Ambulatory Medicine

Level: PGY-3

Length of Rotation: 1 month with a second month or an elective month

Description of Ambulatory Medicine:
One month is spent on this rotation in the third year of training. This clinical experience provides exposure and education in ambulatory settings around specific women’s health topics, as well as additional obstetrical ultrasound experience. The schedule for this rotation is below followed by the description of the individual learning objectives for each element.

Duty Hours:
Hours will be logged in New Innovations on a weekly basis. You will not have assigned duty more than an 80 hour work week. You will have one day in seven free of clinical duty. You will not be on duty for more than 24 consecutive hours. If you are assigned more hours than indicated above or have patient care duties that are extending you beyond these limits, it is your responsibility to notify your supervising resident or faculty so arrangements can be made to relieve you.

Educational Activities:
1. Recommended Reading
   a) Selected articles as assigned by attending physicians.
2. Conferences
   c) Pre-operative Gynecology Conference on Wednesdays.
   d) Wednesday educational conferences in Ob/Gyn department.
   e) Diagnostics in Obstetrics and Gynecology on Fridays.

Typical weekly assignment: with 2 to 3 weekend calls per month

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1) Ambulatory Women’s Health Care

Supervision: Resident.→ Clinic Specific Attending
This portion of the rotation comprises set clinic hours with Ob/Gyn faculty at UNMC and Methodist Women’s and UNMC Endocrinology faculty.

Competency Based Educational Goals and Objectives

Patient Care
Goal: Gather essential information about patients, develop, negotiate and implement effective management plans in endocrinology patients.

Objective: The resident will demonstrate the ability to:
1) Elicit a pertinent history in a patient with suspected diabetes mellitus.
2) Describe the use of diet, hypoglycemic agents, and insulin for the treatment of diabetes mellitus.
3) Elicit a pertinent history and perform a targeted physical exam to evaluate the patient with thyroid disease.
4) Interpret the results of selected diagnostic tests to diagnose and/or manage patients with hypothyroidism and hyperthyroidism.

Goal: Evaluate and manage patients with gestational diabetes including diet and medical
management.

**Objectives:** The resident will demonstrate the ability to:
6) Diagnose gestational diabetes
7) Interpret patient records and laboratory values to determine adequacy of glycemic control
8) Initiate medical therapy as indicated
9) Determine the adequacy of oral medication in the pregnant patient
10) Determine the adequacy of insulin regimens in the pregnant patient

**Medical Knowledge**

**Goal:** Be knowledgeable of common gynecologic problems in pediatric/adolescent patients.

**Goal:** Be knowledgeable regarding diabetes mellitus in women.

**Objectives:** The resident will be able to:
1) Describe the American Diabetes Association classification of diabetes mellitus.
2) Describe risk factors for diabetes mellitus.
3) Describe signs and symptoms of diabetes mellitus.

**Goal:** Understand the maternal physiologic changes that result in abnormal glycemic control.

**Objectives:** The resident will be able to discuss:
3) Common risk factors for gestational diabetes.
4) Maternal hormonal influences that alter glycemic control.

**Interpersonal and Communication Skills**

**Goal:** Communicate effectively with patients and families.

**Objectives:** The resident will demonstrate the ability to:
1) Counsel patients appropriately on age specific health screening and preventive medicine/cancer screening.
2) Screen and counsel patients desiring assistance with smoking cessation, exercise, stress management, nutrition and weight control, substance use/abuse, domestic violence, sexual dysfunction and depression.

**Goal:** Communicate effectively as a part of the health care team.

**Objectives:** The resident will demonstrate the ability to:
1) Complete patient encounter records in a timely fashion.
2) Communicate effectively with the attending in clinic regarding the evaluation and plan of management for each patient.
3) Demonstrate appropriate documentation for clinic visits.
4) Complete dictations within 24 hours of all patient encounters in the clinic.

**Professionalism**

**Goal:** Apply professional behaviors to the clinic setting.

**Objectives:** The resident will demonstrate professional behavior in the Olson Center by:
1) Maintaining a professional attitude with the nursing and ancillary staff.
2) Evaluating assigned patients in an appropriate and timely manner.
3) Being prompt to clinic on the assigned days.

**Goal:** Maintain ethical principles in regard to patient information.

**Objectives:** The resident will demonstrate appropriate patient confidentiality by:
1) Abiding by HIPPA regulations.
2) Not discussing patient information outside of appropriate places.

**Goal:** Be committed to professional development and growth.

**Objective:** The resident will demonstrate a commitment to their education by being prepared to participate in clinical teaching.

**Practice-Based Learning and Improvement**

**Goal:** Identify personal and practice improvement strategies in continuity clinic.

**Objectives:** The resident will demonstrate:
1) Receptiveness to faculty instruction and feedback.
2) Ability to use medical information with the ability to access information through traditional and online sources to support their educational experience.

**Systems-Based Practice**

**Goal:** Begin to understand practice models of care delivery.
**Objective:** Understand indications for referral to subspecialty services within the Ob/Gyn field, and to other specialties.

**Goal:** Understand multidisciplinary care models for treatment of complex medical conditions.

**Objective:** Identify appropriate clinical indications for multidisciplinary care in the context of women’s health. Be able to coordinate multidisciplinary care teams. Examples include:

1) Chronic pelvic pain (physical therapy, pain specialists, Ob/Gyns, Psychiatry, etc.)
2) Breast diseases (Radiology, Ob/Gyn, Surgery, Genetic counselors)

**Goal:** Understand billing and coding for the clinical setting.

**Objectives:** The resident will demonstrate familiarity with:

1) ICD-9 coding and appropriate clinic billing for services.
2) Medicare documentation requirements.

**Duties/Responsibilities:**

1) Attend continuity clinics as assigned.
2) Attend clinics in the Olson Center or at Methodist Women’s Center as assigned.
3) Attend Wednesday educational conferences.
4) Take night call as assigned on the Ob/Gyn service.

**Evaluation:**

1) Global evaluation will be performed by the clinical faculty at the completion of the rotation.
2) At the conclusion of the resident’s service period he/she should complete an evaluation form assessing the quality of the rotation; he/she should also address the teaching undertaken by the attending physician.