



# 2022 Wellness Through Doing: Photography

*A Series on Hobbies for Mental Health*

## **YouTube videos on how to take pictures with mobile cameras**

- 20+ iPhone Photography Tips and Tricks:  
[https://www.youtube.com/watch?v=WcN9bhEyW\\_E](https://www.youtube.com/watch?v=WcN9bhEyW_E)
- Android Camera App Walkthrough // Mobile Photography for Beginners  
<https://www.youtube.com/watch?v=V83Na0fUfDw&t=365s>
- 8 Tips to Start KILLING IT in Mobile Photography:  
[https://www.youtube.com/watch?v=HXIVNdp\\_SoM](https://www.youtube.com/watch?v=HXIVNdp_SoM)
- 8 Mobile Photography Tips for Beginners:  
<https://www.youtube.com/watch?v=kVw12Uhk1sl>
- 4 Framing and Composition Techniques for Beginners:  
<https://www.youtube.com/watch?v=nKM3jkEOpuE>
- Top 10 Smartphone Photography Beginner Mistakes:  
<https://www.youtube.com/watch?v=9db09xY30Xc>
- 7 Photography Mistakes I see all the time:  
<https://www.youtube.com/watch?v=ZHnNyKQsdLw>

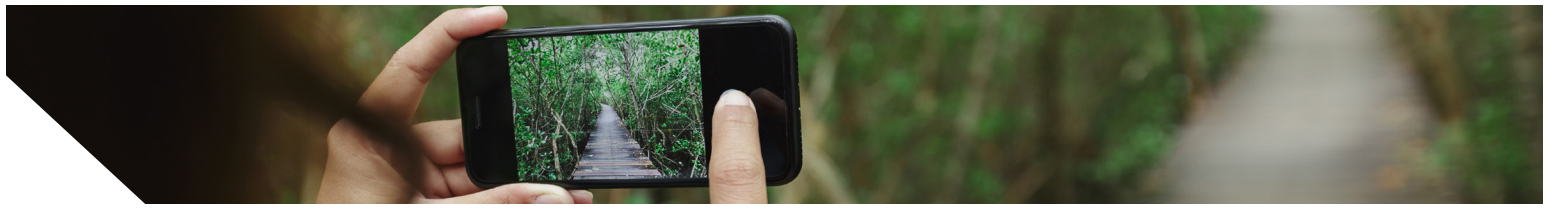
## **YouTube videos on mobile camera photo apps for beginners**

- Snapseed: <https://www.youtube.com/watch?v=CCOIVPLP9Xw>
- Shutter-Speed: <https://www.youtube.com/watch?v=1wHtReInbRk>
- Top 5 Best Free Photo Editing Apps for Android: <https://www.youtube.com/watch?v=KPdln7bwNzg>



**Presenter**  
Kent Sievers  
UNMC Department of  
Strategic Communications





## Photography Classes - Omaha Area

### Rockbrook Camera

<https://www.rockbrookcamera.com/pages/class-calendar>

- Core Editing Concepts to Boost Your Photo Editing Skills – April 7, May 19, 21, June 23
- Photo Basics – April 9, 14, 16, May 5, 7, 14, June 2, 11, 18
- Manual Mode: Mastery Class – April 9, 23, May 21, June 11
- Omaha Photo Club – April 21, May 26
- Composition Deep Dive and Photo Walk – April 26, May 12, 14, June 16, 25
- Wildlife Safari Adventure: Instruction, Special Access and Tamron Lenses – April 30
- Adventure Series: Wildflowers at Hitchcock Nature Center – May 14, 21

### Lauritzen Gardens, April 16, May 14, June 11

#### Instructor Will Fields

[www.willfields.com](http://www.willfields.com)

<https://www.studio315workshops.com/classes.html>

- Digital Photography Level 1 – April 16

<https://25163a.blackbaudhosting.com/25163a/Digital-Photography-Level-1-16Apr2022>

- Digital Photography Level 2

<https://25163a.blackbaudhosting.com/25163a/Digital-Photography-Level-2-16Apr2022>

- Digital Photography Level 3 (sold out for April 16)

<https://25163a.blackbaudhosting.com/25163a/Digital-Photography-Level-3-Mindfulness-14May2022>

### Metro Community College - Course Offerings

<https://mycatalog.mccneb.edu/>

- Basic Digital Photography
- Basic Analog Photography
  - Classes progress in difficulty: Intermediate Digital/Analog Photography, History of Photographic Practice
- Basic Photography Lighting
- Basic Experimental Photography (Intermediate Experimental Photography)

### University of Nebraska at Omaha - Course Offerings

<https://www.ed2go.com/unomaha/online-courses/discover-digital-photography/>

- Discover Digital Photography



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FOR WOMEN'S HEALTH**