

CAPTURE Falls

Collaboration and Proactive Teamwork Used to Reduce

Quarterly Collaborative Call #46

January 24, 2023

2:00 – 2:30 p.m. CT

Topic:

Reconnecting with Resources – Readiness for Change, Fall Team, Gap Analysis, Action Plan

AGENDA

- Housekeeping
- Reconnecting with Resources



Housekeeping



1. Event Reporting

- 2022 Quarter 4 reports coming soon ***NEW FORMAT***
- Contact us with REDCap issues (add users, remove users, password resets).
- Continue reporting to help facilitate learning from fall events and track your outcomes.

2. 2022 Fall Rate Benchmarks

- Request for patient days and confirmation of fall counts coming soon
- Important to create benchmark for entire collaborative and track your own progress



Housekeeping



3. Updating Contact Lists

- Thank you to those who have responded to our request for updating our contact list
 - Last reminder email was sent mid-December by Mary Wood.
 - Let us know if you would still like to make changes to your Key Contact(s), Fall Team member list, and/or REDCap (Know Falls) access



Reconnecting with Resources: Part 1 of 4!



CAPTURE Falls Roadmap

<https://www.unmc.edu/patient-safety/capturefalls/roadmap/index.html>

Roadmap



Welcome to the CAPTURE Falls "roadmap." This roadmap provides an organizing framework of activities, educational resources, and tools to help you improve your fall risk reduction program. Different hospitals may want or need to visit different stops along the way (see stops below). Every hospital, however, is ultimately working towards the same destination of keeping their patients safe from falls and fall-related injury.



Reconnecting with Resources



Establish Readiness for Change

Explore the resolve of members of an organization to implement change to improve fall risk reduction practices, and their collective belief in their capacity ...

[Learn More »](#)



Interprofessional Fall Risk Reduction Team

Create an inter-professional fall risk reduction team responsible for managing and implementing the facility's fall risk reduction program.

[Learn More »](#)



Gap Analysis

Conduct an assessment of the current state of fall risk reduction practices in your facility compared to evidence-based best practices.

[Learn More](#)



Action Plan

Document and monitor the steps your team needs to take to reach your program goals.

[Learn More](#)



Establish Readiness for Change



CAPTURE Falls Roadmap Establish Readiness for Change: <https://www.unmc.edu/patient-safety/capturefalls/roadmap/change-readiness/index.html>

“Readiness for change is comprised of both psychological *and* structural factors, reflecting **the extent to which the organization and its members are inclined to accept, embrace, and adopt a particular plan to purposefully alter the status quo”**

- Do we value a change in fall risk reduction practices enough to commit to its implementation? Is this change needed, important, worthwhile?
- Do our staff (collectively) think they are capable of implementing a change in fall risk reduction practices?
 - Do we know what it will take to implement a change in fall risk reduction practices?
 - Do we have the resources to implement this change?
 - Can we implement this change effectively given the situation we currently face?



Resources: Readiness for Change



Education

Review educational options.



Tools

Select from a list of tools.

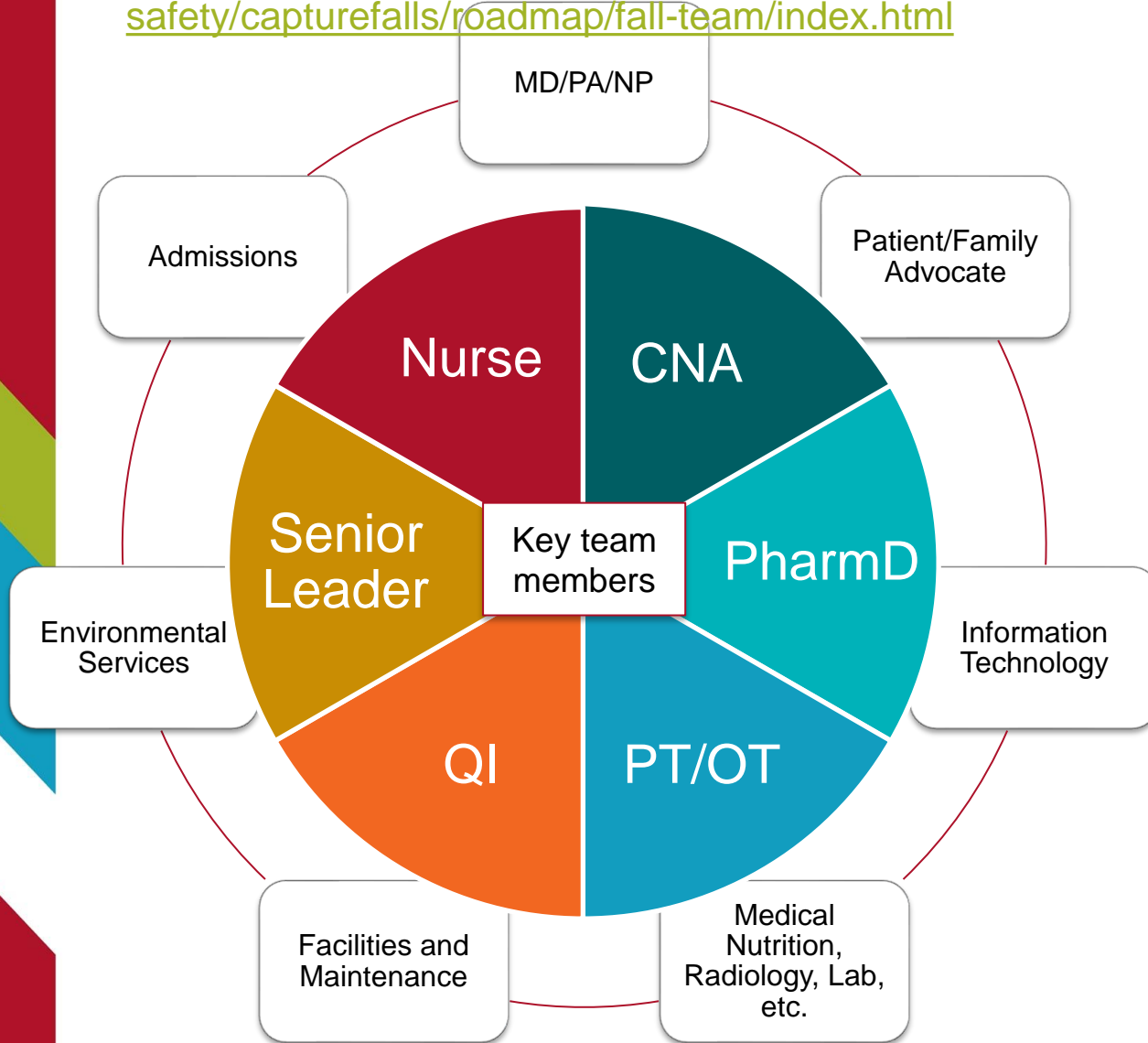
- ✓ ***NEW** Readiness for Change Assessment
- ✓ Are You Ready for Change
- ✓ Tell Your Falls Story
- ✓ Overview for Stakeholders
- ✓ Stakeholder Analysis
- ✓ Leadership Support Assessment
- ✓ Business Case Form
- ✓ Resource Needs Assessment
- ✓ Organizational Readiness Checklist
- ✓ Adapted Teamwork Perceptions Questionnaire



Fall Risk Reduction Team



CAPTURE Falls Roadmap Interprofessional Fall Risk Reduction Team: <https://www.unmc.edu/patient-safety/capturefalls/roadmap/fall-team/index.html>



Integrate fall risk reduction evidence from multiple disciplines

Establish fall risk reduction policies and procedures (e.g. risk assessment, interventions, reporting)

Conduct staff education on policies and procedures

Conduct audits and evaluations of fall risk reduction program and team performance

Identify systematic issues within fall risk reduction program
Implement changes as needed

Communicate successes, challenges, and outcomes with key stakeholders and staff

Resources: Fall Risk Reduction Team



Education

Review educational options.



Tools

Select from a list of tools.

- ✓ ***NEW** CAPTURE Falls Fall Risk Reduction Team Worksheet
- ✓ Set the Implementation Team Up for Success
- ✓ Teamwork to Support Fall Risk Reduction
- ✓ Effective Fall Risk Reduction Team Meetings
- ✓ Stakeholder Analysis Tool
- ✓ Interdisciplinary Team Members Tool
- ✓ Fall Risk Reduction Team Meeting Agenda Template
- ✓ Fall Risk Reduction Team Meeting Minutes Template



Conduct a Gap Analysis



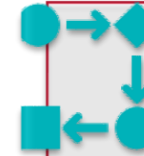
CAPTURE Falls Roadmap Gap Analysis: <https://www.unmc.edu/patient-safety/capturefalls/roadmap/gap-analysis/index.html>

Conduct an *honest* assessment of fall risk reduction program performance to identify and understand the differences between current and desired state of fall risk reduction practices

How to Prepare?



Fall risk reduction policies and procedures



Existing workflow/process maps for fall risk reduction practices



Process audit data



Fall incident reports, post-fall huddle documentation



Fall rates



Leadership WalkRounds, conversations with and feedback from staff



Feedback from Patient Family Advisory Council

Who Can Help?

Interprofessional fall risk reduction team

Staff working at the bedside who conduct fall risk assessments and implement fall risk reduction interventions

Additional key stakeholders in fall risk reduction



Resources: Gap Analysis



Education

Review educational options.



Tools

Select from a list of tools.

- ✓ ***NEW** CAPTURE Falls Gap Analysis (*electronic version also available*)
- ✓ What Needs to Change?
- ✓ Clinical Pathway for Inpatient Falls
- ✓ Current Fall Prevention Policies and Practices Assessment
- ✓ Fall Prevention Organizational Self-Assessment
- ✓ Fall Program Interventions Self-Assessment
- ✓ Fall Knowledge Test



Create an Action Plan



CAPTURE Falls Roadmap Action Plan: <https://www.unmc.edu/patient-safety/capturefalls/roadmap/actionplan/index.html>

Document steps and actions to reach your fall risk reduction program goals

Formal plans lend credibility to your work, help you manage details, and create a structure for accountability

Prioritize changes

Specify clear goals and outcomes

Specify tasks and who is responsible by when

Identify needed resources and implementation barriers



Resources: Action Plan



Education

Review educational options.



Tools

Select from a list of tools.

- ✓ How Should Goals and Plans for Change be Developed?
- ✓ CAPTURE Falls Action Plan
- ✓ AHRQ Action Plan



Resources: Consultations with the UNMC CAPTURE Falls Team

We are here to support YOU!

Initial Steps

- Begin engagement or re-engagement with UNMC team on a rolling basis
- Form your team
- Complete gap analysis
- Form action plan

Resources Available

- At least one consultative meeting with UNMC team to review gap analysis and action plan
- Use of CAPTURE Falls online roadmap
- **Additional consultation with UNMC team “on-demand”**
- Quarterly collaborative calls for education and program updates
- Know Falls database for reporting and learning from falls

Sustainment

- Monitor progress towards goals on action plan
- Monitor fall rates; compare with benchmarks
- Update gap analysis when appropriate

Can also “jump in” anywhere in your fall risk reduction process for focused topic-specific support

Reminders

1. Future Collaborative Calls/Educational Opportunities: Reconnecting with Resources Series
 - Tuesday April 25, 2023, 2:00-2:30pm CT: Policies/Procedures, Fall Definition, Fall Risk Assessment
 - Tuesday July 25, 2023, 2:00-2:30pm CT: Interventions and Auditing
 - Tuesday October 24, 2023, 2:00-2:30pm CT: Post-Fall Clinical Assessment, Post-Fall Huddles, Reporting
2. Looking for fall risk reduction resources?

Click here: <https://www.unmc.edu/patient-safety/capturefalls/index.html>

Still can't find what you are looking for? Let us know what we are missing!



Assistance is an email away!

Contact us for more information about:

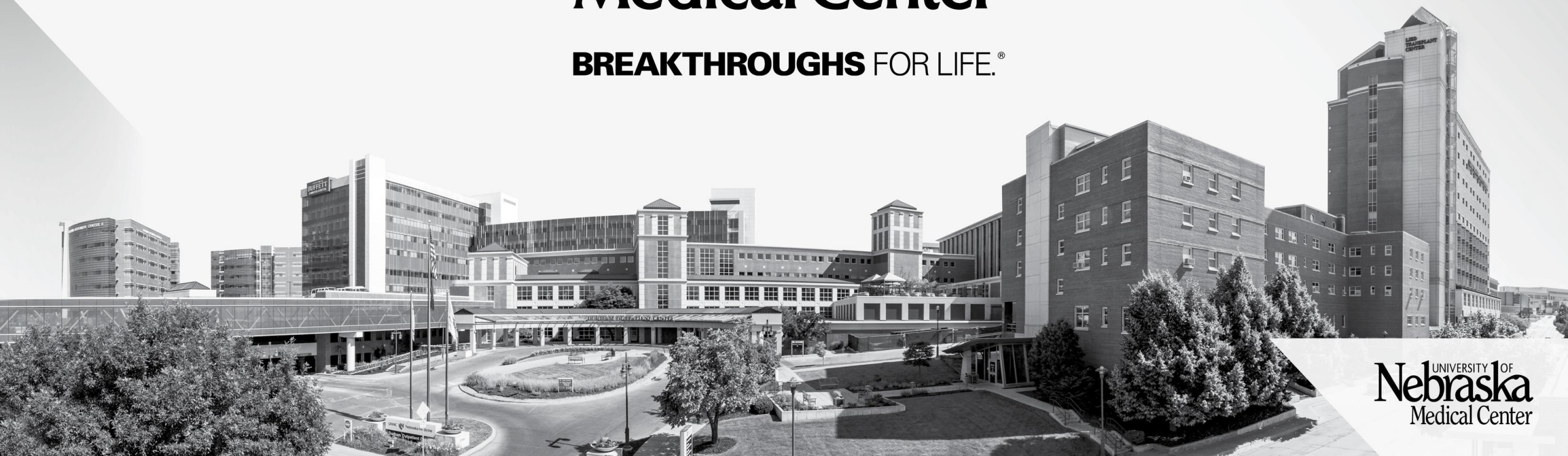
- Fall risk reduction best practices: Dawn (dvenema@unmc.edu)
- Team performance, quality improvement and implementation challenges: Vicki (victoria.kennel@unmc.edu)
- Know Falls and Online Learning (REDCap): Dawn (dvenema@unmc.edu) and/or Matt (matthew.mcmanigal@unmc.edu)
- General questions or not sure?: CAPTURE.Falls@unmc.edu





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