Graduation Speakers Draw Large Crowd, Special Guest

Each year the audience for our graduation talks seems to grow, and this year found a special guest sitting inconspicuously amongst the rest. Omaha philanthropist Ruth Scott, listened to the words of visiting professor Dr. Lawrence Dorr, founder and medical director of The Dorr Arthritis Institute in Los Angeles, and said it left her inspired.

Dr. Dorr, a world leader in hip and joint replacement surgery, once helped a good friend of Scott’s get needed treatment by referring her to Dr. Kevin Garvin, chairman of the Department of Orthopaedic Surgery. That referral resulted in a longstanding relationship between the Scotts and the orthopaedic department, focused on improving the quality of life for arthritis sufferers.

All seats were filled during Dr. Dorr’s talk entitled “Medicine, My Medicine” which chronicled some of his extraordinary experiences with Operation Walk, a private, non-profit organization Dr. Dorr started in 1995. Operation Walk allows physicians, nurses and volunteers travel to medically impoverished locales and perform free surgical treatment for patients with disabling arthritis or other debilitating bone and joint conditions.

Mark Gilbert, a portrait artist from Scotland who served as UNMC’s artist-in-residence for two years, presented “Art and Medicine”, a moving account of his experiences while completing a series of portraits of patients and caregivers for a research project that explored the connections between art and medicine.

Also on Friday, graduating residents Drs. Erica Burns, Casey Johnston, Brian Kleiber, Justin Siebler, gave their final presentations entitled: “Radiolucencies Surrounding a Smooth-Stemmed Radial Head Component May Not Correlate with Forearm Pain or Poor Elbow Function”; “Bridge Plating for Primarily Ligamentous Lisfranc Fractures”; “Effect of Pars Repair on Disk Morphology in Adolescents with Spondylolysis”; and “A Two Year Minimum Follow-Up Outcome Study of Non-Operative Treatment of Denis Zone III Sacral Fractures”, respectively.

Alumni updates (new this year) were presented by Erik Otterberg, M.D. (10-year) and Samuel Smith, M.D. (20-year). Following the presentations, attendees enjoyed the golf outing and BBQ held at Field Club Golf Course.

Saturday’s events began with a panel discussion regarding, “Perioperative Management of Total Hip Arthroplasty.” The panel included Drs. Lawrence Dorr, Roy Guse, Sam Phillips, Beau Konigsberg, Craig Mahoney, and was moderated by Dr. Kevin Garvin. The second session, “Surgical Approaches,” was moderated by Dr. Dorr, with short presentations by Drs. Ajoy Jana (Direct Anterior Approach), Erik Otterberg (Anterolateral Approach), and John Wright (Mini Posterior Approach).

“Bearing Surfaces: My Choice in 2009” was the topic of the third session, moderated by Dr. Garvin, with short talks by Drs. Hani Haider (Nebraska’s Friction and Wear Tests on Total Hip Replacement Systems), Curtis Hartman (Metal-on-Metal), Kent Boese (Ceramic) and Craig Mahoney (Metal-Polyethylene). Session four included case presentations and a panel discussion by Drs. Curtis Hartman, Ed Prince, Kent Boese, moderated by Dr. Garvin. The graduation talks concluded with Dr. Dorr presenting “Orthopedic Antitoxin.”

Saturday evening’s banquet was held at the Omaha Country Club, featuring the annual chief resident roast and award ceremony. Dr. Justin Siebler was honored this year with the Frank P. Stone, MD, Award for Academic Excellence, and Dr. Edward Fehringer was presented with the Award for Faculty Excellence in Teaching.

(Continued on page 3)
A Message From the Chair

Welcome to the fall 2009 issue of Breaking News. With what seems like an early onset of fall this year, we find ourselves with much to do before the arrival of year’s end, and as always, reflecting on the events of the past few months. In this issue we introduce the newest additions to our department, including the residency class of 2014, as well as the newest faculty member to join our team, Dr. Curtis Hartman.

I would like to point your attention to a special article below regarding the “Connolly kick-off.” In honor of the late Dr. John Connolly, a pioneer of the University of Nebraska-Creighton University joint resident program and chair of the department from 1974-1990, the department has recently established a goal to raise $150,000 to donate to the John F. Connolly Resident Excellence Fund. I strongly encourage you to consider honoring this legendary individual, teacher, surgeon, and friend, by making a donation.

Drs. Paul Duwelius (1987) and Dr. Roy Guse (1990) have taken a special interest in this project, about which I invite you to read more below.

In every fall issue of Breaking News, we take the opportunity to thank all individuals and organizations that have supported our department during this fiscal year through an Honor Roll of Contributors (see page 7). Thank you for your continued support!

I hope to see you at the American Academy of Orthopaedic Surgeon’s 77th annual meeting in New Orleans, Louisiana, March 9-13, 2010. Mark your calendar and be sure to stop by the Nebraska Orthopaedic Alumni Reception on March 12th. Watch for a formal invitation to arrive in the next few months!

Dr. Kevin L. Garvin

Connolly Kick-off Officially Underway

The department has recently established a goal to raise $150,000, to be donated to the John F. Connolly Resident Excellence Fund in honor of the late Dr. John Connolly (Chair 1974-1990). Department alumni, Dr. Paul Duwelius (1987) and Dr. Roy Guse (1990), have spear-headed this effort to continue the legacy of resident research and education that Dr. Connolly fostered. Earlier this year, a call went out to all residents who studied under Dr. Connolly to make a personal pledge to help us reach our goal, and we wanted to let you know how we are doing. We will continue to show our progress in each subsequent issue of Breaking News, until the goal has been reached.

The purpose of this fund is to provide financial support for resident projects during their years in training. Please consider supporting our residency program by making a donation in honor of Dr. Connolly. We would like to thank those who have contributed for their support.

All gifts to this fund will be received and managed as a permanent endowment by the University of Nebraska Foundation. If you have questions about making a donation or a pledge, please contact Betsy Berentson at the Foundation at (402) 502-4115.

Dr. John Connolly, Chair 1974-1990.

The purpose of this fund is to provide financial support for resident projects during their years in training. Please consider supporting our residency program by making a donation in honor of Dr. Connolly. We would like to thank those who have contributed for their support.

All gifts to this fund will be received and managed as a permanent endowment by the University of Nebraska Foundation. If you have questions about making a donation or a pledge, please contact Betsy Berentson at the Foundation at (402) 502-4115.
Dr. Susan Scherl
Accepted for AOA Traveling Fellowship

Congratulations to Dr. Susan Scherl who was recently chosen to be the American Orthopaedic Association to be a 2010 AOA –ASG (Austrian, Swiss, German) Exchange Traveling Fellow! In April 2010, Dr. Scherl will spend up to six weeks touring orthopaedic institutions in Austria, Switzerland, and Germany. The AOA joined this program in 1984, which promotes international travel for the exchange of medical ideas.

Graduation Speakers Draw Large Crowd, Special Guest

(Continued from page 1)

Graduation is an important event that allows the department to recognize our graduating residents and their many accomplishments. Contributions made by alumni and friends to the department’s Development Fund help to sponsor various events throughout the year, including graduation.

Left to right: Drs. Erica Burns, Casey Johnston, Matthew Mormino (residency program director), Kevin Garvin (chair), Brian Kleiber and Justin Siebler during the June graduation ceremonies at the Michael F. Sorrell Center for Health Science Education.

Below is a list of this year’s graduating residents and the fellowship opportunities they have chosen:

**Erica Burns, M.D.**:
Shoulder and Elbow Fellowship, University of Washington Medical Center, Seattle, WA

**Casey Johnston, M.D.**:
Sports Medicine Fellowship, Minnesota Sports Medicine, Minneapolis, MN

**Brian Kleiber, M.D.**:
Foot and Ankle Fellowship, Washington University Medical Center, St. Louis, MO

**Justin Siebler, M.D.**:
Orthopaedic Trauma Fellowship, Florida Orthopaedic Institute, Tampa, FL

Department Report Garners Nebraska Bronze Quill Award

The Nebraska Bronze Quill Awards recognize the best communication work in the state during 2008. David Day and Associates, the marketing firm that completed the discovery, creative and design work for the department’s 2006-2007 Orthopaedic Biennial Report, felt that it fit the bill. They submitted it – and were honored with an Award of Merit in the category of Annual Reports. The award was presented at The Masters Tournament of Great Communications in May of 2009, by the International Association of Business Communicators Omaha Chapter.
New Faculty: Meet Curtis W. Hartman, M.D.

In August of this year, the Department of Orthopaedic Surgery welcomed Dr. Curtis Hartman, the third adult reconstructive surgeon to join our full-time faculty. Dr. Hartman is an assistant professor who specializes in providing comprehensive care for adult patients suffering from hip and knee arthritis. His other interests include revision of failed hip and knee replacements and the management of infected hip and knee replacements.

Dr. Hartman received his medical degree at the University of Missouri in 2003, and completed his orthopaedic surgery residency at the University of Nebraska/Creighton University Medical Center Health Foundation in 2008. Following residency, Dr. Hartman completed an Adult Reconstruction Fellowship at Rush University Medical Center/Central DuPage Hospital, in Chicago, Illinois, in 2009. He is a candidate member of the American Academy of Orthopaedic Surgeons and a member of the American Orthopaedic Association’s Emerging Leaders Program.

Dr. Kevin Garvin Elected to Council of Orthopaedic Residency Coordinators (CORD)

CORD’s mission is defined as “a professional and educational alliance dedicated to the promotion of excellence in Graduate Medical Education in musculoskeletal education.”

“This organization is designed to fulfill a longstanding need for leaders in musculoskeletal education to unite; to determine what is working and what is not,” said Dr. Garvin. “Every day we are given the opportunity to guide orthopaedic residents in their training to become superior surgeons and future educators, and we must continually evaluate and ensure that we are making the most of that opportunity.”

The CORD governing body consists of Chair Dr. Keith Kenter (University of Cincinnati), Vice Chair Dr. Robert Sterling (University of Maryland), Secretary/Treasurer Dr. Ann Van Heest (University of Minnesota), and Board Members Dr. Kevin Garvin (University of Nebraska-Creighton University) and Dr. Sanford Emery (West Virginia University).

CORD objectives:

- Identify common challenges by providing a forum for the exchange of ideas among leaders in orthopaedic programs in academic and community-based settings
- Develop solutions to problems in the educational infrastructure
- Identify best practices in orthopaedic residency programs
- Maximize fellowship education
- Achieve common educational goals
Faculty Publications, Presentations, and Honors

Department faculty members present many lectures, seminars, and courses locally, regionally and nationally. They also serve in leadership positions and offices for local, state, national and international organizations. Here are some of our faculty and staff’s presentations and publications, awards and achievements, offices held, and other professional activities from June – October 2009.

Publications:


Honors, Awards and Achievements:

Congratulations to Dr. Susan Scherl who was recently selected to be a 2010 AOA –ASG (Austrian, Swiss, German) Exchange Traveling Fellow by the American Orthopaedic Association (see page 3).

Kudos to Dr. Edward Fehringer, Dr. Hani Haider, and Research Associate Andres Barrera, who on October 1, 2009, each received a New Invention Notification Award from UNMC and UnMed Corp, honoring individuals for new inventions, patents and licensed technology that occurred during the 2008-2009 academic year.

Congratulations to Dr. Paul Esposito who was appointed to the Board of the US Bone and Joint Decade for a two year term, and is serving as the Liaison Representative of the American Academy of Pediatrics and Co-chairman of the Pediatric Strategic Planning Group. Dr. Esposito attended the International Bone and Joint Decade Conference in Washington, DC, October 21-24th.

In September, Dr. Hani Haider was the main invited international guest speaker at the Symposium on Cobalt-based Alloys for Biomedical Applications, organized by the Iwate Industry Promotion Center and MEXT (Ministry of Education, Culture, Sports, Science and Technology) of Japan, in Marioka, Japan.

Also in September, Dr. Miguel Daccarett was recognized with a 2008 Patient’s Choice Award by the American Registry.

Eight department faculty members were named to the 2009-2010 Best Doctors in America list in August of this year. Congrats to Drs. Paul Esposito, Edward Fehringer, Kevin Garvin, Glen Ginsburg, Brian Hasley, Matthew Mormino, N. Ake Nystrom, and Susan Scherl!

Kudos to Dr. Mark Dietrich who became Board Certified by the American Board of Orthopaedic Surgery in August.

In June of this year, Dr. Glen Ginsburg had the opportunity to travel to Germany and observe complex spinal deformity surgeries performed by Dr. Jurgen Harms, Professor for Orthopädische Chirurgie, Universität von Saarland, in Karlsbaad, Germany.

Also in June, Dr. Matthew Mormino received notification that he passed the 2009 Recertification Examination and is now certified by the American Board of Orthopaedic Surgery through 2019.

Kudos to Dr. Dan Firestone who was the recipient of a Spotlight Award from Children’s Hospital in recognition of outstanding service!

Memberships and Offices Held:


(Continued on page 6)
Recent Grants Received:


Haider, H.: Design and implementation of novel testing methodology for durability of novel partial tibiofemoral cartilage replacement components, Collaborative research, Arthrex Inc./FL. June 2009. Principal Investigator.


Presentations, International and National:


Honor Roll of Contributors 2008-2009

Gifts from orthopaedic alumni, friends, faculty, foundations and corporations support the department’s mission by providing vital resources for resident education, scientific research and equipment, and much more. Some choose to support the department’s annual Development Fund that is used primarily for resident education. Others choose to put their contribution towards specific funds for scholarships, research, library resources, or laboratory equipment for example.

The following honor roll alphabetically lists the names of individuals and organizations that supported the Department of Orthopaedic Surgery and Rehabilitation between July 1, 2008, and June 30, 2009.

Major Donors –

- 10,000 & up
  - Dr. Mark E. Dietrich
  - Dr. Paul W. Esposito
  - Dr. Edward V. Fehringer
  - Dr. Kevin L. Garvin
  - Dr. Anthony J. Lauder
  - Mrs. Marjorie Hood
  - Dr. Brain P. Hasley
  - Dr. Kevin L. Garvin
  - Dr. Edward V. Fehringer
  - Dr. Paul W. Esposito
  - Dr. Mark E. Dietrich

- 5000 - 9999
  - Dr. Miguel S. Daccarett
  - Dr. Glen M. Ginsburg
  - Dr. & Mrs. Roy Guse
  - Dr. Sean V. McGarry
  - Dr. & Mrs. Wayne O. Southwick

- 1000 - 4999
  - Mr. & Mrs. Harold W. Andersen
  - Dr. & Mrs. David E. Brown
  - Dr. and Mrs. Kenneth J. Cavanaugh
  - Dr. & Mrs. Michael P. Clare

- 0 - 999
  - Dr. & Mrs. Stuart B. Bartruff
  - Dr. & Mrs. Jeffrey P. Davick
  - Dr. & Mrs. George J. Emodi
  - Dr. Jeffrey M. Farber
  - Dr. & Mrs. R. Michael Gross
  - Dr. and Mrs. F. Stig Jacobsen

- 0 - 999
  - Dr. Robert J. Tait
  - Robert J. Tait, M.D., P.C.

Thank you for your vital support! If you have questions or corrections to this honor roll, please contact the University of Nebraska Foundation’s Omaha office at 2285 South 67th Street, Suite 200, Omaha, NE 68106. You may also contact them by phone at (402) 502-0300.

Publications, Presentations, and Honors

(Continued from page 6)


Presentations, Regional and Local:


Esposito, P.: Orthopaedics in the Primary Care Office. 2009 Upper Midwest Regional Pediatric Conference, Mercy Medical Center, Sioux City, IA, September 10, 2009.


Lauder, A.: Podium Presentation: Hand and Wrist. Core Musculoskeletal Curriculum for Second Year Medical Students Omaha, NE, University of Nebraska Medical Center, April 28, 2009.
Khalid Azzam

Even as a kid, Khalid Azzam liked to put things together, his favorite toy being a “Meccano” – a construction model with metals plates, nuts and bolts. It isn’t surprising, then, that he chose to study mechanics in high school and eventually ended up choosing a specialty where he will use plates and screws to repair the fractured and damaged bones and joints of patients who have suffered a trauma. Azzam attributes the structured atmosphere his mother (a pediatrician) fostered during his childhood for his understanding of the importance to balance hard work with a healthy and active personal life. Years of swimming and playing water polo have taught him the importance of teamwork, and require high endurance, perseverance and discipline – all qualities that are needed to be a successful orthopaedic surgeon. During his clinical rotations, Azzam became interested in basic surgical concepts; but it was the decisiveness and confidence displayed by surgeons in emergency situations that drew him towards the specialty of orthopaedics.

Azzam attended the University of Cairo, Egypt, for his undergraduate and medical degrees, receiving his Bachelor of Medicine and Bachelor of Surgery (M.B.Ch.B.) in 2002, with honors. He completed one year of community service, working in a rural area outside Cairo as a general practitioner (2003-2004), and one year of general residency at the University of Cairo, Egypt (2004-2005). Following residency, he worked as a trauma physician at University of Cairo Hospitals, Egypt (2005-2007). Azzam also spent two years as a joint research fellow at the Rothman Institute at Thomas Jefferson University, in Philadelphia, PA (2007 - 2009), managing various aspects of a growing database of infected and revised joint replacement procedures. He has been involved in numerous poster and oral presentations, and presented at the 2008 and 2009 annual meetings of the American Academy of Orthopaedic Surgeons. In addition, he is a coauthor on three published book chapters, one online publication, and has several published articles in peer-reviewed journals.

In his spare time, Azzam enjoys swimming, horseback riding, and table tennis. He also speaks and writes French.

David Minges

David Minges was on the soccer field when he realized his calling was to become an orthopaedic surgeon. During his four years as an undergrad at Creighton University, Minges was also a dedicated player on the Bluejay’s NCAA Division I soccer team. When he wasn’t playing, he was on the sidelines intently observing how their orthopaedic team physician expertly addressed musculoskeletal injuries – sometimes his teammates’, sometimes his own. He likes the idea of being able to “help athletes achieve their peak potential and excel after severe injury” which drives his lifelong aspiration to become a collegiate or professional team sports physician. Dedication, commitment, reliability, and to always be a team player are traits he learned on the field, but will no doubt help him excel during his career in orthopaedic surgery as well.

Minges graduated magna cum laude with a bachelor’s degree in biology from Creighton University in 2004, and received his medical degree from the Creighton School of Medicine in 2009. He has volunteered in many capacities, including as a student doctor with Project Homeless thru Creighton University (2008), as a surgery waiting room volunteer at Bergan Mercy Hospital (2004-2005), at the Siena Francis House (2004), and as a mentor through Operation Bluejay/Creighton University (2001-2003) where he and his teammates taught life and soccer skills to elementary school children. Minges also gained valuable research experience during medical school, serving as lead researcher and primary author on a project under Dr. Timothy Fitzgibbons (GIKK, 2007-2009). Their research, “Surgical treatment of plantar fibromatosis” was presented at the Mid-America Orthopaedic Association’s 2009 annual meeting in Amelia Island, Florida.

In his spare time he enjoys running, golfing, and not surprisingly, playing soccer.

Nolan May

When Nolan May started college he wanted to be a high school teacher and coach, but time and experiences changed his goals, and he found that medicine was his true calling. After medical school he began a general surgery residency and during his second year in the program found himself on an orthopaedic rotation . . . and realized that is just where he wanted to stay. So he applied, and in July began his first year of orthopaedic residency at UNMC. Some might see that as two years wasted, but May’s positive attitude doesn’t allow him to look at it that way. He has an edge; he’s already comfortable with many aspects of residency from the clinic to the operating room, and everything in between.

Having grown up on a farm in the Midwest, May knows the value of hard work, dedication and the need for critical thinking in any given situation. Being from a small town, he is used to interacting on a personal level, which makes communicating with patients comfortable for him. Assisting as a college track coach at Nebraska Wesleyan, and teaching high school biology and physical science classes has also helped May develop the leadership skills and decision making qualities needed to excel in residency training.

May graduated with a bachelor’s degree in biology from Nebraska Wesleyan in 2002, and received his medical degree from the University of Nebraska Medical Center in 2007. He completed two years of a general surgery residency before transferring to orthopaedics earlier this year. He has a vast volunteer history including assisting third-year medical students as part of a pre-clinical orientation (Continued on page 10)
Department Welcomes New Clinic Manager

After a lengthy and extensive search, a long-awaited new staff member joined our department in April of this year. We extend a warm welcome to Mitzi Johnson, manager of the orthopaedic surgery clinic. Johnson brings to the department extensive experience in the healthcare and insurance industries, including the areas of health information technology, insurance authorization and claims processing, home healthcare, as well as patient and family education.

Johnson also brings with her the added benefit of being familiar with the various aspects of UNMC, having worked as a CMA in the Obstetrics and Gynecology department for nearly 10 years (1995-2004). Additionally, her professional background includes working as a staffing resource coordinator for Avantas, as well as supervisor of patient placement services with Ancillary Care Management. Most recently, she was employed as a business systems analyst for Novologix, Inc.

“Mitzi provided us with a unique blend of business and clinical experience, and her working knowledge of our various systems made her stand out from the other applicants,” said Administrator Director David Staiert.

She attended the University of Nebraska-Omaha (1993-1997) with an educational focus on pre-nursing, during which time she also became a CMA through the Omaha College of Health Careers (1995). In 2009, she graduated with her Bachelors of Science in Management in Health Informatics Technology from Bellevue University.

Johnson and her husband, Corey, have been together for 18 years (married for 6) and have two children, DeAil (16) and DaNaya (15). We are confident that she will excel in her role as manager of the clinic and are pleased to welcome her and her family to the Department of Orthopaedic Surgery.

Years of Service Awards

Congratulations to the following employees on your recent years of service awards!

May 2009
Lori Dawson, Medical Assistant
5 Years of Service, UNMC Physicians

June 2009
Jeff Ohmberger, Licensed Practical Nurse
5 Years of Service, UNMC Physicians

August 2009
Ronalee Vinsonhaler, Medical Billing & Coding Analyst
5 Years of Service, UNMC Physicians

Alumni News

Dr. Craig Mahoney Receives Engineering Award

Congratulations to Dr. Craig Mahoney (2001), clinical chief of Orthopaedics at Mercy Medical Center in Des Moines, Iowa, who was recently recognized with a Professional Progress in Engineering Award (PPEA) from the College of Engineering at his alma mater, Iowa State University. The PPEA was established in 1989 to recognize “outstanding professional progress, personal development, and distinguished community service by engineering alumni under the age of 46.”

Mahoney graduated from Iowa State University with a bachelor’s in industrial engineering in 1991, before he switched his focus to medicine. After receiving his medical degree from the University of Iowa, he completed residency training at the University of Nebraska/Creighton University Health Foundation, followed by a fellowship at the Hospital for Special Surgery in New York City. Dr. Mahoney has combined his engineering background with his orthopaedic knowledge to excel in the areas of joint replacement, infection, and prothesis performance.
Visiting Speakers Expand Resident Education

Providing a well-rounded education for our residents means bringing in visiting speakers who can share their expertise and experience on a variety of topics. Annual contributions to the department’s Development Fund allow us to continue to bring guest speakers who offer new and innovative ideas in surgical techniques, research topics, and patient care. Below is a list of visiting speakers that presented in the Department of Orthopaedic Surgery from April to October 2009.

**June**
26-27 Orthopaedic Graduation
Dr. Lawrence Dorr
The Dorr Arthritis Institute
Los Angeles, CA
“Medicine, My Medicine”
“Orthopedic Antitoxin”

Mark Gilbert
Scottish portrait artist
Artist-in-residence, UNMC (2 yrs)
“Art and Medicine”

**July**
20 Sandi Anderson
UNMC Physicians
Omaha, NE
“Documentation/Billing Compliance”

**August**
27 Dr. David Stephen
Sunnybrook Health Sciences Centre
Toronto, Ontario, Canada
“The Acute and Definitive Management of Pelvic Ring Disruptions”

**September**
14 Dr. Angela Hewlett
UNMC, Infectious Diseases
Omaha, NE
“Musculoskeletal Infections”

**October**
19 Dr. Lon Keim
Pulmonology, TNMC
Omaha, NE
“Hyperbaric Oxygen Treatment of Wounds and Infections”

26 Burton Prosthetics
Omaha, NE
“Orthopaedic Prosthesis”

Meet Our New Residents - Class of 2014

*(Continued from page 8)*

panel at UNMC (2006), participating in a track and field event for the Nebraska Special Olympics (2006); instructing students on lumbar punctures, suture placement and knot-tying during a UNMC June term volunteer event (2006); informing elementary kids of the health risks associated with tobacco through Tar-Wars (2005); volunteering at a student run “Sharing Clinic” through TNMC (2003-2005), and acting as an emergency room volunteer at St. Elizabeth Regional Medical Center, Lincoln (2001-2002).

May’s hobbies include running, golfing, fishing, watching sporting events, and helping his father on his cattle ranch.

Kevin Lindgren

Metal plates and screws, a saw, and a drill are all tools you’d probably find in a carpenter’s toolbox... or in a surgical tray in an orthopaedic operating room. Kevin Lindgren will soon be adept at using them in either capacity. Already skilled in the field construction, Lindgren began working as a mason’s laborer at the age of 16, eventually becoming a full mason, and also worked for a year and a half as a carpenter. The tools he utilized in those jobs were often the same tools he will utilize in the operating room to reconstruct and repair damaged bones and joints during his career as an orthopaedic surgeon. He also gained valuable skills that will help him excel in orthopaedic surgery including the ability to be a quick learner, have the vision to think several steps ahead, and to be able to coordinate many people and projects at once.

Lindgren graduated with a bachelor’s degree in Zoology from the University of Wisconsin in 2004, and received his medical degree from the Medical College of Wisconsin in 2009. During medical school, the skills he had learned early on allowed him to be involved in leadership roles in multiple student organizations. He was on several committees at the Medical College of Wisconsin (MCW) including welcoming prospective medical students to the college as president of the Host Applicant Program, overseeing staffing and coordinating volunteer efforts at three local elementary school health rooms as chair of the Health Room Helpers committee, interviewing prospective medical students as a member of the Admissions Committee, and attending meetings of the supervisory council for all MCW student organizations as a member of the Council of Presidents, to name a few. Some of his many volunteer activities included traveling to Thibodaux, Louisiana after Hurricane Katrina to rebuild a subdivision for Habitat for Humanity, doing teaching and patient care at a student run clinic for uninsured Milwaukee residents, leading a group of medical students on weekly trips to inner city Milwaukee schools to mentor children and encourage an interest in science as co-president of the Partnership for Urban Medical Education and Advancement, and acting as a volunteer instructor of anatomy to EMS personnel at a regional EMS conference in Milwaukee. During his second year of medical school, he became involved in a research project with the Department of Ophthalmology and Vitreoretinal Surgery that resulted in five poster presentations at various meetings, as well as three articles in peer-reviewed journals which are currently in-press.

Lindgren’s hobbies include golf, softball, fishing, home brewing, Bonsai, curling, carpentry, and masonry.
Continuing Education and Grand Rounds

All UNMC orthopaedic alumni are welcome to attend the following continuing education seminars and Grand Rounds presented by department faculty, current residents, and guest speakers. Please call the department at (402) 559-4533 to check on possible updates to this schedule.

**November 2009**

1. Crystalline Arthropathy  
   (Dr. Ted Mikuls, Rheumatology, UNMC)
2. Articular Cartilage Injuries (Dr. David Brown, OrthoWest)
3. ACL Injuries in 2009 (Dr. Arnold)
4. PCL Injuries (Dr. Daccarett)
5. Shoulder Instability (Dr. Carlson)

**December 2009**

1. Evaluation and Management of Scoliosis  
   (Dr. John McClellan, Nebraska Spine Center)
2. TBA (Dr. Erpelding)
3. Diagnosis and Nonoperative Treatment of Back Pain  
   (Dr. James Devney, Nebraska Spine Center)
4. No Conference: Holiday

Faculty News

**Congratulations** to Dr. Sean McGarry and his wife, Amy, who are celebrating the birth of their third child, Rory Harrison McGarry, born on September 16, 2009. Dr. McGarry is an assistant professor in the Department of Orthopaedic Surgery and Rehabilitation. Siblings, Niamh and Aidan, are very excited to have a new little brother!

Mark Your Calendar!

**March 9-13, 2010:** American Academy of Orthopaedic Surgeon’s 77th annual meeting, Morial Convention Center, New Orleans, Louisiana

**March 12, 2010:** Nebraska Orthopaedic Alumni Reception during the AAOS annual meeting, location TBA, 6:00 – 8:00 p.m.

**June 18-19, 2010:** Orthopaedic graduation ceremonies
What's new with you?
We want to hear from you! Drop us a line so we can share your news of professional activities and honors with friends and colleagues. Fax us at (402) 559-5511 or E-mail: dmeyer@unmc.edu

Breaking News is published twice a year (spring and fall)
by the Department of Orthopaedic Surgery and Rehabilitation, University of Nebraska Medical Center.
Visit the department online (www.unmc.edu/orthosurgery).

Editor-in-Chief - Kevin L. Garvin, M.D. • Editors - Dana Meyer, David Staiert • Writer - Dana Meyer
Graphic Designer - Gary Sortino, Sortino Design • Photographer - Jim Birrell, Birrell Signature Photography
Printer - Joe Edwards, joe@joedesigner.net

Department of Orthopaedic Surgery and Rehabilitation
The University of Nebraska Medical Center
Breaking News
981080 University of Nebraska Medical Center
Omaha, NE 68198-1080