 68111
- (402) 934-7921
- Family Housing Authority Services provides a wide array of housing supports and services, including tax services, financial education, tenant services, and foreclosure prevention

Center for Immigrant and Refugee Advancement

- 4223 Center Street
- Omaha NE 68105
- Main Phone: (402) 898-1349
- <https://ciraconnect.org/>
- CIRA serves the most vulnerable immigrants in our community by providing free civil immigration legal services for low-income immigrants across Nebraska

Sexual and Domestic Violence Resources & Hotlines

UNMC's Title IX Office

- 985470 Nebraska Medical Center, ADC 3010
- Omaha, NE 68198
- Carmen Sirizotti (Title IX Coordinator):
csirizzotti@unmc.edu or (402) 559-2710
- Kelly Blecha (Title IX Student & Employee Advocate):
kblecha@unmc.edu or (402) 836-9043
- Title IX prohibits and protects individuals from discrimination on the basis of sex. Confidential advocacy resources are available for all UNMC students and employees. Contact Kelly Blecha for more information

Women's Center for Advancement (WCA)

- 3801 Harney Street
- Omaha, NE 68131
- Main Phone: (402) 345-6555
- 24/7 Crisis Hotline: (402) 345-7273
- <https://wcaomaha.org/>
- The WCA assists anyone in the Omaha area who is experiencing domestic violence, sexual assault, stalking or human trafficking by providing free, high-quality services to address their immediate safety needs and help them grow into independence over time

Nebraska Coalition to End Sexual and Domestic Violence

- 245 South 84th Street Suite 200
- Lincoln, NE 68510
- (402) 476-6256
- <https://www.nebraskacoalition.org/>
- The Nebraska Coalition to End Sexual and Domestic Violence provides statewide leadership and support to systems, agencies, and individuals to prevent and end interpersonal violence

Catholic Charities Domestic Violence and Sexual Assault Program

- 9223 Bedford Avenue
- Omaha, NE 68134
- (402) 554-0520
- <https://ccomaha.org/domestic-violence-services/>
- Catholic Charities offers a variety of resources for individuals experiencing domestic or sexual violence

National Domestic Violence Hotline

- Available 24 hour/7days a week
- Phone: 1 (800) 799-7233
- Text "START" to 88788
- Online chat option is available
- <https://www.thehotline.org/>

National Sexual Assault Hotline

- Available 24 hours/7 days a week
- Phone: 1 (800) 656-4673
- Online chat option is available
- <https://rainn.org/about-national-sexual-assault-telephone-hotline>

Rape, Abuse, & Incest National Network

- Available 24 hours/7 days a week
- Phone: 1 (800) 656-4763
- Online chat option is available
- <https://rainn.org/>

National Suicide Prevention Lifeline

- Available 24 hours/7 days a week
- Phone: Call 9-8-8
- Text 9-8-8
- Online chat option is available
- <https://988lifeline.org/>

Trans Lifeline

- Available 24 hours/7 days a week
- Phone: 1 (877) 565-8860
- <https://translifeline.org/>

Male Survivors of Sexual Trauma

- <https://malesurvivor.org/about-malesurvivor>

Office on Violence Against Women (OVW)

- <https://www.justice.gov/ovw>

OneLove: Relationship Violence Prevention

- <https://www.joinonelove.org>

National Dating Abuse Helpline

- Phone: 1 (866) 331-9474
- Online chat option is available
- <https://www.loveisrespect.org/>

National Center for Victims of Crimes

- Phone: 1 (855) 484-2846
- Text: 1 (855) 484-2846
- Online chat is available
- <https://victimconnect.org/>

National Human Trafficking Hotline

- Available 24 hours/7 days a week
- Phone: 1 (888) 373-7888
- Text 233733
- Online chat is available
- <https://humantraffickinghotline.org/en>

National Center for Missing and Exploited Children

- Available 24 hours/7 days a week
- Phone: 1 (800) 843-5678
- <https://report.cybertip.org/>

**National Alliance on Mental
Illness (NAMI) Helpline**

- Phone: 1 (800) 950-6264
- Text “helpline” to 62640
- Online chat option is available
- <https://www.nami.org/>

**Nebraska Adult & Child Abuse &
Neglect Hotline**

- 1 (800) 652-1999

Crisis & Emergency Care

UNMC Public Safety Department

- Emergency Phone: (402) 559-5555
- Non-emergency Phone: (402) 559-5111
- UNMC's Public Safety Department includes units of patrol, police investigations, dispatch, emergency management, youth safety and a support unit that includes access management, security camera management and alarms.
- Law enforcement officers and security officers are included as part of the Public Safety team, and the officers on both teams are university employees. Officers are distinguishable by their uniforms and vehicles

Nebraska Medicine Emergency Department

- 4350 Dewey Avenue, Level 1
- Omaha NE 68105
- (402) 559-6637
- Open 24 hours a day/7 days a week/365 days a year

Bergan Mercy Emergency Department

- 7500 Mercy Road
- Omaha, NE 68124
- (402) 398-6060
- Open 24 hours a day/7 days a week/365 days a year

Methodist Emergency Department

- 8303 Dodge Street
- Omaha, NE 68114
- (402) 354-4000
- Open 24 hours a day/7 days a week/365 days a year

CHI Health Immanuel Hospital

- 6901 North 72nd Street
- Omaha, NE 68122
- (402) 572-2225
- Open 24 hours a day/7 days a week/365 days a year

Douglas County Sheriff's Office

- Main Phone: (402) 444-6641
- <https://www.omahasheriff.org/>

Sarpy County Sheriff's Office

- Main Phone: (402) 593-4111
- <https://www.sarpy.gov/>

Omaha Police Department

- 505 South 15th Street
- Omaha, NE 68102
- (402) 444-5600 or 911
- <https://police.cityofomaha.org/>

Nebraska Child Welfare and Protective Services

- Adult & Child Abuse & Neglect Hotline- (800) 652-1999
- <https://dhhs.ne.gov/Pages/Child-Welfare.aspx>

Nebraska Adult Welfare and Protective Services

- Adult & Child Abuse & Neglect Hotline- (800) 652-1999
- <https://dhhs.ne.gov/Pages/Adult-Protective-Services.aspx>

Social Services

Eastern Nebraska Community Action Partnership

- 2406 Fowler Avenue
- Omaha NE 68111
- (402) 453-5656
- <https://www.encapnebraska.org/>
- ENCAP is able to assist individuals and families during a crisis, provide support services that will help them prevent future crises, and build the skills, hope, and social capital they need to envision and work toward a bright future.

Department of Health and Human Services

- (402) 471-3121 or (800) 833-7352
- <https://dhhs.ne.gov/Pages/default.aspx>

Adult & Child Welfare and Protection Services

- Adult & Child Abuse & Neglect Hotline (800) 652-1999
- <https://dhhs.ne.gov/Pages/Child-Welfare.aspx>

Nebraska Resource and Referral System (NRRS)

- <https://nrrs.ne.gov/>
- The NRRS contains information about thousands of community agencies and organizations that provide services and telephone hotline resources to Nebraskans including a zip code searchable listing of licensed childcare providers

Culture-based Resources

Nebraska Afghan Community Center

- 3320 North 108th Street
- Omaha NE 68164
- (402) 982-9279
- <https://www.neafghan.org/>
- NACC is a nonprofit organization that helps Afghan families to build a unified, educated, and self-sufficient Afghan community in Nebraska

Karen Society of Nebraska

- 3316 North 80th Street
- Omaha, NE 68134
- (402) 281-3115
- <https://www.karenksn.org/>
- The mission of the Karen Society of Nebraska is to help refugees and immigrants from Burma build and sustain a high quality of life and achieve self-sufficiency in the state of Nebraska. They offer social services, health promotion, cultural and language education, and after-school programming

Restoring Dignity

- 3260 Davenport Street
- Omaha NE 68131
- (402) 370-9777
- <https://rdomaha.org/>
- Restoring Dignity provides a wide array of supportive services, including healthy home classes, home makeovers and improvement opportunities, housing advocacy, furniture banking, and crisis response, to families who came to America with refugee status

Nebraska Nepalese Society

- 4706 North 150th Street
- Omaha, NE 68116
- (402) 281-3888
- <https://www.nnsociety.org/>
- The Nebraska Nepalese Society preserves and promotes the Nepalese culture by connecting the Nepalese community throughout Nebraska

Somali American Heritage Society of Nebraska (SAHSON)

- PO Box 31374
- Omaha, NE 68131
- <https://sahson.org/>
- SAHSON seeks to provide culture, intercultural, education, and social activities that promote the well-being of Somali immigrant that have settled in Nebraska

Latino Center of the Midlands

- 4821 S 24th Street
- Omaha, NE 68107
- (402) 733-2720
- www.latinocenter.org
- Latino Center of the Midlands serves the Latino community through three main programs- workforce education and innovation, pathways to success, and family and community well-being

Refugee Women Rising

- 3902 Davenport St, Omaha, NE 68131
- 531-232-2167
- [Refugee Women Rising](http://RefugeeWomenRising.org)
- Office Hours: M-F 9a-4p
- Refugee Women Rising provides a safe haven in Omaha where refugee women can integrate and thrive: a place to live, work, discover, and safely nourish their families

Center for Immigrant and Refugee Advancement

- 4223 Center Street
- Omaha NE 68105
- Main Phone: (402) 898-1349
- <https://ciraconnect.org/>
- CIRA provides a wide array of refugee resettlement services, including reception and placement, matching grant, employment, education, gap programs, and refugee intensive case management

Omaha Center for Refugee & Immigrant Services Inc.

- 628 North Saddle Creek Road Suite B
- Omaha, NE 68132
- (531) 867-7543
- <https://ocrisi.org/>

Lincoln Campus

Food and Pantry

Family Resource Center

- 4621 NW 48th Street
- Lincoln, NE 68524
- (402) 434-2621
- <https://l-housing.com/index.html>

Foodnet

- (402) 416-6197
- <https://foodnetlincoln.org/>
- Multiple locations available

Food Bank of Lincoln

- 1221 Kingbird Road
- Lincoln, NE 68521
- (402) 466-8170
- <https://www.lincolnfoodbank.org/>
- Multiple locations available

Good Neighbor Community Center

- 2617 Y Street
- Lincoln, NE 68503
- (402) 477-4173
- <https://gnccllincoln.org/index.html>

Salvation Army: Citadel Corps Community Center

- 2625 Potter Street
- Lincoln, NE 68503
- (402) 474-6263
- <https://centralusa.salvationarmy.org/lincoln/>

Catholic Social Services: St. Joseph Center

- 2241 O Street
- Lincoln, NE 68510
- (402) 474-1600
- <https://csshope.org/>

Matt Talbot Kitchen & Outreach

- 2121 North 27th Street
- Lincoln, NE 68503
- (402) 477-4116
- <https://www.mtko.org/>

The Gathering Place Soup Kitchen

- 1448 E Street
- Lincoln, NE 68508
- (402) 476-7398
- <https://www.communityactionatwork.org/programs/hunger-relief-healthy-food-access/the-gathering-place-soup-kitchen.html>

Center for People

- 3901 North 27th Street
- Lincoln, NE 68521
- (402) 476-4357
- <https://centerforpeople.org/>

People's City Mission

- 110 Q Street
- Lincoln, NE 68508
- (402) 475-1303
- <https://pcmlincoln.org/>

Women, Infants, and Children (WIC)

- 2215 O Street
- Lincoln, NE 68510
- (402) 435-7968
- <https://www.lincoln.ne.gov/City/Departments/Health-Department/Dental-Health-Nutrition-Services/Women-Infants-Children-WIC>

Community Action Partnership of Lancaster and Saunders Counties

- 210 O Street
- Lincoln, NE 68508
- (402) 471-4515
- <https://www.communityactionatwork.org/>

Husker Pantry

- 550 North 19th Street-University Health Center Room 123
- Lincoln, NE 68588
- (402) 472-8975
- <https://pantry.unl.edu/>

Community Health Endowment of Lincoln

- 250 North 21st Street #2
- Lincoln, NE 68503
- (402) 436-5516
- <https://www.chelincoln.org/>

Nebraskans for Peace Food Distribution Center

- 941 O Street
- Lincoln, NE 68508
- (402) 475-4620
- <https://www.nebraskansforpeace.org/>

SNAP/Food Resource Hotline

- Call 1-855-944-3663 for more information about food assistance in your area
- <https://dhhs.ne.gov/Pages/SNAP.aspx>

Free Little Pantry

- No direct contact information available
- Multiple locations available throughout Lincoln

St. Teresa Catholic Church Food Pantry

- 735 South 36th Street
- Lincoln, NE 68510
- (402) 477-3979
- <https://stfchurch.org/care-for-sick/132-st-francis-food-pantry>

Connection Point

- 1333 North 33rd Street
- Lincoln, NE 68503
- (402) 417-0771
- <https://www.connectionpointlnk.org/>

Family Service Lincoln

- 501 South 7th Street
- Lincoln, NE 68508
- (402) 441-7949
- <https://familyservicelincoln.org/>
- Family Service Lincoln offers several services to children and families, including childcare food program and WIC

SNAP/Food Resource Hotline

- Call 1-855-944-3663 for more information about food assistance in your area
- <https://dhhs.ne.gov/Pages/SNAP.aspx>

Housing and Shelter

All Doors Lead Home Coordinated Entry

- 206 South 13th Street-
Center on Children,
Families, and the Law
- Lincoln, NE 68588
- (402) 472-3479
- <https://community-services.unl.edu/coordinated-entry/>
- All Doors Lead Home
prioritizes limited housing
resources by connecting
people with appropriate
housing programs

CEDARS Bridge Transitional Living Program

- 6601 Pioneers Boulevard
- Lincoln, NE 68506
- (402) 436-5437
- <https://www.cedarskids.org>
- Community-based
apartment living for 16-21
year olds who are
homeless or out of the
welfare system

City of Lincoln Housing Authority

- 5700 R Street
- Lincoln, NE 68503
- (402) 434-5500
- <https://www.l-housing.com/>
- Federally subsidized
housing for low-income
families

Community Action's Supportive Housing Program

- 210 O Street
- Lincoln, NE 68508
- (402) 471-4515
- <https://www.communityactionatwork.org/programs/homelessness-prevention/supportive-housing-program/>
- Transitional housing
programming for homeless
pregnant women or
homeless people with
children

Community Action Emergency Services Program

- 210 O Street
- Lincoln, NE 68508
- (402) 471-4515
- <https://www.communityactionatwork.org/programs/homelessness-prevention/rent-utility-deposit-assistance.html>
- Emergency financial
assistance with past-due
rent or utilities for those
who are transitioning out
of homelessness

Fresh Start Home

- 6433 Havelock Avenue
- Lincoln, NE 68507
- (402) 475-7777
- <https://freshstarthome.org/>
- Transitional living for
women 19 and older
without children

Community Action Affordable Housing

- 210 O Street
- Lincoln, NE 68508
- (402) 489-2333
- <https://www.communityactionatwork.org/programs/homelessness-prevention/affordable-housing.html>
- Multiple locations available

Mercy Neighborhood Network Center

- 2200 West Q Street #8
- Lincoln, NE 68528
- (402) 477-3512
- <https://www.mercyhousing.org/mountain-plains/western-manor/>
- Affordable housing for
individuals and families of
low- to moderate-income

Matt Talbot Kitchen & Outreach

- 2121 North 27th Street
- Lincoln, NE 68503
- (402) 477-4116
- <https://www.mtko.org/>
- The Landlord Liaison
Project offers partnerships
between
landlords/property
managers and those in
critical need of housing

People's City Mission

- 110 Q Street
- Lincoln, NE 68508
- (402) 475-1303
- <https://pcmlincoln.org/>
- Separate temporary
housing is available for
men and women

Friendship Home

- 700 R Street
- Lincoln, NE 68501
- (402) 434-6353
- <https://friendshiphome.org/>
- Emergency and
transitional housing
available for women and
families who are
experiencing domestic
violence only

Family Service Lincoln

- 501 South 7th Street
- Lincoln, NE 68508
- (402) 441-7949
- <https://familyservicelincoln.org/>
- Housing and Support
Services programs
provides resources and
care to families to prevent
a housing crisis

2-1-1 Nebraska/Southwest Iowa

- Main Office: 2201 Farnam
Street Suite 211
- Omaha, NE 68102
- (402) 444-6666 or
(402)342-8232
- www.211iowa.org
- Provides information and
referral services for a
multitude of services.
Emergency applications
for funds which may be
used for rent, rent deposit,
or utilities

Bridges to Hope

- 2226 O Street
- Lincoln, NE 68510
- (402) 420-5697
- <https://www.bridgestohope-ne.org/>

Clothing and Diapers

UNL Career Closet

- 730 North 14th Street-Howard L Hawks Hall
- Lincoln, NE 68508
- <https://business.unl.edu/prmo/career-closet/>

Center for People

- 3901 North 27th Street
- Lincoln, NE 68521
- (402) 476-4357
- <https://centerforpeople.org/>

Good Neighbor Community Center

- 2617 Y Street
- Lincoln, NE 68503
- (402) 477-4173
- <https://gncclincoln.org/index.html>

Catholic Social Services: St. Joseph Center

- 2241 O Street
- Lincoln, NE 68510
- (402) 474-1600
- <https://csshope.org/>

People's City Mission

- 110 Q Street
- Lincoln, NE 68508
- (402) 475-1303
- <https://pcmlincoln.org/>

Lincoln Right to Life

- 733 South 13th Street
- Lincoln, NE 68508
- <https://www.lincolnrightrighttolife.org/forward>

Closet and Diaper Depot

- 1205 North 45th Street
- Lincoln, NE 68503
- (402) 517-9306

Salvation Army: Citadel Corps Community Center

- 2625 Potter Street
- Lincoln, NE 68503
- (402) 474-6263
- <https://centralusa.salvationarmy.org/lincoln/>

Connection Point

- 1333 North 33rd Street
- Lincoln, NE 68503
- (402) 417-0771
- <https://www.connectionpointlnk.org/>

Bridges to Hope

- 2226 O Street
- Lincoln, NE 68510
- (402) 420-5697
- <https://www.bridgestohope.org/>

Foster Care Closet of Nebraska

- 643 South 25th Street #8
- Lincoln, NE 68510
- (402) 853-9990
- <http://fostercarecloset.org/>

Parenting and Child Care

The Malone Center

- 2032 U Street
- Lincoln, NE 68503
- (402) 474-1110
- <https://malonecenter.org/>
- The Malone Center promotes vital health and wellness & gives parents safe childcare solutions

Community Action Partnership of Lancaster and Saunders Counties

- 210 O Street
- Lincoln, NE 68508
- (402) 471-4515
- <https://www.communityactionatwork.org/>
- Community Action Partnership of Lancaster and Saunders Counties offers early childhood education opportunities

Family Service Lincoln

- 501 South 7th Street
- Lincoln, NE 68508
- (402) 441-7949
- <https://family servicelincn.org/>
- Family Service Lincoln partners with schools, families and neighborhoods to provide expanded learning opportunities in safe environments while helping to build stronger communities

Nebraska Child and Families Foundation

- 215 Centennial Mall South Suite 200
- Lincoln, NE 68508
- (402) 476-9401
- <https://www.nebraskachildren.org/>
- The Nebraska Child and Families Foundation supports children, young adults, and families with the overall goal of giving our state's kids what they need to thrive

Northeast Family Center

- 6220 Logan Avenue
- Lincoln, NE 68507
- (402) 471-3700
- <https://nfcilincn.org/>
- The Northeast Family Center is a community-based non-profit organization that provides affordable, early-childhood education and parenting education

BraveBe Child Advocacy Center

- 5025 Garland Street
- Lincoln, NE 68504
- (402) 476-3200
- <https://www.bravebe.org/>
- BraveBe Child Advocacy Center is a non-profit organization providing a safe, child friendly location for conducting forensic intervention and medical evaluations for abused children

Lincoln Public Schools Head Start Education Program

- 5905 O Street
- Lincoln, NE 68510
- (402) 436-1000
- <https://home.lps.org/earlychildhood/programs/>
- Lincoln Public Schools Head Start is a federally funded program that helps low-income children prepare for school

Families Inspiring Families

- 1645 N Street Suite A
- Lincoln, NE 68503
- (402) 441-4369
- <https://familiesinspiringfamilies.org/>
- Families Inspiring Families is a family group for parents of youth with mental, emotional, and behavioral health challenges

Women's Care Center

- 5632 South 48th Street
- Lincoln, NE 68516
- (402) 423-0533
- <https://supportwomenscarecenter.org/>
- The Women's Care Center provides free, confidential counseling, support and education for pregnant women

Nebraska Children's Home Society

- 4700 Valley Road
- Lincoln, NE 68510
- (402) 483-7879
- <https://nchs.org/>
- The mission of NCHS is to provide compassionate support, enduring connections, and innovative solutions that help families thrive

Project Everlast

- 1037 South 12th Street
- Lincoln, NE 68508
- <https://www.projecteverlast.org/>
- Project Everlast provides services to young people in the area transitioning out of foster and into adulthood

Educare of Lincoln Early Head Start

- 3435 North 14th Street
- Lincoln, NE 68521
- (402) 458-3171
- <https://home.lps.org/educareoflincoln/about-educare-of-lincoln/>
- Educare of Lincoln Head Start is a federally funded program that helps low-income children prepare for school

Nebraska Resource and Referral System (NRRS)

- <https://nrrs.ne.gov/>
- The NRRS contains information about thousands of community agencies and organizations, including a zip code searchable listing of licensed childcare providers

Nebraska Family Helpline

- 1 (888) 866-8660
- The Nebraska Family Helpline is available 24/7 to parents and families

**Lutheran Family Services:
Lincoln**

- 2301 O Street
- Lincoln, NE 68510
- (402) 441-7940
- <http://www.lfsneb.org/>
- Lutheran Family Services provides a wide range of services for children and their families. Multiple locations available

Utilities

2-1-1 Nebraska/Southwest Iowa

- 2201 Farnam Street Suite
- 211 Omaha, NE 68102
- (402) 444-6666 or (402) 342-8232
- www.211iowa.org
- 2-1-1 provides information and referral services for a multitude of services. Emergency applications for funds which may be used for rent, rent deposit, or utilities

Cox Connect2Compete

- Through Connect2Compete, Cox opens a world of opportunity for families with K-12 students by providing affordable, reliable, home internet with Wi-Fi
- <https://www.cox.com/residential/home.html>

General Assistance for Douglas and Sarpy County

- Front Desk: (402) 444-7249
- Appointment Line: (402) 444-6215
- <https://generalassist.douglascounty-ne.gov/>
- Douglas County General Assistance may be able to provide vouchers for non-food and/or clothing items or bus tickets. Eligibility requirements may apply

Nebraska Energy Assistance Program- Low Income Home Energy Assistance

- Main Phone: (800) 383-4278
- <https://dhhs.ne.gov/pages/energy-assistance.aspx>
- LIHEAP helps low-income households stay safe and healthy by providing financial assistance to offset the costs of heating and cooling

Foundation for Lincoln Public Schools

- 5905 O Street
- Lincoln, NE 68510
- (402) 436-1612
- <https://www.foundationforlps.org/get-assistance/families/resources.html>
- The Foundation for Lincoln Public Schools provides access to emergency support funds so students and families have what they need to grow. Must be an LPS parent to be eligible

United Way of the Midlands

- (402) 342-8232
- <https://unitedwaymidlands.org/utility-bill-assistance-resources-for-nebraskans/>
- United Way of the Midlands has several resources available online for utility bill assistance

Lincoln Electrical System

- 9445 Rokeby Road
- Lincoln, NE 68526
- (402) 475-4211
- <https://www.les.com/payment-options/financial-assistance>
- Lincoln Electrical System offers financial assistance for individuals challenged to pay their electricity bills

Nebraska Public Power District Pennies for Power

- (402) 444-6666
- <https://www.nppd.com/>
- The Pennies for Power Program can help customers who have faced an unexpected financial hardship or are unable to pay their monthly utility bills

Transportation

StarTran Public Transportation

- 710 J Street
- Lincoln, NE 68508
- (402) 476-1234
- <https://www.lincoln.ne.gov/City/Departments/LTU/StarTran>
- Multiple locations and routes are available
- UNL students receive free bus fares. UNL Photo ID required. Must apply for bus pass online

VANLNK

- <https://www.lincoln.ne.gov/City/Departments/LTU/StarTran/Apps/VANLNK>
- VANLNK is an on-demand transportation service from StarTran. VANLNK vehicles are smaller than a regular bus, and provide door-to-door service for customers scheduling trips through a smartphone app

Greyhound Bus

- 5250 Superior Street
- Lincoln, NE 68504
- 1 (800) 231-2222
- <https://www.greyhound.com/>

Medical Care

UNL Health Center

- 550 North 19th Street
- Lincoln, NE 68588
- (402) 472-5000
- <https://health.unl.edu/>
- The UNL Health Center provides a variety of medical services to UNL students, including medical, pharmacy, dental, and physical therapy

American Cancer Society

- 1 (800) 227-2345
- <https://www.cancer.org/>
- The American Cancer Society is the leading cancer-fighting organization with the vision to end cancer as we know it, for everyone

American Lung Association

- 1 (800) 586-4872
- <https://www.lung.org/>
- The American Lung Association's mission is to save lives by improving lung health and preventing lung disease through education, advocacy, and research

American Heart Association

- 1 (800) 242-8721
- <https://www.heart.org/>
- The American Heart Association is the largest voluntary organization dedicated to fighting heart disease and stroke

American Red Cross

- 1 (800) 733-2767
- <https://www.redcross.org/>
- The American Red Cross prevents and alleviates human suffering in the face of emergencies by mobilizing the power of volunteers and the generosity of donors

Bryan Medical Center East Campus

- 1600 South 48th Street
- Lincoln, NE 68506
- (402) 481-111
- <https://www.bryanhealth.com/>

Bryan Medical Center West Campus

- 2300 South 16th Street
- Lincoln, NE 68502
- (402) 481-1111
- <https://www.bryanhealth.com/>

CHI Health St. Elizabeth

- 555 South 70th Street
- Lincoln, NE 68510
- (402) 219-8000
- <https://www.chihealth.com/locations/st-elizabeth>

Lincoln VA Hospital

- 600 South 70th Street
- Lincoln, NE 68510
- (402) 489-3802
- <https://www.va.gov/nebraska-western-iowa-health-care/locations/lincoln-va-clinic/>

Lincoln Regional Psychiatric Center

- 801 West Prospector Plaza
- Lincoln, NE 68522
- (402) 471-4444
- <https://dhhs.ne.gov/Pages/Regional-Centers.aspx>

Nebraska Medicine University Health Center

- 550 North 19th Street
- Lincoln, NE 68508
- (402) 472-5000
- <https://health.unl.edu/>

Health 360 Integrated Care Clinic-Lutheran Family Services

- 2301 O Street
- Lincoln, NE 68510
- (402) 441-6642
- <http://www.lfsneb.org/service/health360clinic/>

Lancaster County Department of Health and Human Services

- 555 South 10th Street Suite 107
- Lincoln, NE 68508
- (402) 441-4944
- <https://www.lancaster.ne.gov/255/Human-Services>

Community Health Services

- 3131 O Street
- Lincoln, NE 68510
- (402) 441-8065
- <https://www.lincoln.ne.gov/City/Departments/Health-Department/CHS>

Mental & Behavioral Health

UNMC Counseling and Psychological Services (CAPS)

- Located in the Center for Healthy Living
- 984250 Nebraska Medical Center
- Omaha, NE 68198
- (402) 559-4199
- <https://www.unmc.edu/student-success/student-health/counseling/index.html>
- CAPS provides free, confidential mental health and wellness related services to UNMC students. CAPS also provides resources to faculty and staff to aid in assisting UNMC students

Arbor Family Counseling

- 11605 Arbor Street Suite 106
- Omaha, NE 68144
- (402) 330-0960
- <https://arborfamilycounseling.com/>
- Arbor Family Counseling provides free, confidential counseling and mental health services to UNMC employees through UNMC's Employee Assistance Program

Lincoln Regional Psychiatric Center

- 801 West Prospector Plaza
- Lincoln, NE 68522
- (402) 471-4444
- <https://dhhs.ne.gov/Pages/Regional-Centers.aspx>

Northpoint Lincoln

- 3801 Union Drive Suite 102
- Lincoln, NE 68516
- (402) 383-5931
- <https://northpointlincoln.co/>
- Northpoint Lincoln offers outpatient behavioral health and addiction care center

Pine Lake Behavioral Health & Medical

- 9100 Andermatt Drive Suite 1
- Lincoln, NE 68526
- (402) 434-2730
- <https://pinelakebh.com/>
- Pine Lake Behavioral Health & Medical offers mental health, behavioral health, medical, and substance use care

Integrated Behavioral Health Services

- 1430 South Street
- Lincoln, NE 68502
- (531) 500-4429
- <https://www.ibhealthservices.com/>
- Integrated Behavioral Health Services offers rehabilitative services to those with severe and persistent mental illness

Mental Health Crisis Center

- 825 J Street
- Lincoln, NE 68508
- (402) 441-8276
- <https://www.lancaster.ne.gov/368/Mental-Health-Crisis-Center>
- The Mental Health Crisis Center provides custody, screening, emergency evaluation, and crisis intervention to acutely mentally ill individuals ages 18 and older

The Bridge Behavioral Health

- 721 K Street
- Lincoln, NE 68508
- (402) 477-3951
- <https://thebridgenebraska.org/>
- The Bridge offers outpatient and residential addiction treatment options

Lutheran Family Services

- 2301 O Street
- Lincoln, NE 68510
- (402) 441-7940
- <https://www.onelfs.org/>
- Lutheran Family Services provides a wide array of behavioral and mental health services for children and adults. Multiple locations are available

CenterPointe

- 2202 South 11th Street
- Lincoln, NE 68502
- (402) 475-6695
- <https://centerpointe.org/>
- CenterPointe offers crisis services to adults and juveniles

Mental Health Association of Nebraska

- 1500 South 70th Street Suite 201
- Lincoln, NE 68506
- (531) 249-2974
- <https://mha-ne.org/>
- MHA-NE is a nonprofit organization that provides a variety of services throughout Lincoln for individuals seeking support, wellness, and healing

Wellbeing Initiative Inc.

- 5530 O Street Suite 2
- Lincoln, NE 68510
- (531) 254-5451
- <https://wellbeinginitiatives.org/>
- Wellbeing Initiative Inc. empowers individuals living with mental health and substance use challenges to reach their fullest potential

Region V Systems

- 1645 N Street
- Lincoln, NE 68508
- (402) 441-4343
- <http://region5systems.net>
- Region V provides a full range of mental health and substance use disorder programs for youth and adults. Support groups are available

Community & Support Groups

Alcoholics Anonymous

- 1610 South 11th Street
- Lincoln, NE 68502
- (402) 438-5214
- <https://lincaa.org/>
- Alcoholics Anonymous is a fellowship of people who share their experience, strength and hope with each other that they may solve their common problem and help others to recover from alcoholism

Narcotics Anonymous

- 2748 S Street
- Lincoln, NE 68503
- <https://www.meetingplacelincoln.org/>
- Narcotics Anonymous is a fellowship of people for whom drugs had become a major problem

Mental Health Association of Nebraska

- 1500 South 70th Street Suite 201
- Lincoln, NE 68506
- (531) 249-2974
- <https://mha-ne.org/>
- MHA-NE is a nonprofit organization that provides a variety of services throughout Lincoln for individuals seeking support, wellness, and healing

Families Inspiring Families

- 1645 N Street Suite A
- Lincoln, NE 68503
- (402) 441-4369
- <https://familiesinspiringfamilies.org/>
- Families Inspiring Families is a family group for parents of youth with mental, emotional, and behavioral health challenges

Voices of Hope

- 2545 N Street
- Lincoln, NE 68510
- (402) 475-7273
- <https://www.voicesofhopelincoln.org/>
- Voices of Hope provides services to victims and their significant others who are faced with the aftermath of sexual and/or domestic violence. Support groups are available

Wellbeing Initiative Inc.

- 5530 O Street Suite 2
- Lincoln, NE 68510
- (531) 254-5451
- <https://wellbeinginitiatives.org/>
- Wellbeing Initiative Inc. empowers individuals living with mental health and substance use challenges to reach their fullest potential. Support groups are available

Nebraska Coalition for Peer Delivered Services (NCPDS)

- 5530 O Street
- Lincoln, NE 68516
- (531) 254-5451
- <https://necoalitionforpeers.org/>
- NCPDS connects individuals and organizations providing peer services across state. Multiple peer-led groups are available

Region V Systems

- 1645 N Street
- Lincoln, NE 68508
- (402) 441-4343
- <http://region5systems.net>
- Region V provides a full range of mental health and substance use disorder programs for youth and adults. Support groups are available

National Alliance of Mental Illness (NAMI) Lincoln

- (402) 345-8101
- <https://naminebraska.org>
- NAMI provides support groups for people with mental health conditions and for family members, significant others, and friends of people with mental health conditions. Multiple meeting locations available

The Kim Foundation

- <https://thekimfoundation.org/financial-help/support-groups/>
- Information about several support groups is available

Nebraska Coalition for Peers

- <https://necoalitionforpeers.org/peer-support-groups/>
- Information about several peer-led support groups is available

Combined Health Agencies Drive (CHAD) Support Groups

- (402) 614-8500
- <https://www.chadnebraska.org/support-groups>
- Information about several support groups is available

Legal Assistance

Women's Center for Advancement (WCA)

- 3801 Harney Street
- Omaha, NE 68131
- Main Phone: (402) 345-6555
- 24/7 Crisis Hotline: (402) 345-7273
- <https://wcaomaha.org/>
- The WCA assists anyone in the Omaha area who is experiencing domestic violence, sexual assault, stalking or human trafficking by providing free, high-quality services to address their immediate safety needs and help them grow into independence over time

Legal Aid of Nebraska Lincoln

- 1241 N Street Suite 200
- (402) 435-2161
- <https://www.legalaidofnebraska.org/>
- Legal Aid provides support and side-by-side legal services to low-income Nebraskans to ensure the fair enforcement of the law, to protect the rights of the people, and to address the urgent legal needs of our communities

Nebraska Bar Association Volunteer Lawyers Project

- Public Information: (402) 986-6501 Press 3
- <https://www.nevlp.org/>
- The Nebraska Bar Association Volunteer Lawyers Project allows lawyers to meet their pro bono goals by providing free legal advice and services to individuals

The Civil Clinical Law Program

- 172 Welpton Court Room (42nd and Fair Street)
- Lincoln, NE 68583
- (402) 472-3271
- <https://law.unl.edu/civil-clinic-contact/>
- The Civil Clinical Law Program is a program where senior law students at the UNL College of Law provide free legal services in certain types of civil legal cases to low-income individuals

Nebraska Appleseed Center for Law

- 941 O Street Suite 920
- Lincoln, NE 68508
- (402) 438-8853
- <https://neappleseed.org/>
- Nebraska Appleseed is a nonprofit organization that fights for justice and opportunity for all Nebraskans

Volunteer Lawyers Project

- 575 South 10th Street- Located off the Jury Lounge on the 3rd floor of the Lancaster County Courthouse.
- Lincoln, NE 68508
- Questions not taken by phone.
- Self-help centers are operated by volunteer lawyers which may be able to be of assistance

Nebraska Advocacy Services Inc.

- 134 South 13th Street
- Lincoln, NE 68508
- (402) 474-3183
- <https://www.disabilityrightsnebraska.org/>
- Nebraska Advocacy Services is the designated protection and advocacy agency in the State of Nebraska for people with mental and physical disabilities

Child Support Enforcement

- 233 South 10th Street
- Lincoln, NE 68516
- (402) 441-8715 or 1-877-631-9973
- The Child Support Enforcement provides information regarding establishing child support orders, paternity, locating parents, and enforcing or modifying orders

The Center for Legal Immigration

- 4825 St. Paul Avenue
- Lincoln, NE 68504
- (402) 471-1777
- <https://www.claneb.org/>
- The Center for Legal Immigration provides assistance with filing request and appeals with the US Immigration Service including protected status for victims of domestic violence, asylum, family reunification, updating status, or appealing rulings

Catholic Social Services of Southern Nebraska

- 2241 O Street
- Lincoln, NE 68510
- (402) 474-1600
- <https://csshope.org/>
- Catholic Social Services of Southern Nebraska provides a wide range of services, including immigration legal services

Sexual and Domestic Violence Resources & Hotlines

UNMC's Title IX Office

- 985470 Nebraska Medical Center, ADC 3010
- Omaha, NE 68198
- Carmen Sirizzotti (Title IX Coordinator): csirizzotti@unmc.edu or (402) 559-2710
- Kelly Blecha (Title IX Student & Employee Advocate): kblecha@unmc.edu or (402) 836-9043
- Title IX prohibits and protects individuals from discrimination on the basis of sex. Confidential advocacy resources are available for all UNMC students and employees. Contact Kelly Blecha for more information

UNL Center for Advocacy, Response, & Education

- 211 Louise Pound Hall
- Lincoln, NE 68588-0365
- (402) 472-3553
- <https://care.unl.edu/>
- The UNL Center for Advocacy, Response, & Education provides confidential, supportive resources for victims/survivors of interpersonal violence

Voices of Hope

- 2545 N Street
- Lincoln, NE 68510
- (402) 475-7273
- <https://www.voicesofhopelincoln.org/>
- Voices of Hope provides services to victims and their significant others who are faced with the aftermath of sexual and/or domestic violence.

Friendship Home

- 24/7 Crisis Line: (402) 437-9302
- Administrative Offices: (402) 434-6353
- <https://friendshiphome.org>
- Friendship Home helps survivors of domestic violence find physical and emotional safety

Women's Center for Advancement (WCA)

- 3801 Harney Street
- Omaha, NE 68131
- Main Phone: (402) 345-6555
- 24/7 Crisis Hotline: (402) 345-7273
- <https://wcaomaha.org/>
- The WCA assists anyone in the Omaha area who is experiencing domestic violence, sexual assault, stalking or human trafficking by providing free, high-quality services to address their immediate safety needs and help them grow into independence over time

Nebraska Coalition to End Sexual and Domestic Violence

- 245 South 84th Street Suite 200
- Lincoln, NE 68510
- (402) 476-6256
- <https://www.nebraskacoalition.org/>
- The Nebraska Coalition to End Sexual and Domestic Violence provides statewide leadership and support to systems, agencies, and individuals to prevent and end interpersonal violence

Lincoln Anonymous Sexual Assault Reporting Hotline

- (402) 441-3866

National Domestic Violence Hotline

- Available 24 hour/7days a week
- Phone: 1 (800) 799-7233
- Text "START" to 88788
- Online chat option is available
- <https://www.thehotline.org/>

National Sexual Assault Hotline

- Available 24 hours/7 days a week
- Phone: 1 (800) 656-4673
- Online chat option is available
- <https://rainn.org/about-national-sexual-assault-telephone-hotline>

Rape, Abuse, & Incest National Network

- Available 24 hours/7 days a week
- Phone: 1 (800) 656-4763
- Online chat option is available
- <https://rainn.org/>

National Suicide Prevention Lifeline

- Available 24 hours/7 days a week
- Phone: Call 9-8-8
- Text 9-8-8
- Online chat option is available
- <https://988lifeline.org/>

Trans Lifeline

- Available 24 hours/7 days a week
- Phone: 1 (877) 565-8860
- <https://translifeline.org/>

Male Survivors of Sexual Trauma

- <https://malesurvivor.org/about-malesurvivor>

Office on Violence Against Women (OVW)

- <https://www.justice.gov/ovw>

OneLove: Relationship Violence Prevention

- <https://www.joinonelove.org>

National Dating Abuse Helpline

- Phone: 1 (866) 331-9474
- Online chat option is available
- <https://www.loveisrespect.org/>

National Center for Victims of Crimes

- Phone: 1 (855) 484-2846
- Text: 1 (855) 484-2846
- Online chat is available
- <https://victimconnect.org/>

National Human Trafficking Hotline

- Available 24 hours/7 days a week
- Phone: 1 (888) 373-7888
- Text 233733
- Online chat is available
- <https://humantraffickinghotline.org/en>

National Center for Missing and Exploited Children

- Available 24 hours/7 days a week
- Phone: 1 (800) 843-5678
- <https://report.cybertip.org/>

National Alliance on Mental Illness (NAMI) Helpline

- Phone: 1 (800) 950-6264
- Text "helpline" to 62640
- Online chat option is available
- <https://www.nami.org/>

Nebraska Adult & Child Abuse & Neglect Hotline

- 1 (800) 652-1999

Crisis & Emergency Care

Lincoln Police Department

- 575 South 10th Street
- Lincoln, NE 68508
- (402) 441-6000 or 9-1-1
- <https://www.lincoln.ne.gov/City/Departments/Police>

UNL Police Department

- 300 North 17th Street
- Lincoln, NE 68588
- (402) 472-2222
- <https://police.unl.edu/>

Bryan Medical Center West Campus Emergency Room

- 2300 South 16th Street
- Lincoln, NE 68502
- (402) 481-1111

Bryan Medical Center East Campus Emergency Room

- 1600 South 48th Street
- Lincoln, NE 68506
- (402) 481-1111

CHI Health St. Elizabeth Emergency Room

- 555 South 70th Street
- Lincoln, NE 68510
- (402) 219-7142

Lancaster County Sheriff's Office

- Main Phone: (402) 441-6500
- <https://www.lancaster.ne.gov/1380/Sheriffs-Office>

Nebraska Child Welfare and Protective Services

- Adult & Child Abuse & Neglect
Hotline- (800) 652-1999
- <https://dhhs.ne.gov/Pages/Child-Welfare.aspx>

Nebraska Adult Welfare and Protective Services

- Adult & Child Abuse & Neglect
Hotline- (800) 652-1999
- <https://dhhs.ne.gov/Pages/Adult-Protective-Services.aspx>

Social Services

Department of Health and Human Services

- (402) 471-3121 or (800) 833-7352
- <https://dhhs.ne.gov/Pages/default.aspx>

Adult & Child Welfare and Protection Services

- Adult & Child Abuse & Neglect Hotline (800) 652-1999
- <https://dhhs.ne.gov/Pages/Child-Welfare.aspx>

Catholic Social Services of Southern Nebraska

- 2241 O Street
- Lincoln, NE 68510
- (402) 474-1600
- <https://csshope.org/>
- Catholic Social Services of Southern Nebraska provides a wide range of services, including family support services, food market and meal services, immigration legal services, and refugee resettlement services

Nebraska Resource and Referral System (NRRS)

- <https://nrrs.ne.gov/>
- The NRRS contains information about thousands of community agencies and organizations that provide services and telephone hotline resources to Nebraskans including a zip code searchable listing of licensed childcare providers

Family Service Lincoln

- 501 South 7th Street
- Lincoln, NE 68508
- (402) 441-7949
- <https://family servicelincoln.org/>
- Family Service Lincoln offers several services to children and families, including housing and support services, childcare food program, behavioral health program, youth development program, and WIC

Culture-based Services

The Center for Legal Immigration

- 4825 St. Paul Avenue
- Lincoln, NE 68504
- (402) 471-1777
- <https://www.claneb.org/>
- The Center for Legal Immigration provides assistance with filing request and appeals with the US Immigration Service including protected status for victims of domestic violence, asylum, family reunification, updating status, or appealing rulings

Catholic Social Services of Southern Nebraska

- 2241 O Street
- Lincoln, NE 68510
- (402) 474-1600
- <https://csshope.org/>
- Catholic Social Services of Southern Nebraska provides a wide range of services, including immigration legal services and refugee resettlement support

Cultural Centers of Lincoln Collaborative

- Physical location coming soon
- <https://culturalcentersoflincolncollaborative.com/>
- The Cultural Centers of Lincoln Collaborative serves as a model of multicultural collaboration to develop a public dialogue that will increase the understanding of diversity

Asian Community and Cultural Center

- 144 North 44th Street Suite A
- Lincoln, NE 68503
- (402) 477-3446
- <https://www.lincolnasiancenter.org/>
- The Asian Community and Cultural Center supports and empowers all refugees and immigrants through programs and services and advances the sharing of Asian cultures

Indian Center Inc.

- 1100 Military Road
- Lincoln, NE 68508-1047
- (531) 500-3069
- <https://www.indiancenterinc.org/>
- The Indian Center Inc. provides cultural and educational opportunities for the American Indian community of the Great Plains

Proyecto Cultural

- 2222 Y Street
- Lincoln, NE 68503
- (402) 419-1881
- Proyecto Cultural provides opportunities to youth, preserves Hispanic cultural and educations the community

Lutheran Family Services

- 2301 O Street
- Lincoln, NE 68510
- (402) 441-7940
- <https://www.onelfs.org/>
- Lutheran Family Services provides a Refugee Support Program targeted to serve vulnerable New Americans

Juniper Refuge

- PO Box 21805
- Lincoln, NE 68542
- <https://juniperrefuge.org/>
- Juniper Refuge is a para-church ministry that seeks to provide refugee-status residents and Christians the opportunities to make genuine connections with one another

Refugee Resettlement Program

- 301 Centennial Mall South
- Lincoln, NE 68509
- (402) 471-3121
- <https://dhhs.ne.gov/Pages/Refugee-Resettlement.aspx>

Kearney Campus

Food & Pantry

Kearney Jubilee Center

- 1920 Central Avenue
- Kearney, NE 68847
- (308) 234-3880
- <https://kearneyjubilee.org/food-pantry/>

Community Action Partnership-Mid Nebraska Food Bank

- 114 East 11th Street
- Kearney, NE 68847
- (308) 865-5683
- <https://communityactionmidne.com/>

First United Methodist

Church/East Lawn Food Pantry

- 2900 Grande Avenue Lot 342
- Kearney, NE 68847
- (308) 237-3158
- <https://www.kearneyfirstumc.org/outreach-missions>

Crossroads Mission Avenue

- 1404 East 39th Street
- Kearney, NE 68847
- (308) 236-5688
- <https://www.crossroadsmision.com/>

United Way of the Kearney Area

- 4009 6th Avenue Suite 19
- Kearney, NE 68845
- (308) 237-6840
- <https://www.uwka.org/>

Storehouse

- 4010 7th Avenue North Doors
- Kearney, NE 68845
- (308) 455-3302
- <https://www.kearneyefree.com/storehouse>

Helping Hands

- 1724 1st Avenue
- Kearney, NE 68847
- (308) 627-4859

The Salvation Army

- 1719 Central Avenue
- Kearney, NE 68847
- (308) 236-5812

Little Free Pantries

- 1623 Central Avenue
- 110 West 24th Street
- Kearney, NE 68847
- (308) 237-2550

UNK Big Blue Cupboard

- 1013 West 27th Street
- Kearney, NE 68849
- Located in UNK Student Union
- (308) 865-8127
- <https://www.unk.edu/offices/iel/loper-pantry.php>

Housing & Shelters

Community Action Partnership- Mid Nebraska Food Bank

- 114 East 11th Street
- Kearney, NE 68847
- (308) 865-5683
- <https://communityactionmidne.com/>

Kearney Housing Agency

- 2715 Avenue I
- Kearney, NE 68848
- (308) 234-3000
- <https://www.kearneyhousingagency.com/>
- Kearney Housing Agency provides a variety of housing and rental services

Crossroads Mission Avenue

- 1404 East 39th Street
- Kearney, NE 68847
- (308) 236-5688
- <https://www.crossroadsmisison.com/>
- Crossroads Misson offer emergency, temporary shelter

United Way of the Kearney Area

- 4009 6th Avenue Suite 19
- Kearney, NE 68845
- (308) 237-6840
- <https://www.uwka.org/>
- United Way of Kearney Area offers a Homeless Prevention Program offering rent and utility assistance

Residential Assistance to Families in Transition (RAFT)

- 16 West 11th Street
- Kearney, NE 68847
- (308) 865-1352
- <https://raftnebraska.org/>
- RAFT is a 24-month house program to empower families to overcome poverty and homelessness

Region 3 Behavioral Health Services

- 4009 6th Avenue Suite 65
- Kearney, NE 68845
- (308) 237-5113
- <https://region3.net/how-we-help/housing-assistance/>
- Region 3 offers a Housing Assistance Program to allow participants to obtain safe and affordable housing

Unhoused Persons

- Persons who are homeless after hours and weekends are to contact law enforcement at (308) 237-2104 to determine if they would qualify for one night of lodging supported by vouchers from the Salvation Army

Kearney's Village Transitional and Sober Living

- 709 2nd Avenue
- Kearney, NE 68847
- (308) 234-2408

Clothing & Diapers

Kearney Jubilee Center

- 1920 Central Avenue
- Kearney, NE 68847
- (308) 234-3880
- <https://kearneyjubilee.org/food-pantry/>
- Kearney Jubilee Center is a partner of Nebraska Diaper Bank

The Salvation Army Kearney Thrift Store

- 15 East 18th Street
- Kearney, NE 68847
- (308) 236-5812
- <https://centralusa.salvationarmy.org/kearney/contact-us/>

S.A.F.E. Center

- 620 East 25th Suite 14
- Kearney, NE 68847
- (308) 237-2599
- <https://safecenter.org/>
- Clothing items are available for women and children

Crossroads Mission Avenue Thrift Store

- 1316 East 39th Street
- Kearney, NE 68847
- (308) 708-7448
- <https://www.crossroadsmision.com/>

Families CARE

- 3710 Central Avenue Suite 14
- Kearney, NE 68847
- (308) 237-1102
- <https://nebraskaparent.org/>
- Families CARE provides support to pregnant women, children, and families

Storehouse

- 4010 7th Avenue North Doors
- Kearney, NE 68845
- (308) 455-3302
- <https://www.kearneyefree.com/storehouse>

Community Action Partnership-Mid Nebraska

- 16 West 11th Street
- Kearney, NE 68847
- (308) 865-5680
- <https://communityactionmidne.com/>

Parenting & Child Care

Families CARE

- 3710 Central Avenue Suite 14
- Kearney, NE 68847
- (308) 237-1102
- <https://nebraskaparent.org/>
- Families CARE provides support to pregnant women, children, and families

Community Action Partnership-Mid Nebraska Head Start

- 114 East 11th Street
- Kearney, NE 68847
- (308) 865-5690
- <https://communityactionmidne.com/>
- Head Start is a federally funded program that helps low-income children prepare for school

Nebraska Resource and Referral System (NRRS)

- <https://nrrs.ne.gov/>
- The NRRS contains information about thousands of community agencies and organizations, including a zip code searchable listing of licensed childcare provide

Nebraska Family Helpline

- 1 (888) 866-8660
- The Nebraska Family Helpline is available 24/7 to parents and families

Compass

- 514 West 11th Street
- Kearney, NE 68845
- (308) 237-4085
- <https://www.compassnebraska.org/family-services/>
- Compass helps adoptive and foster care parents and children navigate family life

CHI Health Behavioral Care

- 1755 Prairie View Plaza
- Kearney, 68845
- (308) 865-2249 or 1 (800) 930-0031
- <https://www.chihealth.com/services/behavioral-care/child-adolescent>
- CHI Health Behavioral Care offers a variety of child & adolescent care options

Guardian Light Family Services

- 1315 Central Avenue
- Kearney, NE 68847
- (308) 870-7260
- <https://guardian-light.com/>
- Guardian Light Family Services empowers families towards a safe and nurturing environment

Healthy Families Two Rivers

- 516 West 11th Street Suite 108B
- Kearney, NE 68845
- 1 (888) 669-7154
- <https://www.trphd.ne.gov/programs-services/services/healthy-families-nebraska-two-rivers.html>
- Healthy Families of American is a free, evidence-based program that support families as they work to provide their children with a safe, nurturing environment

TFI: The Family Initiative

- 2314 Central Avenue Suite 4
- Kearney, NE 68847
- 1 (877) 942-2239
- <https://tfifamily.org/>
- TFI is the leading child welfare agency providing experience, compassion, quality services, and care

Family Advocacy Network (FAN)

- 803 North Colorado
- Hastings, NE 68901
- (402) 834-2100
- <https://www.familyadvocacynetwork.com/>
- FAN works to support and strengthen families through education and direct services in order to break the cycle of abusive behaviors

The ARC Buffalo County

- 4511 6th Avenue Suite 204
- Kearney, NE 68845
- (308) 237-4343
- <https://arcofbuffalocounty.org/>
- The ARC is committed to helping children and adults with developmental disabilities secure the opportunity to chose and realize their goals of where and how they live, learn, work, and play

Utilities

2-1-1 Nebraska/Southwest Iowa

- 2201 Farnam Street Suite
- 211 Omaha, NE 68102
- (402) 444-6666 or (402)342-8232
- www.211iowa.org
- Provides information and referral services for a multitude of services. Emergency applications for funds which may be used for rent, rent deposit, or utilities

Cox Connect2Compete

- Through Connect2Compete, Cox opens a world of opportunity for families with K-12 students by providing affordable, reliable, home internet with Wi-Fi
- <https://www.cox.com/residential/home.html>

Nebraska Energy Assistance Program- Low Income Home Energy Assistance

- Main Phone: (800) 383-4278
- <https://dhhs.ne.gov/pages/energy-assistance.aspx>
- LIHEAP helps low-income households stay safe and healthy by providing financial assistance to offset the costs of heating and cooling

Nebraska Public Power District Pennies for Power

- (402) 444-6666
- <https://www.nppd.com/>
- The Pennies for Power Program can help customers who have faced an unexpected financial hardship or are unable to pay their monthly utility bills

Kearney Jubilee Center

- 1920 Central Avenue
- Kearney, NE 68847
- (308) 234-3880
- <https://kearneyjubilee.org/food-pantry/>
- Kearney Jubilee Center may offer financial assistance to those facing utility disconnection

Community Action Partnership-Mid Nebraska

- 16 West 11th Street
- Kearney, NE 68847
- (308) 865-5680
- <https://communityactionmidne.com/>

The Salvation Army

- 1719 Central Avenue
- Kearney, NE 68847
- (308) 236-5812

United Way of the Kearney Area

- 4009 6th Avenue Suite 19
- Kearney, NE 68845
- (308) 237-6840
- <https://www.uwka.org/>
- United Way of Kearney Area offers a Homeless Prevention Program offering rent and utility assistance

Transportation

Catch a Ride Taxi and Transportation

- (308) 293-9264
- Catch a Ride Taxi and Transportation provides public transportation to the general public

RYDE Transit

- (308) 865-5677
- RYDE Transit is public transportation offered through Community Action Mid-Nebraska

Camelot Transportation

- 103 South Railroad Street
- Kearney, NE 68847
- 1 (888) 452-3194
- Camelot Transportation provides services to people in Nebraska and surrounding states

Medical Care

Bryan Health- Kearney Regional Medical Center

- 804 22nd Avenue
- Kearney, NE 68845
- (308) 455-3600
- <https://www.bryanhealth.com/locations/profile/kearney-regional-medical-center/>

UNK Student Health Clinic

- 2510 11th Avenue
- Kearney, NE 68845
- (308) 865-8218
- https://www.unk.edu/office/s/counseling_healthcare/health-care/index.php

HelpCare Clinic

- 3015 Avenue A
- Kearney, NE 68845
- (308) 224-2392
- <https://helpcareclinic.org/>
- HelpCare Clinic is a non-profit organization that partners with United Way to provide affordable medical care for individuals and families

CHI Health Good Samaritan Hospital

- 10 East 31st Street
- Kearney, NE 68847
- (380) 865-7100
- <https://www.chihealth.com/locations/good-samaritan>

American Cancer Society

- 1 (800) 227-2345
- <https://www.cancer.org/>
- The American Cancer Society is the leading cancer-fighting organization with the vision to end cancer as we know it, for everyone

American Lung Association

- 1 (800) 586-4872
- <https://www.lung.org/>
- The American Lung Association's mission is to save lives by improving lung health and preventing lung disease through education, advocacy, and research

American Heart Association

- 1 (800) 242-8721
- <https://www.heart.org/>
- The American Heart Association is the largest voluntary organization dedicated to fighting heart disease and stroke

American Red Cross

- 1 (800) 733-2767
- <https://www.redcross.org/>
- The American Red Cross prevents and alleviates human suffering in the face of emergencies by mobilizing the power of volunteers and the generosity of donors

Mental & Behavioral Health

UNMC Counseling and Psychological Services (CAPS)

- Located in the Center for Healthy Living
- 984250 Nebraska Medical Center
- Omaha, NE 68198
- (402) 559-4199
- <https://www.unmc.edu/student-success/student-health/counseling/index.html>
- CAPS provides free, confidential mental health and wellness related services to UNMC students. CAPS also provides resources to faculty and staff to aid in assisting UNMC students

Arbor Family Counseling

- 11605 Arbor Street Suite 106
- Omaha, NE 68144
- (402) 330-0960
- <https://arborfamilycounseling.com/>
- Arbor Family Counseling provides free, confidential counseling and mental health services to UNMC employees through UNMC's Employee Assistance Program

UNK Student Health Clinic

- 2510 11th Avenue
- Kearney, NE 68845
- (308) 865-8218
- https://www.unk.edu/office/counseling_healthcare/health-care/index.php

Nebraska Family Helpline

- 1 (888) 866-8660
- The Nebraska Family Helpline is available 24/7 to parents and families

Mid-Plains Center for Behavioral Healthcare Services, Inc.

- 4111 4th Avenue Suite 48
- Kearney, NE 68845
- (308) 627-6302
- <https://midplainscenter.org/>
- Mid-Plains Center for Behavioral healthcare Services, Inc. offers mental health and substance use care

Region 3 Behavioral Health

- 4006 6th Avenue
- Kearney, NE 68845
- (308) 237-5113
- <https://region3.net/>
- Region 3 Behavioral Health offers services to foster recovery and resiliency for individuals and their families who experience a behavioral health challenge

CHI Health Richard Young Behavioral Health

- 1755 Prairie View Plaza
- Kearney, NE 68845
- 1 (800) 930-0031
- <https://www.chihealth.com/services/behavioral-care/inpatient/richard-young>
- Richard Young Behavioral Health offers short-term and long-term psychiatric care for children, adolescents, and adults

South Central Behavioral Services- Outpatient Office

- 3810 Central Avenue
- Kearney, NE 68845
- (308) 237-5951
- <https://scbsne.com/>
- South Central Behavioral Services provide a variety of counseling and rehabilitation outpatient services

SAFE Center

- 620 East 25th Street Suite 14
- Kearney, NE 68847
- (308) 237-2599
- 24 Hour Crisis Line: 1 (877) 237-2513
- <https://safecenter.org/>
- The SAFE Center provides free and confidential support and resources to empower those affected by sexual and/or domestic violence

Children's Nebraska Behavioral Health Urgent Care

- 211 West 33rd Street Suite D
- Kearney, NE 68845
- (308) 236-2410
- <https://www.childrensnebraska.org/locations/behavioral-health-urgent-care-kearney>
- Children's Nebraska Behavioral Health Urgent Care serves children and adolescents ages 2-22 who are experiencing signs of a behavioral or mental health crisis

Community & Support Groups

Alcoholics Anonymous

- 15 East 26th Street
- Kearney, NE 68847
- (308) 237-2929
- <https://nrns.ne.gov/resource/25265/34.0>
- Alcoholics Anonymous is a fellowship of people who share their experience, strength and hope with each other that they may solve their common problem and help others to recover from alcoholism

Narcotics Anonymous

- <https://na.org/>
- Narcotics Anonymous is a fellowship of people for whom drugs had become a major problem

The Kim Foundation

- <https://thekimfoundation.org/financial-help/support-groups/>
- Information about several support groups is available

Nebraska Coalition for Peers

- <https://necolitionforpeers.org/peer-support-groups/>
- Information about several peer-led support groups is available

SAFE Center

- 620 East 25th Street Suite 14
- Kearney, NE 68847
- (308) 237-2599
- 24 Hour Crisis Line: 1 (877) 237-2513
- <https://safecenter.org/>
- The SAFE Center provides free and confidential support and resources to empower those affected by sexual and/or domestic violence. Support groups may be available

Community Action Partnership- Mid Nebraska

- 16 West 11th Street
- Kearney, NE 68847
- (308) 865-5680
- <https://communityactionmidne.com/>
- Community Action Partnership- Mid Nebraska offers a variety services, including adult education classes and groups

Residential Assistance to Families in Transition (RAFT)

- 16 West 11th Street
- Kearney, NE 68847
- (308) 865-1352
- <https://raftnebraska.org/>
- RAFT is a 24-month house program to empower families to overcome poverty and homelessness. Adult groups and education classes may be available

Combined Health Agencies Drive (CHAD) Support Groups

- (402) 614-8500
- <https://www.chadnebraska.org/support-groups>
- Information about several support groups is available

Legal Assistance

Women's Center for Advancement (WCA)

- 3801 Harney Street
- Omaha, NE 68131
- Main Phone: (402) 345-6555
- 24/7 Crisis Hotline: (402) 345-7273
- <https://wcaomaha.org/>
- The WCA assists anyone in the Omaha area who is experiencing domestic violence, sexual assault, stalking or human trafficking by providing free, high-quality services to address their immediate safety needs and help them grow into independence over time

Legal Aid of Nebraska Grand Island Office

- 207 West 3rd Street
- Grand Island, NE 68801
- (308) 381-0517 or 1 (877) 250-2018
- <https://www.legalaidofnebraska.org/>
- Legal Aid provides support and side-by-side legal services to low-income Nebraskans to ensure the fair enforcement of the law, to protect the rights of the people, and to address the urgent legal needs of our communities

Nebraska Bar Association Volunteer Lawyers Project

- Public Information: (402) 986-6501 Press 3
- <https://www.nevlp.org/>
- The Nebraska Bar Association Volunteer Lawyers Project allows lawyers to meet their pro bono goals by providing free legal advice and services to individuals

The Civil Clinical Law Program

- 172 Welpton Court Room (42nd and Fair Street)
- Lincoln, NE 68583
- (402) 472-3271
- <https://law.unl.edu/civil-clinic-contact/>
- The Civil Clinical Law Program is a program where senior law students at the UNL College of Law provide free legal services in certain types of civil legal cases to low-income individuals

Nebraska Appleseed Center for Law

- 941 O Street Suite 920
- Lincoln, NE 68508
- (402) 438-8853
- <https://neappleseed.org/>
- Nebraska Appleseed is a nonprofit organization that fights for justice and opportunity for all Nebraskans

Sexual and Domestic Violence Resources & Hotlines

UNMC's Title IX Office

- 985470 Nebraska Medical Center, ADC 3010
- Omaha, NE 68198
- Carmen Sirizzotti (Title IX Coordinator): csirizzotti@unmc.edu or (402) 559-2710
- Kelly Blecha (Title IX Student & Employee Advocate): kblecha@unmc.edu or (402) 836-9043
- Title IX prohibits and protects individuals from discrimination on the basis of sex. Confidential advocacy resources are available for all UNMC students and employees. Contact Kelly Blecha for more information

SAFE Center

- 620 East 25th Street Suite 14
- Kearney, NE 68847
- (308) 237-2599
- 24 Hour Crisis Line: 1 (877) 237-2513
- <https://safecenter.org/>
- The SAFE Center provides free and confidential support and resources to empower those affected by sexual and/or domestic violence

Family Advocacy Network (FAN)

- 507 East 26th Street
- Kearney, NE 68847
- (308) 865-7492
- <https://www.familyadvocacynetwork.com/>
- FAN is a child advocacy center that provides victim-focused programming in response to child abuse and adult sexual assault investigations

Women's Center for Advancement (WCA)

- 3801 Harney Street
- Omaha, NE 68131
- Main Phone: (402) 345-6555
- 24/7 Crisis Hotline: (402) 345-7273
- <https://wcaomaha.org/>
- The WCA assists anyone in the Omaha area who is experiencing domestic violence, sexual assault, stalking or human trafficking by providing free, high-quality services to address their immediate safety needs and help them grow into independence over time

Nebraska Coalition to End Sexual and Domestic Violence

- 245 South 84th Street Suite 200
- Lincoln, NE 68510
- (402) 476-6256
- <https://www.nebraskacoalition.org/>
- The Nebraska Coalition to End Sexual and Domestic Violence provides statewide leadership and support to systems, agencies, and individuals to prevent and end interpersonal violence

National Domestic Violence Hotline

- Available 24 hour/7days a week
- Phone: 1 (800) 799-7233
- Text "START" to 88788
- Online chat option is available
- <https://www.thehotline.org/>

National Sexual Assault Hotline

- Available 24 hours/7 days a week
- Phone: 1 (800) 656-4673
- Online chat option is available
- <https://rainn.org/about-national-sexual-assault-telephone-hotline>

Rape, Abuse, & Incest National Network

- Available 24 hours/7 days a week
- Phone: 1 (800) 656-4763
- Online chat option is available
- <https://rainn.org/>

National Suicide Prevention Lifeline

- Available 24 hours/7 days a week
- Phone: Call 9-8-8
- Text 9-8-8
- Online chat option is available
- <https://988lifeline.org/>

Trans Lifeline

- Available 24 hours/7 days a week
- Phone: 1 (877) 565-8860
- <https://translifeline.org/>

Male Survivors of Sexual Trauma

- <https://malesurvivor.org/about-malesurvivor>

Office on Violence Against Women (OVW)

- <https://www.justice.gov/ovw>

OneLove: Relationship Violence Prevention

- <https://www.joinonelove.org>

National Dating Abuse Helpline

- Phone: 1 (866) 331-9474
- Online chat option is available
- <https://www.loveisrespect.org/>

National Center for Victims of Crimes

- Phone: 1 (855) 484-2846
- Text: 1 (855) 484-2846
- Online chat is available
- <https://victimconnect.org/>

National Human Trafficking Hotline

- Available 24 hours/7 days a week
- Phone: 1 (888) 373-7888
- Text 233733
- Online chat is available
- <https://humantraffickinghotline.org/en>

National Center for Missing and Exploited Children

- Available 24 hours/7 days a week
- Phone: 1 (800) 843-5678
- <https://report.cybertip.org/>

National Alliance on Mental Illness (NAMI) Helpline

- Phone: 1 (800) 950-6264
- Text "helpline" to 62640
- Online chat option is available
- <https://www.nami.org/>

Nebraska Adult & Child Abuse & Neglect Hotline

- 1 (800) 652-1999

Crisis and Emergency Care

Bryan Health- Kearney Regional Medical Center Emergency Room

- 804 22nd Avenue
- Kearney, NE 68845
- (308) 455-3600
- <https://www.bryanhealth.com/locations/profile/kearney-regional-medical-center/>

CHI Health Good Samaritan Hospital Emergency Room

- 10 East 31st Street
- Kearney, NE 68847
- (380) 865-7100
- <https://www.chihealth.com/locations/good-samaritan>

Kearney County Health Services Emergency Room

- 727 East 1st Street
- Minden, NE 68959
- (308) 832-3400

Kearney Police Department

- 2025 A Avenue
- Kearney, NE 68847
- (308) 237-2104 or 911
- <https://cityofkearney.org/625/Police-Department>

UNK Police Department

- 2504 9th Avenue
- Kearney, NE 68849
- (308) 865-8911 or 911
- <https://www.unk.edu/offices/police/index.php>

Buffalo County Sheriff's Office

- 2025 Avenue A
- Kearney, NE 68847
- (308) 236-8555
- <https://buffalocounty.ne.gov/SHERIFF>

Nebraska Child Welfare and Protective Services

- Adult & Child Abuse & Neglect Hotline- (800) 652-1999
- <https://dhhs.ne.gov/Pages/Child-Welfare.aspx>

Nebraska Adult Welfare and Protective Services

- Adult & Child Abuse & Neglect Hotline- (800) 652-1999
- <https://dhhs.ne.gov/Pages/Adult-Protective-Services.aspx>

Social Services

Community Action Partnership- Mid Nebraska

- 16 West 11th Street
- Kearney, NE 68847
- (308) 865-5680
- <https://communityactionmidne.com/>
- Community Action Partnership- Mid Nebraska offers a variety services, including adult education classes and groups

United Way of the Kearney Area

- 4009 6th Avenue Suite 19
- Kearney, NE 68845
- (308) 237-6840
- <https://www.uwka.org/>
- United Way of Kearney Area offers a Homeless Prevention Program offering rent and utility assistance

Storehouse and Community Outreach

- 4010 7th Avenue
- Kearney, NE 68845
- (308) 455-3302
- <https://www.kearneyefree.com/storehouse>
- Storehouse offers a wide variety of services for families who have hit a rough patch financially

Department of Health and Human Services

- (402) 471-3121 or (800) 833-7352
- <https://dhhs.ne.gov/Pages/default.aspx>

Adult & Child Welfare and Protection Services

- Adult & Child Abuse & Neglect Hotline (800) 652-1999
- <https://dhhs.ne.gov/Pages/Child-Welfare.aspx>

Nebraska Resource and Referral System (NRRS)

- <https://nrrs.ne.gov/>
- The NRRS contains information about thousands of community agencies and organizations that provide services and telephone hotline resources to Nebraskans including a zip code searchable listing of licensed childcare providers

Culture-based Resources

Refugee Resettlement Program

- 301 Centennial Mall South
- Lincoln, NE 68509
- (402) 471-3121
- <https://dhhs.ne.gov/Pages/Refugee-Resettlement.aspx>

Kearney Area Community Foundation

- 2908 West 39th Street
Suite A
- Kearney, NE 68845
- (308) 237-3114
- The Kearney Area Community Foundation may offer refugee services including resettlement, legal assistance, and support for integration

Lutheran Family Services

- 2301 O Street
- Lincoln, NE 68510
- (402) 441-7940
- <https://www.onelfs.org/>
- Lutheran Family Services provides a Refugee Support Program targeted to serve vulnerable New Americans

Norfolk Campus

Food & Pantry

The Salvation Army

- 401 North 4th Street
- Norfolk, NE 68701
- (402) 379-4663
- <https://centralusa.salvationarmy.org/norfolk/>

Northeast Nebraska Community Action Partnership – Central Location (NENCAP)

- 603 Earl Street
- Pender, NE 68047
- (402) 385-6300 or 1 (800) 445-2505
- <https://nencap.org/>

Norfolk Ministerial Association Community Food Pantry

- 132 South 4th Street
- Norfolk, NE 68701
- (402) 644-8155

Northeast Food Pantry

- Located near the Student Health & Counseling area in Union 73 on Northeast Community College's campus
- <https://northeast.edu/support-services/food-pantry>
- Available to students attending the UNMC Norfolk campus

Norfolk WIC

- 1405 Riverside Blvd
- Norfolk, NE 68701
- (402)844-4422
- <https://nencap.org/services/women-infants-and-children-wic/>

Norfolk Rescue Mission- Food Distribution Center

- 810 East Norfolk Avenue
- Norfolk, NE 68701
- (402) 371-6484

SNAP/Food Resource Hotline

- Call 1-855-944-3663 for more information about food assistance in your area
- <https://dhhs.ne.gov/Pages/SNAP.aspx>

Norfolk Rescue Mission

- 111 North 9th Street
- Norfolk, NE 68701
- (402) 371-6484
- <https://norfolkrescue.org/>

Housing & Shelters

Norfolk Development Division/Norfolk Housing Agency (HUD)

- 110 North 4th Street
- Norfolk, NE 68701
- (402) 844-2080
- HUD offers income-based apartments and rental assistance programs

Northern Ponca Housing Authority (NPHA)

- 1501 Michigan Avenue
- Norfolk, NE 68701
- (402) 379-8224
- <https://poncahousing.org/>
- NPHA offers low-income housing to members of the Native community

Madison County General Assistance/Midtown Health Center

- 302 West Phillips Avenue
- Norfolk, NE 68701
- (402) 371-8000
- <https://midtownhealthne.org/>
- Madison County General Assistance provides rental assistance to single adults or married couples with no children in the home

Northeast Nebraska Community Action Partnership – Central Location (NENCAP)

- 1405 Riverside Blvd
- Norfolk, NE 68701
- (402) 371-0377 or 1 (800) 445-2505
- <https://nencap.org/>
- NENCAP offers rent and homeless prevention assistance

Good Neighbors

- 132 4th Street
- Norfolk, NE 68701
- (402) 664-8155
- Good Neighbors offers rent assistance

The Salvation Army

- 401 North 4th Street
- Norfolk, NE 68701
- (402) 379-4663
- <https://centralusa.salvationarmy.org/norfolk/>
- The Salvation Army offers rent assistance

Norfolk Rescue Mission

- 111 North 9th Street
- Norfolk, NE 68701
- (402) 371-6484
- <https://norfolkrescue.org/>
- Norfolk Rescue Mission offers short-term housing for men, women, and families in need

Birthright of Norfolk

- 301 4th Street
- Norfolk, NE 68701
- (402) 379-1004
- <https://birthright.org/norfolkne>
- Birthright of Norfolk provides valuable resources to women as long as needed

Clothing & Diapers

Norfolk Rescue Mission

- 111 North 9th Street
- Norfolk, NE 68701
- (402) 371-6484
- <https://norfolkrescue.org/>
- Norfolk Rescue Mission offers a Clothing Ministry for men, women, and children

Nebraska Diaper Bank

- Main Office: 9100 F Street
- Omaha, NE 68127
- (402) 557-8205
- <https://nebraskadiaperbank.org/>
- Nebraska Diaper Bank provides diapers through collaborative partnerships to change lives and empower families in need

Birthright of Norfolk

- 301 4th Street
- Norfolk, NE 68701
- (402) 379-1004
- <https://birthright.org/norfolkne>
- Birthright of Norfolk provides valuable resources to women as long as needed

Northeast Nebraska Community Action Partnership – Central Location (NENCAP)

- 1405 Riverside Blvd
- Norfolk, NE 68701
- (402) 371-0377 or 1 (800) 445-2505
- <https://nencap.org/>
- NENCAP offers infant formula options

Parenting & Child Care

Norfolk Head Start

- 301 E Omaha Avenue
- Norfolk, NE 68702
- (402) 371-8030
- <https://nencap.org/services/head-start/>
- Norfolk Head Start is a federally funded program that helps low-income children prepare for school

Parent-to-Parent Network

- 328 West Norfolk Avenue
- Norfolk, NE 68701
- (402) 379-2268 or 1 (877) 379-9926
- <https://parent-parent.org/>
- Parent-to-Parent Network connects parents who are raising children with developmental disabilities

Professional Partners

- 206 Monroe Avenue
- Norfolk, NE 68701
- (402) 370-3100
- <https://region4bhs.org/>
- Professional Partners assists families with children who have a serious emotional or behavioral need in accessing necessary services

Nebraska Family Helpline

- 1 (888) 866-8660
- The Nebraska Family Helpline is available 24/7 to parents and families

Norfolk Family Coalition

- 124 West Norfolk Avenue Suite 104
- Norfolk, NE 68701
- (402) 640-2409
- <https://norfolkfamilycoalition.org/>
- The Norfolk Family Coalition collaborates with agencies, networks, and broader community resources to find solutions to improve the quality of life of people living in and around Norfolk

Nebraska Children's Home Society

- 1800 West Pasewalk Avenue
- Norfolk, NE 68701
- (402) 379-3378
- <https://nchs.org/location/norfolk-office/>
- The mission of NCHS is to provide compassionate support, enduring connections, and innovative solutions that help families thrive

Lutheran Family Services: Norfolk

- 1109 South 13th Street Suite 302
- Norfolk, NE 68701
- (402) 371-7535
- <http://www.lfsneb.org/>
- Lutheran Family Services provides a wide range of services for children and their families

Utilities

The Salvation Army

- 401 North 4th Street
- Norfolk, NE 68701
- (402) 379-4663
- <https://centralusa.salvationarmy.org/norfolk/>
- The Salvation Army offers the Heat Aid Fund, as well as emergency financial assistance

Black Hills Energy

- 1 (888) 890-5554
- https://www.needhelppayingbills.com/html/black_hills_energy_nebraska_as.html
- Financial assistance for utility bills may be available

2-1-1 Nebraska/Southwest Iowa

- 2201 Farnam Street Suite
- 211 Omaha, NE 68102
- (402) 444-6666 or (402)342-8232
- www.211iowa.org
- Provides information and referral services for a multitude of services. Emergency applications for funds which may be used for rent, rent deposit, or utilities

Cox Connect2Compete

- Through Connect2Compete, Cox opens a world of opportunity for families with K-12 students by providing affordable, reliable, home internet with Wi-Fi
- <https://www.cox.com/residential/home.html>

Nebraska Energy Assistance Program- Low Income Home Energy Assistance

- Main Phone: (800) 383-4278
- <https://dhhs.ne.gov/pages/energy-assistance.aspx>
- LIHEAP helps low-income households stay safe and healthy by providing financial assistance to offset the costs of heating and cooling

Nebraska Public Power District Pennies for Power

- (402) 444-6666
- <https://www.nppd.com/>
- The Pennies for Power Program can help customers who have faced an unexpected financial hardship or are unable to pay their monthly utility bills

Madison County General Assistance/Midtown Health Center

- 302 West Phillips Avenue
- Norfolk, NE 68701
- (402) 371-8000
- <https://midtownhealthne.org/>
- Madison County General Assistance provides utility assistance to single adults or married couples with no children in the home

Northeast Nebraska Community Action Partnership – Central Location (NENCAP)

- 1405 Riverside Blvd
- Norfolk, NE 68701
- (402) 371-0377 or 1 (800) 445-2505
- <https://nencap.org/>
- NENCAP offers utility bill assistance

Good Neighbors

- 132 4th Street
- Norfolk, NE 68701
- (402) 664-8155
- Good Neighbors offers utility bill assistance

Transportation

Norfolk Public Transportation

- 222 North 4th Street
- Norfolk, NE 68701
- (402) 379-4595

Camelot Transportation

- 1 (888) 452-3194
- Camelot Transportation provides services to people in Nebraska and surrounding states

Greyhound Bus

- 720 East Norfolk Avenue
- Norfolk, NE 68701
- (402) 371-3850
- <https://www.greyhound.com/>
- Daily transportation available to Eppley Airfield in Omaha

Medical Care

NCC Student Health Clinic

- Located in the Union 73 building in Office 219
- (402) 844-7176
- <https://northeast.edu/health-and-wellness/student-health-services>

Urgent Care

- 2024 Pasewalk Avenue
- Norfolk, NE 68701
- (402) 844-8301

American Cancer Society

- 1 (800) 227-2345
- <https://www.cancer.org/>
- The American Cancer Society is the leading cancer-fighting organization with the vision to end cancer as we know it, for everyone

American Lung Association

- 1 (800) 586-4872
- <https://www.lung.org/>
- The American Lung Association's mission is to save lives by improving lung health and preventing lung disease through education, advocacy, and research

American Heart Association

- 1 (800) 242-8721
- <https://www.heart.org/>
- The American Heart Association is the largest voluntary organization dedicated to fighting heart disease and stroke

American Red Cross

- 1 (800) 733-2767
- <https://www.redcross.org/>
- The American Red Cross prevents and alleviates human suffering in the face of emergencies by mobilizing the power of volunteers and the generosity of donors

Faith Regional Health Services

- 2700 West Norfolk Avenue
- Norfolk, NE 68701
- (402) 371-4800
- <https://www.frhs.org/>

Norfolk Medical Group

- 3901 West Norfolk Avenue
- Norfolk, NE 68701
- (402) 844-8000
- <https://www.norfolkmedicalgroup.com/>

Nebraska Health and Wellness Clinic

- 1414 North 13th Street
- Norfolk, NE 68701
- (402) 402-379-8727
- <https://www.nebraskahw.com/>

Nebraska Department of Health and Human Services

- 301 Centennial Mall South
- Lincoln, NE 68509
- (402) 471-3121
- <https://dhhs.ne.gov/Pages/default.aspx>

Midtown Health Center

- 302 West Phillip Avenue
- Norfolk, NE 68701
- (402) 371-8000
- <https://midtownhealthne.org/>

Mental & Behavioral Health

UNMC Counseling and Psychological Services (CAPS)

- Located in the Center for Healthy Living
- 984250 Nebraska Medical Center
- Omaha, NE 68198
- (402) 559-4199
- <https://www.unmc.edu/student-success/student-health/counseling/index.html>
- CAPS provides free, confidential mental health and wellness related services to UNMC students. CAPS also provides resources to faculty and staff to aid in assisting UNMC students

Arbor Family Counseling

- 11605 Arbor Street Suite 106
- Omaha, NE 68144
- (402) 330-0960
- <https://arborfamilycounseling.com/>
- Arbor Family Counseling provides free, confidential counseling and mental health services to UNMC employees through UNMC's Employee Assistance Program

Lutheran Family Services: Norfolk

- 1109 South 13th Street Suite 302
- Norfolk, NE 68701
- (402) 371-7535
- <http://www.lfsneb.org/>
- Lutheran Family Services provides a wide range of services for children and their families

Region 4 Professional Partners

- 206 Monroe Avenue
- Norfolk, NE 68701
- (402) 370-3100
- <https://region4bhs.org/>
- Professional Partners assists families with children who have a serious emotional or behavioral need in accessing necessary services

Nebraska Family Helpline

- 1 (888) 866-8660
- The Nebraska Family Helpline is available 24/7 to parents and families

Norfolk Family Coalition

- 124 West Norfolk Avenue Suite 104
- Norfolk, NE 68701
- (402) 640-2409
- <https://norfolkfamilycoalition.org/>
- The Norfolk Family Coalition collaborates with agencies, networks, and broader community resources to find solutions to improve the quality of life of people living in and around Norfolk

Behavioral Health Specialists

- 1900 Vicki Lane
- Norfolk, NE 68701
- (402) 370-3140
- <https://www.4bhs.org/>
- Behavioral Health Specialists provide short-term residential and outpatient treatment for mental health and substance abuse issues

Norfolk Behavioral Health

- 100 West Norfolk Avenue
- Norfolk, NE 68701
- (402) 379-0122
- <https://www.norfolkbehavioralhealth.org/>
- Norfolk Behavior Health provides psychiatric care to people ages 15-65

Faith Regional Health Services

- 2700 West Norfolk Avenue
- Norfolk, NE 68701
- (402) 371-4800
- <https://www.frhs.org/>

Midtown Health Center

- 302 West Phillip Avenue
- Norfolk, NE 68701
- (402) 371-8000
- <https://midtownhealthne.org/>

Norfolk Regional Center

- 1700 North Victory Road
- Norfolk, NE 68701
- (402) 370-3400
- <https://dhhs.ne.gov/Pages/Regional-Centers.aspx>
- Norfolk Regional Center offers in-patient mental health services

The Well

- 1203 South 8th Street
- Norfolk, NE 68701
- (402) 371-0220
- <https://thewellne.org/>
- The Well is a mental health and substance recovery agency providing both long-term residential and outpatient treatment

Community & Support Groups

Alcoholics Anonymous

- 303 Madison Avenue
- Norfolk, NE 68701
- (402) 371-9859
- <https://northeast.edu/health-and-wellness/information-and-resources>
- Alcoholics Anonymous is a fellowship of people who share their experience, strength and hope with each other that they may solve their common problem and help others to recover from alcoholism

Narcotics Anonymous

- <https://na.org/>
- Narcotics Anonymous is a fellowship of people for whom drugs had become a major problem

Norfolk Family Coalition

- 124 West Norfolk Avenue Suite 104
- Norfolk, NE 68701
- (402) 640-2409
- <https://norfolkfamilycoalition.org/>
- The Norfolk Family Coalition collaborates with agencies, networks, and broader community resources to find solutions to improve the quality of life of people living in and around Norfolk. Information about several support groups is available

The Kim Foundation

- <https://thekimfoundation.org/fund-help/support-groups/>
- Information about several support groups is available

Nebraska Coalition for Peers

- <https://necoalitionforpeers.org/peer-support-groups/>
- Information about several peer-led support groups is available

Combined Health Agencies Drive (CHAD) Support Groups

- (402) 614-8500
- <https://www.chadnebraska.org/support-groups>
- Information about several support groups is available

Legal Assistance

Women's Center for Advancement (WCA)

- 3801 Harney Street
- Omaha, NE 68131
- Main Phone: (402) 345-6555
- 24/7 Crisis Hotline: (402) 345-7273
- <https://wcaomaha.org/>
- The WCA assists anyone in the Omaha area who is experiencing domestic violence, sexual assault, stalking or human trafficking by providing free, high-quality services to address their immediate safety needs and help them grow into independence over time

Legal Aid of Nebraska Lincoln

- 214 North 7th Street Suite 10
- Norfolk, NE 68701
- (402) 644-4761
- <https://www.legalaidofnebraska.org/>
- Legal Aid provides support and side-by-side legal services to low-income Nebraskans to ensure the fair enforcement of the law, to protect the rights of the people, and to address the urgent legal needs of our communities

Nebraska Bar Association Volunteer Lawyers Project

- Public Information: (402) 986-6501 Press 3
- <https://www.nevlp.org/>
- The Nebraska Bar Association Volunteer Lawyers Project allows lawyers to meet their pro bono goals by providing free legal advice and services to individuals

The Civil Clinical Law Program

- 172 Welpton Court Room (42nd and Fair Street)
- Lincoln, NE 68583
- (402) 472-3271
- <https://law.unl.edu/civil-clinic-contact/>
- The Civil Clinical Law Program is a program where senior law students at the UNL College of Law provide free legal services in certain types of civil legal cases to low-income individuals

Nebraska Appleseed Center for Law

- 941 O Street Suite 920
- Lincoln, NE 68508
- (402) 438-8853
- <https://neappleseed.org/>
- Nebraska Appleseed is a nonprofit organization that fights for justice and opportunity for all Nebraskans

Sexual and Domestic Violence Resources & Hotlines

UNMC's Title IX Office

- 985470 Nebraska Medical Center, ADC 3010
- Omaha, NE 68198
- Carmen Sirizzotti (Title IX Coordinator): csirizzotti@unmc.edu or (402) 559-2710
- Kelly Blecha (Title IX Student & Employee Advocate): kblecha@unmc.edu or (402) 836-9043
- Title IX prohibits and protects individuals from discrimination on the basis of sex. Confidential advocacy resources are available for all UNMC students and employees. Contact Kelly Blecha for more information

Bright Horizons

- 601 East Norfolk Avenue
- Norfolk, NE 68701
- (402) 379-2026
- <http://brighthorizonsne.org>
- Bright Horizons provides resources for survivors of domestic violence and sexual assault

Women's Center for Advancement (WCA)

- 3801 Harney Street
- Omaha, NE 68131
- Main Phone: (402) 345-6555
- 24/7 Crisis Hotline: (402) 345-7273
- <https://wcaomaha.org/>
- The WCA assists anyone in the Omaha area who is experiencing domestic violence, sexual assault, stalking or human trafficking by providing free, high-quality services to address their immediate safety needs and help them grow into independence over time

Nebraska Coalition to End Sexual and Domestic Violence

- 245 South 84th Street Suite 200
- Lincoln, NE 68510
- (402) 476-6256
- <https://www.nebraskacoalition.org/>
- The Nebraska Coalition to End Sexual and Domestic Violence provides statewide leadership and support to systems, agencies, and individuals to prevent and end interpersonal violence

National Domestic Violence Hotline

- Available 24 hour/7days a week
- Phone: 1 (800) 799-7233
- Text "START" to 88788
- Online chat option is available
- <https://www.thehotline.org/>

National Sexual Assault Hotline

- Available 24 hours/7 days a week
- Phone: 1 (800) 656-4673
- Online chat option is available
- <https://rainn.org/about-national-sexual-assault-telephone-hotline>

Rape, Abuse, & Incest National Network

- Available 24 hours/7 days a week
- Phone: 1 (800) 656-4763
- Online chat option is available
- <https://rainn.org/>

National Suicide Prevention Lifeline

- Available 24 hours/7 days a week
- Phone: Call 9-8-8
- Text 9-8-8
- Online chat option is available
- <https://988lifeline.org/>

Trans Lifeline

- Available 24 hours/7 days a week
- Phone: 1 (877) 565-8860
- <https://translifeline.org/>

Male Survivors of Sexual Trauma

- <https://malesurvivor.org/about-malesurvivor>

Office on Violence Against Women (OVW)

- <https://www.justice.gov/ovw>

OneLove: Relationship Violence Prevention

- <https://www.joinonelove.org>

National Dating Abuse Helpline

- Phone: 1 (866) 331-9474
- Online chat option is available
- <https://www.loveisrespect.org/>

National Center for Victims of Crimes

- Phone: 1 (855) 484-2846
- Text: 1 (855) 484-2846
- Online chat is available
- <https://victimconnect.org/>

National Human Trafficking Hotline

- Available 24 hours/7 days a week
- Phone: 1 (888) 373-7888
- Text 233733
- Online chat is available
- <https://humantraffickinghotline.org/en>

National Center for Missing and Exploited Children

- Available 24 hours/7 days a week
- Phone: 1 (800) 843-5678
- <https://report.cybertip.org/>

**National Alliance on Mental
Illness (NAMI) Helpline**

- Phone: 1 (800) 950-6264
- Text “helpline” to 62640
- Online chat option is available
- <https://www.nami.org/>

**Nebraska Adult & Child Abuse &
Neglect Hotline**

- 1 (800) 652-1999

Crisis & Emergency Care

Norfolk Police Department

- 202 North 7th Street
- Norfolk, NE 68701
- (402) 644-8700 or 911
- <https://norfolkne.gov/government/departments/police-division/>

Northeast Community College Public Safety

- (402) 841-5163 or 7777 from any Norfolk campus phone
- <https://northeast.edu/campus-safety/campus-security>

Madison County Sheriff's Department

- 1313 North Main Street
- Madison, NE 68748
- (402) 454-2110
- <https://madisonsheriffne.gov/>

Faith Regional Health Services Emergency Room

- 2700 West Norfolk Avenue
- Norfolk, NE 68701
- (402) 371-48880

Nebraska Child Welfare and Protective Services

- Adult & Child Abuse & Neglect Hotline- (800) 652-1999
- <https://dhhs.ne.gov/Pages/Child-Welfare.aspx>

Nebraska Adult Welfare and Protective Services

- Adult & Child Abuse & Neglect Hotline- (800) 652-1999
- <https://dhhs.ne.gov/Pages/Adult-Protective-Services.aspx>

Social Services

Norfolk Family Coalition

- 124 West Norfolk Avenue Suite 104
- Norfolk, NE 68701
- (402) 640-2409
- <https://norfolkfamilycoalition.org/>
- The Norfolk Family Coalition collaborates with agencies, networks, and broader community resources to find solutions to improve the quality of life of people living in and around Norfolk

Lutheran Family Services: Norfolk

- 1109 South 13th Street Suite 302
- Norfolk, NE 68701
- (402) 371-7535
- <http://www.lfsneb.org/>
- Lutheran Family Services provides a wide range of services for children and their families

Department of Health and Human Services

- (402) 471-3121 or (800) 833-7352
- <https://dhhs.ne.gov/Pages/default.aspx>

Adult & Child Welfare and Protection Services

- Adult & Child Abuse & Neglect Hotline (800) 652-1999
- <https://dhhs.ne.gov/Pages/Child-Welfare.aspx>

Nebraska Resource and Referral System (NRRS)

- <https://nrrs.ne.gov/>
- The NRRS contains information about thousands of community agencies and organizations that provide services and telephone hotline resources to Nebraskans including a zip code searchable listing of licensed childcare providers

Northeast Nebraska Community Action Partnership – Central Location (NENCAP)

- 1405 Riverside Blvd
- Norfolk, NE 68701
- (402) 371-0377 or 1 (800) 445-2505
- <https://nencap.org/>

Culture-based Services

Norfolk Arts Center

- 305 North 5th Street
- Norfolk, NE 6701
- (402) 371-7199
- <https://norfolkartscenter.org/>

Lutheran Family Services: Norfolk

- 1109 South 13th Street
Suite 302
- Norfolk, NE 68701
- (402) 371-7535
- <http://www.lfsneb.org/>
- Lutheran Family Services
provides a wide range of
services for children and
their families

Refugee Resettlement Program

- 301 Centennial Mall South
- Lincoln, NE 68509
- (402) 471-3121
- <https://dhhs.ne.gov/Pages/Refugee-Resettlement.aspx>

Scottsbluff Campus

Food & Pantry

Potter's Wheel Ministries Distribution Center

- 118 East Overland
- Scottsbluff, NE 69361
- (308) 633-2888
- <https://www.facebook.com/pwmsb>

United Way of Western Nebraska

- 1517 Broadway Suite 106
- Scottsbluff, NE 69361
- (308) 635-2522
- <https://www.uwnw.org/>

Community Action Partnership of Western Nebraska

- 3350 10th Street
- Gering, NE 69341
- (308) 635-3089
- <https://capwn.org/>

Our Lady of Guadalupe Catholic Church

- 1102 12th Avenue
- Scottsbluff, NE 69361
- (308) 632-2845
- <http://www.guadalupescott-sbluff.com/>

The DOVES Program

- 1321 Broadway
- Scottsbluff, NE 69361
- 1 (866) 953-6837
- <https://www.dovesprogram.com/>
- The DOVES Program offers food pantry items to individuals experiencing sexual and/or domestic violence

First Baptist Church Food Pantry

- 3309 Avenue "I"
- Scottsbluff, NE 69361
- (308) 635-2548
- <https://firstbaptistscottsbluff.com/>

The Vine United Methodist Church Food Pantry

- 1845 Broadway
- Mitchell, NE 69357
- (308) 635-2069
- <https://vineumc.com/>

SNAP/Food Resource Hotline

- Call 1-855-944-3663 for more information about food assistance in your area
- <https://dhhs.ne.gov/Pages/SNAP.aspx>

Housing & Shelter

United Way of Western Nebraska

- 1517 Broadway Suite 106
- Scottsbluff, NE 69361
- (308) 635-2522
- <https://www.uwnw.org/>

Community Action Partnership of Western Nebraska

- 3350 10th Street
- Gering, NE 69341
- (308) 635-3089
- <https://capwn.org/>
- Community Action Partnership of Western Nebraska may offer rental and housing assistance

Scotts Bluff County Housing Authority

- 89A Woodley Park Road
- Gering, NE 69341
- (308) 632-0473
- <https://www.scottsbluffhousing.com/index.htm>
- The Scotts Bluff County Housing Authority ensures safe, decent, and affordable housing

Habitat for Humanity

- 115 West Railway Street
- Scottsbluff, NE 69361
- (308) 633-2368
- <https://www.habitat.org/>
- Habitat for Humanity is a nonprofit organization that helps families build and improve places to call home

The Hope Center

- 1937 Avenue A
- Scottsbluff, NE 69361
- (308) 633-4673
- <https://www.scottsbluffhousing.com/hope-center.html>
- The Hope Center may offer household items to those who have achieved housing after being homeless

Cirrus House, Inc.

- 1509 1st Avenue
- Scottsbluff, NE 69361
- (308) 635-1488
- <https://cirrushouse.org/>
- Cirrus House, Inc focuses on providing quality of life and independence for people living with mental health challenges

Economic Development for Western Nebraska

- 1620 Broadway
- Scottsbluff, NE 69361
- (308) 632-2833
- <https://www.tcdne.org/>
- Economic Development for Western Nebraska offers homeownership classes, housing assistance, and housing funding

The DOVES Program

- 1321 Broadway
- Scottsbluff, NE 69361
- 1 (866) 953-6837
- <https://www.dovesprogram.com/>
- The DOVES Program offers housing support to individuals experiencing sexual and/or domestic violence

Potter's Wheel 4 Men

- 1815 1st Avenue
- Scottsbluff, NE 69361
- (308) 633-2888
- <https://search.ne211.org/search/8c370bb4-2c23-552b-a047-91b17ced94b6>
- Potter's Wheel 4 Men is a sober living home for men ages 18 and older

Scotts Bluff General Assistance

- 1825 10th Street
- Gering, NE 69341
- (308) 436-6638
- <https://rentassistance.org/>
- Scotts Bluff General Assistance may offer rent assistance

Clothing & Diapers

The Hope Center

- 1937 Avenue A
- Scottsbluff, NE 69361
- (308) 633-4673
- <https://www.scottsbluffhousing.com/hope-center.html>
- The Hope Center may offer clothing items to individuals referred by local agencies

United Way of Western Nebraska

- 1517 Broadway Suite 106
- Scottsbluff, NE 69361
- (308) 635-2522
- <https://www.uwwn.org/>
- United Way of Western Nebraska may offering clothing support

Options Pregnancy Center

- 2035 10th Street
- Gering, NE 69341
- (308) 633-6566
- <https://opcnebraska.org/>
- Options Pregnancy Center may offer material assistance, such as diapers and baby clothing

Potter's Wheel Ministries Distribution Center

- 118 East Overland
- Scottsbluff, NE 69361
- (308) 633-2888
- <https://www.facebook.com/pwmsb>
- Potter's Wheel Ministries may offer clothing resources with family services referral from agency

First Baptist Church Diaper Depot & Clothing Closet

- 3309 Avenue "I"
- Scottsbluff, NE 69361
- (308) 635-2548
- <https://firstbaptistscottsbluff.com/>
- First Baptist Church Diaper Depot offers emergency diapers and clothing items to all families in the community

Parenting & Child Care

Options Pregnancy Center

- 2035 10th Street
- Gering, NE 69341
- (308) 633-6566
- <https://opcnebraska.org/>
- Options Pregnancy Center offers a variety of free pregnancy resources

Nebraska Family Helpline

- 1 (888) 866-8660
- The Nebraska Family Helpline is available 24/7 to parents and families

Nebraska Children's Home Society (NCHS)

- 1930 East 20th Plaza Suite 200F
- Scottsbluff, NE 69361
- (308) 632-8377
- <https://nchs.org/>
- NCHS offers a variety of parenting and family support services

Family Success Center-Scottsbluff Public Schools

- 1722 1st Avenue
- Scottsbluff, NE 69361
- (308) 635-6200
- https://www.sbbs.net/departments_and_services/services/family_success_center/
- The Family Success Center in SPS creates a one-stop location for students and families who may be experiencing a range of issues that create a barrier to accessing school

Department of Health and Human Services

- (402) 471-3121 or (800) 833-7352
- <https://dhhs.ne.gov/Pages/default.aspx>

ESU 13 Head Start Program

- 4215 Avenue "I"
- Scottsbluff, NE 69361
- (308) 635-3696
- <https://www.esu13.org/>
- ESU 13 Head Start is a federally funded program that helps low-income children prepare for school

Empowering Families

- 615 South Beltline Highway W Suite 2
- Scottsbluff, NE 693691
- (308) 633-5091
- <https://www.empoweringfamiliesne.org/>
- Empowering Families is a nonprofit organization that strengthens the community through education, civic participation, and bridge-building

Utilities

Community Action Partnership of Western Nebraska

- 3350 10th Street
- Gering, NE 69341
- (308) 635-3089
- <https://capwn.org/>
- Community Action Partnership of Western Nebraska may offer utility financial assistance

2-1-1 Nebraska/Southwest Iowa

- 2201 Farnam Street Suite
- 211 Omaha, NE 68102
- (402) 444-6666 or (402)342-8232
- www.211iowa.org
- Provides information and referral services for a multitude of services. Emergency applications for funds which may be used for rent, rent deposit, or utilities

Cox Connect2Compete

- Through Connect2Compete, Cox opens a world of opportunity for families with K-12 students by providing affordable, reliable, home internet with Wi-Fi
- <https://www.cox.com/residential/home.html>

Nebraska Energy Assistance Program- Low Income Home Energy Assistance

- Main Phone: (800) 383-4278
- <https://dhhs.ne.gov/pages/energy-assistance.aspx>
- LIHEAP helps low-income households stay safe and healthy by providing financial assistance to offset the costs of heating and cooling

Nebraska Public Power District Pennies for Power

- (402) 444-6666
- <https://www.nppd.com/>
- The Pennies for Power Program can help customers who have faced an unexpected financial hardship or are unable to pay their monthly utility bills

Scotts Bluff General Assistance

- 1825 10th Street
- Gering, NE 69341
- (308) 436-6638
- <https://rentassistance.org/>
- Scotts Bluff General Assistance may offer assistance with rent and/or utility bills

Transportation

Tri-City Roadrunner Busing

- 785 Rundell Road
- Gering, NE 69341
- (308) 436-6687
- <https://tricityroadrunner.com/>
- Tri-City Roadrunner offer flexible bus transportation throughout Scotts Bluff County

RideKCTS

- 233 South Chestnut Street
- Kimball, NE 69145
- (308) 235-0262
- <https://ridekcts.com/>
- RideKCTS provides several types of general public transportation through the southern panhandle of Nebraska

Medical Care

Regional West Medical Center

- 4021 Avenue B
- Scottsbluff, NE 69361
- (308) 635-3711
- <https://www.rwhs.org/>

Scottsbluff VA Clinic

- 601 5th Avenue
- Scottsbluff, NE 69361
- (308) 225-5330
- <https://www.va.gov/>

Community Action Partnership of Western Nebraska Health Center

- 975 Crescent Drive
- Gering, NE 69341
- (308) 632-2540
- <https://capwn.org/>

Quick Care Medical Services

- 3210 Avenue B
- Scottsbluff, NE 69361
- (308) 630-0800
- <https://www.quickcarescottsbluff.com/>

Options Pregnancy Center

- 2035 10th Street
- Gering, NE 69341
- (308) 633-6566
- <https://opcnebraska.org/>

American Cancer Society

- 1 (800) 227-2345
- <https://www.cancer.org/>
- The American Cancer Society is the leading cancer-fighting organization with the vision to end cancer as we know it, for everyone

American Lung Association

- 1 (800) 586-4872
- <https://www.lung.org/>
- The American Lung Association's mission is to save lives by improving lung health and preventing lung disease through education, advocacy, and research

American Heart Association

- 1 (800) 242-8721
- <https://www.heart.org/>
- The American Heart Association is the largest voluntary organization dedicated to fighting heart disease and stroke

American Red Cross

- 1 (800) 733-2767
- <https://www.redcross.org/>
- The American Red Cross prevents and alleviates human suffering in the face of emergencies by mobilizing the power of volunteers and the generosity of donors

Mental and Behavioral Health

UNMC Counseling and Psychological Services (CAPS)

- Located in the Center for Healthy Living
- 984250 Nebraska Medical Center
- Omaha, NE 68198
- (402) 559-4199
- <https://www.unmc.edu/student-success/student-health/counseling/index.html>
- CAPS provides free, confidential mental health and wellness related services to UNMC students. CAPS also provides resources to faculty and staff to aid in assisting UNMC students

Arbor Family Counseling

- 11605 Arbor Street Suite 106
- Omaha, NE 68144
- (402) 330-0960
- <https://arborfamilycounseling.com/>
- Arbor Family Counseling provides free, confidential counseling and mental health services to UNMC employees through UNMC's Employee Assistance Program

Regional West Psychiatric and Behavioral Health Clinic

- 2 West 42nd Street Suite 3200
- Scottsbluff, NE 69361
- (308) 635-3888
- <https://www.rwhs.org/services/other-services/psychiatry-behavioral-health>
- Regional West Psychiatric and Behavioral Health Clinic serves children, adolescences, and adults with mental and behavioral health challenges

Region 1 Behavioral Health Authority

- 4110 Avenue D
- Scottsbluff, NE 69361
- (308) 635-3173
- <https://www.region1bhs.net/>
- Region 1 Behavioral Health Authority offers a wide variety of mental and behavioral health supports and services

Western Nebraska Behavioral Health

- (308) 327-2026
- <https://www.westernnebraskabehavioralhealth.com/>
- Western Nebraska Behavioral Health offers individual, couples, and families therapy to those located in rural communities in Western Nebraska. Multiple locations available

Mental Health Alliance

- 1503 19th Avenue
- Scottsbluff, NE 69361
- (308) 225-6572
- <https://www.mentalhealthalliance.biz/>
- Mental Health Alliance offers a comprehensive range of mental health and substance abuse services

Cirrus House, Inc.

- 1509 1st Avenue
- Scottsbluff, NE 69361
- (308) 635-1488
- <https://cirrushouse.org/>
- Cirrus House, Inc focuses on providing quality of life and independence for people living with mental health challenges

Community & Support Groups

Alcoholics Anonymous

- 1718 Avenue C
- Scottsbluff, NE 693614
- (308) 632-4958
- <https://www.area41.org/meetings/scottsbluff-group-17/>
- Alcoholics Anonymous is a fellowship of people who share their experience, strength and hope with each other that they may solve their common problem and help others to recover from alcoholism

Narcotics Anonymous

- <https://na.org/>
- Narcotics Anonymous is a fellowship of people for whom drugs had become a major problem

The Kim Foundation

- <https://thekimfoundation.org/financial-help/support-groups/>
- Information about several support groups is available

Nebraska Coalition for Peers

- <https://necoalitionforpeers.org/peer-support-groups/>
- Information about several peer-led support groups is available

Combined Health Agencies Drive (CHAD) Support Groups

- (402) 614-8500
- <https://www.chadnebraska.org/support-groups>
- Information about several support groups is available

The DOVES Program

- 1321 Broadway
- Scottsbluff, NE 69361
- 1 (866) 953-6837
- <https://www.dovesprogram.com/>
- The DOVES Program offers support to individuals experiencing sexual and/or domestic violence. Support groups may be available

Legal Assistance

The DOVES Program

- 1321 Broadway
- Scottsbluff, NE 69361
- 1 (866) 953-6837
- <https://www.dovesprogram.com/>
- The DOVES Program offers support to individuals experiencing sexual and/or domestic violence. Legal assistance may be available

Women's Center for Advancement (WCA)

- 3801 Harney Street
- Omaha, NE 68131
- Main Phone: (402) 345-6555
- 24/7 Crisis Hotline: (402) 345-7273
- <https://wcaomaha.org/>
- The WCA assists anyone in the Omaha area who is experiencing domestic violence, sexual assault, stalking or human trafficking by providing free, high-quality services to address their immediate safety needs and help them grow into independence over time

Legal Aid of Nebraska Scottsbluff

- 1423 1st Avenue
- Scottsbluff, NE 69363-1365
- (308) 632-4734
- <https://www.legalaidofnebraska.org/>
- Legal Aid provides support and side-by-side legal services to low-income Nebraskans to ensure the fair enforcement of the law, to protect the rights of the people, and to address the urgent legal needs of our communities

Nebraska Bar Association Volunteer Lawyers Project

- Public Information: (402) 986-6501 Press 3
- <https://www.nevlp.org/>
- The Nebraska Bar Association Volunteer Lawyers Project allows lawyers to meet their pro bono goals by providing free legal advice and services to individuals

The Civil Clinical Law Program

- 172 Welpton Court Room (42nd and Fair Street)
- Lincoln, NE 68583
- (402) 472-3271
- <https://law.unl.edu/civil-clinic-contact/>
- The Civil Clinical Law Program is a program where senior law students at the UNL College of Law provide free legal services in certain types of civil legal cases to low-income individuals

Nebraska Appleseed Center for Law

- 941 O Street Suite 920
- Lincoln, NE 68508
- (402) 438-8853
- <https://neappleseed.org/>

Nebraska Appleseed is a nonprofit organization that fights for justice and opportunity for all Nebraskans

Sexual and Domestic Violence Resources & Hotlines

UNMC's Title IX Office

- 985470 Nebraska Medical Center, ADC 3010
- Omaha, NE 68198
- Carmen Sirizzotti (Title IX Coordinator): csirizzotti@unmc.edu or (402) 559-2710
- Kelly Blecha (Title IX Student & Employee Advocate): kblecha@unmc.edu or (402) 836-9043
- Title IX prohibits and protects individuals from discrimination on the basis of sex. Confidential advocacy resources are available for all UNMC students and employees. Contact Kelly Blecha for more information

The DOVES Program

- 1321 Broadway
- Scottsbluff, NE 69361
- 1 (866) 953-6837
- <https://www.dovesprogram.com/>
- The DOVES Program offers support to individuals experiencing sexual and/or domestic violence

Women's Center for Advancement (WCA)

- 3801 Harney Street
- Omaha, NE 68131
- Main Phone: (402) 345-6555
- 24/7 Crisis Hotline: (402) 345-7273
- <https://wcaomaha.org/>
- The WCA assists anyone in the Omaha area who is experiencing domestic violence, sexual assault, stalking or human trafficking by providing free, high-quality services to address their immediate safety needs and help them grow into independence over time

Nebraska Coalition to End Sexual and Domestic Violence

- 245 South 84th Street Suite 200
- Lincoln, NE 68510
- (402) 476-6256
- <https://www.nebraskacoalition.org/>
- The Nebraska Coalition to End Sexual and Domestic Violence provides statewide leadership and support to systems, agencies, and individuals to prevent and end interpersonal violence

National Domestic Violence Hotline

- Available 24 hour/7days a week
- Phone: 1 (800) 799-7233
- Text "START" to 88788
- Online chat option is available
- <https://www.thehotline.org/>

National Sexual Assault Hotline

- Available 24 hours/7 days a week
- Phone: 1 (800) 656-4673
- Online chat option is available
- <https://rainn.org/about-national-sexual-assault-telephone-hotline>

Rape, Abuse, & Incest National Network

- Available 24 hours/7 days a week
- Phone: 1 (800) 656-4763
- Online chat option is available
- <https://rainn.org/>

National Suicide Prevention Lifeline

- Available 24 hours/7 days a week
- Phone: Call 9-8-8
- Text 9-8-8
- Online chat option is available
- <https://988lifeline.org/>

Trans Lifeline

- Available 24 hours/7 days a week
- Phone: 1 (877) 565-8860
- <https://translifeline.org/>

Male Survivors of Sexual Trauma

- <https://malesurvivor.org/about-malesurvivor>

Office on Violence Against Women (OVW)

- <https://www.justice.gov/ovw>

OneLove: Relationship Violence Prevention

- <https://www.joinonelove.org>

National Dating Abuse Helpline

- Phone: 1 (866) 331-9474
- Online chat option is available
- <https://www.loveisrespect.org/>

National Center for Victims of Crimes

- Phone: 1 (855) 484-2846
- Text: 1 (855) 484-2846
- Online chat is available
- <https://victimconnect.org/>

National Human Trafficking Hotline

- Available 24 hours/7 days a week
- Phone: 1 (888) 373-7888
- Text 233733
- Online chat is available
- <https://humantraffickinghotline.org/en>

National Center for Missing and Exploited Children

- Available 24 hours/7 days a week
- Phone: 1 (800) 843-5678
- <https://report.cybertip.org/>

**National Alliance on Mental
Illness (NAMI) Helpline**

- Phone: 1 (800) 950-6264
- Text “helpline” to 62640
- Online chat option is available
- <https://www.nami.org/>

**Nebraska Adult & Child Abuse &
Neglect Hotline**

- 1 (800) 652-1999

Crisis & Emergency Care

Scottsbluff Police Department

- 1801 Avenue B
- Scottsbluff, NE 69361
- (308) 630-6261 or 911
- <https://www.scottsbluff.org/departments/police/index.php>

Western Nebraska Community College Campus Security

- 1601 East 27th Street
- Scottsbluff, NE 69361
- (308) 641-0351
- <https://www.wncc.edu/about-wncc/campus-safety/index>

Scotts Bluff County Sheriff's Office

- 1825 10th Street Suite 5
- Gering, NE 69341
- (308) 436-6667
- <https://scottsbluffcountyne.gov/sheriff-office/>

Regional West Medical Center Emergency Room

- 4021 Avenue B
- Scottsbluff, NE 69361
- (308) 635-3711
- <https://www.rwhs.org/>

Department of Health and Human Services

- (402) 471-3121 or (800) 833-7352
- <https://dhhs.ne.gov/Pages/default.aspx>

Adult & Child Welfare and Protection Services

- Adult & Child Abuse & Neglect Hotline (800) 652-1999
- <https://dhhs.ne.gov/Pages/Child-Welfare.aspx>

Nebraska Resource and Referral System (NRRS)

- <https://nrrs.ne.gov/>
- The NRRS contains information about thousands of community agencies and organizations that provide services and telephone hotline resources to Nebraskans including a zip code searchable listing of licensed childcare providers

Social Services

Cirrus House, Inc.

- 1509 1st Avenue
- Scottsbluff, NE 69361
- (308) 635-1488
- <https://cirrushouse.org/>
- Cirrus House, Inc focuses on providing quality of life and independence for people living with mental health challenges

Department of Health and Human Services

- (402) 471-3121 or (800) 833-7352
- <https://dhhs.ne.gov/Pages/default.aspx>

Adult & Child Welfare and Protection Services

- Adult & Child Abuse & Neglect Hotline (800) 652-1999
- <https://dhhs.ne.gov/Pages/Child-Welfare.aspx>

Nebraska Resource and Referral System (NRRS)

- <https://nrrs.ne.gov/>
- The NRRS contains information about thousands of community agencies and organizations that provide services and telephone hotline resources to Nebraskans including a zip code searchable listing of licensed childcare providers

Community Action Partnership of Western Nebraska

- 3350 10th Street
- Gering, NE 69341
- (308) 635-3089
- <https://capwn.org/>

Region 1 Office of Human Development

- 2603 Circle Drive
- Scottsbluff, NE 69363
- (308) 635-3444
- <https://regohd.org/>

United Way of Western Nebraska

- 1517 Broadway Suite 106
- Scottsbluff, NE 69361
- (308) 635-2522
- <https://www.uwwn.org/>

The Hope Center

- 1937 Avenue A
- Scottsbluff, NE 69361
- (308) 633-4673
- <https://www.scottsbluffhousing.com/hope-center.html>

Culture-based Resources

Refugee Resettlement Program

- 301 Centennial Mall South
- Lincoln, NE 68509
- (402) 471-3121
- <https://dhhs.ne.gov/Pages/Refugee-Resettlement.aspx>

Indian Center, Inc.

- 20 West 17th Street
- Scottsbluff, NE 69361
- (308) 635-1554
- <https://www.indiancenterinc.org/>
- The Indian Center Inc. provides cultural and educational opportunities for the American Indian community of the Great Plains

Council Bluffs/Southwest Iowa

Food and Pantry

Together, Inc. Council Bluffs

- 3415 West Broadway Suite B
- Council Bluffs, IA 51501
- (712) 308-7023
- <https://togetheromaha.org/>

Gethesmane Presbyterian Church

- 224 Wallace Avenue
- Council Bluffs, IA 51501
- (712) 366-2513

Community of Christ Church

- 17 North 2nd Street
- Council Bluffs, IA 51501
- (712) 328-8122

New Visions

- 1435 North 15th Street
- Council Bluffs, IA 51501
- (712) 322-7570
- <https://www.newvisionshs.org/>

Care & Share Food Distribution

- 1808 5th Avenue
- Council Bluffs, IA 51501
- (712) 323-4889

Victory Fellowship Church

- 517 South 32nd Street
- Council Bluffs, IA 51501
- (712) 323-3453
- <https://www.victoryfellowship.church/>

Westminster Presbyterian Church

- 517 South 32nd Street
- Council Bluffs, IA 51501
- (712) 322-5732
- <https://pcusa.org/congregation/westminster-church-council-bluffs-ia>

First Baptist Church

- 540 1st Avenue
- Council Bluffs, IA 51501
- (712) 322-2569

Crescent Food Pantry

- 720 Old Lincoln Highway
- Crescent, IA 51526
- (712) 545-9031

Southside Helping Hands Pantry

- 1919 South 10th Street
- Council Bluffs, IA 51501
- (712) 323-7326
- <https://www.councilbluffslibrary.org/community-resources/helping-hands-food-pantry>

Our Savior's Lutheran Food & Pet Pantry

- 313 Story Street
- Council Bluffs, IA 51501
- (712) 522-3522
- <https://www.oursaviorscb.org/food-pet-food-pantry>

Midwest Family Worship Center

- 2540 6th Avenue
- Council Bluffs, IA 51501
- (712) 323-0455

All Care Mobile Food Pantry

- 902 South 6th Street
- Council Bluffs, IA 51501

Carter Lake Mobile Food Pantry

- 3030 North 9th Street
- Carter Lake, IA 51510

Friendship Mobile Food Pantry

- 2600 Avenue A
- Council Bluffs, IA 51501

Lakin Campus Mobile Food Pantry

- 16th & Avenue G
- Council Bluffs, IA 51501

CityLight West Mobile Food Pantry

- 3200 Avenue C
- Council Bluffs, IA 51501

Pottawattamie County WIC Program

- 515 5th Avenue
- Council Bluffs, IA 51503
- (712) 328-5886
- https://www.pottcounty-ia.gov/public_health/wic/

Iowa Supplemental Nutrition Assistance Program (SNAP)

- <https://hhs.iowa.gov/food-assistance/snap>

Open Door Mission Family Outreach Center

- 1612 Avenue D
- Council Bluffs, IA 51501
- (402) 867-1050
- <https://www.opendoormission.org/get-help/>

The Salvation Army Council Bluffs

- 715 North 16th Street
- Council Bluffs, IA 51501
- (712) 328-2088
- <https://centralusa.salvationarmy.org/us/>

West Central Community Action Association

- 300 West Broadway #35
- Council Bluffs, IA 51503
- (712) 322-2621
- <https://iowacommunityaction.org/>
- Iowa Community Action Association offers child and adult food programming

Housing & Shelters

Habitat for Humanity of Council Bluffs

- 1228 South Main Street
- Council Bluffs, IA 51503
- (712) 328-9476
- <https://habitatcb.org/>
- Habitat for Humanity of Council Bluffs partners with families to purchase or repair existing homes

Municipal Housing Agency of Council Bluffs

- 505 South 6th Street
- Council Bluffs, IA 50501
- (712) 322-1491
- <https://www.mhacb.org/>
- The Municipal Housing Agency of Council Bluffs assists individuals to secure safe, affordable housing

Pottawattamie County General Assistance

- 227 South 6th Street
- Council Bluffs, IA 51501
- (712) 328-5600
- https://www.pottcounty-ia.gov/community_service/general_assistance/
- Pottawattamie County General Assistance can provide financial assistance for current month's rent or rental deposits

Together, Inc. Council Bluffs

- 3415 West Broadway Suite B
- Council Bluffs, IA 51501
- (712) 308-7023
- <https://togetheromaha.org/>
- Together is a non-profit organization whose mission is to prevent and end homelessness

Open Door Mission Family Outreach Center

- 1612 Avenue D
- Council Bluffs, IA 51501
- (402) 867-1050
- <https://www.opendoormission.org/get-help/>
- Open Door Mission Family Outreach Center provides homeless prevention programs

Heartland Family Services Council Bluffs

- 1515 Avenue J
- Council Bluffs, IA 51501
- (712) 435-5350
- <https://www.heartlandfamilyservice.org/>
- Heartland Family Services provides housing and homeless services, including rapid rehousing

Micah House

- 1415 Avenue J
- Council Bluffs, IA 51501
- (712) 323-4416
- <https://www.themicahhouse.org/>
- The Micah House provides a safe and nurturing environment with support services for families and women experiencing homelessness

Joshua House

- 1435 North 15th Street
- Council Bluffs, IA 51501
- (712) 322-7570
- The Joshua House is a 24-hour emergency shelter for men experiencing homelessness

New Visions Homeless Services

- 1435 North 15th Street
- Council Bluffs, IA 51501
- (712) 256-3940
- <https://www.newvisionshs.org/>
- New Visions Homeless Services offers a range of support services for individuals and families experiencing homelessness or near homelessness

Catholic Charities Domestic Violence and Sexual Assault Program

- 1215 North Broadway
- Council Bluffs, IA 51503
- (712) 256-2059
- <https://www.catholiccharitiesdm.org/services/domestic-violence-sexual-assault/>
- Catholic Charities may offer emergency housing options and assistance to individuals experiencing domestic or sexual violence

Clothing & Diapers

The Salvation Army Council Bluffs

- 715 North 16th Street
- Council Bluffs, IA 51501
- (712) 328-2088
- <https://centralusa.salvationarmy.org/usc/>
- The Salvation Army Council Bluffs may offer clothing assistance

Open Door Mission Family Outreach Center

- 1612 Avenue D
- Council Bluffs, IA 51501
- (402) 867-1050
- <https://www.opendoormission.org/get-help/>
- The Open Door Mission Family Outreach Center may provide clothing, shoes, diapers, and other household goods

Together, Inc. Council Bluffs

- 3415 West Broadway Suite B
- Council Bluffs, IA 51501
- (712) 308-7023
- <https://togetheromaha.org/>
- Together, Inc. is a partner of the Nebraska Diaper Bank

Care & Share House

- 1808 5th Avenue
- Council Bluffs, IA 51501
- (712) 323-4889
- Care & Share House offers a free store to shop for housing and clothing items

Micah House Career Closet

- 1415 Avenue J
- Council Bluffs, IA 51501
- (712) 323-4416
- <https://www.themicahhouse.org/>
- The Micah House Career Closet offers free professional clothing, shoes, and accessories for women

Birthright Council Bluffs

- 427 East Kanesville Blvd
- Council Bluffs, IA 51503
- (712) 322-2100
- <https://birthright.org/councilbluffs>
- Birthright Council Bluffs can offer maternity and baby items

Parenting & Child Care

Lutheran Family Services: Pottawattamie County Center for Health Families

- 300 West Broadway Suite 7
- Council Bluffs, IA 51503
- (712) 242-1040
- https://www.onelfs.org/wp-content/uploads/2016/02/Pottawattamie_County_Center_for_Health_Families_brochure_04-13.pdf
- The Centers for Healthy Families are early intervention and prevention programs for parents and caregivers of children prenatal to age five

Birthright Council Bluffs

- 427 East Kanesville Blvd
- Council Bluffs, IA 51503
- (712) 322-2100
- <https://birthright.org/councilbluffs>
- Birthright Council Bluffs offers support to women, including pregnancy and childbirth support, prenatal care, parenting skills, and childcare

Micah House

- 1415 Avenue J
- Council Bluffs, IA 51501
- (712) 323-4416
- <https://www.themicahhouse.org/>
- The Micah House provides a safe and nurturing environment with support services for families and women experiencing homelessness

Child and Family Resource Network

- 421 West Broadway Suite 540
- Council Bluffs, IA 51503
- (712) 3545-2615
- <https://www.childandfamilyresourcenetwork.org/>
- Child and Family Resource Network connect pregnant women or couples, and parents of children ages 0-5, to free family support services

Firefly Kids

- 3501 Harry Langdon Blvd Suite 150
- Council Bluffs, IA 51503
- (712) 256-9566
- <https://firefly.kids/>
- Firefly offers crucial support services through family, health, and literacy programs

Southwest Iowa Families, Inc.

- 117 West Main Street
- Clarinda, IA 51632
- (712) 542-3501
- <https://www.southwestiowafamilies.org/>
- Southwest Iowa Families, Inc. provides social and mental health services and supports for families in the areas of southwest Iowa

Open Door Mission Family Outreach Center

- 1612 Avenue D
- Council Bluffs, IA 51501
- (402) 867-1050
- <https://www.opendoormission.org/get-help/>
- The Open Door Mission Family Outreach Center may provide parenting programming

Heartland Family Services Council Bluffs

- 1515 Avenue J
- Council Bluffs, IA 51501
- (712) 435-5350
- <https://www.heartlandfamilyservice.org/>
- Heartland Family Services provides a variety of family and children support services

Boys Town Iowa

- 1702 West Broadway Suite 17
- Council Bluffs, IA 51501
- (712) 302-7900
- <https://www.boystown.org/iowa>
- Boys Town Iowa offers a wide range of community based services for children and their families

Children's Square U.S.A.

- 520 North 7th Street
- Council Bluffs, IA 51503
- (712) 322-3700
- <https://childrensquare.org/>
- Children's Square is a private, non-profit organization that cares for children and families in need and teaches skills for hope and opportunity

West Central Community Action Association

- 300 West Broadway #35
- Council Bluffs, IA 51503
- (712) 322-2621
- <https://iowacommunityaction.org/>
- Iowa Community Action Association offers Early Head Start and Head Start Programming, as well as other family development programming

Utilities

Pottawattamie County General Assistance

- 227 South 6th Street
- Council Bluffs, IA 51501
- (712) 328-5600
- https://www.pottcounty-ia.gov/community_services/general_assistance/
- Pottawattamie County General Assistance can provide financial assistance towards utility bills

West Central Community Action Association

- 300 West Broadway #35
- Council Bluffs, IA 51503
- (712) 322-2621
- <https://iowacommunityaction.org/>
- Iowa Community Action Association may be able to provide utility bill support

Low-Income Home Energy Assistance Program (LIHEAP)

- (515) 518-4770
- <https://hhs.iowa.gov/programs-and-services/liheap>
- LIHEAP can help eligible households stay safe and warm in the winter by providing financial assistance with utility bills

2-1-1 Nebraska/Southwest Iowa

- 2201 Farnam Street Suite
- 211 Omaha, NE 68102
- (402) 444-6666 or (402)342-8232
- www.211iowa.org
- Provides information and referral services for a multitude of services. Emergency applications for funds which may be used for rent, rent deposit, or utilities

Transportation

Council Bluffs Public Transportation

- 209 Pearl Street Suite 203
- Council Bluffs, IA 51503
- (712) 890-5296
- <https://www.councilbluffs-ia.gov/354/Public-Transportation>

Southwest Iowa Transit Agency

- 1501 SW 7th Street
- Atlantic, IA 50022
- (712) 243-2518
- <https://www.swipco.org/transit-swita/>

Council Bluffs Special Transit Services (STS)

- 209 Pearl Street Suite 203
- Council Bluffs, IA 51503
- (712) 890-5296
- <https://www.councilbluffs-ia.gov/361/Special-Transit-Service-STS>
- STS provides curb-to-curb service for individuals unable to use the city bus due to a disability

Medical Care

Methodist Jennie Edmundson Hospital

- 933 East Pierce Street
- Council Bluffs, IA 51503
- (712) 396-6000
- <https://bestcare.org/>

CHI Health Mercy Council Bluffs

- 800 Mercy Drive
- Council Bluffs, IA 51503
- (712) 328-5000
- <https://www.chihealth.com/locations/mercy-council-bluffs>

All Care Health Center

- 902 South 6th Street
- Council Bluffs, IA 51501
- (712) 325-1990
- <https://www.allcarehealthcenter.org/>
- All Care Health Center provides a wide range of affordable healthcare services

Firefly Kids

- 3501 Harry Langdon Blvd Suite 150
- Council Bluffs, IA 51503
- (721) 256-9566
- <https://firefly.kids/>
- Firefly offers crucial support services through family, health, and literacy programs

Pottawattamie County Public Health

- 515 5th Avenue
- Council Bluffs, IA 51503
- (712) 242-1155
- https://www.pottcounty-ia.gov/public_health/

Visiting Nurse Association (VNA)

- 822 South Main Street Suite 102
- Council Bluffs, IA 51503
- (402) 930-4000
- <https://www.vnatoday.org/>
- VNA provides expert, compassionate nursing services to under-resourced individuals and families- no matter someone's age, income, or ability

American Cancer Society

- 1 (800) 227-2345
- <https://www.cancer.org/>
- The American Cancer Society is the leading cancer-fighting organization with the vision to end cancer as we know it, for everyone

American Lung Association

- 1 (800) 586-4872
- <https://www.lung.org/>
- The American Lung Association's mission is to save lives by improving lung health and preventing lung disease through education, advocacy, and research

American Heart Association

- 1 (800) 242-8721
- <https://www.heart.org/>
- The American Heart Association is the largest voluntary organization dedicated to fighting heart disease and stroke

American Red Cross

- 1 (800) 733-2767
- <https://www.redcross.org/>
- The American Red Cross prevents and alleviates human suffering in the face of emergencies by mobilizing the power of volunteers and the generosity of donors

Mental & Behavioral Health

All Care Health Center

- 902 South 6th Street
- Council Bluffs, IA 51501
- (712) 325-1990
- <https://www.allcarehealthcenter.org/>
- All Care Health Center provides a wide range of affordable healthcare services

Pottawattamie County Public Health

- 515 5th Avenue
- Council Bluffs, IA 51503
- (712) 242-1155
- https://www.pottcounty-ia.gov/public_health/

Boys Town Iowa

- 1702 West Broadway Suite 17
- Council Bluffs, IA 51501
- (712) 302-7900
- <https://www.boystown.org/iowa>
- Boys Town Iowa offers a wide range of community based services for children and their families

Lutheran Family Services: Pottawattamie County Center for Health Families

- 300 West Broadway Suite 7
- Council Bluffs, IA 51503
- (712) 242-1040
- https://www.onelfs.org/wp-content/uploads/2016/02/Pottawattamie_County_Center_for_Healthy_Families_brochure_04-13.pdf
- The Centers for Healthy Families are early intervention and prevention programs for parents and caregivers of children prenatal to age five

Southwest Iowa Families, Inc.

- 117 West Main Street
- Clarinda, IA 51632
- (712) 542-3501
- <https://www.southwestiowafamilies.org/>
- Southwest Iowa Families, Inc. provides social and mental health services and supports for families in the areas of southwest Iowa

Heartland Family Services Council Bluffs

- 1515 Avenue J
- Council Bluffs, IA 51501
- (712) 435-5350
- <https://www.heartlandfamilyservice.org/>
- Heartland Family Services provides a variety of family and children support services

Family Connections, Inc.

- 1720 North 16th Street Suite K
- Council Bluffs, IA 51501
- (712) 256-4420
- <https://familyconnectionsiova.com/>
- Family Connections, Inc. offers a variety of mental and behavioral health supports for children, adults, and families

Southwest Iowa Region Mental Health & Disability Services (SWIAMHDS)

- 227 South 6th Street Suite 128
- Council Bluffs, IA 51501
- (712) 328-5645
- <https://www.swiamhds.com/>
- SWIAMHDS offers services for adults to improve their mental and physical health

Methodist Jennie Edmundson Hospital- Behavioral Health

- 933 East Pierce Street
- Council Bluffs, IA 51503
- (712) 396-6000
- <https://bestcare.org/location/methodist-jennie-edmundson-hospital>

CHI Health Clinic Psychiatric Associates

- 801 Harmony Street Suite 302
- Council Bluffs, IA 51503
- (712) 328-2609
- <https://providers.chihealth.com/chi-health-clinic-psychiatric-associates-mercy-council-bluffs-561?skipPrescreen=true>

Council Bluffs Comprehensive Treatment Center (CBC)

- 1750 West Broadway
- Council Bluffs, IA 51501
- (877) 731-2281
- <https://www.ctcprograms.com/>
- The CBC offers medically supervised medication-assisted treatment for adults recovering from heroin or other opioid addiction

National Alliance on Mental Illness (NAMI) Southwest Iowa

- Main Phone: (703) 524-7600
- NAMI HelpLine: 1 (800) 950-6264
- <https://www.nami.org/>
- NAMI works to educate, support, advocate, listen and lead to improve the lives of people with mental illness and their loved ones

Full Circle Recovery

- 300 West Broadway Suite 108
- Council Bluffs, IA 51503
- (712) 560-6360
- <https://recoverfullcircle.org/>
- Full Circle Recovery offers emotional, informational, and practical support for individuals and families affected by substances use

Community & Support Groups

Alcoholics Anonymous

- 410 South 16th Street
- Council Bluffs, IA 51501
- (712) 328-9979
- <https://sober.com/aa-meetings/iowa/council-bluffs/>
- Alcoholics Anonymous is a fellowship of people who share their experience, strength and hope with each other that they may solve their common problem and help others to recover from alcoholism

Narcotics Anonymous

- <https://www.drugstrategies.org/NA-Meetings/Iowa/Council-Bluffs/>
- Multiple locations available
- Narcotics Anonymous is a fellowship of people for whom drugs had become a major problem

National Alliance on Mental Illness (NAMI) Southwest Iowa

- Main Phone: (703) 524-7600
- NAMI HelpLine: 1 (800) 950-6264
- <https://www.nami.org/>
- NAMI works to educate, support, advocate, listen and lead to improve the lives of people with mental illness and their loved ones. Support groups may be available

Heartland Family Services Peer Support Center

- 3415 West Broadway Suite B
- Council Bluffs, IA 51501
- (712) 242-2500
- <https://www.heartlandfamilyservice.org/services/peer-support/>
- Heartland Family Services Peer Support Center is a peer drop-in center for anyone with a mental health diagnosis

Catholic Charities Domestic Violence and Sexual Assault Program

- 1215 North Broadway
- Council Bluffs, IA 51503
- (712) 256-2059
- <https://www.catholiccharitiesdm.org/services/domestic-violence-sexual-assault/>
- Catholic Charities may offer assistance to individuals experiencing domestic or sexual violence. Support groups may be available

Omaha/Council Bluffs Bridges

- 4343 North 52nd Street
- Omaha, NE 68104
- (402) 884-9665
- <https://omabop.org/>
- Omaha/Council Bluffs Bridges connections communities together to end poverty

Combined Health Agencies Drive (CHAD) Support Groups

- (402) 614-8500
- <https://www.chadnebraska.org/support-groups>
- Information about several support groups is available

The Kim Foundation

- <https://thekimfoundation.org/financial-help/support-groups/>
- Information about several support groups is available

Legal Assistance

Women's Center for Advancement (WCA)

- 3801 Harney Street
- Omaha, NE 68131
- Main Phone: (402) 345-6555
- 24/7 Crisis Hotline: (402) 345-7273
- <https://wcaomaha.org/>
- The WCA assists anyone in the Omaha area who is experiencing domestic violence, sexual assault, stalking or human trafficking by providing free, high-quality services to address their immediate safety needs and help them grow into independence over time

Iowa Legal Aid

- 830 North 14th Street Suite 301
- Council Bluffs, IA 51501
- (515) 280-3636
- <https://www.iowalegalaid.org/>
- Legal Aid provides support and side-by-side legal services to low-income Nebraskans to ensure the fair enforcement of the law, to protect the rights of the people, and to address the urgent legal needs of our communities

Catholic Charities Domestic Violence and Sexual Assault Program

- 1215 North Broadway
- Council Bluffs, IA 51503
- (712) 256-2059
- <https://www.catholiccharitiesdm.org/services/domestic-violence-sexual-assault/>
- Catholic Charities may offer court advocacy to individuals experiencing domestic or sexual violence

Iowa Department of Justice Crime Victim Compensation

- 1305 East Walnut Street
- Des Moines, IA 50319
- (515) 281-5044
- <https://www.iowaattorneygeneral.gov/for-crime-victims/crime-victim-compensation>
- Crime Victim Compensation provides services and assistance to victims of violent crimes, including helping victims with certain out-of-pocket costs related to injuries from the violent crime

Iowa Office of Ombudsman

- 1112 East Grand
- Des Moines, Iowa 50319
- (515) 281-3592
- <https://ombudsman.iowa.gov/>
- The Office of Ombudsman serves as an independent and impartial agency to which citizens can air their grievances about government

Sexual and Domestic Violence Resources & Hotlines

Women's Center for Advancement (WCA)

- 3801 Harney Street
- Omaha, NE 68131
- Main Phone: (402) 345-6555
- 24/7 Crisis Hotline: (402) 345-7273
- <https://wcaomaha.org/>
- The WCA assists anyone in the Omaha area who is experiencing domestic violence, sexual assault, stalking or human trafficking by providing free, high-quality services to address their immediate safety needs and help them grow into independence over time

Catholic Charities Domestic Violence and Sexual Assault Program

- 1215 North Broadway
- Council Bluffs, IA 51503
- (712) 256-2059
- <https://www.catholiccharitiesdm.org/services/domestic-violence-sexual-assault/>
- Catholic Charities may offer emergency housing options and assistance to individuals experiencing domestic or sexual violence

Micah House

- 1415 Avenue J
- Council Bluffs, IA 51501
- (712) 323-4416
- <https://www.themicahhouse.org/>
- The Micah House provides a safe and nurturing environment with support services for families and women experiencing homelessness

National Domestic Violence Hotline

- Available 24 hour/7days a week
- Phone: 1 (800) 799-7233
- Text "START" to 88788
- Online chat option is available
- <https://www.thehotline.org/>

National Sexual Assault Hotline

- Available 24 hours/7 days a week
- Phone: 1 (800) 656-4673
- Online chat option is available
- <https://rainn.org/about-national-sexual-assault-telephone-hotline>

Rape, Abuse, & Incest National Network

- Available 24 hours/7 days a week
- Phone: 1 (800) 656-4763
- Online chat option is available
- <https://rainn.org/>

National Suicide Prevention Lifeline

- Available 24 hours/7 days a week
- Phone: Call 9-8-8
- Text 9-8-8
- Online chat option is available
- <https://988lifeline.org/>

Trans Lifeline

- Available 24 hours/7 days a week
- Phone: 1 (877) 565-8860
- <https://translifeline.org/>

Male Survivors of Sexual Trauma

- <https://malesurvivor.org/about-malesurvivor>

Office on Violence Against Women (OVW)

- <https://www.justice.gov/ovw>

OneLove: Relationship Violence Prevention

- <https://www.joinonelove.org>

National Dating Abuse Helpline

- Phone: 1 (866) 331-9474
- Online chat option is available
- <https://www.loveisrespect.org/>

National Center for Victims of Crimes

- Phone: 1 (855) 484-2846
- Text: 1 (855) 484-2846
- Online chat is available
- <https://victimconnect.org/>

National Human Trafficking Hotline

- Available 24 hours/7 days a week
- Phone: 1 (888) 373-7888
- Text 233733
- Online chat is available
- <https://humantraffickinghotline.org/en>

National Center for Missing and Exploited Children

- Available 24 hours/7 days a week
- Phone: 1 (800) 843-5678
- <https://report.cybertip.org/>

National Alliance on Mental Illness (NAMI) Helpline

- Phone: 1 (800) 950-6264
- Text "helpline" to 62640
- Online chat option is available
- <https://www.nami.org/>

Iowa Adult & Child Abuse & Neglect Hotline

- 1 (800) 362-2178

Crisis & Emergency Care

CHI Health Mercy Hospital Emergency Room

- 800 Mercy Drive
- Council Bluffs, IA 51503
- (712) 328-5230

Methodist Jennie Edmundson Emergency Room

- 933 East Pierce Street
- Council Bluffs, IA 51503
- (712) 396-6111

Pottawattamie County Sheriff's Office

- 1400 Big Lake Road
- Council Bluffs, IA 51501
- (712) 890-2200
- <https://sheriff.pottcounty-ia.gov/>

Mills County Sheriff's Office

- 600 Industrial Road
- Glenwood, IA 51534
- (712) 527-4871
- <https://www.millscoia.us/27/Sheriff>

Council Bluffs Police Department

- 1 Ezra Jackson Way
- Council Bluffs, IA 51503
- (712) 890-5400 or 911
- <https://www.councilbluffs-ia.gov/319/Police-Department>

Iowa Adult & Child Abuse & Neglect Hotline

- 1 (800) 362-2178
- <https://hhs.iowa.gov/contacts/child-or-dependent-adult-abuse-reporting>

Social Services

Iowa Department of Health and Human Services

- 417 East Kanesville Blvd
- Council Bluffs, IA 51503
- (712) 328-5661
- <https://hhs.iowa.gov/>

Iowa Adult & Child Abuse & Neglect Hotline

- 1 (800) 362-2178
- <https://hhs.iowa.gov/contacts/child-or-dependent-adult-abuse-reporting>

Lutheran Family Services: Pottawattamie County Center for Health Families

- 300 West Broadway Suite 7
- Council Bluffs, IA 51503
- (712) 242-1040
- <https://www.onelfs.org/wp-content/uploads/2016/02/Pottawattamie-County-Center-for-Healthy-Families-brochure-04-13.pdf>
- The Centers for Healthy Families are early intervention and prevention programs for parents and caregivers of children prenatal to age five

Catholic Charities Domestic Violence and Sexual Assault Program

- 1215 North Broadway
- Council Bluffs, IA 51503
- (712) 256-2059
- <https://www.catholiccharitiesdm.org/services/domestic-violence-sexual-assault/>
- Catholic Charities offers a variety of social services to individuals who may be experiencing domestic or sexual violence

2-1-1 Nebraska/Southwest Iowa

- 2201 Farnam Street Suite
- 211 Omaha, NE 68102
- (402) 444-6666 or (402)342-8232
- www.211iowa.org
- Provides information and referral services for a multitude of services\

West Central Community Action Association

- 300 West Broadway #35
- Council Bluffs, IA 51503
- (712) 322-2621
- <https://iowacommunityaction.org/>
- Iowa Community Action Association may be able to offer various social services

Pottawattamie County General Assistance

- 227 South 6th Street
- Council Bluffs, IA 51501
- (712) 328-5600
- https://www.pottawattamiecountyia.gov/community_services/general_assistance/

Heartland Family Services Council Bluffs

- 1515 Avenue J
- Council Bluffs, IA 51501
- (712) 435-5350
- <https://www.heartlandfamilyservice.org/>
- Heartland Family Services provides a variety of family and children support services

Culture-based Resources

Iowa Bureau of Refugee Services

- 420 Watson Powell Jr.
Way Suite 100
- Des Moines, IA 50309
- (515) 344-3675
- <https://hhs.iowa.gov/programs/programs-and-services/refugee-services>

Omaha Center for Refugee & Immigrant Services Inc.

- 628 North Saddle Creek
Road Suite B
- Omaha, NE 68132
- (531) 867-7543
- <https://ocrisi.org/>

Center for Immigrant and Refugee Advancement

- 4223 Center Street
- Omaha NE 68105
- Main Phone: (402) 898-1349
- <https://ciraconnect.org/>
- CIRA provides a wide array of refugee resettlement services, including reception and placement, matching grant, employment, education, gap programs, and refugee intensive case management to individuals in Nebraska and southwest Iowa

Lutheran Family Services: Pottawattamie County Center for Health Families

- 300 West Broadway Suite 7
- Council Bluffs, IA 51503
- (712) 242-1040
- https://www.onelfs.org/wp-content/uploads/2016/02/Pottawattamie_County_Center_for_Health_Families_brochure_04-13.pdf

National Resources

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- Available 24 hour/7 days a week
- Phone: 1 (800) 799-7233
- Text "START" to 88788
- Online chat option is available
- <https://www.thehotline.org/>

National Sexual Assault Hotline

- Available 24 hours/7 days a week
- Phone: 1 (800) 656-4673
- Online chat option is available
- <https://rainn.org/about-national-sexual-assault-telephone-hotline>

Rape, Abuse, & Incest National Network

- Available 24 hours/7 days a week
- Phone: 1 (800) 656-4763
- Online chat option is available
- <https://rainn.org/>

National Suicide Prevention Lifeline

- Available 24 hours/7 days a week
- Phone: Call 9-8-8
- Text 9-8-8
- Online chat option is available
- <https://988lifeline.org/>

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- Available 24 hours/7 days a week
- Phone: 1 (877) 565-8860
- <https://translifeline.org/>

Male Survivors of Sexual Trauma

- <https://malesurvivor.org/about-malesurvivor>

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- <https://www.justice.gov/ovw>

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- <https://www.joinonelove.org>

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- Online chat option is available
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National Center for Victims of Crimes

- Phone: 1 (855) 484-2846
- Text: 1 (855) 484-2846
- Online chat is available
- <https://victimconnect.org/>

National Human Trafficking Hotline

- Available 24 hours/7 days a week
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- Text "helpline" to 62640
- Online chat option is available
- <https://www.nami.org/>