

CAPTURE Falls

Collaboration and Proactive Teamwork Used to Reduce

Quarterly Collaborative Call #55

April 22, 2025

2:00 – 2:30 p.m. CT

Topic:

Staff Education on Post-Fall Huddles

AGENDA

- Housekeeping
- Staff Education on Post-Fall Huddles



Housekeeping



1. Know Falls Event Reporting

- 2025 Quarter 1 reports will be sent early May; please have falls entered by 04/30/25 for up-to-date reports
- Reports will be sent to any hospital that reported at least one fall within the past year
- Continue reporting to help facilitate learning from fall events and track your outcomes
- Reminder for NCPS members: reporting to Know Falls = reporting to NCPS
- Contact us with REDCap issues (add users, remove users, etc.)



Housekeeping



2. Collaboration with Strategic Quality Support System (SQSS)

- Many CAHs in NE use SQSS to support their QI efforts.
- We are working with SQSS to develop a process to “push” data from SQSS into Know Falls to reduce duplicate data entry. A few hospitals have beta-tested this process.
- Current status: SQSS has built a CAPTURE Falls question set, but we discovered some questions that weren’t aligning accurately with our database. Corrections are being made and will be re-tested soon.
- Once ready for full implementation, hospitals will be offered an opportunity to sign an addendum to their agreement with SQSS if they would like to use this feature. (In other words, participation is optional.)
- For hospitals that choose to participate, closing the fall occurrence in SQSS will make the fall event data available to UNMC.
- Thank you for your patience!

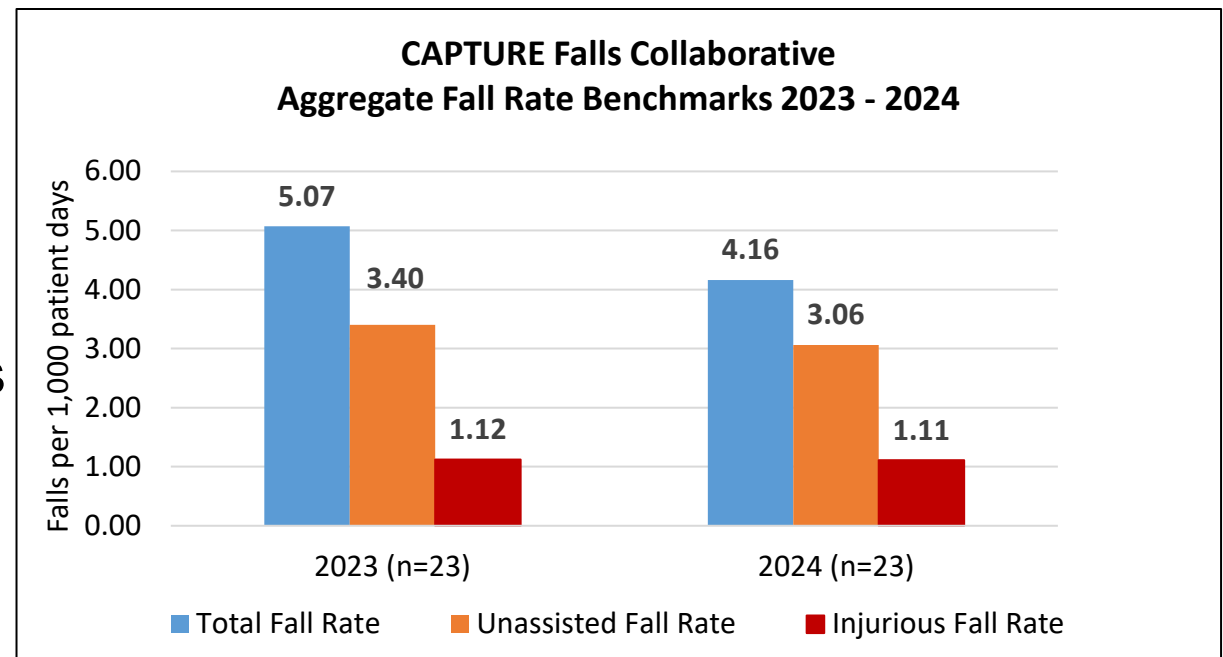


Housekeeping



3. Nebraska CAH-Specific 2024 Annual Fall Rate Benchmark

- 92% (23/25) hospitals in the CAPTURE Falls collaborative contributed to the 2024 benchmark. Thank you!
- Individual reports were sent on 4/10/25.
- If your hospital's fall rates increased from last year or are higher than you desire, consider contacting us for a 1:1 consultation to discuss your fall program. These consultations are one of the many resources available to you through funding from NE DHHS.



Housekeeping



4. Domain-based Authentication, Reporting and Conformance (DMARC) email compliance

- DMARC has to do with evaluating the authenticity of email messages for security purposes.
- If emails sent to UNMC (us) from external organizations (you) aren't DMARC compliant, we will still receive these for now, but you will receive an alert message about DMARC failure. After 7/1/25, your emails will not be delivered to us.
- Step 1: Check first with your IT department to let them know about the DMARC failure message (they are likely already well-versed in this topic).
- Step 2 if your IT department cannot help: Let us know if you have further problems and we can reach out to our IT department for advice.
- If you don't get a response to an email in a reasonable amount of time, please call! Dawn's office phone: 402-559-6598



Housekeeping



5. Coordinated Action Toward Community Health: RedUce Risk And Limit (CATCH RURAL) Falls – Registration Open for Next Cohort

- Registration is now open for RHCs to participate in our next 6-month CATCH RURAL Falls program cohort on Fall Risk Assessment and Intervention
- Cohort starts in July 2025.
- Registration process: Email Dawn dvenema@unmc.edu or Vicki victoria.kennel@unmc.edu
- If any of your affiliated RHCs are interested in joining us, please let us know!
- Visit the start of our CATCH RURAL Falls program website at: <https://www.unmc.edu/patient-safety/catch-rural-falls/index.html>



Topic Areas for Staff Education



Policies and Procedures

Overall fall risk reduction program policies and procedures



Fall Definition

What counts as a fall
Types of falls
Categories of fall-related injury



Fall Risk Assessment

When and how to conduct a fall risk assessment
What to do with the risk assessment results



Interventions

What fall risk reduction interventions are available and appropriate for use for patients given their specific fall risk factors, and how to implement them



Post-Fall Clinical Assessment

When and how to conduct a post-fall clinical assessment



Post-Fall Huddle

When and how to conduct a post-fall huddle
How to complete post-fall huddle documentation



Fall Event Reporting

When and how to complete a fall event report

Common Topic Areas for Fall Risk Reduction Education

Staff Education on Post-Fall Huddles

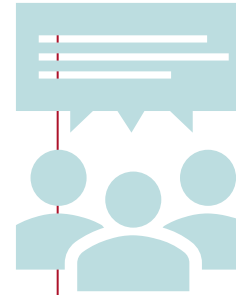


Post-Fall Huddle Education: Staff Education Learning Objectives

CAPTURE Falls Roadmap Post-Fall Huddle



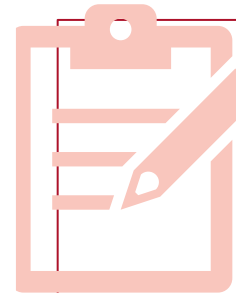
Describe the purpose of a post-fall huddle, when it should take place, and who should participate



Demonstrate effective huddle team member behaviors (e.g., open communication, active listening)



Identify common factors that contribute to fall events and respective appropriate interventions to reduce fall risk



Complete and submit post-fall huddle documentation

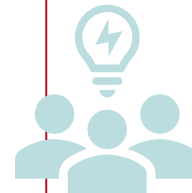


Post-Fall Huddle Education: Additional Facilitator Education Learning Objectives

CAPTURE Falls Roadmap Post-Fall Huddle



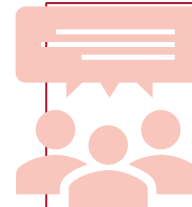
Explain the intent of the questions that guide conversation in a post-fall huddle



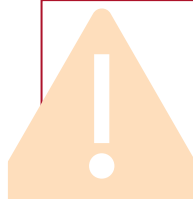
Create a climate in the huddle to encourage open and honest sharing and supportive discussion



Structure the conversation to focus on 'what' and 'why', and not 'who', to identify areas for improvement



Facilitate dialogue to ensure all perspectives and aspects of the fall event are reviewed and integrated



Manage any negative team behaviors among attendees (e.g., blaming, overly critical comments, etc.)



Summarize actions to implement to reduce the risk of another fall for this patient



Post-Fall Huddle Education: Post-Fall Huddle Basics Staff Education Handout

[CAPTURE Falls Roadmap Post-Fall Huddle](#)

****NEW Resource****



Post-Fall Huddle Basics Staff Education Handout

Foundational content about post-fall huddles that can be adapted to meet your organization's policies and procedures

- Purpose of a post-fall huddle
- Who to include
- Who to lead
- What to discuss
- When to conduct a huddle
- Where to conduct a huddle
- What to do after the huddle



Post-Fall Huddle Assessment: Knowledge Test for Staff Education

****NEW Resource****

Post-Fall Huddle Knowledge Assessment

Multiple choice questions to evaluate staff knowledge of key post-fall huddle concepts

- 5 standard questions to evaluate key post-fall huddle concepts
- 3 questions that can be customized to reflect your organization's policies and procedures for post-fall huddles



Post-Fall Huddle Education: Staff and Facilitator Video Discussion Resource

CAPTURE Falls Roadmap Post-Fall Huddle

****NEW Resource****



CAPTURE Falls
Post-Fall Huddle
“Good” Example

Discussion Guide for CAPTURE Falls Post-Fall Huddle “Good” Example Video

Key points from the post-fall huddle for discussion in a small-group education setting

- Team member involved (e.g., facilitator, nurse, patient, etc.)
- Key points for discussion
- What was learned during that part of the post-fall huddle
- Time stamps included so you can pause the video for discussion

*We also have a “Bad” Example Post-Fall Huddle



Post-Fall Huddle Assessment: Case Studies for Staff Education

****NEW Resource****
Coming Soon



Post-Fall Huddle Case Studies

Fall event case studies for staff to review and identify the following:

- The factors that contributed to the patient fall
- The actions that need to be taken to reduce that patient's risk of another fall



Post-Fall Huddle Resources Summary

[CAPTURE Falls Roadmap Post-Fall Huddle](#)

Education Resources:

- ✓ ****NEW – Post-Fall Huddle Basics Handout**
- ✓ Webinar on Effective Huddles and Debriefs
- ✓ “Good” Post-Fall Huddle and “Bad” Post-Fall Huddle Videos
 - ✓ ****NEW – Discussion Guide for CAPTURE Falls Post-Fall Huddle “Good” Example Video**
- ✓ ****NEW – Post-Fall Huddle Knowledge Assessment**
- ✓ ****NEW – Post-Fall Huddle Case Studies**
- ✓ Human Behavior and Fall Risk Reduction Handout

Example Huddle Tools:

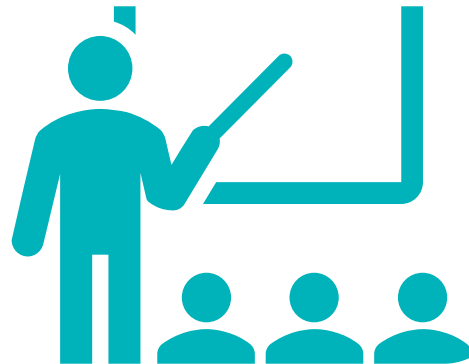
- ✓ Post-Fall Huddle Guide and Documentation Form
- ✓ Post-Fall Huddle Pocket Guide



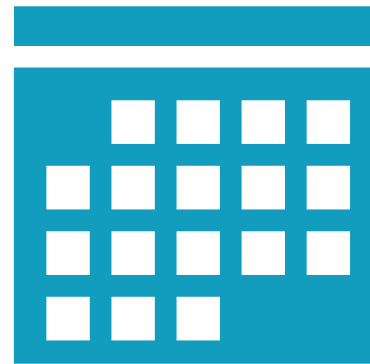
Reminder: When are Good Opportunities for Staff Education?



New employee orientation



Annual education



Fall Prevention Awareness Week (September)



Patient Safety Awareness Week (March)



Questions and Feedback!

- Initial Thoughts? (as time allows)
- We will also send drafts of the new resources to everyone after the collaborative calls. We welcome your individual feedback via email, phone, or Zoom within the next month as we finalize resources before posting online.



Engagement with the CAPTURE Falls Program

Initial Steps

- Begin engagement or re-engagement with UNMC team on a rolling basis
- Review and sign Data Registry and Quality Improvement Agreement that acknowledges UNMC's relationship with the Nebraska Coalition for Patient Safety (NCPS) and associated confidentiality protections for data and information sharing.
- Form your team
- Complete gap analysis
- Participate in at least one consultative meeting with UNMC team to review gap analysis and establish priorities/goals

Additional Resources Available

- Use of the CAPTURE Falls online roadmap
- Further consultation with UNMC team "on-demand"
- Quarterly collaborative calls for education and program updates
- Know Falls REDCap database for reporting and learning from falls
 - Quarterly reports for hospitals that report into Know Falls
- Participation in establishing CAH-specific fall rate benchmarks

Sustainment

- Monitor progress towards goals
- Monitor fall rates; compare with benchmarks
- Update gap analysis when appropriate

Can also "jump in" anywhere in your fall risk reduction process for focused topic-specific support

Reminders

1. Future Collaborative Calls/Educational Opportunities: Let us know if there is a topic or series of interest!
 - July 22, 2025 at 2:00pm CT
 - October 21, 2025 at 2:00pm CT
2. Looking for fall risk reduction resources?
Click here: <https://www.unmc.edu/patient-safety/capturefalls/index.html>
Still can't find what you are looking for? Let us know what we are missing!



Assistance is an email or phone call away!

Contact us for more information about:

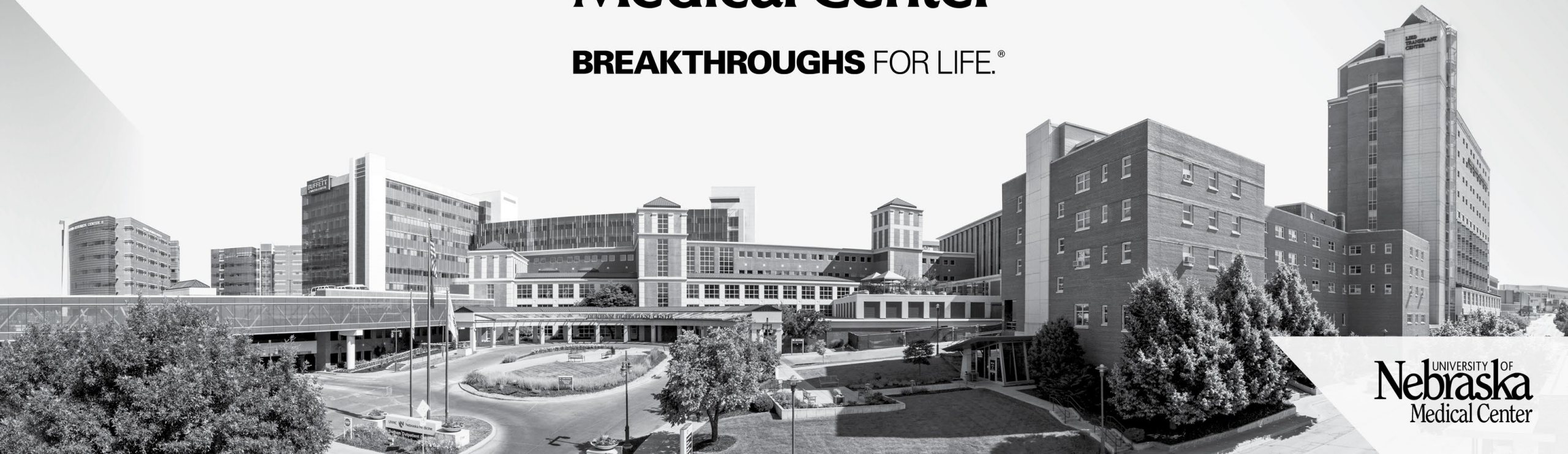
- Fall risk reduction best practices: Dawn (dvenema@unmc.edu)
- Team performance, quality improvement and implementation challenges: Vicki (victoria.kennel@unmc.edu)
- Know Falls (REDCap): Dawn (dvenema@unmc.edu) and/or Matt (matthew.mcmannigal@unmc.edu)
- General questions or not sure?: CAPTURE.Falls@unmc.edu;
Dawn's office phone: 402-559-6598





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