

CAPTURE Falls

Collaboration and Proactive Teamwork Used to Reduce

Quarterly Collaborative Call #40
July 27, 2021 2:00 – 2:30 p.m. CT

**Gap Analysis – Conducting a
Comprehensive Inspection of Your Fall
Risk Reduction Program**

AGENDA

- Housekeeping
- The value of conducting a gap analysis
- Upcoming opportunity to conduct a gap analysis



Housekeeping



1. Quarterly Reports

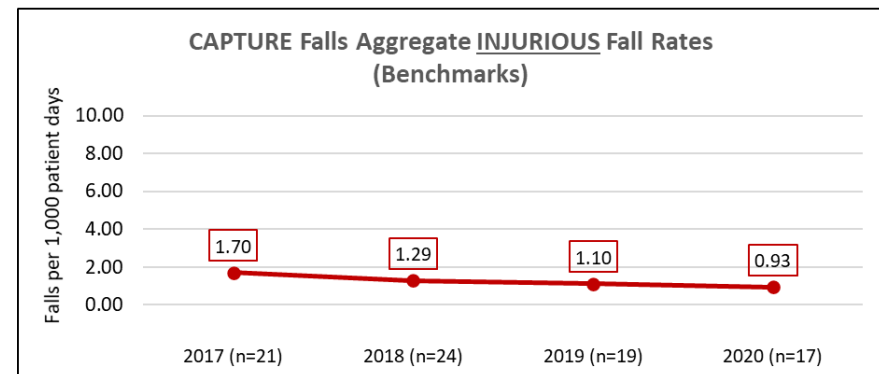
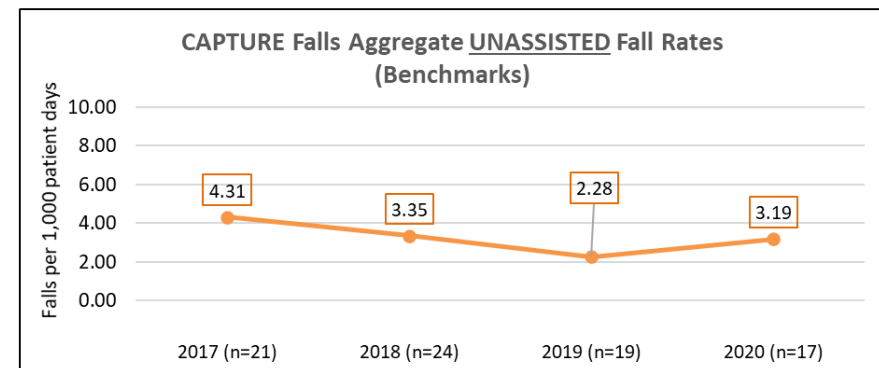
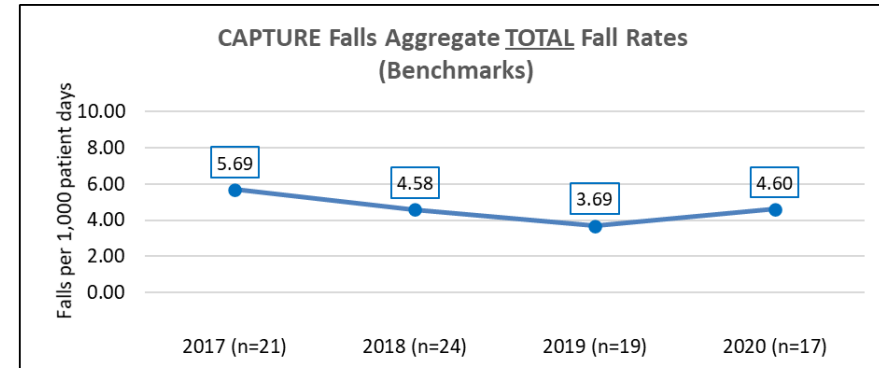
- Fall Data Reports through the 2nd quarter of 2021 will be sent out **early August**. Your hospital should receive a report if at least one fall was reported in the Know Falls Learning System within the last 12 months.
- Reporting of all falls is encouraged—including outpatient, ER, ambulatory care, LTC, etc.
- Contact Anne at askinner@unmc.edu with REDCap issues (add users, remove users, password resets, **expired accounts**) and special report requests.



Housekeeping

2. Fall Rate Benchmarks

- If you provided us with your fall rate data, you will receive a benchmarking report along with your quarterly report.
- The benchmark injurious fall rate (17 CAHs) decreased for the 4th straight year!
- Both the benchmark (17 CAHs) total fall rate and unassisted fall rate increased for 2020.
- Reflect on the challenges of 2020 as you review your comparison chart.



Housekeeping



3. COVID-19 and Falls Manuscript

- Purpose: Describe falls in patients hospitalized with COVID-19, awaiting test results, or with a history of COVID-19.
- Goal to identify common factors which may lead to better fall risk reduction for these patients
- 30+ falls from Know Falls alone
 - Thanks to those who provided us with permission to use their data
- Collaborating with HD Nursing and Nebraska Medical Center
 - Additional falls resulting in total sample of ~100 falls
- Data analysis in progress



Housekeeping



4. Capturing Your Falls Story Flow Chart

- Highlight the great work you have done for fall-risk reduction or craft messaging to help make your program better



- Use this to promote your program during National Falls Prevention Week
- Please share your stories with us!



Housekeeping



5. National Falls Prevention Week

September 22, 2021 (first day of Fall)

- Promotion toolkit and free webinar (Aug 2, 1pm CT) available through the National Council on Aging
<https://www.ncoa.org/article/get-ready-for-falls-prevention-awareness-week-2021>
- Sharing on social media? #capturefalls



NHA and CAPTURE Falls HQIC Falls Virtual Learning Cohort

3-Month Rapid Cycle Improvement Project

All Sessions will be held via Zoom

- **Session #1 Kick-Off** – Wednesday, August 4, 2021 – 12:00 to 12:45 PM CT
Program goals, team creation, introduction to fall risk reduction gap analysis
- **Session #2** – Wednesday, August 18, 2021 – 12:00 to 1:00 PM CT
Tour CAPTURE Falls Roadmap, completion of gap analysis due
- **Session #3** – Wednesday, September 1, 2021 – 12:00 to 1:00 PM CT
Review gap analysis findings, education on auditing process measures
- **Session #4** – Thursday, September 16, 2021 – 12:00 to 1:00 PM CT
Support call for technical assistance – Optional time for additional Technical Assistance
- **Session #5** – Wednesday, September 29, 2021 – 12:00 to 1:00 PM CT
Review audit data, create PDSA, topic-specific education
- **Session #6** – Wednesday, October 27, 2021 – 12:00 to 1:00 PM CT
Review PDSA results, topic-specific education
- **Session #7** – Wrap-up – Tuesday, November 30, 2021 – 12:00 to 1:00 PM CT
Identify future areas of opportunity, review additional resources

Register here: <https://online.nebraskahospitals.org/events/event-registration/?id=5252c1dc-e1d5-eb11-ba5e-0003ff456c40&reload=timezone>

Questions? Contact Dana Steiner at dsteiner@nebraskahospitals.org

What is a Gap Analysis?

- Method to examine/assess performance to identify and understand the differences between your *current* practices and *desired/target* state (best practices)



Current State



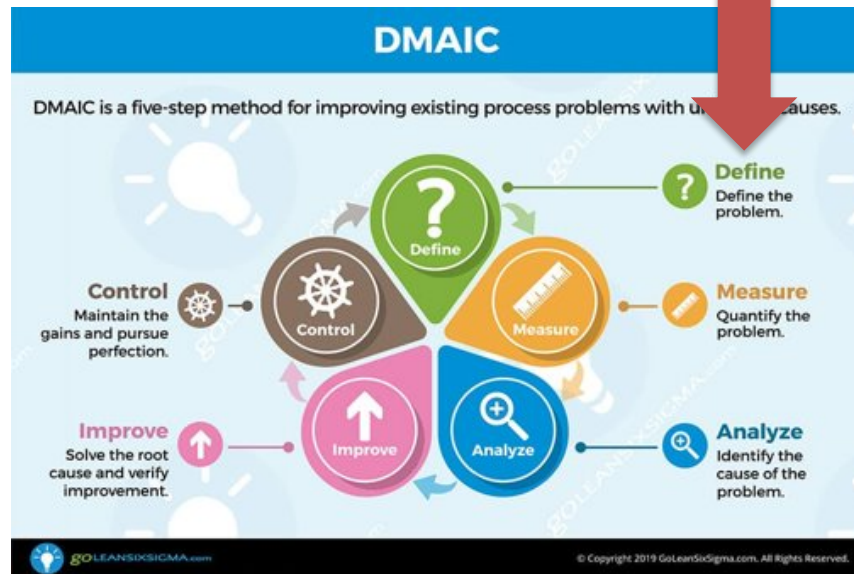
Desired/
Target State



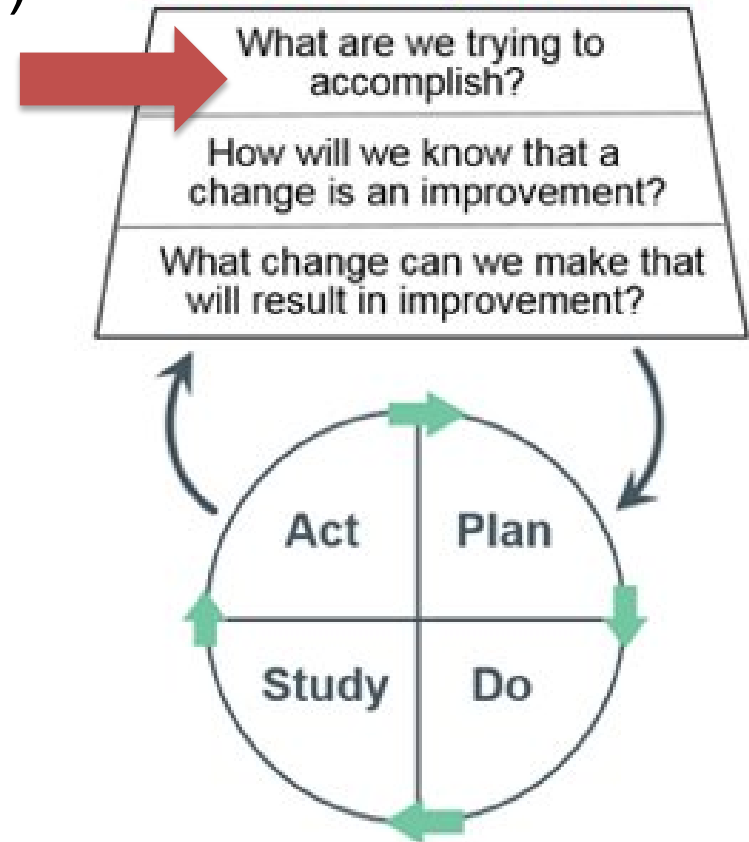
Gap Analysis in Quality Improvement

Identifying/defining the problem(s)

- What are the problem(s)?
- What are the need(s) for improvement?



Model for Improvement

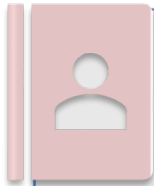


Who to Engage in Conducting a Fall Risk Reduction Gap Analysis

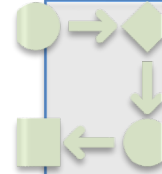
- Interprofessional fall risk reduction team
 - Nursing, Rehabilitation Therapies, Pharmacy, Quality Improvement/Patient Safety, at a minimum
- Staff working at the bedside who conduct fall risk assessments, select/implement fall risk reduction interventions for patients
- Additional key stakeholders in fall risk reduction



How to Prepare for Conducting a Fall Risk Reduction Gap Analysis



Fall risk reduction policies and procedures



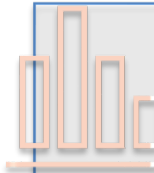
Existing workflow/process maps for fall risk reduction practices



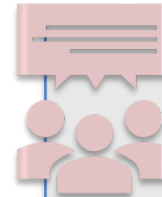
Process audit data



Fall incident reports, post-fall huddle documentation



Fall rates



Leadership WalkRounds, conversations with and feedback from staff



Feedback from Patient Family Advisory Council

How to Prepare for Conducting a Fall Risk Reduction Gap Analysis

Honest assessment of the current state of fall risk reduction



How reliably do we implement
this practice for
respective patients at risk
for falls?



What to Evaluate in a Gap Analysis?

CAPTURE Falls Approach



Interprofessional
fall risk
reduction team



Gap analysis



Action plan



Fall risk reduction
policies and
procedures



Fall definition



What to Evaluate in a Gap Analysis? CAPTURE Falls Approach



Fall risk
assessment



Fall risk
reduction
interventions



Auditing fall
risk reduction
practices



Post-fall
clinical
assessment



Post-fall
huddle



What to Evaluate in a Gap Analysis? CAPTURE Falls Approach



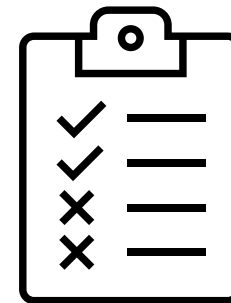
Fall event and
rate reporting



Learning from
data



Statewide CAH Fall Risk Reduction Gap Analysis



- Receive an invitation via email during the first week of August 2021
- Gap analysis is completed online
 - First statewide survey 10 years ago – led to formation of the CAPTURE Falls program
 - What is the current 'state of the state' of fall risk reduction in Nebraska CAHs? What are we doing well? What aspects of fall risk reduction need further attention? What other resources/tools can we provide and integrate into the program?
 - You can download a copy of your results



Collaborative Member Sharing and Discussion

When did your facility complete its most recent gap analysis?

What opportunities do you see for improvement in fall risk reduction practices in your facility?



Assistance is an email away!

- Contact us for more information about:
 - Fall risk reduction best practices: Dawn (dvenema@unmc.edu)
 - Know Falls and Online Learning (RedCAP): Anne (askinner@unmc.edu)
 - Team performance, implementation challenges: Vicki (victoria.kennel@unmc.edu)
 - General questions or not sure?: CAPTURE.Falls@unmc.edu



REMINDERS

1. Future Collaborative Calls/Educational Opportunities:
 - October 19, 2021; 2:00-2:30pm CT
 - Topic – TBA
 - ***What would you like to discuss?***

2. Looking for fall risk reduction resources?

Click here: <https://www.unmc.edu/patient-safety/capturefalls/index.html>

Still can't find what you are looking for? Let us know what we are missing!

C A P T U R E

Collaboration and Proactive Teamwork Used to Reduce

Falls

References

- Langley GL, Moen R, Nolan KM, Nolan TW, Norman CL, Provost LP. *The Improvement Guide: A Practical Approach to Enhancing Organizational Performance* (2nd edition). San Francisco: Jossey-Bass Publishers; 2009.
- Lauder B. Conducting a gap analysis. In: Levin RF, Feldman HR, eds. *Teaching evidence-based practice in nursing*; 2013:185-204.

Also see in the literature:

- Lamb KV, Ambutas SA, Sermersheim ER, Ellsworth MJ. Gap analysis: A tool for staff engagement in fall reduction improvement processes. *Nurs Manage*. 2020;51(10):16-22. doi:10.1097/01.NUMA.0000698108.86942.f9

